

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Islamabad (01)			Rawalpindi (02)			Gujranwala (03)			Sialkot (04)			Lahore (05)			Faisalabad (06)			Sargodha (07)			SL.
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	NO.
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	1
PRICES ON 31-07-2025																								
1	Wheat Flour Bag	20 Kg	1506.67	1561.93	1600.00	1493.33	1548.52	1600.00	1400.00	1400.00	1400.00	1427.00	1427.00	1427.00	1350.00	1354.25	1380.00	1400.00	1400.00	1400.00	1467.00	1467.00	1467.00	1
2	Rice Basmati Broken (Average Qua	1 Kg	250.00	266.53	280.00	240.00	256.54	270.00	180.00	180.00	180.00	180.00	180.00	180.00	190.00	195.97	210.00	220.00	220.00	220.00	170.00	171.65	175.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	160.00	178.64	200.00	150.00	161.55	180.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	160.00	160.00	160.00	180.00	180.00	180.00	3
4	Bread plain (Small Size)	Each	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	100.00	100.00	100.00	4
5	Beef with Bone (Average Quality)	1 Kg	1350.00	1378.95	1400.00	1300.00	1372.98	1400.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1000.00	1068.31	1100.00	1200.00	1200.00	1200.00	1000.00	1016.40	1050.00	5
6	Mutton (Average Quality)	1 Kg	2350.00	2387.23	2450.00	2300.00	2382.86	2450.00	2100.00	2100.00	2100.00	2100.00	2100.00	2100.00	2300.00	2332.86	2400.00	2200.00	2200.00	2200.00	2000.00	2066.12	2100.00	6
7	Chicken Farm Broiler (Live)	1 Kg	390.00	405.13	430.00	390.00	396.62	410.00	383.00	383.00	383.00	383.00	383.00	383.00	383.00	383.00	383.00	390.00	390.00	390.00	405.00	408.33	410.00	7
8	Milk fresh (Un-boiled)	1 Ltr	220.00	229.85	240.00	200.00	216.86	240.00	200.00	200.00	200.00	170.00	170.00	170.00	180.00	187.93	200.00	200.00	200.00	200.00	170.00	173.27	180.00	8
9	Curd (Dahi) Loose	1 Kg	240.00	248.30	250.00	220.00	241.06	260.00	220.00	220.00	220.00	180.00	180.00	180.00	220.00	220.47	230.00	240.00	240.00	240.00	220.00	220.00	220.00	9
10	Powdered Milk NIDO 390 gm Polyba	Each	1120.00	1138.28	1150.00	1130.00	1140.65	1150.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1120.00	1120.00	1120.00	10
11	Eggs Hen (Farm)	1 Dozen	277.00	285.53	295.00	277.00	284.90	290.00	300.00	300.00	300.00	290.00	290.00	290.00	276.00	276.00	276.00	280.00	280.00	280.00	276.00	276.00	276.00	11
12	Mustard Oil (Average Quality)	1 Kg	620.00	643.22	660.00	610.00	633.89	650.00	500.00	500.00	500.00	500.00	500.00	500.00	520.00	541.79	560.00	550.00	554.98	560.00	480.00	483.31	490.00	12
13	Cooking Oil DALDA or Other Similar	Each	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1485.00	1485.00	1485.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	14
15	Vegetable Ghee DALDA/HABIB or G	Each	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	560.00	560.00	560.00	569.00	569.00	569.00	569.00	15
16	Bananas (Kela) Local	1 Dozen	240.00	263.63	300.00	240.00	253.14	280.00	150.00	150.00	150.00	160.00	160.00	160.00	150.00	168.34	180.00	130.00	151.97	180.00	150.00	150.00	150.00	16
17	Pulse Masoor (Washed)	1 Kg	320.00	347.14	370.00	330.00	343.93	360.00	270.00	270.00	270.00	270.00	270.00	270.00	270.00	276.15	280.00	280.00	292.74	320.00	270.00	276.63	280.00	17
