

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Islamabad (01)			Rawalpindi (02)			Gujranwala (03)			Sialkot (04)			Lahore (05)			Faisalabad (06)			Sargodha (07)			SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	NO.
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	1
PRICES ON 29-10-2026																								
1	Wheat Flour Bag	20 Kg	3240.00	3278.77	3333.33	2200.00	2937.39	3306.66	2200.00	2705.34	3000.00	2200.00	2784.72	3133.00	2200.00	2477.84	3133.33	2200.00	2705.34	3000.00	2200.00	2421.32	2933.00	1
2	Rice Basmati Broken (Average Qua	1 Kg	260.00	274.83	290.00	260.00	270.58	280.00	180.00	180.00	180.00	160.00	160.00	160.00	220.00	228.47	240.00	220.00	233.14	240.00	160.00	160.00	160.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	160.00	178.64	200.00	150.00	164.27	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	160.00	160.00	180.00	186.61	190.00	3
4	Bread plain (Small Size)	Each	130.00	130.00	130.00	130.00	130.00	130.00	120.00	120.00	120.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	100.00	100.00	100.00	4
5	Beef with Bone (Average Quality)	1 Kg	1450.00	1491.13	1550.00	1450.00	1515.94	1600.00	1200.00	1200.00	1200.00	1300.00	1300.00	1300.00	1200.00	1295.92	1400.00	1400.00	1432.57	1500.00	1200.00	1200.00	1200.00	5
6	Mutton (Average Quality)	1 Kg	2800.00	2853.49	3000.00	2750.00	2803.07	2850.00	2600.00	2600.00	2600.00	2500.00	2500.00	2500.00	2900.00	2928.23	3000.00	2400.00	2464.90	2600.00	2200.00	2216.54	2250.00	6
7	Chicken Farm Broiler (Live)	1 Kg	410.00	429.54	460.00	420.00	429.60	440.00	403.00	403.00	403.00	398.00	398.00	398.00	388.00	388.00	388.00	405.00	405.00	405.00	410.00	411.66	415.00	7
8	Milk fresh (Un-boiled)	1 Ltr	240.00	256.56	270.00	220.00	243.67	260.00	220.00	220.00	220.00	230.00	230.00	230.00	200.00	212.79	220.00	200.00	206.46	220.00	170.00	176.60	180.00	8
9	Curd (Dahi) Loose	1 Kg	280.00	281.61	300.00	250.00	271.70	300.00	240.00	240.00	240.00	240.00	240.00	240.00	250.00	258.03	270.00	240.00	240.00	240.00	230.00	233.29	240.00	9
10	Powdered Milk NIDO 390 gm Polyba	Each	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1180.00	1180.00	1180.00	1170.00	1170.00	1170.00	1170.00	1170.00	1170.00	1150.00	1153.32	1160.00	10
11	Eggs Hen (Farm)	1 Dozen	240.00	252.40	260.00	240.00	252.26	260.00	240.00	246.62	250.00	260.00	261.66	265.00	239.00	239.00	239.00	260.00	260.00	260.00	239.00	239.00	239.00	11
12	Mustard Oil (Average Quality)	1 Kg	660.00	686.46	720.00	650.00	667.27	680.00	520.00	523.31	530.00	550.00	551.00	550.00	560.00	575.20	590.00	580.00	580.00	580.00	500.00	500.00	500.00	12
13	Cooking Oil DALDA or Other Similar	Each	3115.00	3115.00	3115.00	3115.00	3115.00	3115.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1605.00	1605.00	1605.00	1605.00	1605.00	1605.00	1605.00	1605.00	1605.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	14
15	Vegetable Ghee DALDA/HABIB or G	Each	625.00	625.00	625.00	625.00	625.00	625.00	625.00	625.00	625.00	615.00	615.00	615.00	625.00	625.00	625.00	625.00	625.00	625.00	625.00	625.00	625.00	15
16	Bananas (Kela) Local	1 Dozen	180.00	215.38	260.00	180.00	197.79	220.00	130.00	130.00	130.00	100.00	114.47	150.00	140.00	156.78	180.00	130.00	136.35	150.00	120.00	120.00	120.00	16
