

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Islamabad (01)			Rawalpindi (02)			Gujranwala (03)			Sialkot (04)			Lahore (05)			Faisalabad (06)			Sargodha (07)			SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	NO.
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	1
PRICES ON 10-07-2025																								
1	Wheat Flour Bag	20 Kg	1546.67	1580.95	1626.67	1546.67	1577.64	1613.33	1450.00	1450.00	1450.00	1467.00	1467.00	1467.00	1380.00	1392.35	1400.00	1400.00	1400.00	1400.00	1494.00	1494.00	1494.00	1
2	Rice Basmati Broken (Average Qua	1 Kg	250.00	266.53	280.00	240.00	256.54	270.00	180.00	180.00	180.00	180.00	180.00	180.00	190.00	195.97	210.00	220.00	220.00	220.00	170.00	170.00	170.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	160.00	178.64	200.00	150.00	161.55	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	160.00	160.00	170.00	176.60	180.00	3
4	Bread plain (Small Size)	Each	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	100.00	100.00	100.00	4
5	Beef with Bone (Average Quality)	1 Kg	1350.00	1378.95	1400.00	1300.00	1372.98	1400.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1000.00	1068.31	1100.00	1200.00	1200.00	1200.00	1000.00	1016.40	1050.00	5
6	Mutton (Average Quality)	1 Kg	2350.00	2387.23	2450.00	2300.00	2382.86	2450.00	2100.00	2100.00	2100.00	2100.00	2100.00	2100.00	2300.00	2332.86	2400.00	2200.00	2200.00	2200.00	2000.00	2066.12	2100.00	6
7	Chicken Farm Broiler (Live)	1 Kg	430.00	439.47	460.00	440.00	445.29	460.00	423.00	423.00	423.00	423.00	423.00	423.00	388.00	388.00	388.00	378.00	378.00	378.00	460.00	463.31	470.00	7
8	Milk fresh (Un-boiled)	1 Ltr	220.00	224.04	240.00	200.00	216.86	240.00	200.00	200.00	200.00	170.00	170.00	170.00	180.00	187.93	200.00	200.00	200.00	200.00	170.00	173.27	180.00	8
9	Curd (Dahi) Loose	1 Kg	240.00	241.64	250.00	220.00	241.06	260.00	220.00	220.00	220.00	180.00	180.00	180.00	220.00	220.47	230.00	240.00	240.00	240.00	220.00	220.00	220.00	9
10	Powdered Milk NIDO 390 gm Polyba	Each	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1040.00	1040.00	1040.00	10
11	Eggs Hen (Farm)	1 Dozen	255.00	266.94	280.00	253.00	260.49	270.00	250.00	256.62	260.00	260.00	260.00	260.00	252.00	252.00	252.00	250.00	250.00	250.00	252.00	252.00	252.00	11
12	Mustard Oil (Average Quality)	1 Kg	620.00	643.22	660.00	610.00	633.89	650.00	520.00	520.00	520.00	500.00	500.00	500.00	520.00	541.79	560.00	550.00	554.98	560.00	480.00	483.31	490.00	12
13	Cooking Oil DALDA or Other Similar	Each	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1485.00	1485.00	1485.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	14
15	Vegetable Ghee DALDA/HABIB or G	Each	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	560.00	560.00	560.00	569.00	569.00	569.00	15
16	Bananas (Kela) Local	1 Dozen	260.00	293.84	340.00	260.00	280.32	300.00	200.00	200.00	200.00	160.00	160.00	160.00	140.00	160.84	180.00	150.00	165.10	200.00	150.00	150.00	150.00	16
17	Pulse Masoor (Washed)	1 Kg	330.00	353.83	380.00	340.00	351.28	360.00	270.00	270.00	270.00	270.00	270.00	270.00	270.00	280.83	290.00	280.00	292.74	320.00	270.00	276.63	280.00	17