18	Pulse Moong (Washed)	1 Kg	400.00	432.96	460.00	380.00	400.48	420.00	340.00	340.00	340.00	350.00	350.00	350.00	370.00	378.52	390.00	360.00	363.30	370.00	380.00	393.22	400.00	18
19	Pulse Mash (Washed)	1 Kg	480.00	503.75	530.00	480.00	489.90	500.00	400.00	403.31	410.00	420.00	420.00	420.00	450.00	458.52	470.00	470.00	473.31	480.00	480.00	480.00	480.00	19
20	Pulse Gram	1 Kg	340.00	364.63	400.00	340.00	358.46	380.00	280.00	280.00	280.00	280.00	280.00	280.00	270.00	274.72	280.00	280.00	283.29	290.00	280.00	280.00	280.00	20
21	Potatoes	1 Kg	80.00	99.26	120.00	85.00	99.90	120.00	90.00	90.00	90.00	90.00	90.00	90.00	80.00	84.57	100.00	80.00	98.65	120.00	80.00	91.58	120.00	21
22	Onions	1 Kg	60.00	72.39	90.00	55.00	63.81	70.00	60.00	60.00	60.00	60.00	60.00	60.00	50.00	52.67	60.00	50.00	50.00	50.00	60.00	60.00	60.00	22
23	Tomatoes	1 Kg	100.00	122.82	140.00	100.00	105.10	120.00	100.00	112.92	120.00	100.00	103.23	110.00	90.00	101.96	120.00	80.00	86.18	100.00	80.00	80.00	80.00	23
24	Sugar Refined	1 Kg	172.00	176.56	185.00	173.00	176.95	185.00	185.00	185.00	185.00	185.00	185.00	185.00	173.00	173.00	173.00	173.00	180.87	190.00	173.00	173.00	173.00	24
25	Gur (Average Quality)	1 Kg	260.00	274.63	300.00	260.00	266.60	280.00	240.00	240.00	240.00	240.00	240.00	240.00	240.00	248.90	260.00	220.00	220.00	220.00	200.00	200.00	200.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	75.67	80.00	70.00	73.84	80.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	80.00	80.00	80.00	26
27	Chilies Powder NATIONAL 200 gm	Each	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	27
28	Garlic (Lehsun)	1 Kg	260.00	410.53	620.00	250.00	343.80	480.00	300.00	300.00	300.00	350.00	350.00	350.00	300.00	360.50	480.00	350.00	350.00	350.00	450.00	450.00	450.00	28
29	Tea Lipton Yellow Label 190 gm Pa	Each	447.06	447.06	447.06	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.05	447.06	447.06	447.06	447.50	447.50	447.50	447.06	447.06	447.06	29
30	Cooked Beef at Average Hotel	Per Plate	350.00	354.07	380.00	300.00	334.26	350.00	450.00	450.00	450.00	350.00	350.00	350.00	270.00	291.76	300.00	300.00	315.82	350.00	300.00	300.00	300.00	30
31	Cooked Daal at Average Hotel	Per Plate	220.00	241.40	260.00	200.00	220.86	250.00	150.00	150.00	150.00	170.00	170.00	170.00	180.00	194.15	200.00	160.00	176.14	200.00	150.00	150.00	150.00	31
32	Tea Prepared Ordinary	Per Cup	70.00	70.00	70.00	60.00	68.58	70.00	60.00	60.00	60.00	50.00	50.00	50.00	60.00	60.00	60.00	60.00	63.16	70.00	60.00	60.00	60.00	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	250.00	250.00	230.00	244.50	250.00	230.00	230.00	230.00	230.00	230.00	230.00	240.00	240.00	240.00	240.00	244.95	250.00	240.00	240.00	240.00	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	720.00	738.24	750.00	680.00	721.62	770.00	667.00	667.00	667.00	660.00	660.00	660.00	790.00	790.00	790.00	550.00	566.19	600.00	700.00	700.00	700.00	34
35	Shirting (Average Quality)	1 mtr	650.00	701.62	750.00	620.00	654.44	680.00	600.00	600.00	600.00	450.00	450.00	450.00	400.00	428.70	450.00	850.00	866.35	900.00	600.00	600.00	600.00	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	630.00	662.12	700.00	580.00	628.70	670.00	748.00	748.00	748.00	650.00	650.00	650.00	765.00	784								