17	Pulse Masoor (Washed)	1 Kg	290.00	308.94	330.00	290.00	303.92	310.00	230.00	230.00	230.00	260.00	260.00	260.00	240.00	245.19	250.00	230.00	249.10	280.00	250.00	253.29	260.00	17
18	Pulse Moong (Washed)	1 Kg	370.00	396.27	430.00	340.00	359.58	370.00	280.00	280.00	280.00	370.00	370.00	370.00	320.00	328.98	340.00	340.00	346.54	360.00	330.00	333.30	340.00	18
19	Pulse Mash (Washed)	1 Kg	480.00	514.68	540.00	480.00	499.23	520.00	480.00	480.00	480.00	500.00	500.00	500.00	470.00	485.17	500.00	400.00	432.60	460.00	480.00	480.00	480.00	19
20	Pulse Gram	1 Kg	300.00	328.80	360.00	300.00	313.28	320.00	270.00	276.63	280.00	290.00	290.00	290.00	250.00	259.67	270.00	250.00	250.00	250.00	280.00	280.00	280.00	20
21	Potatoes	1 Kg	60.00	79.85	100.00	55.00	75.60	90.00	50.00	56.46	60.00	70.00	70.00	70.00	55.00	63.42	70.00	50.00	50.00	50.00	40.00	40.00	40.00	21
22	Onions	1 Kg	200.00	227.06	250.00	200.00	225.04	240.00	200.00	200.00	200.00	220.00	220.00	220.00	200.00	209.36	230.00	180.00	193.10	200.00	190.00	193.28	200.00	22
23	Tomatoes	1 Kg	150.00	172.76	200.00	160.00	170.15	180.00	180.00	180.00	180.00	160.00	160.00	160.00	140.00	150.96	170.00	130.00	130.00	130.00	150.00	150.00	150.00	23
24	Sugar Refined	1 Kg	140.00	142.06	145.00	140.00	142.31	145.00	140.00	140.00	140.00	140.00	140.00	140.00	145.00	146.88	150.00	145.00	146.65	150.00	140.00	140.00	140.00	24
25	Gur (Average Quality)	1 Kg	250.00	267.97	290.00	250.00	255.93	270.00	220.00	220.00	220.00	200.00	203.28	210.00	230.00	238.02	250.00	220.00	226.47	240.00	220.00	220.00	220.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	26
27	Chilies Powder NATIONAL 200 gm	Each	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	27
28	Garlic (Lehsun)	1 Kg	350.00	498.17	650.00	300.00	437.49	540.00	400.00	432.67	450.00	200.00	327.98	420.00	280.00	376.72	590.00	300.00	332.47	350.00	480.00	493.24	500.00	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	29
30	Cooked Beef at Average Hotel	Per Plate	350.00	354.07	380.00	300.00	339.27	400.00	450.00	450.00	450.00	370.00	370.00	370.00	300.00	317.94	330.00	300.00	315.82	350.00	300.00	300.00	300.00	30
31	Cooked Daal at Average Hotel	Per Plate	220.00	241.40	260.00	200.00	220.86	250.00	160.00	160.00	160.00	220.00	226.62	230.00	180.00	194.60	210.00	180.00	186.43	200.00	150.00	150.00	150.00	31
32	Tea Prepared Ordinary	Per Cup	70.00	73.19	80.00	70.00	71.26	80.00	70.00	70.00	70.00	60.00	60.00	60.00	70.00	71.80	80.00	60.00	63.16	70.00	60.00	66.49	70.00	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	260.00	260.00	260.00	270.00	270.00	270.00	250.00	250.00	250.00	250.00	250.00	250.00	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	750.00	773.97	800.00	730.00	775.66	800.00	700.00	700.00	700.00	700.00	700.00	700.00	850.00	850.00	850.00	650.00	659.85	680.00	700.00	700.00	700.00	34
35	Shirting (Average Quality)	1 mtr	680.00	724.24	770.00	650.00	691.63	750.00	600.00	600.00	600.00	550.00	550.00	550.00	430.00	464.01	490.00	850.00	866.35	900.00	780.00	780.00	780.00	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	630.00	662.12	700.00	580.00	634.78	670.00	748.00	748.00	748.00	700.00	700.00	700.0										

