

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Islamabad (01)			Rawalpindi (02)			Gujranwala (03)			Sialkot (04)			Lahore (05)			Faisalabad (06)			Sargodha (07)			SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	NO.
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	1
PRICES ON 07-08-2025																								
1	Wheat Flour Bag	20 Kg	1506.67	1561.93	1600.00	1493.33	1548.52	1600.00	1400.00	1400.00	1400.00	1400.00	1408.94	1427.00	1350.00	1354.25	1380.00	1400.00	1400.00	1400.00	1467.00	1467.00	1467.00	1
2	Rice Basmati Broken (Average Quality)	1 Kg	250.00	266.53	280.00	240.00	256.54	270.00	180.00	180.00	180.00	180.00	180.00	180.00	190.00	195.97	210.00	220.00	220.00	220.00	170.00	170.00	170.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	160.00	178.64	200.00	150.00	161.55	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	160.00	160.00	180.00	180.00	180.00	3
4	Bread plain (Small Size)	Each	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	100.00	100.00	100.00	4
5	Beef with Bone (Average Quality)	1 Kg	1350.00	1378.95	1400.00	1300.00	1372.98	1400.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1000.00	1068.31	1100.00	1200.00	1200.00	1200.00	1000.00	1016.40	1050.00	5
6	Mutton (Average Quality)	1 Kg	2350.00	2387.23	2450.00	2300.00	2382.86	2450.00	2100.00	2100.00	2100.00	2100.00	2100.00	2100.00	2300.00	2332.86	2400.00	2200.00	2200.00	2200.00	2000.00	2066.12	2100.00	6
7	Chicken Farm Broiler (Live)	1 Kg	410.00	416.18	430.00	400.00	408.62	420.00	396.00	396.00	396.00	396.00	396.00	396.00	393.00	393.00	393.00	403.00	403.00	403.00	410.00	411.66	415.00	7
8	Milk fresh (Un-boiled)	1 Ltr	220.00	229.85	240.00	200.00	216.86	240.00	200.00	200.00	200.00	170.00	170.00	170.00	180.00	187.93	200.00	200.00	200.00	200.00	170.00	173.27	180.00	8
9	Curd (Dahi) Loose	1 Kg	240.00	249.12	260.00	220.00	241.06	260.00	220.00	220.00	220.00	180.00	180.00	180.00	220.00	220.47	230.00	240.00	240.00	240.00	220.00	220.00	220.00	9
10	Powdered Milk NIDO 390 gm Polybag	Each	1120.00	1138.28	1150.00	1130.00	1140.65	1150.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1120.00	1120.00	1120.00	10
11	Eggs Hen (Farm)	1 Dozen	285.00	291.62	300.00	283.00	291.69	300.00	300.00	300.00	300.00	290.00	290.00	290.00	282.00	282.00	282.00	281.00	281.00	281.00	282.00	282.00	282.00	11
12	Mustard Oil (Average Quality)	1 Kg	620.00	643.22	660.00	610.00	633.89	650.00	500.00	500.00	500.00	500.00	500.00	500.00	520.00	541.79	560.00	550.00	554.98	560.00	480.00	483.31	490.00	12
13	Cooking Oil DALDA or Other Similar	Each	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1485.00	1485.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	14
15	Vegetable Ghee DALDA/HABIB or C	Each	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	560.00	560.00	560.00	569.00	569.00	569.00	15
16	Bananas (Kela) Local	1 Dozen	220.00	249.15	280.00	220.00	239.66	260.00	150.00	150.00	150.00	160.00	160.00	160.00	140.00	158.32	170.00	130.00	151.97	180.00	150.00	150.00	150.00	16
17	Pulse Masoor (Washed)	1 Kg	320.00	347.14	370.00	330.00	343.93	360.00	270.00	270.00	270.00	270.00	270.00	270.00	270.00	276.15	280.00	280.00	292.74	320.00	280.00	280.00	280.00	17