18	Pulse Moong (Washed)	1 Kg	420.00	441.41	470.00	390.00	411.19	430.00	380.00	380.00	380.00	370.00	370.00	370.00	380.00	389.48	400.00	360.00	363.30	370.00	400.00	400.00	400.00	18
19	Pulse Mash (Washed)	1 Kg	480.00	503.75	530.00	480.00	489.90	500.00	410.00	416.64	420.00	420.00	420.00	420.00	450.00	458.52	470.00	470.00	473.31	480.00	480.00	480.00	480.00	19
20	Pulse Gram	1 Kg	340.00	364.63	400.00	340.00	358.46	380.00	280.00	280.00	280.00	290.00	290.00	290.00	270.00	274.72	280.00	280.00	283.29	290.00	290.00	296.63	300.00	20
21	Potatoes	1 Kg	90.00	107.02	120.00	80.00	98.85	120.00	100.00	100.00	100.00	100.00	100.00	100.00	90.00	94.63	100.00	80.00	86.18	100.00	80.00	86.18	100.00	21
22	Onions	1 Kg	60.00	75.34	90.00	56.00	66.45	80.00	60.00	60.00	60.00	80.00	80.00	80.00	70.00	71.83	80.00	50.00	53.13	60.00	50.00	53.13	60.00	22
23	Tomatoes	1 Kg	100.00	119.58	140.00	80.00	101.33	120.00	120.00	120.00	120.00	100.00	100.00	100.00	140.00	146.56	160.00	100.00	103.23	110.00	100.00	100.00	100.00	23
24	Sugar Refined	1 Kg	190.00	196.23	200.00	190.00	195.63	200.00	190.00	190.00	190.00	192.00	192.00	192.00	190.00	190.66	192.00	185.00	185.00	185.00	185.00	185.00	185.00	24
25	Gur (Average Quality)	1 Kg	260.00	274.63	300.00	260.00	266.60	280.00	240.00	240.00	240.00	240.00	240.00	240.00	230.00	238.89	250.00	220.00	220.00	220.00	200.00	200.00	200.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	75.67	80.00	70.00	73.84	80.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	80.00	80.00	80.00	26
27	Chilies Powder NATIONAL 200 gm	Each	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	27
28	Garlic (Lehsun)	1 Kg	260.00	443.27	650.00	250.00	392.45	600.00	300.00	300.00	300.00	350.00	350.00	350.00	270.00	333.95	460.00	350.00	350.00	350.00	400.00	400.00	400.00	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	447.06	447.06	447.06	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.06	447.06	447.06	447.50	447.50	447.50	447.06	447.06	447.06	29
30	Cooked Beef at Average Hotel	Per Plate	350.00	354.07	380.00	300.00	334.26	350.00	450.00	450.00	450.00	350.00	350.00	350.00	270.00	291.76	300.00	300.00	315.82	350.00	300.00	300.00	300.00	30
31	Cooked Daal at Average Hotel	Per Plate	220.00	241.40	260.00	200.00	220.86	250.00	150.00	150.00	150.00	170.00	170.00	170.00	180.00	194.15	200.00	160.00	176.14	200.00	150.00	150.00	150.00	31
32	Tea Prepared Ordinary	Per Cup	70.00	70.00	70.00	60.00	68.58	70.00	60.00	60.00	60.00	50.00	50.00	50.00	60.00	60.00	60.00	60.00	63.16	70.00	60.00	60.00	60.00	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	250.00	250.00	230.00	244.50	250.00	230.00	230.00	230.00	230.00	230.00	230.00	240.00	240.00	240.00	230.00	230.00	230.00	240.00	240.00	240.00	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	720.00	738.24	750.00	680.00	721.62	770.00	667.00	667.00	667.00	660.00	660.00	660.00	790.00	790.00	790.00	550.00	566.19	600.00	700.00	700.00	700.00	34
35	Shirting (Average Quality)	1 mtr	650.00	701.62	750.00	620.00	654.44	680.00	600.00	600.00	600.00	450.00	450.00	450.00	400.00	428.70	450.00	850.00	866.35	900.00	600.00	600.00	600.00	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	630.00	662.12	700.00	580.00	628.70	670.00	748.00	748.00	748.00	650.00	650.00	650.00	765									