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Multan (08)			Bahawalpur (09)			Karachi (10)			Hyderabad (11)			Sukkur (12)			Larkana (13)			Peshawar (14)			SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	NO.
1	2	3	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	1
PRICES ON 29-10-2026																								
1	Wheat Flour Bag	20 Kg	2200.00	2418.34	2933.33	2946.66	2946.66	2946.66	3200.00	3371.02	3540.00	3360.00	3393.30	3400.00	3160.00	3160.00	3160.00	3250.00	3266.58	3300.00	2520.00	3060.48	3300.00	1
2	Rice Basmati Broken (Average Qua	1 Kg	180.00	193.10	200.00	190.00	203.11	210.00	270.00	283.54	300.00	200.00	213.12	220.00	200.00	200.00	200.00	230.00	236.62	240.00	220.00	222.18	230.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	130.00	140.92	150.00	190.00	196.61	200.00	160.00	175.45	190.00	120.00	123.24	130.00	130.00	133.25	140.00	110.00	116.57	120.00	130.00	134.35	140.00	3
4	Bread plain (Small Size)	Each	130.00	130.00	130.00	110.00	113.24	120.00	140.00	140.00	140.00	140.00	140.00	140.00	130.00	134.91	140.00	110.00	116.57	120.00	120.00	120.00	120.00	4
5	Beef with Bone (Average Quality)	1 Kg	1250.00	1299.79	1350.00	1100.00	1116.42	1150.00	1400.00	1470.13	1600.00	1250.00	1291.53	1300.00	1200.00	1200.00	1200.00	1200.00	1265.77	1300.00	1100.00	1274.41	1400.00	5
6	Mutton (Average Quality)	1 Kg	2450.00	2488.69	2550.00	2200.00	2266.17	2300.00	2400.00	2566.08	3000.00	2350.00	2412.23	2500.00	2000.00	2000.00	2000.00	2000.00	2131.20	2200.00	2100.00	2347.75	2600.00	6
7	Chicken Farm Broiler (Live)	1 Kg	435.00	435.00	435.00	400.00	406.64	410.00	440.00	452.29	480.00	440.00	442.48	450.00	410.00	429.53	450.00	440.00	443.31	450.00	430.00	430.00	430.00	7
8	Milk fresh (Un-boiled)	1 Ltr	200.00	209.95	220.00	180.00	186.43	200.00	240.00	240.00	240.00	230.00	230.00	230.00	200.00	200.00	200.00	240.00	243.29	250.00	250.00	266.46	280.00	8
9	Curd (Dahi) Loose	1 Kg	250.00	255.51	260.00	220.00	220.00	220.00	360.00	364.06	400.00	320.00	326.53	340.00	240.00	240.00	240.00	280.00	286.51	300.00	270.00	281.02	300.00	9
10	Powdered Milk NIDO 390 gm Polybs	Each	1144.00	1144.00	1144.00	1130.00	1130.00	1130.00	1120.00	1145.70	1160.00	1190.00	1196.66	1200.00	1150.00	1150.00	1150.00	1100.00	1100.00	1100.00	1150.00	1171.05	1200.00	10
11	Eggs Hen (Farm)	1 Dozen	250.00	252.74	260.00	240.00	246.62	250.00	250.00	265.00	280.00	240.00	248.17	260.00	260.00	260.00	260.00	240.00	253.15	260.00	250.00	272.06	280.00	11
12	Mustard Oil (Average Quality)	1 Kg	570.00	576.65	580.00	570.00	570.00	570.00	520.00	571.47	650.00	500.00	506.58	520.00	480.00	480.00	480.00	600.00	600.00	600.00	600.00	638.65	650.00	12
13	Cooking Oil DALDA or Other Similar	Each	3090.00	3090.00	3090.00	3109.00	3109.00	3109.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3110.00	3110.00	3110.00	3090.00	3090.00	3090.00	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1580.00	1580.00	1580.00	1515.00	1515.00	1515.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	14
15	Vegetable Ghee DALDA/HABIB or C	Each	625.00	625.00	625.00	600.00	606.65	610.00	615.00	618.32	625.00	615.00	615.00	615.00	610.00	610.00	610.00	625.00	625.00	625.00	615.00	615.00	615.00	15
16	Bananas (Kela) Local	1 Dozen	150.00	165.01	180.00	100.00	121.64	150.00	80.00	111.59	150.00	80.00	89.54	100.00	100.00	100.00	100.00	80.00	86.18	100.00	120.00	139.42	150.00	16