18	Pulse Moong (Washed)	1 Kg	400.00	432.96	460.00	380.00	400.48	420.00	320.00	333.20	340.00	330.00	330.00	330.00	370.00	378.52	390.00	360.00	363.30	370.00	380.00	393.22	400.00	18
19	Pulse Mash (Washed)	1 Kg	480.00	503.75	530.00	480.00	489.90	500.00	400.00	403.31	410.00	410.00	410.00	410.00	450.00	458.52	470.00	470.00	473.31	480.00	480.00	480.00	480.00	19
20	Pulse Gram	1 Kg	340.00	364.63	400.00	340.00	358.46	380.00	280.00	280.00	280.00	280.00	280.00	280.00	270.00	274.72	280.00	280.00	283.29	290.00	280.00	280.00	280.00	20
21	Potatoes	1 Kg	90.00	106.93	120.00	85.00	102.86	120.00	90.00	90.00	90.00	90.00	90.00	90.00	80.00	84.57	100.00	80.00	98.65	120.00	80.00	91.58	120.00	21
22	Onions	1 Kg	80.00	91.40	100.00	58.00	73.77	90.00	80.00	80.00	80.00	60.00	63.16	70.00	70.00	73.91	80.00	50.00	53.13	60.00	60.00	60.00	60.00	22
23	Tomatoes	1 Kg	90.00	112.50	140.00	86.00	99.99	120.00	100.00	112.92	120.00	90.00	93.22	100.00	110.00	125.95	140.00	80.00	86.18	100.00	100.00	100.00	100.00	23
24	Sugar Refined	1 Kg	172.00	172.00	172.00	173.00	173.00	173.00	173.00	180.91	185.00	173.00	180.91	185.00	173.00	173.00	173.00	173.00	175.30	180.00	173.00	173.00	173.00	24
25	Gur (Average Quality)	1 Kg	260.00	274.63	300.00	260.00	266.60	280.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	248.90	260.00	220.00	220.00	220.00	200.00	200.00	200.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	75.67	80.00	70.00	73.84	80.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	80.00	80.00	80.00	26
27	Chilies Powder NATIONAL 200 gm	Each	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	27
28	Garlic (Lehsun)	1 Kg	260.00	407.12	620.00	250.00	343.80	480.00	350.00	350.00	350.00	350.00	350.00	350.00	300.00	360.50	480.00	350.00	350.00	350.00	480.00	480.00	480.00	28
29	Tea Lipton Yellow Label 190 gm Packet	Each	447.06	447.06	447.06	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.06	447.06	447.06	447.50	447.50	447.50	447.06	447.06	447.06	29
30	Cooked Beef at Average Hotel	Per Plate	350.00	354.07	380.00	300.00	334.26	350.00	450.00	450.00	450.00	350.00	350.00	350.00	270.00	291.76	300.00	300.00	315.82	350.00	300.00	300.00	300.00	30
31	Cooked Daal at Average Hotel	Per Plate	220.00	241.40	260.00	200.00	220.86	250.00	150.00	150.00	150.00	170.00	170.00	170.00	180.00	194.15	200.00	160.00	176.14	200.00	150.00	150.00	150.00	31
32	Tea Prepared Ordinary	Per Cup	70.00	70.00	70.00	60.00	68.58	70.00	60.00	60.00	60.00	50.00	50.00	50.00	60.00	60.00	60.00	60.00	63.16	70.00	60.00	63.16	70.00	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	250.00	250.00	230.00	244.50	250.00	230.00	230.00	230.00	230.00	230.00	230.00	240.00	240.00	240.00	250.00	250.00	250.00	240.00	240.00	240.00	33
34	Long Cloth 57" Gul Ahmed/AI Karam	1 mtr	720.00	738.24	750.00	680.00	721.62	770.00	667.00	667.00	667.00	660.00	660.00	660.00	790.00	790.00	790.00	550.00	566.19	600.00	700.00	700.00	700.00	34
35	Shirting (Average Quality)	1 mtr	650.00	701.62	750.00	620.00	654.44	680.00	600.00	600.00	600.00	450.00	450.00	450.00	400.00	428.70	450.00	850.00	866.35	900.00	600.00	600.00	600.00	35
36	Lawn Printed Gul Ahmed/AI Karam	1 mtr	630.00	662.12	700.00	580.00	628.70	670.00	748.00	748.00	748.00	650.00	650.00	650.00	765.00	784.81	800.00	650.00	666.26	700.00	714.00	71		

