APPENDIX-A

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Islamabad (01)			Rawalpindi (02)			Gujranwala (03)			Sialkot (04)			Lahore (05)			Faisalabad (06)			Sargodha (07)			SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	NO.
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	1
											PRICES ON 19-11-2026													
1	Wheat Flour Bag	20 Kg	3546.67	3585.52	3600.00	2200.00	3106.12	3533.33	2200.00	2940.76	3400.00	2200.00	2824.28	3200.00	2200.00	2551.02	3467.00	2200.00	2824.28	3200.00	2200.00	2526.74	3333.00	1
2	Rice Basmati Broken (Average Qua	1 Kg	260.00	274.83	290.00	260.00	271.87	290.00	180.00	180.00	180.00	160.00	160.00	160.00	220.00	228.47	240.00	220.00	233.14	240.00	160.00	160.00	160.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	160.00	178.64	200.00	150.00	164.27	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	160.00	160.00	180.00	186.61	190.00	3
4	Bread plain (Small Size)	Each	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	130.00	100.00	100.00	100.00	4
5	Beef with Bone (Average Quality)	1 Kg	1450.00	1491.13	1550.00	1450.00	1515.94	1600.00	1200.00	1200.00	1200.00	1300.00	1300.00	1300.00	1200.00	1295.92	1400.00	1400.00	1432.57	1500.00	1200.00	1200.00	1200.00	5
6	Mutton (Average Quality)	1 Kg	2800.00	2853.49	3000.00	2750.00	2803.07	2850.00	2600.00	2600.00	2600.00	2500.00	2500.00	2500.00	2900.00	2928.23	3000.00	2400.00	2464.90	2600.00	2200.00	2233.21	2250.00	6
7	Chicken Farm Broiler (Live)	1 Kg	445.00	463.81	500.00	455.00	461.97	470.00	434.00	434.00	434.00	433.00	433.00	433.00	423.00	423.00	423.00	455.00	455.00	455.00	445.00	446.66	450.00	7
8	Milk fresh (Un-boiled)	1 Ltr	240.00	256.56	270.00	220.00	244.34	260.00	220.00	220.00	220.00	230.00	243.15	250.00	210.00	218.02	230.00	200.00	206.46	220.00	170.00	176.60	180.00	8
9	Curd (Dahi) Loose	1 Kg	280.00	281.61	300.00	250.00	271.70	300.00	240.00	240.00	240.00	240.00	253.15	260.00	250.00	258.99	270.00	240.00	243.29	250.00	230.00	233.29	240.00	9
10	Powdered Milk NIDO 390 gm Polyba	Each	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1180.00	1180.00	1180.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1150.00	1153.32	1160.00	10
11	Eggs Hen (Farm)	1 Dozen	295.00	297.07	300.00	295.00	296.33	300.00	300.00	300.00	300.00	280.00	280.00	280.00	294.00	294.00	294.00	294.00	294.00	294.00	294.00	294.00	294.00	11
12	Mustard Oil (Average Quality)	1 Kg	660.00	686.46	720.00	650.00	667.27	680.00	540.00	543.31	550.00	550.00	550.00	550.00	570.00	585.20	600.00	580.00	580.00	580.00	500.00	500.00	500.00	12
13	Cooking Oil DALDA or Other Similar	Each	3115.00	3115.00	3115.00	3115.00	3115.00	3115.00	3115.00	3115.00	3115.00	3101.00	3101.00	3101.00	3115.00	3115.00	3115.00	3115.00	3115.00	3115.00	3090.00	3090.00	3090.00	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1605.00	1605.00	1605.00	1605.00	1605.00	1605.00	1605.00	1605.00	1605.00	1599.16	1599.16	1599.16	1605.00	1605.00	1605.00	1605.00	1605.00	1605.00	1580.00	1580.00	1580.00	14
15	Vegetable Ghee DALDA/HABIB or (	Each	630.00	630.00	630.00	630.00	630.00	630.00	625.00	625.00	625.00	625.00	625.00	625.00	630.00	630.00	630.00	625.00	625.00	625.00	625.00	625.00	625.00	15
16	Bananas (Kela) Local	1 Dozen	200.00	224.08	260.00	180.00	193.21	200.00	130.00	130.00	130.00	100.00	114.47	150.00	140.00	153.82	180.00	100.00	109.14	130.00	120.00	120.00	120.00	16
17	Pulse Masoor (Washed)	1 Kg	290.00	313.78	340.00	300.00	309.89	320.00	230.00	230.00	230.00	260.00	260.00	260.00	240.00	245.19	250.00	230.00	249.10	280.00	250.00	253.29	260.00	17
18	Pulse Moong (Washed)	1 Kg	370.00	396.27	430.00	340.00	359.58	370.00	280.00	280.00	280.00	370.00	370.00	370.00	300.00	308.97	320.00	340.00	346.54	360.00	330.00	333.30	340.00	18
19	Pulse Mash (Washed)	1 Kg	480.00	514.68	540.00	480.00	499.23	520.00	480.00	480.00	480.00	500.00	500.00	500.00	470.00	485.17	500.00	440.00	453.23	460.00	480.00	480.00	480.00	19
20	Pulse Gram	1 Kg	300.00	328.80	360.00	300.00	313.28	320.00	280.00	280.00	280.00	290.00	290.00	290.00	250.00	263.48	280.00	250.00	253.29	260.00	280.00	280.00	280.00	20
21	Potatoes	1 Kg	70.00	88.62	120.00	55.00	85.60	120.00	70.00	70.00	70.00	70.00	70.00	70.00	60.00	80.26	130.00	50.00	50.00	50.00	40.00	54.29	100.00	21
22	Onions	1 Kg	190.00	207.98	230.00	190.00	203.15	220.00	180.00	180.00	180.00	200.00	200.00	200.00	180.00	189.83	210.00	180.00	180.00	180.00	170.00	170.00	170.00	22
