

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Islamabad (01)			Rawalpindi (02)			Gujranwala (03)			Sialkot (04)			Lahore (05)			Faisalabad (06)			Sargodha (07)			SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	NO.
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	1
PRICES ON 08-01-2026																								
1	Wheat Flour Bag	20 Kg	2840.00	2874.39	2893.33	1810.00	2519.30	2866.67	1810.00	2006.82	2467.00	1810.00	2026.42	2540.00	1810.00	1836.57	1850.00	1810.00	1810.00	1810.00	2400.00	2400.00	2400.00	1
2	Rice Basmati Broken (Average Qua	1 Kg	260.00	274.83	290.00	250.00	264.52	280.00	180.00	180.00	180.00	190.00	190.00	190.00	200.00	210.37	225.00	220.00	236.33	250.00	160.00	160.00	160.00	2
3	Rice IRR1-6/9 (Sindh/Punjab)	1 Kg	160.00	178.64	200.00	150.00	164.27	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	160.00	160.00	180.00	186.61	190.00	3
4	Bread plain (Small Size)	Each	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	120.00	120.00	120.00	110.00	110.00	110.00	110.00	110.00	110.00	100.00	100.00	100.00	4
5	Beef with Bone (Average Quality)	1 Kg	1350.00	1412.19	1450.00	1400.00	1426.45	1450.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1156.28	1200.00	1200.00	1200.00	1200.00	1100.00	1133.09	1150.00	5
6	Mutton (Average Quality)	1 Kg	2450.00	2524.71	2600.00	2450.00	2503.10	2550.00	2200.00	2200.00	2200.00	2100.00	2100.00	2100.00	2400.00	2428.16	2500.00	2200.00	2200.00	2200.00	2100.00	2133.20	2150.00	6
7	Chicken Farm Broiler (Live)	1 Kg	440.00	450.31	470.00	440.00	454.61	470.00	438.00	438.00	438.00	438.00	438.00	438.00	411.00	411.14	414.00	450.00	450.00	450.00	430.00	433.33	435.00	7
8	Milk fresh (Un-boiled)	1 Ltr	220.00	235.71	250.00	200.00	216.86	240.00	200.00	200.00	200.00	170.00	170.00	170.00	180.00	195.15	200.00	200.00	200.00	200.00	170.00	173.27	180.00	8
9	Curd (Dahi) Loose	1 Kg	240.00	254.09	260.00	220.00	241.06	260.00	220.00	220.00	220.00	180.00	180.00	180.00	220.00	234.11	240.00	240.00	240.00	240.00	220.00	220.00	220.00	9
10	Powdered Milk NIDO 390 gm Polyba	Each	1130.00	1148.29	1170.00	1140.00	1146.65	1160.00	1140.00	1140.00	1140.00	1180.00	1180.00	1180.00	1170.00	1170.00	1170.00	1100.00	1100.00	1100.00	1150.00	1150.00	1150.00	10
11	Eggs Hen (Farm)	1 Dozen	335.00	341.61	350.00	335.00	341.95	350.00	320.00	320.00	320.00	340.00	340.00	340.00	320.00	320.00	320.00	334.00	334.00	334.00	333.00	333.00	333.00	11
12	Mustard Oil (Average Quality)	1 Kg	660.00	686.46	720.00	650.00	659.30	670.00	500.00	500.00	500.00	500.00	500.00	500.00	500.00	523.23	540.00	560.00	560.00	560.00	500.00	500.00	500.00	12
13	Cooking Oil DALDA or Other Similar	Each	3109.37	3109.37	3109.37	3109.37	3109.37	3109.37	3109.37	3109.37	3109.37	2985.00	2985.00	2985.00	3109.38	3109.38	3109.38	2945.00	2945.00	2945.00	2985.00	2985.00	2985.00	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1588.54	1588.54	1588.54	1588.54	1588.54	1588.54	1588.54	1588.54	1588.54	1525.00	1525.00	1525.00	1588.54	1588.54	1588.54	1588.54	1588.54	1588.54	1525.00	1525.00	1525.00	14
15	Vegetable Ghee DALDA/HABIB or G	Each	605.00	605.00	605.00	605.00	605.00	605.00	590.00	590.00	590.00	592.00	592.00	592.00	590.00	590.00	590.00	592.00	592.00	592.00	590.00	590.00	590.00	15
16	Bananas (Kela) Local	1 Dozen	200.00	238.10	280.00	200.00	230.35	250.00	150.00	150.00	150.00	160.00	160.00	160.00	120.00	131.04	140.00	100.00	109.14	130.00	120.00	120.00	120.00	16