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Multan (08)			Bahawalpur (09)			Karachi (10)			Hyderabad (11)			Sukkur (12)			Larkana (13)			Peshawar (14)			SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	NO.
1	2	3	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	1
PRICES ON 10-07-2025																								
1	Wheat Flour Bag	20 Kg	1466.66	1497.48	1533.33	1400.00	1444.09	1466.66	1550.00	1644.26	1800.00	1640.00	1674.92	1700.00	1400.00	1400.00	1400.00	1500.00	1500.00	1500.00	1450.00	1493.81	1550.00	1
2	Rice Basmati Broken (Average Qua	1 Kg	180.00	193.10	200.00	180.00	186.43	200.00	260.00	277.50	290.00	200.00	206.46	220.00	180.00	180.00	180.00	230.00	236.62	240.00	200.00	206.61	210.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	150.00	158.86	160.00	170.00	170.00	170.00	160.00	175.78	190.00	140.00	146.54	160.00	150.00	150.00	150.00	110.00	113.24	120.00	120.00	124.93	130.00	3
4	Bread plain (Small Size)	Each	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	120.00	120.00	120.00	110.00	110.00	110.00	100.00	112.92	120.00	100.00	100.00	100.00	4
5	Beef with Bone (Average Quality)	1 Kg	1200.00	1200.00	1200.00	1000.00	1000.00	1000.00	1200.00	1292.61	1400.00	1100.00	1161.93	1200.00	1000.00	1000.00	1000.00	1100.00	1132.37	1200.00	800.00	1027.61	1200.00	5
6	Mutton (Average Quality)	1 Kg	2200.00	2249.51	2300.00	1800.00	1866.06	1900.00	2000.00	2163.89	2400.00	1900.00	1978.80	2000.00	1700.00	1700.00	1700.00	2000.00	2000.00	2000.00	1900.00	2019.61	2200.00	6
7	Chicken Farm Broiler (Live)	1 Kg	410.00	410.00	410.00	390.00	390.00	390.00	410.00	427.46	450.00	400.00	405.80	410.00	440.00	440.00	440.00	425.00	428.33	430.00	440.00	440.00	440.00	7
8	Milk fresh (Un-boiled)	1 Ltr	190.00	197.73	200.00	170.00	173.27	180.00	220.00	220.00	220.00	215.00	218.32	220.00	200.00	200.00	200.00	240.00	243.29	250.00	200.00	236.26	250.00	8
9	Curd (Dahi) Loose	1 Kg	230.00	235.50	240.00	200.00	206.46	220.00	320.00	335.48	360.00	300.00	314.88	320.00	220.00	220.00	220.00	280.00	286.51	300.00	240.00	258.78	270.00	9
10	Powdered Milk NIDO 390 gm Polyba	Each	1030.00	1030.00	1030.00	1100.00	1100.00	1100.00	1050.00	1062.62	1100.00	1090.00	1097.49	1100.00	1040.00	1040.00	1040.00	1030.00	1030.00	1030.00	1100.00	1100.00	1100.00	10
11	Eggs Hen (Farm)	1 Dozen	235.00	244.93	250.00	250.00	250.00	250.00	270.00	272.99	280.00	240.00	252.33	260.00	260.00	260.00	260.00	280.00	280.00	280.00	260.00	263.29	270.00	11
12	Mustard Oil (Average Quality)	1 Kg	580.00	580.00	580.00	450.00	459.79	480.00	500.00	540.58	650.00	400.00	416.52	440.00	400.00	400.00	400.00	480.00	486.58	500.00	600.00	629.68	650.00	12
13	Cooking Oil DALDA or Other Similar	Each	2915.00	2915.00	2915.00	2865.00	2865.00	2865.00	2915.00	2915.90	2945.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2915.00	2915.00	2915.00	2800.00	2817.75	2830.00	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1460.00	1460.00	1460.00	1460.00	1468.29	1485.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1485.00	1485.00	1485.00	1440.00	1446.66	1450.00	14
15	Vegetable Ghee DALDA/HABIB or (	Each	579.00	579.00	579.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	579.00	579.00	579.00	550.00	557.76	560.00	15
16	Bananas (Kela) Local	1 Dozen	240.00	257.45	280.00	180.00	180.00	180.00	120.00	149.37	180.00	90.00	108.59	120.00	150.00	157.37	200.00	120.00	139.25	150.00	180.00	193.40	230.00	16