23	Tomatoes	1 Kg	180.00	207.81	230.00	180.00	191.06	210.00	180.00	180.00	180.00	200.00	200.00	200.00	170.00	178.80	200.00	160.00	166.41	180.00	150.00	150.00	150.00	23
24	Sugar Refined	1 Kg	140.00	142.06	145.00	140.00	142.31	145.00	140.00	140.00	140.00	140.00	140.00	140.00	145.00	145.23	150.00	140.00	140.00	140.00	140.00	140.00	140.00	24
25	Gur (Average Quality)	1 Kg	250.00	267.97	290.00	250.00	255.93	270.00	220.00	220.00	220.00	200.00	203.28	210.00	230.00	238.02	250.00	220.00	226.47	240.00	200.00	200.00	200.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	26
27	Chilies Powder NATIONAL 200 gm	Each	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	27
28	Garlic (Lehsun)	1 Kg	350.00	518.10	700.00	340.00	474.47	570.00	500.00	516.14	550.00	200.00	327.98	420.00	300.00	391.95	590.00	350.00	365.93	400.00	500.00	500.00	500.00	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.40	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	29
30	Cooked Beef at Average Hotel	Per Plate	350.00	354.07	380.00	300.00	339.27	400.00	450.00	450.00	450.00	370.00	370.00	370.00	300.00	317.94	330.00	300.00	332.47	350.00	300.00	300.00	300.00	30
31	Cooked Daal at Average Hotel	Per Plate	220.00	241.40	260.00	200.00	220.86	250.00	160.00	160.00	160.00	220.00	226.62	230.00	180.00	194.60	210.00	180.00	193.10	200.00	150.00	150.00	150.00	31
32	Tea Prepared Ordinary	Per Cup	70.00	73.19	80.00	70.00	71.89	80.00	70.00	70.00	70.00	60.00	60.00	60.00	70.00	72.72	80.00	60.00	66.49	70.00	60.00	66.49	70.00	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	250.00	260.00	260.00	260.00	270.00	270.00	270.00	250.00	250.00	250.00	250.00	250.00	250.00	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	750.00	773.97	800.00	730.00	775.66	800.00	700.00	700.00	700.00	700.00	700.00	700.00	850.00	850.00	850.00	650.00	659.85	680.00	700.00	700.00	700.00	34
35	Shirting (Average Quality)	1 mtr	730.00	766.02	820.00	680.00	744.02	800.00	600.00	600.00	600.00	550.00	550.00	550.00	430.00	464.01	490.00	850.00	866.35	900.00	800.00	800.00	800.00	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	630.00	662.12	700.00	580.00	634.78	670.00	748.00	748.00	748.00	700.00	700.00	700.00	805.00	830.51	850.00	650.00	666.26	700.00	714.00	714.00	714.00	36
37	Georgette (Average Quality)	1 mtr	450.00	478.06	540.00	420.00	472.49	550.00	250.00	250.00	250.00	300.00	300.00	300.00	400.00	424.98	450.00	350.00	350.00	350.00	400.00	400.00	400.00	37
38	Gents Sandal Bata	Pair	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	38
39	Gents Sponge Chappal Bata	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	39
40	Ladies Sandal Bata	Pair	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	40
41	Electricity Charges for Q1*	Per Unit	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	41
42	Gas Charges for Q1	MMBTU	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	42
43	Firewood Whole	40 Kg	2000.00	2289.99	2500.00	1600.00	1850.24	2050.00	1900.00	1932.77	2000.00	1600.00	1600.00	1600.00	1900.00	1999.45	2050.00	1800.00	1800.00	1800.00	1500.00	1516.48	1550.00	43
44	Energy Saver Philips 14 Watt	Each	270.00	276.63	280.00	240.00	260.40	280.00	550.00	550.00	550.00	575.00	575.00	575.00	550.00	550.00	550.00	400.00	400.00	400.00	550.00	550.00	550.00	44
45	Sufi Washing Soap 250 gm Cake	Each	150.00	150.81	160.00	150.00	153.26	160.00	140.00	143.26	150.00	140.00	143.26	150.00	150.00	150.00	150.00	140.00	140.00	140.00	150.00	150.00	150.00	45
46	Match Box	Each	6.00	6.00	6.00	6.00	6.06	7.00	7.00	7.00	7.00	6.00	6.00	6.00	6.00	6.32	7.00	7.00	7.00	7.00	6.00	6.00	6.00	46
47	Petrol Super	Per Litre	323.54	323.54	323.54	323.42	323.44	323.54	324.35	324.35	324.35	325.00	325.00	325.00	322.00	322.00	322.00	323.42	323.42	323.42	325.48	325.48	325.48	47
48	Hi-Speed Diesel	Per Litre	356.54	356.54	356.54	356.42	356.44	356.54	357.35	357.35	357.35	358.00	358.33	358.50	355.00	355.00	355.00	356.42	356.42	356.42	358.48	358.48	358.48	48
49	LPG 11.67 kg Cylinder	Each	6600.00	6693.54	6750.00	6500.00	6571.33	6700.00	6418.50	6418.50	6418.50	7002.00	7002.00	7002.00	6185.10	6257.09	6301.80	6750.00	6750.00	6750.00	5900.00	5900.00	5900.00	49
50	Telephone Call Charges	Per Minu	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	50
51	Toilet Soap LIFEBUOY 115 gm	Each	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	51