17	Pulse Masoor (Washed)	1 Kg	290.00	312.20	330.00	290.00	308.48	330.00	230.00	230.00	230.00	240.00	240.00	240.00	270.00	275.19	280.00	320.00	320.00	320.00	250.00	253.29	260.00	17
18	Pulse Moong (Washed)	1 Kg	380.00	413.61	450.00	370.00	397.07	420.00	360.00	360.00	360.00	370.00	370.00	370.00	350.00	357.57	370.00	340.00	340.00	340.00	400.00	400.00	400.00	18
19	Pulse Mash (Washed)	1 Kg	470.00	497.11	530.00	460.00	479.22	500.00	400.00	400.00	400.00	380.00	380.00	380.00	410.00	438.39	480.00	385.00	420.26	440.00	440.00	443.31	450.00	19
20	Pulse Gram	1 Kg	260.00	295.27	320.00	260.00	282.89	310.00	210.00	213.28	220.00	220.00	220.00	220.00	240.00	247.32	255.00	220.00	223.28	230.00	240.00	243.29	250.00	20
21	Potatoes	1 Kg	60.00	71.33	80.00	55.00	67.20	80.00	50.00	50.00	50.00	40.00	46.42	50.00	40.00	46.18	50.00	40.00	40.00	40.00	40.00	40.00	40.00	21
22	Onions	1 Kg	90.00	107.95	120.00	95.00	104.13	120.00	80.00	83.20	90.00	90.00	96.55	100.00	75.00	84.85	100.00	80.00	80.00	80.00	80.00	80.00	80.00	22
23	Tomatoes	1 Kg	80.00	99.85	130.00	65.00	83.88	100.00	90.00	96.55	100.00	90.00	96.55	100.00	70.00	78.31	90.00	60.00	66.49	70.00	70.00	73.19	80.00	23
24	Sugar Refined	1 Kg	155.00	156.82	160.00	155.00	157.31	160.00	155.00	155.00	155.00	150.00	150.00	150.00	155.00	156.65	160.00	150.00	150.00	150.00	150.00	150.00	150.00	24
25	Gur (Average Quality)	1 Kg	250.00	267.97	290.00	250.00	255.93	270.00	220.00	220.00	220.00	190.00	190.00	190.00	220.00	231.79	240.00	220.00	220.00	220.00	200.00	200.00	200.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	70.00	70.00	70.00	70.00	70.00	60.00	60.00	60.00	70.00	70.00	70.00	60.00	60.00	60.00	70.00	70.00	70.00	80.00	80.00	80.00	26
27	Chilies Powder NATIONAL 200 gm	Each	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	340.00	340.00	340.00	27
28	Garlic (Lehsun)	1 Kg	300.00	492.97	700.00	300.00	447.14	570.00	500.00	500.00	500.00	450.00	463.24	470.00	280.00	356.09	510.00	300.00	332.47	350.00	480.00	493.24	500.00	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	447.06	447.06	447.06	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.06	447.06	447.06	447.50	447.50	447.50	447.00	447.00	447.00	29
30	Cooked Beef at Average Hotel	Per Plate	350.00	354.07	380.00	300.00	334.26	350.00	450.00	450.00	450.00	350.00	350.00	350.00	270.00	291.76	300.00	300.00	315.82	300.00	300.00	300.00	300.00	30
31	Cooked Daal at Average Hotel	Per Plate	220.00	241.40	260.00	200.00	220.86	250.00	150.00	150.00	150.00	170.00	170.00	170.00	180.00	194.15	200.00	160.00	176.14	200.00	150.00	150.00	150.00	31
32	Tea Prepared Ordinary	Per Cup	70.00	70.00	70.00	60.00	68.58	70.00	60.00	66.49	70.00	50.00	50.00	50.00	60.00	60.00	60.00	60.00	63.16	70.00	60.00	63.16	70.00	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	250.00	250.00	230.00	244.50	250.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	250.00	250.00	250.00	240.00	240.00	240.00	33
34	Long Cloth 57" Gul Ahmed/Al Karan	1 mtr	720.00	738.24	750.00	680.00	721.62	770.00	667.00	667.00	667.00	660.00	660.00	660.00	790.00	790.00	790.00	550.00	566.19	600.00	700.00	700.00	700.00	34
35	Shirting (Average Quality)	1 mtr	650.00	701.62	750.00	620.00	654.44	680.00	600.00	600.00	600.00	450.00	450.00	450.00	400.00	428.70	450.00	850.00	866.35	900.00	600.00	600.00	600.00	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	630.00	662.12	700.00	580.00	628.70	670.00	748.00	748.00	748.00	650.00	650.00	650.00	765.00	784.81								

