

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Islamabad (01)			Rawalpindi (02)			Gujranwala (03)			Sialkot (04)			Lahore (05)			Faisalabad (06)			Sargodha (07)			SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	NO.
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	1
PRICES ON 22-01-2026																								
1	Wheat Flour Bag	20 Kg	2893.33	2925.48	2960.00	1810.00	2563.29	2933.34	1810.00	2006.82	2467.00	1810.00	2026.42	2540.00	1810.00	1836.57	1850.00	1810.00	2304.31	2600.00	2667.00	2667.00	2667.00	1
2	Rice Basmati Broken (Average Qua	1 Kg	260.00	274.83	290.00	250.00	264.52	280.00	180.00	180.00	180.00	190.00	190.00	190.00	205.00	215.37	230.00	220.00	236.33	250.00	160.00	160.00	160.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	160.00	178.64	200.00	150.00	164.27	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	160.00	160.00	180.00	186.61	190.00	3
4	Bread plain (Small Size)	Each	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	120.00	120.00	120.00	110.00	110.00	110.00	110.00	110.00	110.00	100.00	100.00	100.00	4
5	Beef with Bone (Average Quality)	1 Kg	1350.00	1412.19	1450.00	1400.00	1426.45	1450.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1156.28	1200.00	1200.00	1200.00	1200.00	1100.00	1133.09	1150.00	5
6	Mutton (Average Quality)	1 Kg	2450.00	2524.71	2600.00	2450.00	2503.10	2550.00	2200.00	2200.00	2200.00	2100.00	2100.00	2100.00	2400.00	2428.16	2500.00	2200.00	2200.00	2200.00	2100.00	2133.20	2150.00	6
7	Chicken Farm Broiler (Live)	1 Kg	365.00	378.11	400.00	365.00	372.96	380.00	356.00	356.00	356.00	358.00	358.00	358.00	358.00	358.00	358.00	380.00	380.00	380.00	360.00	361.66	365.00	7
8	Milk fresh (Un-boiled)	1 Ltr	220.00	235.71	250.00	200.00	216.86	240.00	200.00	200.00	200.00	170.00	170.00	170.00	180.00	195.15	200.00	200.00	200.00	200.00	170.00	173.27	180.00	8
9	Curd (Dahi) Loose	1 Kg	240.00	254.09	260.00	220.00	241.06	260.00	220.00	220.00	220.00	180.00	180.00	180.00	220.00	234.11	240.00	240.00	240.00	240.00	220.00	220.00	220.00	9
10	Powdered Milk NIDO 390 gm Polyba	Each	1130.00	1148.29	1170.00	1140.00	1146.65	1160.00	1140.00	1140.00	1140.00	1180.00	1180.00	1180.00	1170.00	1170.00	1170.00	1170.00	1170.00	1170.00	1150.00	1150.00	1150.00	10
11	Eggs Hen (Farm)	1 Dozen	345.00	352.03	360.00	343.00	353.35	360.00	350.00	350.00	350.00	340.00	340.00	340.00	337.00	337.00	337.00	342.00	342.00	342.00	342.00	342.00	342.00	11
12	Mustard Oil (Average Quality)	1 Kg	660.00	686.46	720.00	650.00	659.30	670.00	500.00	500.00	500.00	500.00	500.00	500.00	500.00	523.23	540.00	560.00	560.00	560.00	500.00	500.00	500.00	12
13	Cooking Oil DALDA or Other Similar	Each	2970.00	2970.00	2970.00	2970.00	2970.00	2970.00	3109.37	3109.37	3109.37	2985.00	2985.00	2985.00	3109.38	3109.38	3109.38	2985.00	2985.00	2985.00	2970.00	2970.00	2970.00	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1515.00	1515.00	1515.00	1515.00	1515.00	1515.00	1588.54	1588.54	1588.54	1525.00	1525.00	1525.00	1588.54	1588.54	1588.54	1588.54	1588.54	1588.54	1515.00	1515.00	1515.00	14
15	Vegetable Ghee DALDA/HABIB or G	Each	590.00	590.00	590.00	590.00	590.00	590.00	590.00	590.00	590.00	592.00	592.00	592.00	590.00	590.00	590.00	592.00	592.00	592.00	590.00	590.00	590.00	15
16	Bananas (Kela) Local	1 Dozen	200.00	238.10	280.00	200.00	230.35	250.00	150.00	150.00	150.00	160.00	160.00	160.00	140.00	152.43	170.00	130.00	136.35	150.00	150.00	150.00	150.00	16