APPENDIX-A

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Multan (08)			Bahawalpur (09)			Karachi (10)			Hyderabad (11)			Sukkur (12)			Larkana (13)			Peshawar (14)			SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	NO.
1	2	3	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	1
											PRICES ON 19-11-2026													
1	Wheat Flour Bag	20 Kg	2200.00	2474.74	3266.66	3300.00	3300.00	3300.00	3350.00	3426.81	3600.00	3500.00	3534.70	3600.00	3360.00	3360.00	3360.00	3300.00	3300.00	3300.00	2520.00	3200.48	3550.00	1
2	Rice Basmati Broken (Average Qua	1 Kg	180.00	193.10	200.00	210.00	210.00	210.00	270.00	283.54	300.00	200.00	213.12	220.00	200.00	200.00	200.00	230.00	236.62	240.00	220.00	222.18	230.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	130.00	140.92	150.00	190.00	196.61	200.00	160.00	175.45	190.00	120.00	123.24	130.00	130.00	133.25	140.00	110.00	116.57	120.00	130.00	134.35	140.00	3
4	Bread plain (Small Size)	Each	130.00	130.00	130.00	110.00	113.24	120.00	140.00	140.00	140.00	140.00	140.00	140.00	130.00	134.91	140.00	110.00	116.57	120.00	120.00	120.00	120.00	4
5	Beef with Bone (Average Quality)	1 Kg	1250.00	1299.79	1350.00	1100.00	1116.42	1150.00	1400.00	1470.13	1600.00	1250.00	1291.53	1300.00	1200.00	1200.00	1200.00	1200.00	1265.77	1300.00	1100.00	1274.41	1400.00	5
6	Mutton (Average Quality)	1 Kg	2500.00	2555.29	2600.00	2200.00	2266.17	2300.00	2400.00	2585.94	3000.00	2350.00	2412.23	2500.00	2000.00	2000.00	2000.00	2000.00	2131.20	2200.00	2100.00	2347.75	2600.00	6
7	Chicken Farm Broiler (Live)	1 Kg	425.00	425.00	425.00	400.00	400.00	400.00	430.00	441.45	460.00	420.00	425.39	430.00	440.00	440.00	440.00	450.00	453.31	460.00	465.00	465.00	465.00	7
8	Milk fresh (Un-boiled)	1 Ltr	200.00	209.95	220.00	180.00	186.43	200.00	240.00	240.00	240.00	230.00	230.00	230.00	200.00	200.00	200.00	240.00	243.29	250.00	250.00	267.58	280.00	8
9	Curd (Dahi) Loose	1 Kg	250.00	255.51	260.00	220.00	220.00	220.00	360.00	364.06	400.00	320.00	326.53	340.00	240.00	240.00	240.00	280.00	286.51	300.00	270.00	283.18	300.00	9
10	Powdered Milk NIDO 390 gm Polyba	Each	1144.00	1144.00	1144.00	1130.00	1130.00	1130.00	1120.00	1145.70	1160.00	1190.00	1196.66	1200.00	1150.00	1150.00	1150.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	10
11	Eggs Hen (Farm)	1 Dozen	270.00	278.79	290.00	285.00	286.66	290.00	295.00	299.67	310.00	280.00	295.73	300.00	320.00	320.00	320.00	280.00	293.18	300.00	280.00	307.49	320.00	11
12	Mustard Oil (Average Quality)	1 Kg	570.00	576.65	580.00	570.00	570.00	570.00	520.00	577.25	660.00	500.00	508.24	520.00	480.00	480.00	480.00	600.00	600.00	600.00	600.00	638.65	650.00	12
13	Cooking Oil DALDA or Other Similar	Each	3090.00	3090.00	3090.00	3109.00	3109.00	3109.00	3090.00	3111.20	3115.00	3090.00	3090.00	3090.00	3090.00	3090.00	3090.00	3110.00	3110.00	3110.00	3090.00	3090.00	3090.00	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1580.00	1580.00	1580.00	1620.00	1620.00	1620.00	1580.00	1600.43	1605.00	1605.00	1605.00	1605.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	1580.00	14
15	Vegetable Ghee DALDA/HABIB or (	Each	630.00	630.00	630.00	625.00	625.00	625.00	615.00	627.41	630.00	625.00	625.00	625.00	610.00	610.00	610.00	625.00	625.00	625.00	625.00	625.00	625.00	15
16	Bananas (Kela) Local	1 Dozen	150.00	165.01	180.00	100.00	121.64	150.00	80.00	113.82	150.00	80.00	90.42	100.00	100.00	100.00	100.00	80.00	92.83	100.00	120.00	139.42	150.00	16
17	Pulse Masoor (Washed)	1 Kg	290.00	295.51	300.00	240.00	243.29	250.00	260.00	278.78	320.00	240.00	251.54	260.00	260.00	260.00	260.00	280.00	280.00	280.00	250.00	264.19	280.00	17
18	Pulse Moong (Washed)	1 Kg	380.00	391.01	400.00	290.00	296.63	300.00	320.00	357.02	400.00	300.00	313.19	320.00	400.00	400.00	400.00	400.00	412.91	440.00	320.00	335.32	350.00	18
19	Pulse Mash (Washed)	1 Kg	490.00	508.79	520.00	390.00	396.56	410.00	440.00	468.74	520.00	440.00	443.31	450.00	420.00	420.00	420.00	480.00	486.58	500.00	470.00	486.44	500.00	19
20	Pulse Gram	1 Kg	320.00	323.30	330.00	260.00	266.50	280.00	300.00	318.56	340.00	290.00	304.02	320.00	300.00	300.00	300.00	280.00	293.18	300.00	340.00	352.10	370.00	20
21	Potatoes	1 Kg	60.00	75.60	120.00	30.00	39.15	50.00	40.00	68.21	80.00	30.00	38.62	40.00	50.00	50.00	50.00	30.00	33.25	35.00	50.00	55.33	60.00	21
22	Onions	1 Kg	150.00	157.52	180.00	130.00	133.25	140.00	140.00	159.16	180.00	130.00	145.53	160.00	150.00	150.00	150.00	150.00	150.00	150.00	160.00	179.50	200.00	22
23	Tomatoes	1 Kg	140.00	147.57	160.00	120.00	120.00	120.00	100.00	122.83	150.00	100.00	103.91	120.00	100.00	100.00	100.00	110.00	116.57	120.00	150.00	173.92	200.00	23
