

CONSUMER PRICES OF ESSENTIAL ITEMS

SL. NO.	DESCRIPTION	UNIT	Bannu (15)			Quetta (16)			Khuzdar (17)			National Average			National Ave.		% Change over		Yearly Average Prices				SL. NO.
			MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	Prv. Wk	Cor. Wk	Prv. Wk	Cor. Wk	25-26	24-25	Diff	% Chng	
1	2	3	46	47	48	49	50	51	52	53	54	56	57	58	59	60	61	62	63	64	65	66	1

PRICES ON 02-07-2026

1	Wheat Flour Bag	20 Kg	2700.00	2700.00	2700.00	2760.00	2779.95	2800.00	2700.00	2732.93	2800.00	2200.00	2535.65	2900.00	2413.07	1505.10	5.08	68.47	2109.18	1742.07	367.11	21.07	1
2	Rice Basmati Broken (Average Qua	1 Kg	140.00	146.59	150.00	280.00	289.93	300.00	240.00	246.62	250.00	140.00	216.85	300.00	216.38	204.81	0.22	5.88	214.54	205.37	9.17	4.47	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	160.00	166.60	170.00	160.00	169.88	180.00	150.00	153.26	160.00	110.00	154.70	200.00	154.01	154.27	0.45	0.28	155.74	159.01	-3.27	-2.06	3
4	Bread plain (Small Size)	Each	100.00	100.00	100.00	130.00	130.00	130.00	110.00	110.00	110.00	100.00	118.82	130.00	118.27	108.83	0.47	9.18	112.09	109.13	2.96	2.71	4
5	Beef with Bone (Average Quality)	1 Kg	1000.00	1032.28	1100.00	1200.00	1249.33	1300.00	1200.00	1200.00	1200.00	1000.00	1249.70	1550.00	1249.46	1107.04	0.02	12.89	1170.70	1034.77	135.93	13.14	5
6	Mutton (Average Quality)	1 Kg	1800.00	1800.00	1800.00	2200.00	2348.05	2500.00	2200.00	2395.71	2500.00	1800.00	2367.32	3000.00	2366.08	2039.72	0.05	16.06	2157.14	1965.06	192.08	9.77	6
7	Chicken Farm Broiler (Live)	1 Kg	350.00	350.00	350.00	340.00	352.43	360.00	450.00	450.00	450.00	280.00	322.22	450.00	328.71	346.34	-1.97	-6.96	385.92	420.40	-34.48	-8.20	7
8	Milk fresh (Un-boiled)	1 Ltr	180.00	193.10	200.00	220.00	220.00	220.00	220.00	226.47	240.00	170.00	216.20	270.00	215.14	200.57	0.49	7.79	204.78	197.12	7.66	3.89	8
9	Curd (Dahi) Loose	1 Kg	200.00	213.12	220.00	220.00	226.47	240.00	220.00	233.14	240.00	190.00	252.05	400.00	251.00	233.92	0.42	7.75	240.43	230.31	10.12	4.39	9
10	Powdered Milk NIDO 390 gm Polyb	Each	1100.00	1100.00	1100.00	1170.00	1170.00	1170.00	1170.00	1170.00	1170.00	1100.00	1153.88	1200.00	1151.97	1076.67	0.17	7.17	1123.76	1034.91	88.85	8.59	10
11	Eggs Hen (Farm)	1 Dozen	230.00	230.00	230.00	220.00	232.40	240.00	260.00	260.00	260.00	210.00	232.87	260.00	214.99	256.76	8.32	-9.30	285.70	290.19	-4.49	-1.55	11
12	Mustard Oil (Average Quality)	1 Kg	470.00	470.00	470.00	575.00	597.23	620.00	600.00	600.00	600.00	440.00	549.62	720.00	550.78	531.40	-0.21	3.43	543.98	534.48	9.50	1.78	12
13	Cooking Oil DALDA or Other Simila	Each	3100.00	3100.00	3100.00	3065.00	3065.00	3065.00	2975.00	2975.00	2975.00	2975.00	3059.29	3110.00	3052.38	2884.66	0.23	6.05	2960.42	2800.37	160.05	5.72	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1500.00	1500.00	1500.00	1565.00	1565.00	1565.00	1500.00	1500.00	1500.00	1500.00	1545.76	1565.00	1544.29	1461.99	0.10	5.73	1502.18	1408.25	93.93	6.67	14