17	Pulse Masoor (Washed)	1 Kg	320.00	327.72	340.00	260.00	266.62	270.00	280.00	297.31	320.00	280.00	299.78	320.00	300.00	300.00	300.00	280.00	280.00	280.00	290.00	296.63	300.00	17
18	Pulse Moong (Washed)	1 Kg	390.00	398.88	400.00	390.00	393.31	400.00	360.00	385.89	400.00	410.00	419.16	420.00	420.00	420.00	420.00	340.00	403.76	440.00	380.00	387.17	400.00	18
19	Pulse Mash (Washed)	1 Kg	460.00	471.03	480.00	430.00	436.64	440.00	400.00	408.34	440.00	420.00	421.63	440.00	440.00	440.00	440.00	530.00	530.00	530.00	430.00	438.88	440.00	19
20	Pulse Gram	1 Kg	320.00	326.57	340.00	280.00	293.18	300.00	300.00	318.77	350.00	290.00	297.47	300.00	300.00	306.52	320.00	320.00	320.00	330.00	336.63	340.00	20	
21	Potatoes	1 Kg	80.00	89.75	100.00	100.00	100.00	100.00	70.00	78.08	80.00	70.00	74.83	80.00	60.00	60.00	60.00	60.00	63.16	70.00	90.00	93.22	100.00	21
22	Onions	1 Kg	60.00	60.00	60.00	50.00	53.13	60.00	50.00	60.27	80.00	50.00	54.77	60.00	40.00	40.00	40.00	50.00	53.13	60.00	60.00	61.04	70.00	22
23	Tomatoes	1 Kg	80.00	88.46	100.00	100.00	106.27	120.00	80.00	102.28	120.00	80.00	87.12	100.00	80.00	80.00	80.00	80.00	83.20	90.00	70.00	80.91	90.00	23
24	Sugar Refined	1 Kg	185.00	187.88	190.00	180.00	181.65	185.00	190.00	192.54	200.00	185.00	188.32	190.00	180.00	180.00	180.00	190.00	191.65	195.00	190.00	190.00	190.00	24
25	Gur (Average Quality)	1 Kg	250.00	268.62	280.00	200.00	213.12	220.00	240.00	261.35	280.00	220.00	234.08	240.00	240.00	240.00	240.00	220.00	220.00	220.00	260.00	261.09	270.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	70.00	70.00	80.00	80.00	80.00	70.00	76.52	80.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	26
27	Chilies Powder NATIONAL 200 gm	Each	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	27
28	Garlic (Lehsun)	1 Kg	350.00	366.45	380.00	300.00	343.41	450.00	350.00	420.25	500.00	300.00	326.04	360.00	300.00	330.19	400.00	240.00	243.29	250.00	250.00	377.80	500.00	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	447.05	447.05	447.05	447.00	447.00	447.00	447.06	447.06	447.06	447.06	447.06	447.06	447.05	447.05	447.05	447.05	447.05	447.05	447.00	447.00	447.00	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	325.91	350.00	300.00	309.68	330.00	300.00	355.31	400.00	300.00	301.62	320.00	200.00	200.00	200.00	240.00	240.00	240.00	220.00	239.57	250.00	30
31	Cooked Daal at Average Hotel	Per Plate	140.00	141.08	150.00	170.00	173.27	180.00	160.00	183.05	200.00	160.00	172.25	180.00	150.00	154.92	160.00	120.00	120.00	120.00	120.00	133.72	160.00	31
32	Tea Prepared Ordinary	Per Cup	70.00	76.52	80.00	50.00	50.00	50.00	70.00	70.00	70.00	60.00	71.45	80.00	60.00	60.00	60.00	70.00	70.00	70.00	40.00	47.37	60.00	32
33	Cigarettes Capstan 20'S Packet	Each	240.00	240.00	240.00	240.00	240.00	240.00	250.00	250.00	250.00	250.00	250.00	250.00	240.00	240.00	240.00	220.00	220.00	220.00	250.00	250.00	250.00	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	800.00	800.00	800.00	780.00	793.28	800.00	700.00	731.42	750.00	500.00	512.99	540.00	500.00	500.00	500.00	600.00	646.33	750.00	642.00	642.00	642.00	34
35	Shirting (Average Quality)	1 mtr	480.00	520.70	535.00	580.00	586.59	600.00	550.00	629.40	700.00	450.00	464.76	480.00	220.00	229.58	250.00	450.00	482.74	500.00	650.00	656.62	670.00	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	738.46	738.46	738.46	816.66	818.89	820.00	700.00	720.79	750.00	500.00	500.00	500.00	550.00	550.								