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Multan (08)			Bahawalpur (09)			Karachi (10)			Hyderabad (11)			Sukkur (12)			Larkana (13)			Peshawar (14)			SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	NO.
1	2	3	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	1
PRICES ON 07-08-2025																								
1	Wheat Flour Bag	20 Kg	1400.00	1448.62	1466.66	1400.00	1444.09	1466.66	1500.00	1605.77	1700.00	1640.00	1669.91	1680.00	1360.00	1360.00	1360.00	1400.00	1413.21	1440.00	1400.00	1455.09	1500.00	1
2	Rice Basmati Broken (Average Quality)	1 Kg	180.00	193.10	200.00	180.00	186.43	200.00	270.00	279.32	290.00	200.00	206.46	220.00	180.00	180.00	180.00	230.00	236.62	240.00	220.00	220.55	225.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	130.00	140.92	150.00	170.00	176.60	180.00	170.00	178.04	190.00	140.00	144.08	150.00	150.00	154.92	160.00	110.00	116.57	120.00	120.00	124.93	130.00	3
4	Bread plain (Small Size)	Each	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	120.00	120.00	120.00	110.00	110.00	110.00	100.00	112.92	120.00	100.00	100.00	100.00	4
5	Beef with Bone (Average Quality)	1 Kg	1200.00	1200.00	1200.00	1000.00	1000.00	1000.00	1200.00	1292.61	1400.00	1100.00	1170.39	1200.00	1000.00	1000.00	1000.00	1100.00	1165.70	1200.00	800.00	1038.55	1200.00	5
6	Mutton (Average Quality)	1 Kg	2200.00	2249.51	2300.00	1800.00	1866.06	1900.00	2000.00	2170.15	2400.00	2000.00	2024.54	2100.00	1700.00	1700.00	1700.00	2000.00	2000.00	2000.00	1900.00	2019.61	2200.00	6
7	Chicken Farm Broiler (Live)	1 Kg	410.00	410.00	410.00	390.00	390.00	390.00	450.00	463.69	500.00	440.00	441.65	450.00	430.00	430.00	430.00	410.00	411.66	415.00	420.00	420.00	420.00	7
8	Milk fresh (Un-boiled)	1 Ltr	190.00	197.73	200.00	170.00	173.27	180.00	220.00	220.00	220.00	215.00	218.32	220.00	200.00	200.00	200.00	240.00	243.29	250.00	200.00	240.54	260.00	8
9	Curd (Dahi) Loose	1 Kg	230.00	235.50	240.00	200.00	206.46	220.00	320.00	335.48	360.00	300.00	314.88	320.00	220.00	220.00	220.00	280.00	286.51	300.00	240.00	262.06	270.00	9
10	Powdered Milk NIDO 390 gm Polybag	Each	1030.00	1030.00	1030.00	1100.00	1100.00	1100.00	1050.00	1065.34	1100.00	1090.00	1097.49	1100.00	1080.00	1080.00	1080.00	1030.00	1030.00	1030.00	1100.00	1100.00	1100.00	10
11	Eggs Hen (Farm)	1 Dozen	272.00	276.32	280.00	290.00	290.00	290.00	300.00	309.00	320.00	300.00	308.18	320.00	300.00	300.00	300.00	280.00	293.18	300.00	300.00	300.00	300.00	11
12	Mustard Oil (Average Quality)	1 Kg	580.00	580.00	580.00	450.00	459.79	480.00	500.00	540.58	650.00	420.00	429.02	450.00	410.00	410.00	410.00	480.00	486.58	500.00	600.00	629.68	650.00	12
13	Cooking Oil DALDA or Other Similar	Each	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2915.00	2915.00	2915.00	2800.00	2817.75	2830.00	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1460.00	1460.00	1460.00	1460.00	1468.29	1485.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1485.00	1485.00	1485.00	1440.00	1446.66	1450.00	14
15	Vegetable Ghee DALDA/HABIB or Other	Each	579.00	579.00	579.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	579.00	579.00	579.00	550.00	557.76	560.00	15
16	Bananas (Kela) Local	1 Dozen	180.00	201.90	220.00	180.00	186.43	200.00	100.00	127.56	150.00	100.00	111.22	120.00	150.00	157.37	200.00	80.00	92.83	100.00	170.00	188.02	220.00	16