24	Sugar Refined	1 Kg	140.00	140.00	140.00	140.00	141.65	145.00	135.00	140.55	150.00	135.00	136.90	140.00	130.00	130.00	130.00	140.00	140.00	140.00	140.00	143.26	150.00	24
25	Gur (Average Quality)	1 Kg	230.00	241.04	250.00	160.00	169.80	180.00	240.00	262.53	280.00	220.00	237.42	240.00	180.00	180.00	180.00	180.00	180.00	180.00	250.00	258.74	270.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	60.00	60.00	60.00	60.00	63.16	70.00	60.00	67.01	80.00	60.00	63.16	70.00	60.00	60.00	60.00	70.00	70.00	70.00	60.00	60.00	60.00	26
27	Chilies Powder NATIONAL 200 gm	Each	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	320.00	320.00	320.00	380.00	380.00	380.00	27
28	Garlic (Lehsun)	1 Kg	450.00	482.74	520.00	300.00	337.37	400.00	320.00	415.11	560.00	280.00	289.83	300.00	300.00	363.42	400.00	300.00	338.77	360.00	250.00	474.31	600.00	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	469.41	469.41	469.41	447.00	447.00	447.00	469.41	469.42	469.42	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.41	469.40	469.41	469.41	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	325.91	350.00	300.00	309.68	330.00	300.00	373.12	450.00	320.00	329.70	350.00	200.00	200.00	200.00	250.00	282.31	300.00	300.00	300.00	300.00	30
31	Cooked Daal at Average Hotel	Per Plate	150.00	157.72	160.00	170.00	173.27	180.00	170.00	190.93	200.00	170.00	177.45	180.00	160.00	160.00	160.00	150.00	169.39	180.00	150.00	151.08	160.00	31
32	Tea Prepared Ordinary	Per Cup	80.00	80.00	80.00	50.00	50.00	50.00	70.00	70.85	80.00	70.00	74.83	80.00	70.00	70.00	70.00	70.00	76.52	80.00	50.00	56.46	60.00	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	250.00	250.00	240.00	240.00	240.00	250.00	254.50	260.00	250.00	253.29	260.00	260.00	260.00	260.00	240.00	240.00	240.00	270.00	270.00	270.00	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	800.00	800.00	800.00	780.00	793.28	800.00	700.00	758.34	800.00	600.00	606.59	620.00	500.00	500.00	500.00	600.00	646.33	750.00	800.00	800.00	800.00	34
35	Shirting (Average Quality)	1 mtr	480.00	520.70	535.00	580.00	586.59	600.00	600.00	719.31	800.00	580.00	603.23	620.00	350.00	350.00	350.00	450.00	482.74	500.00	800.00	800.00	800.00	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	793.93	793.93	793.93	816.66	818.89	820.00	700.00	725.33	750.00	580.00	599.94	620.00	550.00	550.00	550.00	600.00	632.89	650.00	850.00	888.64	900.00	36
37	Georgette (Average Quality)	1 mtr	300.00	327.54	350.00	300.00	300.00	300.00	350.00	389.48	450.00	300.00	319.58	340.00	200.00	206.46	220.00	350.00	382.59	400.00	300.00	300.00	300.00	37
38	Gents Sandal Bata	Pair	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	38
39	Gents Sponge Chappal Bata	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	39
40	Ladies Sandal Bata	Pair	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	40
41	Electricity Charges for Q1*	Per Unit	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	41
42	Gas Charges for Q1	MMBTU	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	42
43	Firewood Whole	40 Kg	1800.00	1808.24	1850.00	1600.00	1632.66	1700.00	1300.00	1395.13	1500.00	1450.00	1499.86	1550.00	1100.00	1165.70	1200.00	1350.00	1383.13	1400.00	1050.00	1329.77	1700.00	43
44	Energy Saver Philips 14 Watt	Each	575.00	575.00	575.00	260.00	272.70	300.00	350.00	350.00	350.00	450.00	450.00	450.00	350.00	350.00	350.00	370.00	370.00	370.00	350.00	350.00	350.00	44
45	Sufi Washing Soap 250 gm Cake	Each	140.00	140.00	140.00	140.00	140.00	140.00	150.00	150.00	150.00	140.00	140.00	140.00	150.00	150.00	150.00	138.00	140.98	142.50	145.00	148.31	150.00	45
46	Match Box	Each	7.00	7.00	7.00	7.00	7.00	7.00	7.00	7.00	7.00	6.00	6.65	7.00	6.00	6.00	6.00	7.00	7.00	7.00	7.00	7.00	7.00	46
47	Petrol Super	Per Litre	323.40	323.74	324.37	325.27	325.53	325.70	323.42	323.42	323.42	325.48	325.92	326.62	323.61	323.61	323.61	324.81	324.81	324.81	323.40	323.40	323.40	47
48	Hi-Speed Diesel	Per Litre	356.35	356.70	357.37	358.27	358.71	358.96	356.42	356.42	356.42	358.48	358.81	359.60	356.61	356.61	356.62	357.81	357.81	357.81	356.40	356.40	356.40	48
49	LPG 11.67 kg Cylinder	Each	6185.00	6223.10	6300.00	6000.00	6328.87	6500.00	5135.00	5236.99	5368.00	4901.40	5017.20	5134.80	5840.00	5840.00	5840.00	5600.00	5600.00	5600.00	5835.00	6116.79	6418.50	49
50	Telephone Call Charges	Per Minu	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	50
51	Toilet Soap LIFEBUOY 115 gm	Each	136.02	136.02	136.02	116.17	116.17	116.17	136.00	136.00	136.00	136.02	136.02	136.02	136.00	136.00	136.00	118.60	118.60	118.60	129.08	129.08	129.08	51