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Bannu (15)			Quetta (16)			Khuzdar (17)			National Average			National Ave.		% Change over		Yearly Average Prices				SL.	
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	Prv. Wk	Cor. Wk	Prv. Wk	Cor. Wk	24-25	23-24	Diff	% Chng	NO.	
1	2	3	46	47	48	49	50	51	52	53	54	56	57	58	59	60	61	62	63	64	65	66	1	

PRICES ON 10-07-2025

1	Wheat Flour Bag	20 Kg	1400.00	1416.47	1450.00	1580.00	1589.98	1600.00	1600.00	1600.00	1600.00	1380.00	1504.79	1800.00	1505.10	1934.03	-0.02	-22.19	1742.07	2575.18	-833.11	-32.35	1
2	Rice Basmati Broken (Average Quality)	1 Kg	140.00	140.00	140.00	260.00	269.92	280.00	200.00	203.28	210.00	140.00	206.53	290.00	204.81	206.76	0.84	-0.11	205.37	222.46	-17.09	-7.68	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	150.00	150.00	150.00	150.00	159.87	170.00	150.00	150.00	150.00	110.00	154.28	200.00	154.27	161.50	0.01	-4.47	159.01	165.12	-6.11	-3.70	3
4	Bread plain (Small Size)	Each	100.00	100.00	100.00	120.00	120.00	120.00	100.00	100.00	100.00	100.00	108.83	120.00	108.83	110.80	0.00	-1.78	109.13	113.60	-4.47	-3.93	4
5	Beef with Bone (Average Quality)	1 Kg	900.00	900.00	900.00	980.00	999.87	1020.00	1000.00	1000.00	1000.00	800.00	1107.04	1400.00	1107.04	965.09	0.00	14.71	1034.77	847.36	187.41	22.12	5
6	Mutton (Average Quality)	1 Kg	1600.00	1600.00	1600.00	1900.00	1973.80	2100.00	1700.00	1766.03	1800.00	1600.00	2039.72	2450.00	2039.72	1901.14	0.00	7.29	1965.06	1746.19	218.87	12.53	6
7	Chicken Farm Broiler (Live)	1 Kg	440.00	440.00	440.00	450.00	462.45	470.00	420.00	426.64	430.00	378.00	424.66	470.00	346.34	373.25	22.61	13.77	420.40	395.28	25.12	6.35	7
8	Milk fresh (Un-boiled)	1 Ltr	170.00	176.60	180.00	200.00	200.00	200.00	200.00	200.00	200.00	170.00	201.09	250.00	200.57	192.84	0.26	4.28	197.12	185.03	12.09	6.53	8
9	Curd (Dahi) Loose	1 Kg	180.00	193.10	200.00	220.00	220.00	220.00	220.00	220.00	220.00	180.00	235.46	360.00	233.92	226.75	0.66	3.84	230.31	215.67	14.64	6.79	9
10	Powdered Milk NIDO 390 gm Polybag	Each	1000.00	1016.40	1050.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1000.00	1076.98	1100.00	1076.67	984.38	0.03	9.41	1034.91	819.69	215.22	26.26	10
11	Eggs Hen (Farm)	1 Dozen	250.00	250.00	250.00	260.00	267.41	280.00	260.00	260.00	260.00	235.00	258.61	280.00	256.76	246.02	0.72	5.12	290.19	298.22	-8.03	-2.69	11
12	Mustard Oil (Average Quality)	1 Kg	450.00	466.08	500.00	570.00	597.21	620.00	580.00	593.26	600.00	400.00	527.11	660.00	531.40	495.49	-0.81	6.38	534.48	508.77	25.71	5.05	12