15	Vegetable Ghee DALDA/HABIB or	Each	590.00	590.00	590.00	610.00	610.00	610.00	592.00	592.00	592.00	590.00	603.90	610.00	602.43	567.89	0.24	6.34	584.15	550.39	33.76	6.13	15
16	Bananas (Kela) Local	1 Dozen	200.00	200.00	200.00	140.00	159.20	190.00	150.00	150.00	150.00	100.00	192.38	350.00	195.19	174.06	-1.44	10.53	161.48	149.78	11.70	7.81	16
17	Pulse Masoor (Washed)	1 Kg	240.00	240.00	240.00	290.00	299.93	310.00	250.00	275.89	300.00	220.00	258.95	320.00	258.84	295.32	0.04	-12.32	277.24	303.70	-26.46	-8.71	17
18	Pulse Moong (Washed)	1 Kg	340.00	340.00	340.00	410.00	419.95	430.00	400.00	419.76	430.00	300.00	377.96	450.00	382.89	402.34	-1.29	-6.06	386.71	377.95	8.76	2.32	18
19	Pulse Mash (Washed)	1 Kg	440.00	440.00	440.00	440.00	449.95	460.00	450.00	476.22	500.00	360.00	454.18	540.00	458.05	454.91	-0.84	-0.16	452.55	507.50	-54.95	-10.83	19
20	Pulse Gram	1 Kg	230.00	230.00	230.00	240.00	249.92	260.00	280.00	293.18	300.00	200.00	244.85	320.00	245.42	314.36	-0.23	-22.11	271.91	348.88	-76.97	-22.06	20
21	Potatoes	1 Kg	30.00	33.02	40.00	40.00	49.58	60.00	80.00	80.00	80.00	30.00	52.07	90.00	47.31	82.13	10.06	-36.60	54.58	85.66	-31.08	-36.28	21
22	Onions	1 Kg	100.00	100.00	100.00	70.00	84.46	100.00	80.00	86.18	100.00	60.00	96.67	140.00	87.31	53.42	10.72	80.96	81.61	96.52	-14.91	-15.45	22
23	Tomatoes	1 Kg	250.00	250.00	250.00	240.00	254.82	270.00	200.00	200.00	200.00	200.00	265.93	340.00	117.98	78.51	125.40	238.72	102.10	100.95	1.15	1.14	23
24	Sugar Refined	1 Kg	145.00	145.00	145.00	150.00	151.49	154.00	150.00	154.95	160.00	140.00	149.00	160.00	149.32	184.92	-0.21	-19.42	165.93	151.12	14.81	9.80	24
25	Gur (Average Quality)	1 Kg	230.00	230.00	230.00	240.00	244.97	250.00	240.00	246.62	250.00	160.00	226.94	290.00	226.62	234.60	0.14	-3.27	233.90	213.80	20.10	9.40	25
26	Salt Powdered (NATIONAL/SHAN)	Each	60.00	60.00	60.00	60.00	60.00	60.00	70.00	70.00	70.00	60.00	62.37	80.00	62.37	72.60	0.00	-14.09	67.32	71.51	-4.19	-5.86	26
27	Chilies Powder NATIONAL 200 gm	Each	320.00	320.00	320.00	380.00	380.00	380.00	320.00	320.00	320.00	320.00	368.65	380.00	368.65	320.00	0.00	15.20	344.03	321.81	22.22	6.90	27
28	Garlic (Lehsun)	1 Kg	600.00	600.00	600.00	300.00	314.85	330.00	600.00	600.00	600.00	200.00	354.91	600.00	357.15	357.44	-0.63	-0.71	423.98	538.57	-114.59	-21.28	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	447.00	447.00	447.00	447.00	447.00	447.00	447.00	447.05	447.10	447.00	447.06	447.50	447.06	447.07	0.00	0.00	447.06	509.02	-61.96	-12.17	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	300.00	300.00	350.00	359.91	370.00	330.00	343.20	350.00	200.00	321.18	450.00	321.18	306.86	0.00	4.67	315.62	297.24	18.38	6.18	30