17	Pulse Masoor (Washed)	1 Kg	280.00	301.31	320.00	280.00	297.84	320.00	230.00	230.00	230.00	240.00	240.00	240.00	270.00	275.19	280.00	220.00	270.13	320.00	250.00	253.29	260.00	17
18	Pulse Moong (Washed)	1 Kg	380.00	413.61	450.00	370.00	397.07	420.00	360.00	360.00	360.00	370.00	370.00	370.00	370.00	377.57	390.00	340.00	340.00	340.00	400.00	400.00	400.00	18
19	Pulse Mash (Washed)	1 Kg	470.00	497.11	530.00	460.00	479.22	500.00	400.00	400.00	400.00	400.00	400.00	400.00	410.00	438.39	480.00	385.00	420.26	440.00	440.00	443.31	450.00	19
20	Pulse Gram	1 Kg	260.00	295.27	320.00	260.00	282.89	310.00	220.00	220.00	220.00	220.00	220.00	220.00	240.00	247.32	255.00	210.00	210.00	210.00	240.00	243.29	250.00	20
21	Potatoes	1 Kg	50.00	63.57	80.00	40.00	55.55	70.00	40.00	43.09	50.00	30.00	36.34	40.00	40.00	46.18	50.00	40.00	40.00	40.00	30.00	30.00	30.00	21
22	Onions	1 Kg	90.00	102.08	120.00	85.00	99.99	110.00	80.00	80.00	80.00	80.00	80.00	80.00	70.00	77.32	90.00	60.00	63.16	70.00	60.00	60.00	60.00	22
23	Tomatoes	1 Kg	120.00	134.49	160.00	120.00	133.31	150.00	120.00	120.00	120.00	120.00	120.00	120.00	100.00	109.74	120.00	100.00	100.00	100.00	100.00	100.00	100.00	23
24	Sugar Refined	1 Kg	156.00	157.32	160.00	155.00	157.31	160.00	155.00	155.00	155.00	156.00	156.00	156.00	155.00	159.28	160.00	160.00	160.00	160.00	150.00	150.00	150.00	24
25	Gur (Average Quality)	1 Kg	250.00	267.97	290.00	250.00	255.93	270.00	220.00	220.00	220.00	190.00	190.00	190.00	220.00	231.79	240.00	200.00	213.12	220.00	200.00	200.00	200.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	60.00	63.16	70.00	60.00	63.16	70.00	60.00	60.00	60.00	70.00	70.00	70.00	60.00	60.00	60.00	70.00	70.00	70.00	80.00	80.00	80.00	26
27	Chilies Powder NATIONAL 200 gm	Each	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	340.00	340.00	340.00	27
28	Garlic (Lehsun)	1 Kg	300.00	492.97	700.00	300.00	456.54	600.00	500.00	500.00	500.00	450.00	463.24	470.00	280.00	356.09	510.00	350.00	350.00	350.00	500.00	500.00	500.00	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	447.06	447.06	447.06	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.06	447.06	447.06	447.50	447.50	447.50	447.00	447.00	447.00	29
30	Cooked Beef at Average Hotel	Per Plate	350.00	354.07	380.00	300.00	334.26	350.00	450.00	450.00	450.00	350.00	350.00	350.00	270.00	291.76	300.00	300.00	315.82	350.00	300.00	300.00	300.00	30
31	Cooked Daal at Average Hotel	Per Plate	220.00	241.40	260.00	200.00	220.86	250.00	150.00	150.00	150.00	170.00	170.00	170.00	180.00	194.15	200.00	160.00	176.14	200.00	150.00	150.00	150.00	31
32	Tea Prepared Ordinary	Per Cup	70.00	70.00	70.00	60.00	68.58	70.00	60.00	66.49	70.00	50.00	50.00	50.00	60.00	60.00	60.00	60.00	63.16	70.00	60.00	63.16	70.00	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	250.00	250.00	250.00	250.00	250.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	33
34	Long Cloth 57" Gul Ahmed/Al Karan	1 mtr	720.00	738.24	750.00	680.00	721.62	770.00	667.00	667.00	667.00	660.00	660.00	660.00	790.00	790.00	790.00	550.00	566.19	600.00	700.00	700.00	700.00	34
35	Shirting (Average Quality)	1 mtr	650.00	701.62	750.00	620.00	654.44	680.00	600.00	600.00	600.00	450.00	450.00	450.00	400.00	428.70	450.00	850.00	866.35	900.00	620.00	620.00	620.00	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	630.00	662.12	700.00	580.00	628.70	670.00	748.00	748.00	748.00	650.00	650.00	650.00	76									