13	Cooking Oil DALDA or Other Similar	Each	3000.00	3000.00	3000.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2800.00	2878.79	3000.00	2884.66	2669.05	-0.20	7.86	2800.37	2810.06	-9.69	-0.34	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1425.00	1425.00	1425.00	1460.00	1460.00	1460.00	1480.00	1480.00	1480.00	1425.00	1461.70	1485.00	1461.99	1299.72	-0.02	12.46	1408.25	1345.28	62.97	4.68	14
15	Vegetable Ghee DALDA/HABIB or Other	Each	550.00	550.00	550.00	569.00	569.00	569.00	580.00	580.00	580.00	550.00	568.47	580.00	567.89	505.49	0.10	12.46	550.39	518.25	32.14	6.20	15
16	Bananas (Kela) Local	1 Dozen	180.00	186.43	200.00	120.00	134.66	150.00	150.00	165.10	200.00	90.00	175.24	340.00	174.06	160.90	0.68	8.91	149.78	136.52	13.26	9.71	16
17	Pulse Masoor (Washed)	1 Kg	270.00	270.00	270.00	320.00	329.94	340.00	280.00	286.51	300.00	260.00	295.88	380.00	295.32	326.46	0.19	-9.37	303.70	320.39	-16.69	-5.21	17
18	Pulse Moong (Washed)	1 Kg	380.00	380.00	380.00	440.00	449.95	460.00	430.00	430.00	430.00	340.00	400.69	470.00	402.34	337.02	-0.41	18.89	377.95	292.91	85.04	29.03	18
19	Pulse Mash (Washed)	1 Kg	460.00	460.00	460.00	500.00	509.96	520.00	400.00	416.02	450.00	400.00	455.96	530.00	454.91	573.24	0.23	-20.46	507.50	530.09	-22.59	-4.26	19
20	Pulse Gram	1 Kg	320.00	320.00	320.00	350.00	359.94	370.00	340.00	346.54	360.00	270.00	314.82	400.00	314.36	329.92	0.15	-4.58	348.88	251.64	97.24	38.64	20
21	Potatoes	1 Kg	70.00	73.19	80.00	60.00	69.70	80.00	80.00	80.00	80.00	60.00	84.42	120.00	82.13	97.00	2.79	-12.97	85.66	82.44	3.22	3.91	21
22	Onions	1 Kg	40.00	43.09	50.00	40.00	49.58	60.00	40.00	46.42	50.00	40.00	56.76	90.00	53.42	113.62	6.25	-50.04	96.52	128.06	-31.54	-24.63	22
23	Tomatoes	1 Kg	60.00	63.16	70.00	30.00	39.47	50.00	50.00	56.46	60.00	30.00	89.07	160.00	78.51	163.90	13.45	-45.66	100.95	110.14	-9.19	-8.34	23
24	Sugar Refined	1 Kg	185.00	185.00	185.00	185.00	186.50	188.00	185.00	186.33	188.00	180.00	188.44	200.00	184.92	145.88	1.90	29.17	151.12	146.05	5.07	3.47	24
25	Gur (Average Quality)	1 Kg	220.00	233.14	240.00	220.00	229.91	240.00	230.00	236.62	240.00	200.00	239.03	300.00	234.60	212.17	1.89	12.66	213.80	210.53	3.27	1.55	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	70.00	70.00	80.00	80.00	80.00	70.00	70.00	70.00	70.00	72.60	80.00	72.60	70.29	0.00	3.29	71.51	65.72	5.79	8.81	26
27	Chilies Powder NATIONAL 200 gm	Each	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	333.24	0.00	-3.97	321.81	374.34	-52.53	-14.03	27