CONSUMER PRICES OF ESSENTIAL ITEMS

SL. NO.	DESCRIPTION	UNIT	Multan (08)			Bahawalpur (09)			Karachi (10)			Hyderabad (11)			Sukkur (12)			Larkana (13)			Peshawar (14)			SL. NO.
1	2	3	MIN 25	AVG 26	MAX 27	MIN 28	AVG 29	MAX 30	MIN 31	AVG 32	MAX 33	MIN 34	AVG 35	MAX 36	MIN 37	AVG 38	MAX 39	MIN 40	AVG 41	MAX 42	MIN 43	AVG 44	MAX 45	1
PRICES ON 08-01-2026																								
1	Wheat Flour Bag	20 Kg	1810.00	2006.67	2506.66	2413.33	2413.33	2413.33	2400.00	2435.77	2600.00	2500.00	2508.31	2520.00	2440.00	2440.00	2440.00	2400.00	2400.00	2400.00	2800.00	2827.67	2850.00	1
2	Rice Basmati Broken (Average Qua	1 Kg	180.00	193.10	200.00	200.00	213.12	220.00	240.00	273.45	280.00	200.00	213.12	220.00	200.00	200.00	200.00	230.00	236.62	240.00	210.00	222.13	230.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	130.00	140.92	150.00	190.00	196.61	200.00	150.00	171.32	190.00	140.00	143.26	150.00	140.00	140.00	140.00	110.00	116.57	120.00	130.00	131.07	140.00	3
4	Bread plain (Small Size)	Each	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	120.00	120.00	120.00	130.00	130.00	130.00	110.00	116.57	120.00	110.00	110.00	110.00	4
5	Beef with Bone (Average Quality)	1 Kg	1250.00	1271.98	1300.00	1000.00	1000.00	1000.00	1200.00	1338.03	1400.00	1100.00	1174.55	1200.00	1000.00	1032.28	1100.00	1100.00	1165.70	1200.00	1000.00	1125.99	1200.00	5
6	Mutton (Average Quality)	1 Kg	2300.00	2355.15	2400.00	1800.00	1866.06	1900.00	2100.00	2279.48	2400.00	2000.00	2140.29	2200.00	1800.00	1800.00	1800.00	2000.00	2000.00	2000.00	1900.00	2062.84	2200.00	6
7	Chicken Farm Broiler (Live)	1 Kg	420.00	420.00	420.00	410.00	410.00	410.00	460.00	471.68	500.00	450.00	459.98	470.00	460.00	460.00	460.00	460.00	466.64	470.00	450.00	450.00	450.00	7
8	Milk fresh (Un-boiled)	1 Ltr	190.00	197.73	200.00	180.00	180.00	180.00	220.00	220.00	220.00	215.00	218.32	220.00	200.00	200.00	200.00	240.00	243.29	250.00	200.00	241.59	260.00	8
9	Curd (Dahi) Loose	1 Kg	230.00	235.50	240.00	220.00	220.00	220.00	320.00	331.80	360.00	300.00	314.88	320.00	220.00	233.14	240.00	280.00	286.51	300.00	240.00	262.06	270.00	9
10	Powdered Milk NIDO 390 gm Polyba	Each	1100.00	1100.00	1100.00	1130.00	1130.00	1130.00	1120.00	1144.49	1160.00	1160.00	1164.99	1170.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1150.00	1150.00	1150.00	10
11	Eggs Hen (Farm)	1 Dozen	315.00	320.53	330.00	310.00	310.00	310.00	340.00	342.40	350.00	350.00	354.13	360.00	360.00	360.00	360.00	360.00	366.55	380.00	350.00	355.52	360.00	11
12	Mustard Oil (Average Quality)	1 Kg	580.00	597.67	620.00	520.00	520.00	520.00	520.00	563.70	650.00	480.00	483.28	500.00	450.00	450.00	450.00	480.00	486.58	500.00	600.00	638.65	650.00	12
13	Cooking Oil DALDA or Other Similar	Each	3109.37	3109.37	3109.37	3109.00	3109.00	3109.00	2945.00	2945.00	2945.00	3109.38	3109.38	3109.38	2865.00	2891.42	2945.00	3110.00	3110.00	3110.00	3020.00	3020.53	3020.80	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1588.54	1588.54	1588.54	1588.54	1588.54	1588.54	1500.00	1509.80	1525.00	1588.54	1588.54	1588.54	1480.00	1480.00	1480.00	1500.00	1500.00	1500.00	1500.00	1500.00	1500.00	14
15	Vegetable Ghee DALDA/HABIB or G	Each	590.00	590.00	590.00	592.00	592.00	592.00	592.00	592.00	592.00	592.00	592.00	592.00	585.00	585.00	585.00	592.00	592.00	592.00	590.00	590.00	590.00	15
16	Bananas (Kela) Local	1 Dozen	140.00	156.97	180.00	150.00	150.00	150.00	100.00	120.79	150.00	80.00	100.84	120.00	100.00	100.00	100.00	80.00	92.83	100.00	120.00	131.59	150.00	16