17	Pulse Masoor (Washed)	1 Kg	310.00	322.16	330.00	260.00	266.62	270.00	280.00	306.32	340.00	280.00	299.78	320.00	300.00	300.00	300.00	280.00	280.00	280.00	290.00	297.75	300.00	17
18	Pulse Moong (Washed)	1 Kg	390.00	398.88	400.00	390.00	393.31	400.00	360.00	384.38	400.00	400.00	409.90	420.00	420.00	420.00	420.00	340.00	362.41	400.00	380.00	387.17	400.00	18
19	Pulse Mash (Washed)	1 Kg	460.00	471.03	480.00	430.00	436.64	440.00	400.00	408.34	440.00	400.00	419.92	440.00	440.00	440.00	440.00	450.00	469.78	480.00	430.00	436.64	440.00	19
20	Pulse Gram	1 Kg	320.00	322.20	330.00	280.00	293.18	300.00	300.00	317.22	350.00	280.00	294.90	300.00	300.00	306.52	320.00	320.00	320.00	320.00	320.00	328.87	330.00	20
21	Potatoes	1 Kg	90.00	97.69	100.00	100.00	100.00	100.00	60.00	76.61	90.00	60.00	68.87	80.00	60.00	60.00	60.00	50.00	53.13	60.00	90.00	93.22	100.00	21
22	Onions	1 Kg	60.00	69.52	80.00	70.00	70.00	70.00	40.00	59.32	70.00	50.00	58.96	70.00	60.00	60.00	60.00	60.00	66.49	70.00	80.00	81.05	90.00	22
23	Tomatoes	1 Kg	80.00	82.01	100.00	80.00	92.83	100.00	60.00	82.44	100.00	70.00	88.45	100.00	80.00	80.00	80.00	80.00	92.83	100.00	90.00	97.58	110.00	23
24	Sugar Refined	1 Kg	178.00	179.78	180.00	185.00	186.65	190.00	180.00	184.81	190.00	175.00	179.58	180.00	175.00	175.00	175.00	173.00	174.33	175.00	185.00	186.65	190.00	24
25	Gur (Average Quality)	1 Kg	250.00	268.62	280.00	200.00	213.12	220.00	240.00	263.17	280.00	220.00	234.91	240.00	240.00	240.00	240.00	200.00	200.00	200.00	260.00	265.51	270.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	70.00	70.00	80.00	80.00	80.00	70.00	76.52	80.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	26
27	Chilies Powder NATIONAL 200 gm	Each	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	27
28	Garlic (Lehsun)	1 Kg	350.00	366.45	380.00	400.00	425.06	480.00	360.00	447.75	560.00	360.00	384.73	400.00	300.00	330.19	400.00	280.00	280.00	280.00	320.00	406.20	500.00	28
29	Tea Lipton Yellow Label 190 gm Packet	Each	447.05	447.05	447.05	447.00	447.00	447.00	447.06	447.06	447.06	447.06	447.06	447.06	447.05	447.05	447.05	447.05	447.05	447.05	447.00	447.00	447.00	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	325.91	350.00	300.00	309.68	330.00	300.00	355.31	400.00	300.00	301.62	320.00	200.00	200.00	200.00	240.00	240.00	240.00	220.00	239.57	250.00	30
31	Cooked Daal at Average Hotel	Per Plate	140.00	141.08	150.00	170.00	173.27	180.00	170.00	183.70	200.00	160.00	172.25	180.00	150.00	154.92	160.00	120.00	120.00	120.00	120.00	133.72	160.00	31
32	Tea Prepared Ordinary	Per Cup	70.00	76.52	80.00	50.00	50.00	50.00	70.00	70.00	70.00	60.00	71.45	80.00	60.00	60.00	60.00	70.00	70.00	70.00	40.00	47.37	60.00	32
33	Cigarettes Capstan 20'S Packet	Each	240.00	240.00	240.00	240.00	240.00	240.00	250.00	250.00	250.00	250.00	250.00	250.00	240.00	240.00	240.00	240.00	240.00	240.00	250.00	250.00	250.00	33
34	Long Cloth 57" Gul Ahmed/AI Karam	1 mtr	800.00	800.00	800.00	780.00	793.28	800.00	700.00	731.42	750.00	500.00	532.80	550.00	500.00	500.00	500.00	600.00	646.33	750.00	642.00	642.00	642.00	34
35	Shirting (Average Quality)	1 mtr	480.00	520.70	535.00	580.00	586.59	600.00	550.00	629.40	700.00	450.00	476.90	500.00	220.00	229.58	250.00	450.00	482.74	500.00	650.00	656.62	670.00	35
36	Lawn Printed Gul Ahmed/AI Karam	1 mtr	738.46	738.46	738.46	816.66	818.89	820.00	700.00	720.79	750.00	500.00	500.00	500.00	550.00	550.00	550.00	600.00	632.89	650.00				