CONSUMER PRICES OF ESSENTIAL ITEMS

SL. NO.	DESCRIPTION	UNIT	Multan (08)			Bahawalpur (09)			Karachi (10)			Hyderabad (11)			Sukkur (12)			Larkana (13)			Peshawar (14)			SL. NO.
1	2	3	MIN 25	AVG 26	MAX 27	MIN 28	AVG 29	MAX 30	MIN 31	AVG 32	MAX 33	MIN 34	AVG 35	MAX 36	MIN 37	AVG 38	MAX 39	MIN 40	AVG 41	MAX 42	MIN 43	AVG 44	MAX 45	1

PRICES ON 22-01-2026

1	Wheat Flour Bag	20 Kg	1810.00	2035.23	2600.00	2506.67	2506.67	2506.67	2540.00	2589.43	2700.00	2700.00	2724.84	2760.00	2600.00	2600.00	2600.00	2500.00	2500.00	2500.00	2950.00	2983.24	3000.00	1
2	Rice Basmati Broken (Average Qua	1 Kg	180.00	193.10	200.00	180.00	193.10	200.00	240.00	273.45	280.00	200.00	213.12	220.00	200.00	200.00	200.00	230.00	236.62	240.00	210.00	222.13	230.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	130.00	140.92	150.00	190.00	196.61	200.00	150.00	171.00	190.00	140.00	143.26	150.00	140.00	140.00	140.00	110.00	116.57	120.00	130.00	131.07	140.00	3
4	Bread plain (Small Size)	Each	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	120.00	120.00	120.00	130.00	130.00	130.00	110.00	116.57	120.00	110.00	110.00	110.00	4
5	Beef with Bone (Average Quality)	1 Kg	1250.00	1271.98	1300.00	1000.00	1000.00	1000.00	1200.00	1338.03	1400.00	1100.00	1174.55	1200.00	1000.00	1032.28	1100.00	1100.00	1165.70	1200.00	1000.00	1125.99	1200.00	5
6	Mutton (Average Quality)	1 Kg	2300.00	2355.15	2400.00	1800.00	1866.06	1900.00	2100.00	2279.48	2400.00	2000.00	2140.29	2200.00	1800.00	1800.00	1800.00	2000.00	2000.00	2000.00	1900.00	2062.84	2200.00	6
7	Chicken Farm Broiler (Live)	1 Kg	350.00	350.00	350.00	330.00	330.00	330.00	350.00	371.33	400.00	360.00	362.47	370.00	360.00	360.00	360.00	345.00	348.33	350.00	375.00	375.00	375.00	7
8	Milk fresh (Un-boiled)	1 Ltr	190.00	197.73	200.00	180.00	180.00	180.00	220.00	220.00	220.00	215.00	218.32	220.00	200.00	200.00	200.00	240.00	243.29	250.00	200.00	241.59	260.00	8
9	Curd (Dahi) Loose	1 Kg	230.00	235.50	240.00	220.00	220.00	220.00	320.00	331.80	360.00	300.00	314.88	320.00	220.00	233.14	240.00	280.00	286.51	300.00	240.00	262.06	270.00	9
10	Powdered Milk NIDO 390 gm Polyb	Each	1100.00	1100.00	1100.00	1130.00	1130.00	1130.00	1120.00	1144.49	1160.00	1160.00	1164.99	1170.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1150.00	1150.00	1150.00	10
11	Eggs Hen (Farm)	1 Dozen	340.00	347.75	350.00	338.00	338.00	338.00	350.00	354.51	360.00	350.00	356.64	360.00	370.00	370.00	370.00	360.00	360.00	360.00	360.00	366.64	370.00	11
12	Mustard Oil (Average Quality)	1 Kg	580.00	597.67	620.00	570.00	570.00	570.00	520.00	563.70	650.00	480.00	488.25	500.00	450.00	450.00	450.00	500.00	500.00	500.00	600.00	638.65	650.00	12
13	Cooking Oil DALDA or Other Similar	Each	3109.37	3109.37	3109.37	3109.00	3109.00	3109.00	2985.00	2985.00	2985.00	3109.38	3109.38	3109.38	2865.00	2891.42	2945.00	3110.00	3110.00	3110.00	3020.00	3020.53	3020.80	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1588.54	1588.54	1588.54	1515.00	1515.00	1515.00	1525.00	1525.00	1525.00	1515.00	1515.00	1515.00	1480.00	1480.00	1480.00	1500.00	1500.00	1500.00	1562.50	1562.50	1562.50	14
15	Vegetable Ghee DALDA/HABIB or	Each	590.00	590.00	590.00	590.00	590.00	590.00	592.00	592.00	592.00	590.00	590.00	590.00	585.00	585.00	585.00	592.00	592.00	592.00	590.00	590.00	590.00	15
16	Bananas (Kela) Local	1 Dozen	150.00	164.04	180.00	150.00	150.00	150.00	100.00	124.16	150.00	80.00	103.40	120.00	100.00	100.00	100.00	90.00	96.55	100.00	120.00	131.59	150.00	16
17	Pulse Masoor (Washed)	1 Kg	290.00	303.22	320.00	260.00	260.00	260.00	250.00	274.11	300.00	230.00	249.80	260.00	280.00	280.00	280.00	280.00	293.18	300.00	280.00	282.19	290.00	17