17	Pulse Masoor (Washed)	1 Kg	290.00	295.51	300.00	240.00	243.29	250.00	260.00	278.78	320.00	240.00	249.02	260.00	260.00	260.00	260.00	280.00	280.00	280.00	260.00	266.50	280.00	17
18	Pulse Moong (Washed)	1 Kg	380.00	391.01	400.00	290.00	296.63	300.00	320.00	356.43	400.00	320.00	330.72	340.00	400.00	400.00	400.00	440.00	440.00	440.00	320.00	339.51	370.00	18
19	Pulse Mash (Washed)	1 Kg	480.00	502.00	520.00	360.00	386.12	410.00	440.00	467.51	520.00	440.00	443.31	450.00	420.00	420.00	420.00	480.00	480.00	480.00	460.00	472.09	490.00	19
20	Pulse Gram	1 Kg	310.00	321.03	330.00	260.00	266.50	280.00	300.00	316.12	340.00	290.00	302.31	320.00	300.00	300.00	300.00	290.00	296.63	300.00	360.00	361.10	370.00	20
21	Potatoes	1 Kg	60.00	66.04	80.00	30.00	39.15	50.00	40.00	58.30	70.00	30.00	39.79	50.00	40.00	40.00	40.00	30.00	33.25	35.00	50.00	55.33	60.00	21
22	Onions	1 Kg	180.00	197.67	200.00	180.00	193.10	200.00	160.00	179.92	200.00	180.00	189.74	200.00	150.00	154.92	160.00	170.00	176.60	180.00	210.00	218.82	230.00	22
23	Tomatoes	1 Kg	100.00	108.44	120.00	120.00	126.33	140.00	80.00	117.32	150.00	120.00	133.94	140.00	120.00	120.00	120.00	70.00	73.19	80.00	130.00	134.35	140.00	23
24	Sugar Refined	1 Kg	140.00	140.00	140.00	140.00	141.65	145.00	135.00	141.46	150.00	135.00	138.40	140.00	130.00	130.00	130.00	140.00	140.00	140.00	140.00	144.38	150.00	24
25	Gur (Average Quality)	1 Kg	230.00	241.04	250.00	160.00	169.80	180.00	240.00	263.76	280.00	230.00	240.78	250.00	180.00	180.00	180.00	180.00	180.00	180.00	250.00	258.74	270.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	60.00	60.00	60.00	60.00	63.16	70.00	60.00	67.01	80.00	60.00	63.16	70.00	60.00	60.00	60.00	70.00	70.00	70.00	60.00	60.00	60.00	26
27	Chilies Powder NATIONAL 200 gm	Each	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	320.00	320.00	320.00	380.00	380.00	380.00	27
28	Garlic (Lehsun)	1 Kg	450.00	482.74	520.00	300.00	337.37	400.00	320.00	413.15	560.00	280.00	289.83	300.00	300.00	363.42	400.00	320.00	320.00	320.00	200.00	440.86	550.00	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	469.41	469.41	469.41	447.00	447.00	447.00	469.41	469.42	469.42	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.40	469.41	469.41	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	325.91	350.00	300.00	309.68	330.00	300.00	373.12	450.00	320.00	329.70	350.00	200.00	200.00	200.00	250.00	282.31	300.00	300.00	300.00	300.00	30
31	Cooked Daal at Average Hotel	Per Plate	150.00	157.72	160.00	170.00	173.27	180.00	170.00	189.71	200.00	170.00	177.45	180.00	160.00	160.00	160.00	150.00	169.39	180.00	150.00	151.08	160.00	31
32	Tea Prepared Ordinary	Per Cup	80.00	80.00	80.00	50.00	50.00	50.00	70.00	70.85	80.00	70.00	74.83	80.00	70.00	70.00	70.00	70.00	76.52	80.00	50.00	56.46	60.00	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	250.00	250.00	240.00	240.00	240.00	250.00	254.50	260.00	250.00	253.29	260.00	260.00	260.00	260.00	240.00	240.00	240.00	270.00	270.00	270.00	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	800.00	800.00	800.00	780.00	793.28	800.00	700.00	758.34	800.00	600.00	606.59	620.00	500.00	500.00	500.00	600.00	646.33	750.00	800.00	800.00	800.00	34
35	Shirting (Average Quality)	1 mtr	480.00	520.70	535.00	580.00	586.59	600.00	600.00	719.31	800.00	580.00	603.23	620.00	350.00	350.00	350.00	450.00	482.74	500.00	800.00	800.00	800.00	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	793.93	793.93	793.93	816.66	818.89	820.00	700.00	722.30	750.00	580.00	599.94											