17	Pulse Masoor (Washed)	1 Kg	310.00	322.16	330.00	220.00	226.62	230.00	250.00	274.72	300.00	240.00	251.54	260.00	280.00	280.00	280.00	280.00	286.51	300.00	280.00	283.29	290.00	17
18	Pulse Moong (Washed)	1 Kg	370.00	379.94	390.00	340.00	343.30	350.00	340.00	372.92	400.00	370.00	379.16	380.00	400.00	409.88	420.00	380.00	399.67	420.00	360.00	364.41	370.00	18
19	Pulse Mash (Washed)	1 Kg	460.00	471.03	480.00	360.00	360.00	360.00	360.00	382.49	420.00	360.00	369.04	380.00	420.00	429.88	440.00	400.00	432.67	450.00	410.00	424.36	440.00	19
20	Pulse Gram	1 Kg	240.00	255.46	260.00	220.00	220.00	220.00	240.00	252.06	280.00	230.00	244.85	260.00	280.00	280.00	280.00	250.00	250.00	250.00	280.00	294.32	300.00	20
21	Potatoes	1 Kg	40.00	50.79	60.00	40.00	43.09	50.00	40.00	56.90	70.00	30.00	37.22	40.00	40.00	40.00	40.00	40.00	43.09	50.00	40.00	52.89	60.00	21
22	Onions	1 Kg	70.00	77.66	80.00	60.00	66.49	70.00	60.00	73.12	100.00	50.00	61.42	70.00	40.00	40.00	40.00	80.00	83.20	90.00	80.00	94.18	100.00	22
23	Tomatoes	1 Kg	60.00	70.72	80.00	50.00	53.13	60.00	30.00	43.57	60.00	40.00	40.75	50.00	40.00	40.00	40.00	40.00	46.42	50.00	80.00	80.00	80.04	23
24	Sugar Refined	1 Kg	150.00	151.65	155.00	155.00	156.65	160.00	150.00	152.93	170.00	145.00	149.41	150.00	146.00	146.00	146.00	155.00	158.32	160.00	160.00	163.27	170.00	24
25	Gur (Average Quality)	1 Kg	230.00	242.14	250.00	180.00	186.61	190.00	240.00	263.17	280.00	250.00	260.66	280.00	200.00	200.00	200.00	220.00	220.00	220.00	260.00	263.29	270.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	70.00	70.00	60.00	60.00	60.00	60.00	71.65	80.00	60.00	63.16	70.00	60.00	64.81	70.00	70.00	70.00	70.00	60.00	60.00	60.00	26
27	Chilies Powder NATIONAL 200 gm	Each	380.00	380.00	380.00	320.00	320.00	320.00	380.00	380.00	380.00	380.00	380.00	380.00	340.00	340.00	340.00	320.00	320.00	320.00	320.00	320.00	320.00	27
28	Garlic (Lehsun)	1 Kg	480.00	484.37	500.00	550.00	556.65	560.00	360.00	440.69	560.00	320.00	326.53	340.00	450.00	450.00	450.00	400.00	400.00	400.00	250.00	414.57	530.00	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	447.05	447.05	447.05	447.00	447.00	447.00	447.06	447.06	447.06	447.06	447.06	447.06	447.05	447.05	447.05	447.05	447.05	447.05	447.00	447.00	447.00	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	325.91	350.00	300.00	309.68	330.00	300.00	371.61	450.00	300.00	301.62	320.00	200.00	200.00	200.00	240.00	240.00	240.00	280.00	293.18	300.00	30
31	Cooked Daal at Average Hotel	Per Plate	140.00	141.08	150.00	170.00	173.27	180.00	170.00	184.29	200.00	160.00	172.25	180.00	160.00	160.00	160.00	120.00	120.00	120.00	120.00	133.72	160.00	31
32	Tea Prepared Ordinary	Per Cup	70.00	76.52	80.00	50.00	50.00	50.00	70.00	70.00	70.00	60.00	71.45	80.00	70.00	70.00	70.00	70.00	70.00	70.00	50.00	54.22	60.00	32
33	Cigarettes Capstan 20'S Packet	Each	240.00	240.00	240.00	240.00	240.00	240.00	250.00	250.00	250.00	250.00	250.00	250.00	240.00	240.00	240.00	240.00	240.00	240.00	250.00	250.00	250.00	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	800.00	800.00	800.00	780.00	793.28	800.00	700.00	732.95	750.00	550.00	582.85	600.00	500.00	500.00	500.00	600.00	646.33	750.00	642.00	642.00	642.00	34
35	Shirting (Average Quality)	1 mtr	480.00	520.70	535.00	580.00	586.59	600.00	550.00	637.35	750.00	550.00	572.13	600.00	350.00	350.00	350.00	450.00	482.74	500.00	650.00	656.62	670.00	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	738.46	738.46	738.46	816.66	818.89	820.00	700.00	720.79	750.00	550.00	582.85	600.00	550.00	550.00	550.00	600.00	632.89	650.00	702.00	702.00	702.00	36
37	Georgette																							