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Bannu (15)			Quetta (16)			Khuzdar (17)			National Average			National Ave.		% Change over		Yearly Average Prices				SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	Prv. Wk	Cor. Wk	Prv. Wk	Cor. Wk	24-25	23-24	Diff	% Chng	NO.
1	2	3	46	47	48	49	50	51	52	53	54	56	57	58	59	60	61	62	63	64	65	66	1

PRICES ON 07-08-2025

1	Wheat Flour Bag	20 Kg	1350.00	1366.47	1400.00	1540.00	1549.98	1560.00	1600.00	1600.00	1600.00	1350.00	1470.81	1700.00	1474.42	1885.86	-0.24	-22.01	1742.07	2575.18	-833.11	-32.35	1
2	Rice Basmati Broken (Average Quality)	1 Kg	140.00	140.00	140.00	250.00	259.92	270.00	200.00	203.28	210.00	140.00	206.95	290.00	207.53	209.08	-0.28	-1.02	205.37	222.46	-17.09	-7.68	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	150.00	150.00	150.00	150.00	159.87	170.00	150.00	150.00	150.00	110.00	154.22	200.00	154.22	163.32	0.00	-5.57	159.01	165.12	-6.11	-3.70	3
4	Bread plain (Small Size)	Each	100.00	100.00	100.00	120.00	120.00	120.00	100.00	100.00	100.00	100.00	108.83	120.00	108.83	110.73	0.00	-1.72	109.13	113.60	-4.47	-3.93	4
5	Beef with Bone (Average Quality)	1 Kg	900.00	900.00	900.00	1000.00	1049.21	1100.00	1000.00	1000.00	1000.00	800.00	1113.24	1400.00	1113.24	975.27	0.00	14.15	1034.77	847.36	187.41	22.12	5
6	Mutton (Average Quality)	1 Kg	1600.00	1600.00	1600.00	2000.00	2073.86	2200.00	1700.00	1766.03	1800.00	1600.00	2048.77	2450.00	2048.77	1910.76	0.00	7.22	1965.06	1746.19	218.87	12.53	6
7	Chicken Farm Broiler (Live)	1 Kg	435.00	435.00	435.00	450.00	462.45	470.00	460.00	460.00	460.00	390.00	419.87	500.00	403.25	459.11	4.12	-8.55	420.40	395.28	25.12	6.35	7
8	Milk fresh (Un-boiled)	1 Ltr	170.00	176.60	180.00	200.00	200.00	200.00	200.00	200.00	200.00	170.00	201.61	260.00	201.50	194.76	0.05	3.52	197.12	185.03	12.09	6.53	8
9	Curd (Dahi) Loose	1 Kg	200.00	200.00	200.00	220.00	220.00	220.00	220.00	220.00	220.00	180.00	236.55	360.00	236.45	228.20	0.04	3.66	230.31	215.67	14.64	6.79	9
10	Powdered Milk NIDO 390 gm Polybag	Each	1000.00	1016.40	1050.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1000.00	1088.75	1150.00	1088.75	1031.16	0.00	5.58	1034.91	819.69	215.22	26.26	10
11	Eggs Hen (Farm)	1 Dozen	300.00	300.00	300.00	300.00	312.42	320.00	280.00	286.51	300.00	272.00	293.58	320.00	289.75	272.34	1.32	7.80	290.19	298.22	-8.03	-2.69	11
12	Mustard Oil (Average Quality)	1 Kg	450.00	466.08	500.00	575.00	597.23	620.00	580.00	593.26	600.00	410.00	527.58	660.00	526.51	499.75	0.20	5.57	534.48	508.77	25.71	5.05	12