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Bannu (15)			Quetta (16)			Khuzdar (17)			National Average			National Ave.		% Change over		Yearly Average Prices				SL.	
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	Prv. Wk	Cor. Wk	Prv. Wk	Cor. Wk	25-26	24-25	Diff	% Chng	NO.	
1	2	3	46	47	48	49	50	51	52	53	54	56	57	58	59	60	61	62	63	64	65	66	1	

PRICES ON 29-10-2026

1	Wheat Flour Bag	20 Kg	3100.00	3166.31	3200.00	3170.00	3184.99	3200.00	3200.00	3200.00	3200.00	2200.00	2951.46	3540.00	2976.12	2188.42	-0.83	34.87	2109.18	1742.07	367.11	21.07	1
2	Rice Basmati Broken (Average Quality)	1 Kg	140.00	140.00	140.00	280.00	289.93	300.00	240.00	246.62	250.00	140.00	215.20	300.00	214.76	216.89	0.20	-0.78	214.54	205.37	9.17	4.47	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	160.00	166.60	170.00	150.00	159.87	170.00	150.00	150.00	150.00	110.00	154.40	200.00	155.07	157.21	-0.43	-1.79	155.74	159.01	-3.27	-2.06	3
4	Bread plain (Small Size)	Each	100.00	100.00	100.00	130.00	130.00	130.00	110.00	116.57	120.00	100.00	123.62	140.00	122.04	110.12	1.29	12.26	112.09	109.13	2.96	2.71	4
5	Beef with Bone (Average Quality)	1 Kg	1000.00	1032.28	1100.00	1200.00	1274.10	1350.00	1200.00	1200.00	1200.00	1000.00	1279.62	1600.00	1279.62	1141.48	0.00	12.10	1170.70	1034.77	135.93	13.14	5
6	Mutton (Average Quality)	1 Kg	1800.00	1800.00	1800.00	2200.00	2348.05	2500.00	2200.00	2395.71	2500.00	1800.00	2401.65	3000.00	2401.65	2094.59	0.00	14.66	2157.14	1965.06	192.08	9.77	6
7	Chicken Farm Broiler (Live)	1 Kg	435.00	435.00	435.00	460.00	471.62	480.00	540.00	540.00	540.00	388.00	431.15	540.00	444.27	327.32	-2.95	31.72	385.92	420.40	-34.48	-8.20	7
8	Milk fresh (Un-boiled)	1 Ltr	180.00	193.10	200.00	220.00	220.00	220.00	220.00	226.47	240.00	170.00	219.98	280.00	218.92	202.93	0.48	8.40	204.78	197.12	7.66	3.89	8
9	Curd (Dahi) Loose	1 Kg	200.00	213.12	220.00	240.00	240.00	240.00	240.00	240.00	240.00	200.00	258.23	400.00	257.05	238.55	0.46	8.25	240.43	230.31	10.12	4.39	9
10	Powdered Milk NIDO 390 gm Polybag	Each	1100.00	1100.00	1100.00	1175.00	1177.50	1180.00	1170.00	1170.00	1170.00	1100.00	1144.14	1200.00	1147.91	1114.83	-0.33	2.63	1123.76	1034.91	88.85	8.59	10
11	Eggs Hen (Farm)	1 Dozen	250.00	250.00	250.00	240.00	251.57	260.00	280.00	280.00	280.00	239.00	254.51	280.00	261.86	347.24	-2.81	-26.70	285.70	290.19	-4.49	-1.55	11
12	Mustard Oil (Average Quality)	1 Kg	500.00	500.00	500.00	590.00	604.90	620.00	600.00	600.00	600.00	480.00	569.56	720.00	569.56	540.14	0.00	5.45	543.98	534.48	9.50	1.78	12