18	Pulse Moong (Washed)	1 Kg	370.00	379.94	390.00	350.00	359.73	380.00	340.00	372.86	400.00	380.00	391.54	400.00	400.00	409.88	420.00	380.00	405.91	440.00	360.00	364.41	370.00	18
19	Pulse Mash (Washed)	1 Kg	440.00	451.08	460.00	370.00	376.55	390.00	360.00	382.49	420.00	360.00	376.53	400.00	420.00	429.88	440.00	420.00	426.64	430.00	410.00	424.36	440.00	19
20	Pulse Gram	1 Kg	220.00	235.36	250.00	250.00	256.62	260.00	240.00	252.31	280.00	230.00	244.02	260.00	280.00	280.00	280.00	220.00	233.14	240.00	280.00	288.80	300.00	20
21	Potatoes	1 Kg	40.00	41.00	50.00	30.00	36.34	40.00	40.00	54.19	70.00	30.00	37.22	40.00	30.00	33.02	40.00	30.00	33.02	40.00	40.00	52.89	60.00	21
22	Onions	1 Kg	60.00	64.25	70.00	50.00	56.46	60.00	50.00	65.46	80.00	40.00	52.95	60.00	50.00	53.13	60.00	70.00	73.19	80.00	80.00	89.63	100.00	22
23	Tomatoes	1 Kg	70.00	79.86	90.00	80.00	80.00	80.00	50.00	67.99	100.00	50.00	61.42	70.00	50.00	50.00	50.00	80.00	86.18	100.00	100.00	114.23	120.00	23
24	Sugar Refined	1 Kg	150.00	156.08	160.00	150.00	153.26	160.00	150.00	153.09	170.00	145.00	149.41	150.00	144.00	144.00	144.00	150.00	150.00	150.00	160.00	163.27	170.00	24
25	Gur (Average Quality)	1 Kg	230.00	242.14	250.00	180.00	186.61	190.00	240.00	262.58	280.00	240.00	251.51	260.00	180.00	180.00	180.00	200.00	213.12	220.00	260.00	263.29	270.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	60.00	60.00	60.00	60.00	63.16	70.00	60.00	67.01	80.00	60.00	63.16	70.00	60.00	64.81	70.00	70.00	70.00	70.00	60.00	60.00	60.00	26
27	Chilies Powder NATIONAL 200 gm	Each	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	340.00	340.00	340.00	320.00	320.00	320.00	320.00	320.00	320.00	27
28	Garlic (Lehsun)	1 Kg	480.00	506.49	520.00	480.00	480.00	480.00	360.00	429.15	550.00	320.00	326.53	340.00	450.00	450.00	450.00	400.00	412.91	440.00	250.00	414.57	530.00	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	447.05	447.05	447.05	447.00	447.00	447.00	447.06	447.06	447.06	447.06	447.06	447.06	447.05	447.05	447.05	447.05	447.05	447.05	447.00	447.00	447.00	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	325.91	350.00	300.00	309.68	330.00	300.00	371.61	450.00	300.00	301.62	320.00	200.00	200.00	200.00	240.00	240.00	240.00	280.00	293.18	300.00	30
31	Cooked Daal at Average Hotel	Per Plate	140.00	141.08	150.00	170.00	173.27	180.00	170.00	184.29	200.00	160.00	172.25	180.00	160.00	160.00	160.00	120.00	120.00	120.00	120.00	133.72	160.00	31
32	Tea Prepared Ordinary	Per Cup	70.00	76.52	80.00	50.00	50.00	50.00	70.00	70.00	70.00	60.00	71.45	80.00	70.00	70.00	70.00	70.00	70.00	70.00	50.00	54.22	60.00	32
33	Cigarettes Capstan 20'S Packet	Each	240.00	240.00	240.00	240.00	240.00	240.00	250.00	250.00	250.00	250.00	250.00	250.00	240.00	240.00	240.00	240.00	240.00	240.00	250.00	250.00	250.00	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	800.00	800.00	800.00	780.00	793.28	800.00	700.00	732.95	750.00	550.00	582.85	600.00	500.00	500.00	500.00	600.00	646.33	750.00	642.00	642.00	642.00	34
35	Shirting (Average Quality)	1 mtr	480.00	520.70	535.00	580.00	586.59	600.00	550.00	637.35	750.00	550.00	579.56	600.00	350.00	350.00	350.00	450.00	482.74	500.00	650.00	656.62	670.00	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	738.46	738.46	738.46	816.66	818.89	820.00	700.00	720.79	750.00	550.00	582.85	600.00	550.00	550.00	550.00	600.00	632.89	650.00	702.00	702.00	702.00	36
37	Georgette (Average Quality)	1 mtr	300.00	327.54	350.00	300.00	300.00	300.00	350.00	384.78	450.00	300.00	311.51	320.00	200.00	206.46	220.00	350.00	382.59	400.00	230.00	239.86	250.00	37
38	Gents Sandal Bata	Pair	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	38
39	Gents Sponge Chappal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	39
40	Ladies Sandal Bata	Pair	1399.00	1399.00																				