13	Cooking Oil DALDA or Other Similar	Each	3000.00	3000.00	3000.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2800.00	2872.88	3000.00	2872.88	2683.28	0.00	7.07	2800.37	2810.06	-9.69	-0.34	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1425.00	1425.00	1425.00	1460.00	1460.00	1460.00	1480.00	1480.00	1480.00	1425.00	1461.70	1485.00	1461.70	1302.78	0.00	12.20	1408.25	1345.28	62.97	4.68	14
15	Vegetable Ghee DALDA/HABIB or Other	Each	550.00	550.00	550.00	569.00	569.00	569.00	580.00	580.00	580.00	550.00	568.47	580.00	568.47	509.46	0.00	11.58	550.39	518.25	32.14	6.20	15
16	Bananas (Kela) Local	1 Dozen	150.00	165.10	200.00	130.00	144.68	160.00	150.00	165.10	200.00	80.00	160.13	280.00	162.66	146.52	-1.56	9.29	149.78	136.52	13.26	9.71	16
17	Pulse Masoor (Washed)	1 Kg	280.00	280.00	280.00	320.00	329.94	340.00	300.00	300.00	300.00	260.00	296.82	370.00	295.80	323.30	0.34	-8.19	303.70	320.39	-16.69	-5.21	17
18	Pulse Moong (Washed)	1 Kg	350.00	350.00	350.00	430.00	439.95	450.00	430.00	430.00	430.00	320.00	387.34	460.00	391.62	345.56	-1.09	12.09	377.95	292.91	85.04	29.03	18
19	Pulse Mash (Washed)	1 Kg	450.00	450.00	450.00	480.00	489.96	500.00	400.00	400.00	400.00	400.00	448.31	530.00	453.16	582.12	-1.07	-22.99	507.50	530.09	-22.59	-4.26	19
20	Pulse Gram	1 Kg	300.00	313.19	320.00	330.00	339.94	350.00	340.00	346.54	360.00	270.00	310.74	400.00	311.05	344.78	-0.10	-9.87	348.88	251.64	97.24	38.64	20
21	Potatoes	1 Kg	60.00	66.49	70.00	60.00	72.15	80.00	80.00	86.18	100.00	50.00	83.11	120.00	83.48	100.02	-0.44	-16.91	85.66	82.44	3.22	3.91	21
22	Onions	1 Kg	70.00	71.63	75.00	40.00	44.81	50.00	50.00	50.00	50.00	40.00	65.27	100.00	56.01	146.14	16.53	-55.34	96.52	128.06	-31.54	-24.63	22
23	Tomatoes	1 Kg	80.00	92.83	100.00	50.00	54.85	60.00	60.00	69.52	80.00	50.00	90.49	140.00	82.14	115.15	10.17	-21.42	100.95	110.14	-9.19	-8.34	23
24	Sugar Refined	1 Kg	180.00	180.00	180.00	178.00	180.49	182.00	182.00	182.99	185.00	172.00	178.67	190.00	179.33	146.75	-0.37	21.75	151.12	146.05	5.07	3.47	24
25	Gur (Average Quality)	1 Kg	240.00	243.29	250.00	220.00	229.91	240.00	230.00	236.62	240.00	200.00	239.25	300.00	239.31	215.66	-0.03	10.94	213.80	210.53	3.27	1.55	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	70.00	70.00	80.00	80.00	80.00	70.00	70.00	70.00	70.00	72.60	80.00	72.60	70.33	0.00	3.23	71.51	65.72	5.79	8.81	26
27	Chilies Powder NATIONAL 200 gm	Each	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	328.89	0.00	-2.70	321.81	374.34	-52.53	-14.03	27