APPENDIX-A

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Bannu (15)			Quetta (16)			Khuzdar (17)			National Average			National Ave.		% Change over		Yearly Average Prices				SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	Prv. Wk	Cor. Wk	Prv. Wk	Cor. Wk	25-26	24-25	Diff	% Chng	NO.
1	2	3	46	47	48	49	50	51	52	53	54	56	57	58	59	60	61	62	63	64	65	66	1
									PRICES ON 19-11-2026														
1	Wheat Flour Bag	20 Kg	3600.00	3600.00	3600.00	3300.00	3314.99	3330.00	3200.00	3200.00	3200.00	2200.00	3100.19	3600.00	2968.92	2149.93	4.42	44.20	2109.18	1742.07	367.11	21.07	1
2	Rice Basmati Broken (Average Qua	1 Kg	140.00	140.00	140.00	300.00	309.93	320.00	240.00	246.62	250.00	140.00	216.53	320.00	216.11	215.78	0.19	0.35	214.54	205.37	9.17	4.47	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	160.00	166.60	170.00	150.00	159.87	170.00	150.00	150.00	150.00	110.00	154.40	200.00	154.40	156.75	0.00	-1.50	155.74	159.01	-3.27	-2.06	3
4	Bread plain (Small Size)	Each	100.00	100.00	100.00	130.00	130.00	130.00	120.00	120.00	120.00	100.00	124.41	140.00	124.41	110.73	0.00	12.35	112.09	109.13	2.96	2.71	4
5	Beef with Bone (Average Quality)	1 Kg	1000.00	1032.28	1100.00	1200.00	1274.10	1350.00	1300.00	1300.00	1300.00	1000.00	1285.66	1600.00	1285.66	1157.17	0.00	11.10	1170.70	1034.77	135.93	13.14	5
6	Mutton (Average Quality)	1 Kg	1800.00	1800.00	1800.00	2200.00	2348.05	2500.00	2200.00	2395.71	2500.00	1800.00	2407.54	3000.00	2406.48	2100.83	0.04	14.60	2157.14	1965.06	192.08	9.77	6
7	Chicken Farm Broiler (Live)	1 Kg	450.00	450.00	450.00	440.00	451.61	460.00	550.00	550.00	550.00	400.00	447.23	550.00	434.17	359.65	3.01	24.35	385.92	420.40	-34.48	-8.20	7
8	Milk fresh (Un-boiled)	1 Ltr	180.00	193.10	200.00	220.00	220.00	220.00	220.00	226.47	240.00	170.00	221.11	280.00	221.05	202.93	0.03	8.96	204.78	197.12	7.66	3.89	8
9	Curd (Dahi) Loose	1 Kg	200.00	213.12	220.00	240.00	240.00	240.00	240.00	240.00	240.00	200.00	259.42	400.00	259.30	238.55	0.05	8.75	240.43	230.31	10.12	4.39	9
10	Powdered Milk NIDO 390 gm Polyba	Each	1100.00	1100.00	1100.00	1175.00	1177.50	1180.00	1170.00	1170.00	1170.00	1100.00	1131.69	1200.00	1131.69	1119.52	0.00	1.09	1123.76	1034.91	88.85	8.59	10
11	Eggs Hen (Farm)	1 Dozen	300.00	300.00	300.00	280.00	286.57	300.00	330.00	330.00	330.00	270.00	297.01	330.00	272.89	354.01	8.84	-16.10	285.70	290.19	-4.49	-1.55	11
12	Mustard Oil (Average Quality)	1 Kg	500.00	500.00	500.00	590.00	604.90	620.00	600.00	600.00	600.00	480.00	571.84	720.00	571.48	540.89	0.06	5.72	543.98	534.48	9.50	1.78	12
13	Cooking Oil DALDA or Other Similar	Each	3100.00	3100.00	3100.00	3115.00	3115.00	3115.00	3090.00	3090.00	3090.00	3090.00	3103.58	3115.00	3101.17	2932.01	0.08	5.85	2960.42	2800.37	160.05	5.72	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1550.00	1550.00	1550.00	1605.00	1605.00	1605.00	1580.00	1580.00	1580.00	1550.00	1593.12	1620.00	1584.55	1492.75	0.54	6.72	1502.18	1408.25	93.93	6.67	14