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Bannu (15)			Quetta (16)			Khuzdar (17)			National Average			National Ave.		% Change over		Yearly Average Prices				SL.	
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	Prv. Wk	Cor. Wk	Prv. Wk	Cor. Wk	24-25	23-24	Diff	% Chng	NO.	
1	2	3	46	47	48	49	50	51	52	53	54	56	57	58	59	60	61	62	63	64	65	66	1	

PRICES ON 08-01-2026

1	Wheat Flour Bag	20 Kg	2750.00	2766.57	2800.00	2630.00	2644.98	2660.00	2500.00	2500.00	2500.00	1810.00	2354.86	2893.33	2241.25	1795.96	5.07	31.12	1742.07	2575.18	-833.11	-32.35	1
2	Rice Basmati Broken (Average Quality)	1 Kg	140.00	146.59	150.00	290.00	299.93	310.00	240.00	246.62	250.00	140.00	217.39	310.00	216.51	202.28	0.41	7.47	205.37	222.46	-17.09	-7.68	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	160.00	166.60	170.00	160.00	169.88	180.00	160.00	163.27	170.00	110.00	157.71	200.00	157.69	158.43	0.01	-0.45	159.01	165.12	-6.11	-3.70	3
4	Bread plain (Small Size)	Each	100.00	100.00	100.00	120.00	120.00	120.00	110.00	110.00	110.00	100.00	111.93	130.00	111.36	109.45	0.51	2.27	109.13	113.60	-4.47	-3.93	4
5	Beef with Bone (Average Quality)	1 Kg	900.00	932.17	1000.00	1100.00	1149.27	1200.00	1100.00	1165.70	1200.00	900.00	1162.66	1450.00	1160.62	1027.56	0.18	13.15	1034.77	847.36	187.41	22.12	5
6	Mutton (Average Quality)	1 Kg	1700.00	1700.00	1700.00	2000.00	2073.86	2200.00	1800.00	1800.00	1800.00	1700.00	2113.94	2600.00	2109.44	1964.16	0.21	7.63	1965.06	1746.19	218.87	12.53	6
7	Chicken Farm Broiler (Live)	1 Kg	450.00	450.00	450.00	450.00	457.45	470.00	480.00	493.24	500.00	410.00	447.42	500.00	434.97	454.91	2.86	-1.65	420.40	395.28	25.12	6.35	7
8	Milk fresh (Un-boiled)	1 Ltr	180.00	186.43	200.00	200.00	200.00	200.00	200.00	200.00	200.00	170.00	203.51	260.00	203.51	197.80	0.00	2.89	197.12	185.03	12.09	6.53	8
9	Curd (Dahi) Loose	1 Kg	200.00	200.00	200.00	220.00	220.00	220.00	220.00	220.00	220.00	180.00	239.21	360.00	239.21	231.06	0.00	3.53	230.31	215.67	14.64	6.79	9
10	Powdered Milk NIDO 390 gm Polybag	Each	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1170.00	1170.00	1170.00	1100.00	1134.61	1180.00	1133.30	1036.07	0.12	9.51	1034.91	819.69	215.22	26.26	10
11	Eggs Hen (Farm)	1 Dozen	340.00	353.21	360.00	340.00	352.43	360.00	360.00	373.21	380.00	310.00	341.83	380.00	346.83	316.42	-1.44	8.03	290.19	298.22	-8.03	-2.69	11
12	Mustard Oil (Average Quality)	1 Kg	470.00	470.00	470.00	575.00	597.23	620.00	580.00	593.26	600.00	450.00	544.67	720.00	543.52	575.32	0.21	-5.33	534.48	508.77	25.71	5.05	12