28	Garlic (Lehsun)	1 Kg	400.00	400.00	400.00	330.00	344.87	360.00	400.00	430.89	500.00	250.00	376.79	620.00	378.17	512.17	-0.36	-26.43	538.57	518.54	20.03	3.86	28
29	Tea Lipton Yellow Label 190 gm Pack	Each	447.00	447.00	447.00	447.00	447.00	447.00	447.00	447.05	447.10	447.00	447.07	447.50	447.07	544.71	0.00	-17.93	509.02	556.48	-47.46	-8.53	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	300.00	300.00	350.00	359.91	370.00	330.00	343.20	350.00	200.00	310.95	450.00	310.95	284.47	0.00	9.31	297.24	272.13	25.11	9.23	30
31	Cooked Daal at Average Hotel	Per Plate	130.00	130.00	130.00	170.00	184.75	200.00	180.00	193.10	200.00	120.00	167.17	260.00	167.17	154.31	0.00	8.33	160.91	140.93	19.98	14.18	31
32	Tea Prepared Ordinary	Per Cup	50.00	50.00	50.00	80.00	80.00	80.00	50.00	50.00	50.00	40.00	61.57	80.00	61.38	60.49	0.31	1.79	60.95	56.87	4.08	7.17	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	250.00	250.00	240.00	244.95	250.00	240.00	243.29	250.00	230.00	243.02	250.00	242.73	231.93	0.12	4.78	234.79	222.49	12.30	5.53	33
34	Long Cloth 57" Gul Ahmed/AI Karam	1 mtr	700.00	700.00	700.00	700.00	748.89	800.00	400.00	400.00	400.00	400.00	656.91	800.00	656.91	617.00	0.00	6.47	625.57	568.18	57.39	10.10	34
35	Shirting (Average Quality)	1 mtr	450.00	476.22	500.00	220.00	229.85	240.00	350.00	372.77	400.00	220.00	499.58	900.00	499.58	469.66	0.00	6.37	480.39	415.53	64.86	15.61	35
36	Lawn Printed Gul Ahmed/AI Karam	1 mtr	650.00	650.00	650.00	700.00	748.89	800.00	400.00	400.00	400.00	400.00	656.59	820.00	656.59	611.82	0.00	7.32	622.49	560.31	62.18	11.10	36
37	Georgette (Average Quality)	1 mtr	250.00	250.00	250.00	200.00	219.62	240.00	250.00	282.31	300.00	200.00	301.90	450.00	301.90	285.34	0.00	5.80	292.81	261.61	31.20	11.93	37
38	Gents Sandal Bata	Pair	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	0.00	0.00	2499.00	2298.72	200.28	8.71	38
39	Gents Sponge Chappal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	0.00	0.00	599.00	599.00	0.00	0.00	39
40	Ladies Sandal Bata	Pair	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	899.00	0.00	55.62	1185.21	822.91	362.30	44.03	40
41	Electricity Charges for Q1*	Per Unit	5.66	5.66	5.66	5.66	5.66	5.66	5.66	5.66	5.66	5.66	5.66	5.66	5.66	6.29	0.00	-10.02	5.99	7.28	-1.29	-17.72	41
42	Gas Charges for Q1	MMBTU	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	1976.50	0.00	29.85	1976.50	944.61	1031.89	109.24	42
43	Firewood Whole	40 Kg	800.00	849.02	900.00	1300.00	1349.384																