13	Cooking Oil DALDA or Other Similar	Each	3100.00	3100.00	3100.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3095.81	3115.00	3095.81	2914.51	0.00	6.22	2960.42	2800.37	160.05	5.72	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1550.00	1550.00	1550.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1515.00	1578.69	1605.00	1574.20	1489.49	0.29	5.99	1502.18	1408.25	93.93	6.67	14
15	Vegetable Ghee DALDA/HABIB or Other	Each	600.00	600.00	600.00	615.00	615.00	615.00	615.00	615.00	615.00	600.00	618.19	625.00	617.51	581.93	0.11	6.23	584.15	550.39	33.76	6.13	15
16	Bananas (Kela) Local	1 Dozen	120.00	120.00	120.00	70.00	84.46	100.00	150.00	150.00	150.00	70.00	127.18	260.00	128.09	123.34	-0.71	3.11	161.48	149.78	11.70	7.81	16
17	Pulse Masoor (Washed)	1 Kg	240.00	240.00	240.00	290.00	299.93	310.00	300.00	300.00	300.00	230.00	267.31	330.00	268.46	291.73	-0.43	-8.37	277.24	303.70	-26.46	-8.71	17
18	Pulse Moong (Washed)	1 Kg	300.00	300.00	300.00	410.00	419.95	430.00	380.00	393.22	400.00	280.00	355.10	440.00	355.04	379.47	0.02	-6.42	386.71	377.95	8.76	2.32	18
19	Pulse Mash (Washed)	1 Kg	460.00	460.00	460.00	500.00	509.96	520.00	480.00	486.58	500.00	360.00	470.48	540.00	470.48	447.70	0.00	5.09	452.55	507.50	-54.95	-10.83	19
20	Pulse Gram	1 Kg	340.00	340.00	340.00	330.00	339.94	350.00	350.00	350.00	350.00	250.00	303.77	370.00	297.50	293.31	2.11	3.57	271.91	348.88	-76.97	-22.06	20
21	Potatoes	1 Kg	30.00	33.02	40.00	40.00	47.02	60.00	50.00	53.13	60.00	30.00	51.09	100.00	49.47	83.31	3.27	-38.67	54.58	85.66	-31.08	-36.28	21
22	Onions	1 Kg	180.00	180.00	180.00	130.00	144.68	160.00	150.00	150.00	150.00	130.00	189.74	250.00	188.57	174.09	0.62	8.99	81.61	96.52	-14.91	-15.45	22
23	Tomatoes	1 Kg	120.00	120.00	120.00	50.00	64.28	80.00	100.00	100.00	100.00	50.00	125.70	200.00	93.17	174.55	34.91	-27.99	102.10	100.95	1.15	1.14	23
24	Sugar Refined	1 Kg	140.00	140.00	140.00	138.00	139.49	142.00	145.00	146.65	150.00	130.00	141.12	150.00	141.61	188.69	-0.35	-25.21	165.93	151.12	14.81	9.80	24
25	Gur (Average Quality)	1 Kg	230.00	230.00	230.00	240.00	254.82	270.00	240.00	246.62	250.00	160.00	227.20	290.00	227.30	248.32	-0.04	-8.51	233.90	213.80	20.10	9.40	25
26	Salt Powdered (NATIONAL/SHAN)	Each	60.00	60.00	60.00	60.00	60.00	60.00	70.00	70.00	70.00	60.00	61.87	80.00	61.87	72.67	0.00	-14.86	67.32	71.51	-4.19	-5.86	26
27	Chilies Powder NATIONAL 200 gm	Each	380.00	380.00	380.00	380.00	380.00	380.00	320.00	320.00	320.00	320.00	372.39	380.00	372.39	322.29	0.00	15.55	344.03	321.81	22.22	6.90	27