13	Cooking Oil DALDA or Other Similar	Each	2850.00	2850.00	2850.00	3109.00	3109.00	3109.00	2965.00	2965.00	2965.00	2850.00	3032.31	3110.00	3029.91	2889.73	0.08	4.93	2800.37	2810.06	-9.69	-0.34	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1400.00	1400.00	1400.00	1588.54	1588.54	1588.54	1500.00	1500.00	1500.00	1400.00	1542.35	1588.54	1540.26	1480.14	0.14	4.20	1408.25	1345.28	62.97	4.68	14
15	Vegetable Ghee DALDA/HABIB or Other	Each	560.00	560.00	560.00	592.00	592.00	592.00	592.00	592.00	592.00	560.00	590.58	605.00	589.54	579.59	0.18	1.90	550.39	518.25	32.14	6.20	15
16	Bananas (Kela) Local	1 Dozen	130.00	133.25	140.00	100.00	114.60	130.00	100.00	114.47	150.00	80.00	133.64	280.00	133.92	120.87	-0.21	10.57	149.78	136.52	13.26	9.71	16
17	Pulse Masoor (Washed)	1 Kg	240.00	240.00	240.00	280.00	289.93	300.00	300.00	300.00	300.00	220.00	274.42	330.00	275.47	301.28	-0.38	-8.92	303.70	320.39	-16.69	-5.21	17
18	Pulse Moong (Washed)	1 Kg	380.00	380.00	380.00	450.00	459.95	470.00	400.00	409.76	430.00	340.00	383.48	470.00	382.65	402.07	0.22	-4.62	377.95	292.91	85.04	29.03	18
19	Pulse Mash (Washed)	1 Kg	420.00	420.00	420.00	460.00	469.96	480.00	450.00	476.22	500.00	360.00	427.18	530.00	429.97	498.69	-0.65	-14.34	507.50	530.09	-22.59	-4.26	19
20	Pulse Gram	1 Kg	220.00	220.00	220.00	270.00	279.93	290.00	300.00	306.52	320.00	210.00	252.94	320.00	256.83	366.40	-1.51	-30.97	348.88	251.64	97.24	38.64	20
21	Potatoes	1 Kg	40.00	40.00	40.00	45.00	52.28	60.00	70.00	76.52	80.00	30.00	49.08	80.00	50.98	95.70	-3.73	-48.71	85.66	82.44	3.22	3.91	21
22	Onions	1 Kg	80.00	80.00	80.00	70.00	79.74	90.00	70.00	76.52	80.00	40.00	78.80	120.00	80.57	134.32	-2.20	-41.33	96.52	128.06	-31.54	-24.63	22
23	Tomatoes	1 Kg	70.00	70.00	70.00	45.00	52.28	60.00	50.00	62.57	70.00	30.00	65.09	130.00	65.12	151.52	-0.05	-57.04	100.95	110.14	-9.19	-8.34	23
24	Sugar Refined	1 Kg	150.00	150.00	150.00	178.00	179.00	180.00	170.00	173.27	180.00	145.00	156.04	180.00	155.14	140.35	0.58	11.18	151.12	146.05	5.07	3.47	24
25	Gur (Average Quality)	1 Kg	240.00	240.00	240.00	250.00	254.97	260.00	240.00	246.62	250.00	180.00	231.58	290.00	231.48	209.58	0.04	10.50	213.80	210.53	3.27	1.55	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	70.00	70.00	60.00	60.00	60.00	70.00	70.00	70.00	60.00	66.81	80.00	66.81	71.46	0.00	-6.51	71.51	65.72	5.79	8.81	26
27	Chilies Powder NATIONAL 200 gm	Each	320.00	320.00	320.00	380.00	380.00	380.00	320.00	320.00	320.00	320.00	356.57	380.00	352.99	320.00	1.01	11.43	321.81	374.34	-52.53	-14.03	27