15	Vegetable Ghee DALDA/HABIB or (	Each	600.00	600.00	600.00	630.00	630.00	630.00	630.00	630.00	630.00	600.00	624.51	630.00	621.73	583.54	0.45	7.02	584.15	550.39	33.76	6.13	15
16	Bananas (Kela) Local	1 Dozen	120.00	126.58	130.00	80.00	87.89	100.00	150.00	150.00	150.00	80.00	126.97	260.00	124.80	130.06	1.74	-2.38	161.48	149.78	11.70	7.81	16
17	Pulse Masoor (Washed)	1 Kg	270.00	270.00	270.00	300.00	309.93	320.00	300.00	300.00	300.00	230.00	270.26	340.00	270.10	290.28	0.06	-6.90	277.24	303.70	-26.46	-8.71	17
18	Pulse Moong (Washed)	1 Kg	300.00	300.00	300.00	410.00	419.95	430.00	380.00	393.22	400.00	280.00	351.13	440.00	353.03	372.80	-0.54	-5.81	386.71	377.95	8.76	2.32	18
19	Pulse Mash (Washed)	1 Kg	460.00	460.00	460.00	490.00	499.96	510.00	480.00	486.58	500.00	390.00	473.62	540.00	472.50	442.66	0.24	6.99	452.55	507.50	-54.95	-10.83	19
20	Pulse Gram	1 Kg	320.00	320.00	320.00	330.00	339.94	350.00	300.00	300.00	300.00	250.00	300.36	370.00	300.24	278.86	0.04	7.71	271.91	348.88	-76.97	-22.06	20
21	Potatoes	1 Kg	30.00	33.02	40.00	50.00	57.10	70.00	80.00	80.00	80.00	30.00	57.72	130.00	53.41	79.21	8.07	-27.13	54.58	85.66	-31.08	-36.28	21
22	Onions	1 Kg	180.00	180.00	180.00	130.00	144.68	160.00	150.00	150.00	150.00	130.00	168.02	230.00	184.99	135.45	-9.17	24.05	81.61	96.52	-14.91	-15.45	22
23	Tomatoes	1 Kg	150.00	150.00	150.00	150.00	164.72	180.00	150.00	150.00	150.00	100.00	150.84	230.00	217.18	190.59	-30.55	-20.86	102.10	100.95	1.15	1.14	23
24	Sugar Refined	1 Kg	135.00	135.00	135.00	138.00	139.49	142.00	140.00	141.65	145.00	130.00	139.85	150.00	139.95	189.61	-0.07	-26.24	165.93	151.12	14.81	9.80	24
25	Gur (Average Quality)	1 Kg	230.00	230.00	230.00	250.00	264.83	280.00	240.00	246.62	250.00	160.00	226.20	290.00	226.38	241.98	-0.08	-6.52	233.90	213.80	20.10	9.40	25
26	Salt Powdered (NATIONAL/SHAN)	Each	60.00	60.00	60.00	70.00	70.00	70.00	70.00	70.00	70.00	60.00	62.43	80.00	62.43	70.17	0.00	-11.03	67.32	71.51	-4.19	-5.86	26
27	Chilies Powder NATIONAL 200 gm	Each	380.00	380.00	380.00	380.00	380.00	380.00	320.00	320.00	320.00	320.00	372.39	380.00	372.39	322.29	0.00	15.55	344.03	321.81	22.22	6.90	27
28	Garlic (Lehsun)	1 Kg	450.00	450.00	450.00	380.00	394.88	410.00	600.00	600.00	600.00	200.00	418.07	700.00	415.51	421.36	0.62	-0.78	423.98	538.57	-114.59	-21.28	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	447.00	447.00	447.00	469.00	469.00	469.00	447.00	447.05	447.10	447.00	465.35	469.42	465.35	447.06	0.00	4.09	447.06	509.02	-61.96	-12.17	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	300.00	300.00	370.00	384.88	400.00	330.00	343.20	350.00	200.00	325.93	450.00	324.44	315.49	0.46	3.31	315.62	297.24	18.38	6.18	30
31	Cooked Daal at Average Hotel	Per Plate	130.00	130.00	130.00	180.00	194.76	210.00	180.00	193.10	200.00	130.00	179.16	260.00	178.73	167.79	0.24	6.78	168.69	160.91	7.78	4.84	31
32	Tea Prepared Ordinary	Per Cup	50.00	56.46	60.00	90.00	90.00	90.00	50.00	50.00	50.00	50.00	67.18	90.00	66.98	62.65	0.30	7.23	62.90	60.95	1.95	3.20	32