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Bannu (15)			Quetta (16)			Khuzdar (17)			National Average			National Ave.		% Change over		Yearly Average Prices				SL.	
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	Prv. Wk	Cor. Wk	Prv. Wk	Cor. Wk	24-25	23-24	Diff	% Chng	NO.	
1	2	3	46	47	48	49	50	51	52	53	54	56	57	58	59	60	61	62	63	64	65	66	1	

PRICES ON 22-01-2026

1	Wheat Flour Bag	20 Kg	3000.00	3000.00	3000.00	2830.00	2839.99	2850.00	2600.00	2600.00	2600.00	1810.00	2486.86	3000.00	2431.64	1794.29	2.27	38.60	1742.07	2575.18	-833.11	-32.35	1
2	Rice Basmati Broken (Average Quality)	1 Kg	140.00	146.59	150.00	290.00	299.93	310.00	240.00	246.62	250.00	140.00	216.43	310.00	216.43	204.41	0.00	5.88	205.37	222.46	-17.09	-7.68	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	160.00	166.60	170.00	160.00	169.88	180.00	160.00	163.27	170.00	110.00	157.69	200.00	157.69	158.66	0.00	-0.61	159.01	165.12	-6.11	-3.70	3
4	Bread plain (Small Size)	Each	100.00	100.00	100.00	120.00	120.00	120.00	110.00	110.00	110.00	100.00	111.93	130.00	111.93	109.45	0.00	2.27	109.13	113.60	-4.47	-3.93	4
5	Beef with Bone (Average Quality)	1 Kg	900.00	932.17	1000.00	1100.00	1149.27	1200.00	1100.00	1165.70	1200.00	900.00	1162.66	1450.00	1162.66	1031.15	0.00	12.75	1034.77	847.36	187.41	22.12	5
6	Mutton (Average Quality)	1 Kg	1700.00	1700.00	1700.00	2000.00	2073.86	2200.00	1800.00	1800.00	1800.00	1700.00	2113.94	2600.00	2113.94	1966.53	0.00	7.50	1965.06	1746.19	218.87	12.53	6
7	Chicken Farm Broiler (Live)	1 Kg	385.00	385.00	385.00	370.00	382.44	390.00	410.00	410.00	410.00	330.00	366.60	410.00	439.98	440.59	-16.68	-16.79	420.40	395.28	25.12	6.35	7
8	Milk fresh (Un-boiled)	1 Ltr	180.00	186.43	200.00	200.00	200.00	200.00	200.00	200.00	200.00	170.00	203.51	260.00	203.51	197.80	0.00	2.89	197.12	185.03	12.09	6.53	8
9	Curd (Dahi) Loose	1 Kg	200.00	200.00	200.00	220.00	220.00	220.00	220.00	220.00	220.00	180.00	239.21	360.00	239.21	231.06	0.00	3.53	230.31	215.67	14.64	6.79	9
10	Powdered Milk NIDO 390 gm Polybag	Each	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1170.00	1170.00	1170.00	1100.00	1138.74	1180.00	1138.74	1037.21	0.00	9.79	1034.91	819.69	215.22	26.26	10
11	Eggs Hen (Farm)	1 Dozen	350.00	356.64	360.00	350.00	362.43	370.00	360.00	373.21	380.00	337.00	352.91	380.00	349.33	259.51	1.02	35.99	290.19	298.22	-8.03	-2.69	11
12	Mustard Oil (Average Quality)	1 Kg	470.00	470.00	470.00	575.00	597.23	620.00	580.00	593.26	600.00	450.00	548.83	720.00	548.34	570.76	0.09	-3.84	534.48	508.77	25.71	5.05	12