28	Garlic (Lehsun)	1 Kg	400.00	406.56	420.00	470.00	484.91	500.00	500.00	531.33	600.00	250.00	441.05	700.00	430.54	689.87	2.44	-36.07	538.57	518.54	20.03	3.86	28
29	Tea Lipton Yellow Label 190 gm Packet	Each	447.00	447.00	447.00	447.00	447.00	447.00	447.00	447.05	447.10	447.00	447.06	447.50	447.06	543.78	0.00	-17.79	509.02	556.48	-47.46	-8.53	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	300.00	300.00	350.00	359.91	370.00	330.00	343.20	350.00	200.00	315.49	450.00	315.49	300.67	0.00	4.93	297.24	272.13	25.11	9.23	30
31	Cooked Daal at Average Hotel	Per Plate	130.00	130.00	130.00	180.00	189.82	200.00	180.00	193.10	200.00	120.00	167.79	260.00	167.79	162.24	0.00	3.42	160.91	140.93	19.98	14.18	31
32	Tea Prepared Ordinary	Per Cup	50.00	56.46	60.00	80.00	80.00	80.00	50.00	50.00	50.00	50.00	63.46	80.00	63.00	61.03	0.73	3.98	60.95	56.87	4.08	7.17	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	253.29	260.00	240.00	244.95	250.00	240.00	243.29	250.00	230.00	244.43	260.00	244.43	232.88	0.00	4.96	234.79	222.49	12.30	5.53	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	700.00	700.00	700.00	700.00	748.89	800.00	400.00	400.00	400.00	400.00	660.47	800.00	660.47	617.61	0.00	6.94	625.57	568.18	57.39	10.10	34
35	Shirting (Average Quality)	1 mtr	450.00	476.22	500.00	220.00	229.85	240.00	350.00	372.77	400.00	220.00	518.02	900.00	514.90	476.44	0.61	8.73	480.39	415.53	64.86	15.61	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	650.00	650.00	650.00	700.00	748.89	800.00	400.00	400.00	400.00	400.00	662.54	820.00	662.54	611.82	0.00	8.29	622.49	560.31	62.18	11.10	36
37	Georgette (Average Quality)	1 mtr	250.00	250.00	250.00	200.00	219.62	240.00	250.00	282.31	300.00	200.00	306.83	450.00	306.83	292.34	0.00	4.96	292.81	261.61	31.20	11.93	37
38	Gents Sandal Bata	Pair	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	0.00	0.00	2499.00	2298.72	200.28	8.71	38
39	Gents Sponge Chappal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	0.00	0.00	599.00	599.00	0.00	0.00	39
40	Ladies Sandal Bata	Pair	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	0.00	0.00	1185.21	822.91	362.30	44.03	40
41	Electricity Charges for Q1*	Per Unit	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.10	6.06	0.00	0.66	5.99	7.28	-1.29	-17.72	41
42	Gas Charges for Q1	MMBTU	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	1976.50	0.00	29.85	1976.50	944.61	1031.89	109.24	42
43	Firewood Whole	40 Kg	1000.00	1000.00	1000.00	1400.00	1449.43	1500.00															