28	Garlic (Lehsun)	1 Kg	400.00	432.67	450.00	320.00	334.86	350.00	550.00	582.85	600.00	240.00	365.88	650.00	357.44	473.91	2.36	-22.80	538.57	518.54	20.03	3.86	28
29	Tea Lipton Yellow Label 190 gm Packet	Each	447.00	447.00	447.00	447.00	447.00	447.00	447.00	447.05	447.10	447.00	447.07	447.50	447.07	544.71	0.00	-17.93	509.02	556.48	-47.46	-8.53	29
30	Cooked Beef at Average Hotel	Per Plate	250.00	250.00	250.00	340.00	344.98	350.00	330.00	343.20	350.00	200.00	306.86	450.00	306.86	282.63	0.00	8.57	297.24	272.13	25.11	9.23	30
31	Cooked Daal at Average Hotel	Per Plate	130.00	130.00	130.00	160.00	174.74	190.00	180.00	193.10	200.00	120.00	166.59	260.00	166.59	152.49	0.00	9.25	160.91	140.93	19.98	14.18	31
32	Tea Prepared Ordinary	Per Cup	50.00	50.00	50.00	80.00	80.00	80.00	50.00	50.00	50.00	40.00	61.38	80.00	61.38	60.01	0.00	2.28	60.95	56.87	4.08	7.17	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	250.00	250.00	240.00	244.95	250.00	240.00	243.29	250.00	220.00	240.59	250.00	240.59	231.93	0.00	3.73	234.79	222.49	12.30	5.53	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	700.00	700.00	700.00	700.00	748.89	800.00	400.00	400.00	400.00	400.00	655.45	800.00	655.45	617.00	0.00	6.23	625.57	568.18	57.39	10.10	34
35	Shirting (Average Quality)	1 mtr	450.00	476.22	500.00	220.00	229.85	240.00	350.00	372.77	400.00	220.00	498.82	900.00	498.82	464.86	0.00	7.31	480.39	415.53	64.86	15.61	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	650.00	650.00	650.00	700.00	748.89	800.00	400.00	400.00	400.00	400.00	656.59	820.00	656.59	608.59	0.00	7.89	622.49	560.31	62.18	11.10	36
37	Georgette (Average Quality)	1 mtr	250.00	250.00	250.00	200.00	219.62	240.00	250.00	282.31	300.00	200.00	301.90	450.00	301.90	281.62	0.00	7.20	292.81	261.61	31.20	11.93	37
38	Gents Sandal Bata	Pair	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	0.00	0.00	2499.00	2298.72	200.28	8.71	38
39	Gents Sponge Chappal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	0.00	0.00	599.00	599.00	0.00	0.00	39
40	Ladies Sandal Bata	Pair	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	899.00	0.00	55.62	1185.21	822.91	362.30	44.03	40
41	Electricity Charges for Q1*	Per Unit	4.66	4.66	4.66	4.66	4.66	4.66	4.66	4.66	4.66	4.66	4.66	4.66	4.66	7.47	0.00	-37.62	5.99	7.28	-1.29	-17.72	41
42	Gas Charges for Q1	MMBTU	1976.50	1976.50	1976.50	1976.50	1976.50	1976.50	0.00	0.00	0.00	1976.50	1976.50	1976.50	1976.50	1976.50	0.00	0.00	1976.50	944.61	1031.89	109.24	42
43	Firewood Whole	40 Kg	800.00	849.02	900.00	1300.00	1349.38	1400.00	1000.00														