A: Retail Prices of Fertilizers (50 kg/bag) for the Week Ended on 07-08-2025

No.	Description	Rawal-pindi	Gujran-wala	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Average Price for			% Change over	
															07-08-25	31-07-25	08-08-24	31-07-25	08-08-24
1	Sona Urea	4450	4250	4400	4400	4417	4225	4250	4550	4150	4266	4300	4333	5399	4405	4411	4768	-0.12	-7.61
2	Other Urea (Tara, Sarsabz, Shandar etc)	4300	4200	4300	4350	4467	4125	4250	N.A.	4200	N.A.	4200	4300	N.A.	4268	4276	4629	-0.18	-7.80
3	Calcium Ammonium Nitrate	4200	4000	4050	N.A.	4050	3950	4000	4150	4000	N.A.	N.A.	N.A.	N.A.	4049	4049	4368	0.00	-7.29
4	S.S Phosphate, Gr. 18%	N.A.	3200	3200	3200	3300	N.A.	N.A.	2449	N.A.	3512	3200	N.A.	N.A.	3135	3131	2868	0.14	9.33
5	Sulphate of Potash	N.A.	11000	12356	13800	11500	12400	13000	N.A.	N.A.	13513	12000	N.A.	N.A.	12413	12341	12547	0.58	-1.07
6	Nitro. Phosphate	N.A.	8450	8400	8400	8500	8175	8450	8250	8400	7232	8383	N.A.	N.A.	8256	8198	7519	0.70	9.80
7	DIA Amun. Phosphate	13000	13500	13400	13400	13400	13700	13400	12247	13200	13010	13383	13300	13900	13290	13224	11822	0.50	12.41
8	Nitro. Phosph. & Pot. (Npk)	9400	N.A.	8500	9600	8700	8550	10130	N.A.	N.A.	N.A.	9000	8300	9700	9078	9049	8995	0.32	0.93

B: Retail Prices of Cement (50 kg/bag) for the Week Ended on 07-08-2025

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for			% Change over	
																			07-08-25	31-07-25	08-08-24	31-07-25	08-08-24
1	Cement	1382	1380	1440	1420	1443	1360	1392	1409	1440	1367	1427	1465	1407	1350	1340	1510	1483	1412	1409	1456	0.19	-3.05

C: Prices of CNG (per litre for Punjab and per kg otherwise) for the Week Ended on 07-08-2025

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Avg. Price per	% change over Pre.	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Avg. Price per	% change over Pre. week
1	CNG	245.00	216.64	142.99	146.90	138.00	141.99	145.99	139.90	138.60	158.14	0.00	313.47	320.00	300.00	295.00	339.90	339.90	315.00	N.A.	317.20	0.00

D: Wage Rates for the Week Ended on 07-08-2025

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for			% Change over	
																				07-08-25	31-07-25	08-08-24	31-07-25	08-08-24
1	Painter	Daily	2173	2063	1500	1800	2047	1651	1600	1522	1433	1687	1722	1500	1566	1800	1800	1698	1500	1697	1697	1630	0.00	4.12
2	Mason (Raj)	Daily	2405	2211	2000	2000	2261	1864	1900	1733	1864	2083	1931	1533	1864	2000	2000	2194	1766	1966	1966	1864	0.00	5.49
3	Labourer	Daily	1500	1500	1200	1500	1547	1266	1383	1032	1000	1456	1012	832	866	1200	1000	1449	1166	1207	1207	1152	0.00	4.74
4	Plumber	Daily	1983	2022	1500	1800	1837	1500	2331	1727	1466	2010	2057	1500	1566	2200	1600	1498	1500	1750	1750	1685	0.00	3.83
5	Electrician	P/Point	469	461	250	230	219	200	273	224	200	400	393	200	230	332	170	317	293	273	273	264	0.00	3.09

E: Wheat Rates for the Week Ended on 07.08.2025

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for		% Change over	
																				07.08.2025	31.07.2025	31.07.2025	31.07.2025
1	Wheat	10 kg	689.95	689.95	612.00	612.00	637.50	600.00	593.31	612.37	612.50	650.00	753.32	600.00	600.00	660.00	640.00	639.95	700	639.94	640.51	-0.09	
2	Wheat Flour (Fine)	1 kg	113.24	113.90	90.00	86.00	102.78	81.63	90.00	98.59	90.00	93.68	106.60	85.00	78.30	82.76	78.00	111.99	90.00	92.96	93.11	-0.15	