A: Retail Prices of Fertilizers (50 kg/bag) for the Week Ended on 08-01-2026

No.	Description	Rawal-pindi	Gujran-wala	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Average Price for 08-01-26 01-01-26 09-01-25			% Change over 01-01-26 09-01-25	
1	Sona Urea	4600	4200	4400	4400	4317	4050	4210	4250	4100	4266	4350	4350	5099	4346	4323	4536	0.54	-4.19
2	Other Urea (Tara, Sarsabz, Shandar etc)	4500	4130	4300	4350	4417	4000	4200	N.A.	4050	N.A.	4200	4100	N.A.	4222	4212	4384	0.24	-3.70
3	Calcium Ammonium Nitrate	4200	4000	4050	N.A.	4000	3925	3933	3850	3900	N.A.	N.A.	N.A.	N.A.	3981	3981	4186	0.00	-4.90
4	S.S Phosphate, Gr. 18%	N.A.	3300	3600	3500	3550	N.A.	N.A.	2349	N.A.	3680	3483	N.A.	N.A.	3320	3320	2950	0.00	12.54
5	Sulphate of Potash	N.A.	10000	12528	13800	11900	11950	11629	N.A.	N.A.	13529	12000	N.A.	N.A.	12115	12115	12590	0.00	-3.77
6	Nitro. Phosphate	N.A.	8525	9700	9200	9100	8950	9066	9050	8800	8577	9050	N.A.	N.A.	8996	9006	7638	-0.11	17.79
7	DIA Amun. Phosphate	13500	14200	14900	14900	14800	13550	14666	14325	14500	14277	14400	14500	14900	14410	14510	11990	-0.69	20.18
8	Nitro. Phosph. & Pot. (Npk)	9400	N.A.	9700	9600	9500	8875	11000	N.A.	N.A.	N.A.	9267	9100	9700	9555	9536	8850	0.20	7.97

B: Retail Prices of Cement (50 kg/bag) for the Week Ended on 08-01-2026

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for 08-01-26 01-01-26 09-01-25			% Change over 01-01-26 09-01-25	
1	Cement	1367	1361	1400	1380	1457	1380	1392	1411	1413	1379	1428	1530	1407	1353	1300	1490	1443	1404	1407	1398	-0.20	0.48

C: Prices of CNG (per litre for Punjab and per kg otherwise) for the Week Ended on 08-01-2026

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Avg. Price per	% change over Pre.	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Avg. Price per	% change over Pre. week
1	CNG	250.00	216.67	142.99	146.90	138.00	141.99	145.99	139.90	138.60	158.49	0.00	312.16	320.00	300.00	295.00	339.90	339.90	315.00	N.A.	317.01	0.00

D: Wage Rates for the Week Ended on 08-01-2026

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for 08-01-26 01-01-26 09-01-25			% Change over 01-01-26 09-01-25	
1	Painter	Daily	2364	2137	1500	1800	2047	1651	1600	1522	1433	1687	1722	1583	1566	1800	1800	1698	1500	1714	1709	1676	0.32	2.32
2	Mason (Raj)	Daily	2440	2287	2200	2000	2261	1864	1966	1733	1864	2083	1931	1600	1864	2000	2000	2194	1766	1992	1987	1916	0.25	3.98
3	Labourer	Daily	1500	1500	1200	1500	1547	1266	1400	1032	1000	1478	1024	900	883	1200	1000	1449	1166	1216	1216	1173	0.00	3.69
4	Plumber	Daily	1983	2022	1500	1800	1837	1500	2433	1727	1466	2010	2057	1600	1566	2200	1600	1498	1500	1761	1754	1734	0.38	1.56
5	Electrician	P/Point	469	461	250	230	269	200	273	224	200	400	393	200	240	332	193	317	293	279	279	267	0.00	4.22

E: Wheat Rates for the Week Ended on 08.01.2026

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuzdar	Average Price for 08.01.2026 01.01.2026		% Change over 01.01.2026
1	Wheat	10 kg	1183.27	1183.27	1175.00	1075.00	1130.00	1050.00	1076.66	1074.71	1080.00	1030.00	1093.29	1100.00	943.29	1279.92	1310.00	1209.97	1183.10	1124.53	1092.87	2.90
2	Wheat Flour (Fine)	1 kg	156.21	155.94	140.00	128.00	142.60	130.00	133.25	134.94	130.00	132.80	141.62	140.00	130.00	144.94	145.00	151.00	128.31	138.81	135.02	2.80