13	Cooking Oil DALDA or Other Similar	Each	2850.00	2850.00	2850.00	3093.75	3093.75	3093.75	2925.00	2951.61	2965.00	2850.00	3018.22	3110.00	3034.43	2918.98	-0.53	3.40	2800.37	2810.06	-9.69	-0.34	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1400.00	1400.00	1400.00	1578.00	1578.00	1578.00	1500.00	1500.00	1500.00	1400.00	1528.62	1588.54	1542.03	1498.47	-0.87	2.01	1408.25	1345.28	62.97	4.68	14
15	Vegetable Ghee DALDA/HABIB or Other	Each	560.00	560.00	560.00	590.00	590.00	590.00	592.00	592.00	592.00	560.00	588.48	592.00	588.72	585.81	-0.04	0.46	550.39	518.25	32.14	6.20	15
16	Bananas (Kela) Local	1 Dozen	150.00	156.59	160.00	100.00	114.60	130.00	100.00	114.47	150.00	80.00	140.86	280.00	135.89	128.13	3.66	9.94	149.78	136.52	13.26	9.71	16
17	Pulse Masoor (Washed)	1 Kg	260.00	260.00	260.00	280.00	289.93	300.00	280.00	293.18	300.00	220.00	272.87	320.00	273.62	302.35	-0.27	-9.75	303.70	320.39	-16.69	-5.21	17
18	Pulse Moong (Washed)	1 Kg	380.00	380.00	380.00	470.00	479.96	490.00	400.00	409.76	430.00	340.00	387.82	490.00	386.17	406.65	0.43	-4.63	377.95	292.91	85.04	29.03	18
19	Pulse Mash (Washed)	1 Kg	420.00	420.00	420.00	470.00	479.96	490.00	450.00	476.22	500.00	360.00	429.19	530.00	426.94	490.91	0.53	-12.57	507.50	530.09	-22.59	-4.26	19
20	Pulse Gram	1 Kg	220.00	220.00	220.00	270.00	279.93	290.00	300.00	300.00	300.00	210.00	251.89	320.00	251.48	358.75	0.16	-29.79	348.88	251.64	97.24	38.64	20
21	Potatoes	1 Kg	30.00	36.34	40.00	30.00	41.89	50.00	40.00	46.42	50.00	30.00	41.88	80.00	45.78	79.41	-8.52	-47.26	85.66	82.44	3.22	3.91	21
22	Onions	1 Kg	60.00	72.68	80.00	50.00	59.65	70.00	50.00	68.40	80.00	40.00	70.28	120.00	75.79	109.05	-7.27	-35.55	96.52	128.06	-31.54	-24.63	22
23	Tomatoes	1 Kg	70.00	76.52	80.00	70.00	79.74	90.00	80.00	92.83	100.00	50.00	91.25	160.00	83.08	82.94	9.83	10.02	100.95	110.14	-9.19	-8.34	23
24	Sugar Refined	1 Kg	150.00	150.00	150.00	174.00	175.00	176.00	170.00	171.65	175.00	144.00	156.33	176.00	156.11	145.50	0.14	7.44	151.12	146.05	5.07	3.47	24
25	Gur (Average Quality)	1 Kg	240.00	240.00	240.00	250.00	254.97	260.00	240.00	246.62	250.00	180.00	228.78	290.00	231.09	209.08	-1.00	9.42	213.80	210.53	3.27	1.55	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	70.00	70.00	60.00	60.00	60.00	70.00	70.00	70.00	60.00	65.35	80.00	66.36	71.46	-1.52	-8.55	71.51	65.72	5.79	8.81	26
27	Chilies Powder NATIONAL 200 gm	Each	320.00	320.00	320.00	380.00	380.00	380.00	320.00	320.00	320.00	320.00	360.20	380.00	360.20	320.00	0.00	12.56	321.81	374.34	-52.53	-14.03	27