28	Garlic (Lehsun)	1 Kg	450.00	450.00	450.00	380.00	394.88	410.00	600.00	600.00	600.00	200.00	404.02	650.00	403.28	424.39	0.18	-4.80	423.98	538.57	-114.59	-21.28	28
29	Tea Lipton Yellow Label 190 gm Packet	Each	447.00	447.00	447.00	469.00	469.00	469.00	447.00	447.05	447.10	447.00	465.35	469.42	465.35	447.06	0.00	4.09	447.06	509.02	-61.96	-12.17	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	300.00	300.00	350.00	364.87	380.00	330.00	343.20	350.00	200.00	323.93	450.00	323.93	315.49	0.00	2.68	315.62	297.24	18.38	6.18	30
31	Cooked Daal at Average Hotel	Per Plate	130.00	130.00	130.00	180.00	194.76	210.00	180.00	193.10	200.00	130.00	178.73	260.00	178.73	167.47	0.00	6.72	168.69	160.91	7.78	4.84	31
32	Tea Prepared Ordinary	Per Cup	50.00	56.46	60.00	90.00	90.00	90.00	50.00	50.00	50.00	50.00	66.90	90.00	66.87	61.71	0.04	8.41	62.90	60.95	1.95	3.20	32
33	Cigarettes Capstan 20'S Packet	Each	260.00	260.00	260.00	250.00	250.00	250.00	250.00	250.00	250.00	240.00	253.27	270.00	253.27	243.20	0.00	4.14	245.10	234.79	10.31	4.39	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	700.00	700.00	700.00	700.00	773.52	850.00	400.00	400.00	400.00	400.00	691.45	850.00	691.45	660.47	0.00	4.69	665.65	625.57	40.08	6.41	34
35	Shirting (Average Quality)	1 mtr	450.00	476.22	500.00	250.00	306.37	350.00	350.00	372.77	400.00	250.00	558.79	900.00	558.79	502.98	0.00	11.10	516.79	480.39	36.40	7.58	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	650.00	650.00	650.00	700.00	773.52	850.00	400.00	400.00	400.00	400.00	682.80	900.00	682.80	662.54	0.00	3.06	665.62	622.49	43.13	6.93	36
37	Georgette (Average Quality)	1 mtr	250.00	250.00	250.00	220.00	239.44	260.00	250.00	282.31	300.00	200.00	320.14	490.00	320.14	304.40	0.00	5.17	308.19	292.81	15.38	5.25	37
38	Gents Sandal Bata	Pair	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	0.00	0.00	2499.00	2499.00	0.00	0.00	38
39	Gents Sponge Chappal Bata	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	0.00	16.69	611.98	599.00	12.98	2.17	39
40	Ladies Sandal Bata	Pair	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1399.00	0.00	7.15	1412.48	1185.21	227.27	19.18	40
41	Electricity Charges for Q1*	Per Unit	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.66	4.83	-3.92	52.38	6.01	5.99	0.02	0.33	41
42	Gas Charges for Q1	MMBTU	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	0.00	0.00	2535.14	1976.50	558.64	28.26	42
43	Firewood Whole	40 Kg	900.00	965.49	1000.00	1450.00	1524.25																