33	Cigarettes Capstan 20'S Packet	Each	260.00	260.00	260.00	250.00	250.00	250.00	250.00	250.00	250.00	240.00	253.27	270.00	253.27	243.20	0.00	4.14	245.10	234.79	10.31	4.39	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	700.00	700.00	700.00	700.00	773.52	850.00	400.00	400.00	400.00	400.00	691.45	850.00	691.45	660.47	0.00	4.69	665.65	625.57	40.08	6.41	34
35	Shirting (Average Quality)	1 mtr	450.00	476.22	500.00	250.00	306.37	350.00	350.00	372.77	400.00	250.00	563.89	900.00	559.63	506.07	0.76	11.43	516.79	480.39	36.40	7.58	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	650.00	650.00	650.00	700.00	773.52	850.00	400.00	400.00	400.00	400.00	682.96	900.00	682.96	662.54	0.00	3.08	665.62	622.49	43.13	6.93	36
37	Georgette (Average Quality)	1 mtr	250.00	250.00	250.00	220.00	239.44	260.00	250.00	282.31	300.00	200.00	324.62	550.00	320.14	306.83	1.40	5.80	308.19	292.81	15.38	5.25	37
38	Gents Sandal Bata	Pair	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	0.00	0.00	2499.00	2499.00	0.00	0.00	38
39	Gents Sponge Chappal Bata	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	599.00	0.00	16.69	611.98	599.00	12.98	2.17	39
40	Ladies Sandal Bata	Pair	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1399.00	0.00	7.15	1412.48	1185.21	227.27	19.18	40
41	Electricity Charges for Q1*	Per Unit	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	7.36	5.40	0.00	36.30	6.01	5.99	0.02	0.33	41
42	Gas Charges for Q1	MMBTU	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	0.00	0.00	2535.14	1976.50	558.64	28.26	42
43	Firewood Whole	40 Kg	1100.00	1132.37	1200.00	1450.00	1524.25	1600.00	1200.00	1232.45	1300.00	1050.00	1564.47	2500.00	1559.24	1428.07	0.34	9.55	1426.49	1273.03	153.46	12.05	43
44	Energy Saver Philips 14 Watt	Each	300.00	300.00	300.00	350.00	350.00	350.00	580.00	580.00	580.00	240.00	402.11	580.00	402.11	397.24	0.00	1.23	395.67	380.66	15.01	3.94	44
45	Sufi Washing Soap 250 gm Cake	Each	130.00	130.00	130.00	150.00	150.00	150.00	137.50	137.50	137.50	130.00	144.42	160.00	144.42	133.24	0.00	8.39	133.98	130.71	3.27	2.50	45
46	Match Box	Each	5.00	5.00	5.00	5.00	5.97	7.00	5.00	5.00	5.00	5.00	6.32	7.00	6.32	6.24	0.00	1.28	6.24	6.22	0.02	0.32	46
47	Petrol Super	Per Litre	326.60	326.60	326.60	323.43	323.43	323.43	323.34	323.40	323.43	322.00	324.18	326.62	337.22	267.15	-3.87	21.35	294.18	256.66	37.52	14.62	47
48	Hi-Speed Diesel	Per Litre	360.00	360.00	360.00	356.43	356.43	356.43	357.73	357.73	357.73	355.00	357.30	360.00	366.33	286.20	-2.46	24.84	306.35	261.39	44.96	17.20	48
49	LPG 11.67 kg Cylinder	Each	6000.00	6000.00	6000.00	6400.00	6466.24	6600.00	5601.60	5601.60	5601.60	4901.40	6095.87	7002.00	6517.08	3242.61	-6.46	87.99	3683.90	3235.35	448.55	13.86	49
50	Telephone Call Charges	Per Minu	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	1.79	0.00	0.00	1.79	1.79	0.00	0.00	50
51	Toilet Soap LIFEBUOY 115 gm	Each	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	136.02	116.17	133.27	136.02	133.27	115.66	0.00	15.23	114.99	108.15	6.84	6.32	51