28	Garlic (Lehsun)	1 Kg	350.00	369.72	380.00	500.00	514.91	530.00	500.00	531.33	600.00	250.00	439.82	700.00	439.75	690.27	0.02	-36.28	538.57	518.54	20.03	3.86	28
29	Tea Lipton Yellow Label 190 gm Packet	Each	447.00	447.00	447.00	447.00	447.00	447.00	447.00	447.05	447.10	447.00	447.06	447.50	447.06	543.78	0.00	-17.79	509.02	556.48	-47.46	-8.53	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	300.00	300.00	350.00	359.91	370.00	330.00	343.20	350.00	200.00	315.49	450.00	315.49	300.67	0.00	4.93	297.24	272.13	25.11	9.23	30
31	Cooked Daal at Average Hotel	Per Plate	130.00	130.00	130.00	180.00	189.82	200.00	180.00	193.10	200.00	120.00	167.79	260.00	167.79	163.54	0.00	2.60	160.91	140.93	19.98	14.18	31
32	Tea Prepared Ordinary	Per Cup	50.00	56.46	60.00	80.00	80.00	80.00	50.00	50.00	50.00	50.00	63.46	80.00	63.46	61.37	0.00	3.41	60.95	56.87	4.08	7.17	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	253.29	260.00	240.00	244.95	250.00	240.00	243.29	250.00	240.00	244.16	260.00	244.43	233.49	-0.11	4.57	234.79	222.49	12.30	5.53	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	700.00	700.00	700.00	700.00	748.89	800.00	400.00	400.00	400.00	400.00	660.47	800.00	660.47	617.61	0.00	6.94	625.57	568.18	57.39	10.10	34
35	Shirting (Average Quality)	1 mtr	450.00	476.22	500.00	220.00	229.85	240.00	350.00	372.77	400.00	220.00	519.42	900.00	518.02	479.97	0.27	8.22	480.39	415.53	64.86	15.61	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	650.00	650.00	650.00	700.00	748.89	800.00	400.00	400.00	400.00	400.00	662.54	820.00	662.54	611.82	0.00	8.29	622.49	560.31	62.18	11.10	36
37	Georgette (Average Quality)	1 mtr	250.00	250.00	250.00	200.00	219.62	240.00	250.00	282.31	300.00	200.00	308.94	450.00	308.94	293.97	0.00	5.09	292.81	261.61	31.20	11.93	37
38	Gents Sandal Bata	Pair	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	0.00	0.00	2499.00	2298.72	200.28	8.71	38
39	Gents Sponge Chappal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	0.00	0.00	599.00	599.00	0.00	0.00	39
40	Ladies Sandal Bata	Pair	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	0.00	0.00	1185.21	822.91	362.30	44.03	40
41	Electricity Charges for Q1*	Per Unit	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.06	0.00	0.66	5.99	7.28	-1.29	-17.72	41
42	Gas Charges for Q1	MMBTU	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	1976.50	0.00	29.85	1976.50	944.61	1031.89	109.24	42
43	Firewood Whole	40 Kg	1100.00	1100.00	1100.00	1400.00	1449.43	1500.00															