A: Retail Prices of Fertilizers (50 kg/bag) for the Week Ended on 29-10-2026

No.	Description	Rawal-pindi	Gujran-wala	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Average Price for 29-10-26 22-10-26 30-10-25			% Change over 22-10-26 30-10-25	
1	Sona Urea	5400	4700	4525	4600	4633	4625	4650	4750	4650	4683	4600	4650	5848	4781	4780	4370	0.02	9.39
2	Other Urea (Tara, Sarsabz, Shandar etc)	5200	4600	4450	4550	4733	4475	4733	N.A.	4650	N.A.	4450	4300	N.A.	4608	4589	4247	0.43	8.51
3	Calcium Ammonium Nitrate	5200	4300	4500	N.A.	4233	4200	3766	4350	4200	N.A.	N.A.	N.A.	N.A.	4328	4328	4006	0.00	8.03
4	S.S Phosphate, Gr. 18%	N.A.	5200	5100	5000	5100	N.A.	N.A.	3000	N.A.	4797	5000	N.A.	N.A.	4673	4633	3346	0.86	39.66
5	Sulphate of Potash	N.A.	15000	16200	15800	14800	15100	13566	N.A.	N.A.	17532	15000	N.A.	N.A.	15337	15375	12418	-0.25	23.51
6	Nitro. Phosphate	N.A.	11000	11000	10700	10700	10150	10600	10750	10400	10764	10633	N.A.	N.A.	10667	10667	9225	0.00	15.63
7	DIA Amun. Phosphate	17000	17500	17250	17200	17200	16100	17167	17150	17100	17035	17100	17500	17744	17153	17148	14586	0.03	17.60
8	Nitro. Phosph. & Pot. (Npk)	10000	N.A.	11600	9600	13500	9950	11200	N.A.	N.A.	N.A.	11500	10700	12241	11083	11117	9401	-0.31	17.90

B: Retail Prices of Cement (50 kg/bag) for the Week Ended on 29-10-2026

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for 29-10-26 22-10-26 30-10-25			% Change over 22-10-26 30-10-25	
1	Cement	1545	1518	1650	1630	1660	1600	1618	1657	1660	1481	1565	1650	1523	1611	1500	1560	1650	1592	1596	1390	-0.27	14.48

C: Prices of CNG (per litre for Punjab and per kg otherwise) for the Week Ended on 29-10-2026

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Avg. Price per	% change over Pre.	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Avg. Price per	% change over Pre. week
1	CNG	375.00	292.39	142.99	146.90	138.00	141.99	145.99	139.90	138.60	171.41	0.00	318.26	330.00	300.00	295.00	349.90	352.00	315.00	N.A.	322.22	0.00

D: Wage Rates for the Week Ended on 29-10-2026

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for 29-10-26 22-10-26 30-10-25			% Change over 22-10-26 30-10-25	
1	Painter	Daily	2364	2261	1800	1800	2247	1754	1600	1522	1433	1727	1864	1793	1566	2065	1800	1793	1500	1798	1798	1709	0.00	5.22
2	Mason (Raj)	Daily	2440	2411	2200	2000	2461	2065	2000	1733	1864	2491	2025	1793	2000	2500	2200	2194	1931	2122	2122	1976	0.00	7.40
3	Labourer	Daily	1500	1500	1500	1500	1747	1364	1500	1032	1000	1478	1141	1000	965	1500	1200	1449	1430	1321	1321	1210	0.00	9.19
4	Plumber	Daily	2238	2293	1800	1800	2037	1594	2466	1727	1466	2415	2216	1793	1566	2500	2000	1698	1500	1918	1918	1754	0.00	9.35
5	Electrician	P/Point	487	461	250	230	319	266	277	224	200	423	398	200	240	332	200	317	293	289	289	279	0.00	3.64

E: Wheat Rates for the Week Ended on 29.10.2026

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuzdar	Average Price for 29.10.2026 22.10.2026		% Change over 22.10.2026
1	Wheat	10 kg	1453.31	1453.31	1350	1300	1350	1300	1223.33	1337.44	1266.61	1440	1453.33	1488.57	1408.28	1469.93	1460	1384.97	1450	1385.32	1379.15	0.45
2	Wheat Flour (Fine)	1 kg	183.68	177.6	155	162	174.95	164.92	147	159.16	148.31	185.08	187.48	180	170	171.93	165	187.49	180	170.08	169.98	0.05