APPENDIX-B

A: Retail Prices of Fertilizers (50 kg/bag) for the Week Ended on 19-11-2026

No.	Description	Rawal-pindi	Gujran-wala	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Average Price for 19-11-26	12-11-26	20-11-25	% Change over 12-11-26	20-11-25
1	Sona Urea	5400	5100	4580	4700	4650	4975	4733	5100	5300	4716	4600	4650	5549	4917	4917	4358	0.01	12.84
2	Other Urea (Tara, Sarsabz, Shandar etc)	5200	5000	4500	4650	4750	4825	4733	N.A.	5300	N.A.	4450	4300	N.A.	4761	4759	4245	0.04	12.16
3	Calcium Ammonium Nitrate	5200	4300	4500	N.A.	4233	4325	3766	4550	4500	N.A.	N.A.	N.A.	N.A.	4406	4406	3981	0.00	10.68
4	S.S Phosphate, Gr. 18%	N.A.	5300	5100	5000	5100	N.A.	N.A.	3050	N.A.	4982	5000	N.A.	N.A.	4722	4715	3361	0.14	40.48
5	Sulphate of Potash	N.A.	15000	16200	15800	14800	15100	16099	N.A.	N.A.	16564	15000	N.A.	N.A.	15558	15668	12392	-0.71	25.55
6	Nitro. Phosphate	N.A.	10800	11000	10700	10517	10150	10600	10250	10300	10696	10700	N.A.	N.A.	10568	10627	9274	-0.55	13.96
7	DIA Amun. Phosphate	17000	17200	17250	17200	17200	16100	17200	17350	16800	16502	17300	17500	16736	17022	17094	14599	-0.42	16.60
8	Nitro. Phosph. & Pot. (Npk)	10000	N.A.	11600	9600	13500	9950	11200	N.A.	N.A.	N.A.	11500	10700	11730	11031	11031	9525	0.00	15.81

B: Retail Prices of Cement (50 kg/bag) for the Week Ended on 19-11-2026

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for 19-11-26	12-11-26	20-11-25	% Change over 12-11-26	20-11-25
1	Cement	1504	1494	1650	1600	1643	1550	1610	1611	1650	1491	1607	1650	1523	1562	1380	1610	1700	1577	1587	1390	-0.67	13.39

C: Prices of CNG (per litre for Punjab and per kg otherwise) for the Week Ended on 19-11-2026

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Avg. Price per	% change over Pre.	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Avg. Price per	% change over Pre. week
1	CNG	375.00	289.20	142.99	146.90	138.00	141.99	145.99	139.90	138.60	171.20	0.00	318.26	330.00	300.00	295.00	349.90	352.00	315.00	N.A.	322.22	0.00

D: Wage Rates for the Week Ended on 19-11-2026

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for 19-11-26	12-11-26	20-11-25	% Change over 12-11-26	20-11-25
1	Painter	Daily	2399	2411	1800	1800	2247	1754	1667	1522	1433	1727	1864	1793	1566	2065	1800	1898	1500	1817	1802	1709	0.81	6.32
2	Mason (Raj)	Daily	2743	2484	2200	2000	2461	2065	2133	1733	1864	2491	2025	1793	2000	2500	2200	2330	1931	2156	2127	1987	1.34	8.51
3	Labourer	Daily	1698	1551	1500	1500	1747	1433	1566	1032	1000	1478	1141	1000	965	1500	1200	1533	1430	1345	1325	1210	1.48	11.15
4	Plumber	Daily	2407	2417	1800	1800	2037	1766	2466	1727	1466	2415	2216	1793	1566	2500	2000	1898	1500	1957	1929	1754	1.46	11.56
5	Electrician	P/Point	487	461	250	230	319	282	300	224	200	423	398	200	240	332	200	366	293	294	291	279	0.84	5.39

E: Wheat Rates for the Week Ended on 19.11.2026

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuzdar	Average Price for 19.11.2026	12.11.2026	% Change over 12.11.2026
1	Wheat	10 kg	1573.22	1573.22	1516.62	1300	1500	1350	1271.66	1487.45	1425	1500	1558.28	1650	1416.62	1633.33	1620	1564.97	1450	1489.44	1401.51	6.27
2	Wheat Flour (Fine)	1 kg	197.86	188.65	175	170	179.48	180	166	173.27	160	191.77	191.63	190	170	186.66	188	194.5	180	181.03	172.38	5.02