31	Cooked Daal at Average Hotel	Per Plate	130.00	130.00	130.00	180.00	189.82	200.00	180.00	193.10	200.00	130.00	173.23	260.00	173.23	166.59	0.00	3.99	168.69	160.91	7.78	4.84	31
32	Tea Prepared Ordinary	Per Cup	50.00	56.46	60.00	80.00	80.00	80.00	50.00	50.00	50.00	50.00	64.83	80.00	64.83	61.38	0.00	5.62	62.90	60.95	1.95	3.20	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	253.29	260.00	250.00	250.00	250.00	250.00	250.00	250.00	240.00	252.06	270.00	251.48	240.59	0.23	4.77	245.10	234.79	10.31	4.39	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	700.00	700.00	700.00	700.00	748.89	800.00	400.00	400.00	400.00	400.00	688.69	850.00	688.69	655.45	0.00	5.07	665.65	625.57	40.08	6.41	34
35	Shirting (Average Quality)	1 mtr	450.00	476.22	500.00	230.00	239.86	250.00	350.00	372.77	400.00	230.00	544.27	900.00	539.57	498.82	0.87	9.11	516.79	480.39	36.40	7.58	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	650.00	650.00	650.00	700.00	748.89	800.00	400.00	400.00	400.00	400.00	680.92	900.00	680.92	656.59	0.00	3.71	665.62	622.49	43.13	6.93	36
37	Georgette (Average Quality)	1 mtr	250.00	250.00	250.00	200.00	219.62	240.00	250.00	282.31	300.00	200.00	318.06	490.00	318.06	301.90	0.00	5.35	308.19	292.81	15.38	5.25	37
38	Gents Sandal Bata	Pair	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	0.00	0.00	2499.00	2499.00	0.00	0.00	38
39	Gents Sponge Chappal Bata	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	0.00	16.69	611.98	599.00	12.98	2.17	39
40	Ladies Sandal Bata	Pair	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1399.00	0.00	7.15	1412.48	1185.21	227.27	19.18	40
41	Electricity Charges for Q1*	Per Unit	6.95	6.95	6.95	6.95	6.95	6.95	6.95	6.95	6.95	6.95	6.95	6.95	6.95	4.66	0.00	49.14	6.01	5.99	0.02	0.33	41
42	Gas Charges for Q1	MMBTU	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	1976.50	0.00	29.85	2535.14	1976.50	558.64	28.26	42
43	Firewood Whole	40 Kg	900.00	965.49	1000.00	1400.00	1449.43	1500.00	1000.00	1065.60	1100.00	900.00	1491.51	2350.00	1490.36	1317.61	0.08	13.20	1426.49	1273.03	153.46	12.05	43
44	Energy Saver Philips 14 Watt	Each	300.00	300.00	300.00	350.00	350.00	350.00	580.00	580.00	580.00	240.00	402.11	580.00	402.11	383.87	0.00	4.75	395.67	380.66	15.01	3.94	44
45	Sufi Washing Soap 250 gm Cake	Each	130.00	130.00	130.00	150.00	150.00	150.00	137.50	137.50	137.50	130.00	140.98	160.00	140.10	132.00	0.63	6.80	133.98	130.71	3.27	2.50	45
46	Match Box	Each	5.00	5.00	5.00	5.00	5.97	7.00	5.00	5.00	5.00	5.00	6.31	7.00	6.25	6.24	0.96	1.12	6.24	6.22	0.02	0.32	46
47	Petrol Super	Per Litre	302.40	302.40	302.40	301.17	301.17	301.17	301.17	301.													