A: Retail Prices of Fertilizers (50 kg/bag) for the Week Ended on 22-01-2026

No.	Description	Rawal-pindi	Gujran-wala	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Average Price for 22-01-26 15-01-26 23-01-25			% Change over 15-01-26 23-01-25	
1	Sona Urea	4600	4200	4400	4400	4317	4050	4210	4250	4100	4232	4350	4350	5099	4344	4375	4530	-0.71	-4.12
2	Other Urea (Tara, Sarsabz, Shandar etc)	4500	4130	4300	4350	4417	4000	4200	N.A.	4100	N.A.	4200	4100	N.A.	4227	4267	4368	-0.93	-3.23
3	Calcium Ammonium Nitrate	4200	4000	4050	N.A.	4000	3875	3933	3850	3900	N.A.	N.A.	N.A.	N.A.	3975	3975	4186	0.00	-5.05
4	S.S Phosphate, Gr. 18%	N.A.	3300	3600	3500	3500	N.A.	N.A.	2349	N.A.	3663	3483	N.A.	N.A.	3311	3320	2936	-0.27	12.78
5	Sulphate of Potash	N.A.	10000	12528	13800	11900	11175	11629	N.A.	N.A.	13559	12000	N.A.	N.A.	12017	12119	12617	-0.83	-4.75
6	Nitro. Phosphate	N.A.	8525	9700	9200	9000	8675	9066	9050	8700	8516	9000	N.A.	N.A.	8937	8996	7607	-0.66	17.49
7	DIA Amun. Phosphate	13500	14200	14900	14700	14700	13550	14666	14325	14000	14209	14067	14500	14900	14317	14355	12050	-0.26	18.82
8	Nitro. Phosph. & Pot. (Npk)	9400	N.A.	9700	9600	9500	8825	11000	N.A.	N.A.	N.A.	9267	9100	9700	9549	9555	8852	-0.06	7.88

B: Retail Prices of Cement (50 kg/bag) for the Week Ended on 22-01-2026

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for 22-01-26 15-01-26 23-01-25			% Change over 15-01-26 23-01-25	
1	Cement	1377	1370	1400	1360	1447	1400	1403	1392	1393	1389	1435	1530	1407	1353	1300	1490	1443	1404	1400	1385	0.31	1.39

C: Prices of CNG (per litre for Punjab and per kg otherwise) for the Week Ended on 22-01-2026

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Avg. Price per	% change over Pre.	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Avg. Price per	% change over Pre. week
1	CNG	250.00	216.67	142.99	146.90	138.00	141.99	145.99	139.90	138.60	158.49	0.00	314.48	320.00	300.00	295.00	339.90	339.90	315.00	N.A.	317.34	0.00

D: Wage Rates for the Week Ended on 22-01-2026

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for 22-01-26 15-01-26 23-01-25			% Change over 15-01-26 23-01-25	
1	Painter	Daily	2364	2137	1500	1800	2047	1651	1600	1522	1433	1692	1722	1600	1566	1800	1800	1698	1500	1716	1715	1676	0.06	2.41
2	Mason (Raj)	Daily	2440	2287	2200	2000	2261	1864	1966	1733	1864	2478	1931	1600	1864	2000	2000	2194	1766	2012	2012	1916	0.00	5.05
3	Labourer	Daily	1500	1500	1200	1500	1547	1266	1416	1032	1000	1478	1024	900	883	1200	1000	1449	1166	1217	1216	1173	0.07	3.76
4	Plumber	Daily	1983	2022	1500	1800	1837	1500	2433	1727	1466	2363	2057	1600	1566	2200	1600	1498	1500	1778	1778	1734	0.00	2.52
5	Electrician	P/Point	469	461	250	230	269	200	273	224	200	400	393	200	240	332	193	317	293	279	279	267	0.00	4.22

E: Wheat Rates for the Week Ended on 22.01.2026

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuzdar	Average Price for 22.01.2026 15.01.2026		% Change over 15.01.2026	
1	Wheat	10 kg	1321.66	1321.66	1175.00	1175.00	1200.00	1100.00	1121.66	1174.73	1150.00	1150.00	1209.97	1150.00	1116.60	1363.33	1400.00	1309.97	1200.00	1210.86	1184.27	2.25	
2	Wheat Flour (Fine)	1 kg	159.14	160.64	140.00	138.00	147.35	135.00	130.00	146.65	136.65	139.75	152.04	150.00	130.00	159.16	158.00	160.00	130.00	145.02	143.14	1.31	