A: Retail Prices of Fertilizers (50 kg/bag) for the Week Ended on 10-07-2025

No.	Description	Rawal-pindi	Gujran-wala	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Average Price for			% Change over	
															10-07-25	03-07-25	11-07-24	03-07-25	11-07-24
1	Sona Urea	4450	4250	4650	4400	4417	4325	4300	4550	4250	4299	4300	4350	5099	4429	4434	4757	-0.12	-6.91
2	Other Urea (Tara, Sarsabz, Shandar etc)	4300	4230	4550	4400	4467	4225	4400	N.A.	4250	N.A.	4200	4250	N.A.	4326	4331	4618	-0.11	-6.34
3	Calcium Ammonium Nitrate	4200	4000	4200	N.A.	4100	3950	4033	4150	4100	N.A.	N.A.	N.A.	N.A.	4091	4100	4310	-0.23	-5.09
4	S.S Phosphate, Gr. 18%	N.A.	3200	3000	3000	3300	N.A.	N.A.	2449	N.A.	3375	3100	N.A.	N.A.	3047	3047	2693	0.00	13.14
5	Sulphate of Potash	N.A.	10500	12356	13800	11500	12400	13000	N.A.	N.A.	11883	12000	N.A.	N.A.	12145	12050	12529	0.78	-3.07
6	Nitro. Phosphate	N.A.	8250	8200	8300	8300	8000	8200	8250	8200	7097	8033	N.A.	N.A.	8075	8063	7361	0.16	9.70
7	DIA Amun. Phosphate	13000	13000	12699	13150	13200	12950	13100	12247	12700	12853	12917	13000	13400	12937	12901	11359	0.28	13.88
8	Nitro. Phosph. & Pot. (Npk)	9400	N.A.	8500	9600	8700	8550	9800	N.A.	N.A.	N.A.	8900	8200	9400	8990	8984	8948	0.07	0.47

B: Retail Prices of Cement (50 kg/bag) for the Week Ended on 10-07-2025

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for			% Change over	
																			10-07-25	03-07-25	11-07-24	03-07-25	11-07-24
1	Cement	1359	1354	1410	1380	1435	1360	1367	1397	1430	1351	1432	1550	1416	1337	1300	1485	1500	1402	1404	1433	-0.10	-2.14

C: Prices of CNG (per litre for Punjab and per kg otherwise) for the Week Ended on 10-07-2025

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Avg. Price per	% change over Pre.	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Avg. Price per	% change over Pre. week
1	CNG	245.00	216.64	142.99	146.90	138.00	141.99	145.99	139.90	138.60	158.14	0.00	313.47	320.00	300.00	295.00	339.90	339.90	315.00	N.A.	317.20	0.00

D: Wage Rates for the Week Ended on 10-07-2025

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for			% Change over	
																				10-07-25	03-07-25	11-07-24	03-07-25	11-07-24
1	Painter	Daily	2173	2063	1500	1800	2047	1651	1600	1522	1433	1687	1722	1500	1566	1800	1800	1698	1500	1697	1697	1611	0.00	5.37
2	Mason (Raj)	Daily	2405	2211	2000	2000	2261	1864	1900	1733	1864	2083	1931	1533	1800	2000	2000	2194	1766	1962	1962	1854	0.00	5.81
3	Labourer	Daily	1500	1500	1200	1500	1547	1266	1383	1032	1000	1444	1012	832	833	1200	1000	1449	1166	1203	1203	1151	0.00	4.57
4	Plumber	Daily	1983	2022	1500	1800	1837	1500	2331	1727	1466	2010	2057	1500	1566	2200	1600	1498	1500	1750	1750	1678	0.00	4.29
5	Electrician	P/Point	469	461	250	230	219	200	273	224	200	400	393	200	230	332	170	317	293	273	273	262	0.00	4.06

E: Wheat Rates for the Week Ended on 10.07.2025

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for		% Change over	
																				10.07.2025	03.07.2025	03.07.2025	03.07.2025
1	Wheat	10 kg	689.95	689.95	625.00	625.00	653.98	600.00	613.33	612.37	612.50	650.00	753.32	650.00	600.00	660.00	660.00	639.95	700	647.95	648.68	-0.11	
2	Wheat Flour (Fine)	1 kg	113.24	113.90	90.00	88.00	112.28	80.00	90.00	98.59	90.00	95.71	106.60	85.00	78.30	83.21	82.00	115.00	90.00	94.03	93.97	0.07	