A: Retail Prices of Fertilizers (50 kg/bag) for the Week Ended on 02-07-2026

No.	Description	Rawal-pindi	Gujran-wala	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Average Price for			% Change over	
															02-07-26	18-06-26	03-07-25	18-06-26	03-07-25
1	Sona Urea	5100	4600	4525	4600	4633	4550	4500	4650	4515	4447	4600	4650	5099	4647	4662	4434	-0.31	4.82
2	Other Urea (Tara, Sarsabz, Shandar etc)	5050	4550	4450	4550	4533	4425	4483	N.A.	4500	N.A.	4450	4400	N.A.	4536	4554	4331	-0.40	4.74
3	Calcium Ammonium Nitrate	5000	4100	4400	N.A.	4233	4150	3766	4300	4250	N.A.	N.A.	N.A.	N.A.	4263	4257	4100	0.15	3.97
4	S.S Phosphate, Gr. 18%	N.A.	4800	4550	4300	4800	N.A.	N.A.	2950	N.A.	4193	4800	N.A.	N.A.	4290	4301	3047	-0.24	40.83
5	Sulphate of Potash	N.A.	11000	15300	15000	16283	15248	13331	N.A.	N.A.	15447	15000	N.A.	N.A.	14483	14312	12050	1.20	20.19
6	Nitro. Phosphate	N.A.	10200	10700	10300	10400	9900	9863	10050	9800	9528	10200	N.A.	N.A.	10089	10200	8063	-1.09	25.13
7	DIA Amun. Phosphate	15500	16300	16000	16000	15567	15900	16500	16000	15800	15930	16200	16200	15900	15982	16163	12901	-1.12	23.88
8	Nitro. Phosph. & Pot. (Npk)	9900	N.A.	11600	9600	10783	9899	11200	N.A.	N.A.	N.A.	10500	10300	10400	10447	10470	8984	-0.21	16.29

B: Retail Prices of Cement (50 kg/bag) for the Week Ended on 02-07-2026

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for			% Change over	
																			02-07-26	18-06-26	03-07-25	18-06-26	03-07-25
1	Cement	1444	1445	1520	1500	1512	1480	1507	1491	1547	1468	1517	1600	1500	1427	1350	1510	1700	1499	1503	1404	-0.23	6.81

C: Prices of CNG (per litre for Punjab and per kg otherwise) for the Week Ended on 02-07-2026

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Avg. Price per	% change over Pre.	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Avg. Price per	% change over Pre. week

D: Wage Rates for the Week Ended on 02-07-2026

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for			% Change over	
																				02-07-26	18-06-26	03-07-25	18-06-26	03-07-25
1	Painter	Daily	2364	2207	1800	1800	2247	1651	1600	1522	1433	1697	1722	1600	1566	2065	1800	1793	1500	1767	1767	1697	0.00	4.14
2	Mason (Raj)	Daily	2440	2300	2200	2000	2461	1993	2000	1733	1864	2482	1957	1600	1931	2421	2200	2194	1766	2074	2074	1962	0.00	5.69
3	Labourer	Daily	1500	1500	1500	1500	1747	1266	1466	1032	1000	1478	1032	900	900	1466	1200	1449	1232	1279	1279	1203	0.00	6.31
4	Plumber	Daily	2098	2127	1800	1800	2037	1500	2466	1727	1466	2366	2057	1600	1566	2500	1600	1698	1500	1848	1848	1750	0.00	5.62
5	Electrician	P/Point	487	461	250	230	319	266	273	224	200	400	393	200	240	332	193	317	293	287	287	273	0.00	5.22

E: Wheat Rates for the Week Ended on 02.07.2026

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuzdar	Average Price for		% Change over	
																				02.07.2026	18.06.2026	18.06.2026	18.06.2026
1	Wheat	10 kg	1181.97	1181.97	1100	1050	1100	1025	1021.66	1112.43	1000	1200	1193.3	1125	1106.63	1256.66	1230	1199.97	1150	1128.96	1085.00	4.05	
2	Wheat Flour (Fine)	1 kg	160.38	155.27	130	136	158.28	130	119	140.82	134.82	153.11	158.32	150	130	144.14	142	159	135	142.76	138.76	2.88	