CONSUMER PRICES OF ESSENTIAL ITEMS

SL. NO.	DESCRIPTION	UNIT	Multan (08)			Bahawalpur (09)			Karachi (10)			Hyderabad (11)			Sukkur (12)			Larkana (13)			Peshawar (14)			SL. NO.
1	2	3	MIN 25	AVG 26	MAX 27	MIN 28	AVG 29	MAX 30	MIN 31	AVG 32	MAX 33	MIN 34	AVG 35	MAX 36	MIN 37	AVG 38	MAX 39	MIN 40	AVG 41	MAX 42	MIN 43	AVG 44	MAX 45	1

PRICES ON 31-07-2025

1	Wheat Flour Bag	20 Kg	1400.00	1448.62	1466.66	1400.00	1444.09	1466.66	1500.00	1636.77	1750.00	1640.00	1669.91	1680.00	1360.00	1360.00	1360.00	1400.00	1413.21	1440.00	1400.00	1455.09	1500.00	1
2	Rice Basmati Broken (Average Quality)	1 Kg	180.00	193.10	200.00	180.00	186.43	200.00	270.00	279.32	290.00	200.00	206.46	220.00	180.00	180.00	180.00	230.00	236.62	240.00	220.00	220.55	225.00	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	130.00	140.92	150.00	170.00	176.60	180.00	170.00	178.04	190.00	140.00	144.08	150.00	150.00	154.92	160.00	110.00	116.57	120.00	120.00	124.93	130.00	3
4	Bread plain (Small Size)	Each	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	110.00	120.00	120.00	120.00	110.00	110.00	110.00	100.00	112.92	120.00	100.00	100.00	100.00	4
5	Beef with Bone (Average Quality)	1 Kg	1200.00	1200.00	1200.00	1000.00	1000.00	1000.00	1200.00	1292.61	1400.00	1100.00	1170.39	1200.00	1000.00	1000.00	1000.00	1100.00	1165.70	1200.00	800.00	1038.55	1200.00	5
6	Mutton (Average Quality)	1 Kg	2200.00	2249.51	2300.00	1800.00	1866.06	1900.00	2000.00	2170.15	2400.00	2000.00	2024.54	2100.00	1700.00	1700.00	1700.00	2000.00	2000.00	2000.00	1900.00	2019.61	2200.00	6
7	Chicken Farm Broiler (Live)	1 Kg	388.00	388.00	388.00	375.00	375.00	375.00	420.00	430.73	460.00	400.00	409.12	420.00	400.00	400.00	400.00	400.00	401.66	405.00	400.00	400.00	400.00	7
8	Milk fresh (Un-boiled)	1 Ltr	190.00	197.73	200.00	170.00	173.27	180.00	220.00	220.00	220.00	215.00	218.32	220.00	200.00	200.00	200.00	240.00	243.29	250.00	200.00	238.41	250.00	8
9	Curd (Dahi) Loose	1 Kg	230.00	235.50	240.00	200.00	206.46	220.00	320.00	335.48	360.00	300.00	314.88	320.00	220.00	220.00	220.00	280.00	286.51	300.00	240.00	260.96	270.00	9
10	Powdered Milk NIDO 390 gm Polybag	Each	1030.00	1030.00	1030.00	1100.00	1100.00	1100.00	1050.00	1065.34	1100.00	1090.00	1097.49	1100.00	1080.00	1080.00	1080.00	1030.00	1030.00	1030.00	1100.00	1100.00	1100.00	10
11	Eggs Hen (Farm)	1 Dozen	270.00	273.85	280.00	290.00	290.00	290.00	295.00	301.33	310.00	290.00	299.15	300.00	300.00	300.00	300.00	290.00	296.63	300.00	290.00	293.30	300.00	11
12	Mustard Oil (Average Quality)	1 Kg	580.00	580.00	580.00	450.00	459.79	480.00	500.00	540.58	650.00	400.00	424.81	450.00	400.00	400.00	400.00	480.00	486.58	500.00	600.00	629.68	650.00	12
13	Cooking Oil DALDA or Other Similar	Each	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2915.00	2915.00	2915.00	2800.00	2817.75	2830.00	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1460.00	1460.00	1460.00	1460.00	1468.29	1485.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1460.00	1485.00	1485.00	1485.00	1440.00	1446.66	1450.00	14
15	Vegetable Ghee DALDA/HABIB or C	Each	579.00	579.00	579.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	569.00	579.00	579.00	579.00	550.00	557.76	560.00	15
16	Bananas (Kela) Local	1 Dozen	180.00	201.90	220.00	180.00	186.43	200.00	100.00	131.54	160.00	100.00	111.22	120.00	150.00	157.37	200.00	100.00	106.27	120.00	170.00	188.02	220.00	16
17	Pulse Masoor (Washed)	1 Kg	310.00	322.16	330.00	260.00	266.62	270.00	280.00	306.32	340.00	280.00	299.78	320.00	300.00	300.00	300.00	280.00	280.00	280.00	290.00	297.75	300.00	17
18	Pulse Moong (Washed)	1 Kg	390.00	398.88	400.00	390.00	393.31	400.00	360.00	385.58	400.00	400.00	409.90	420.00	420.00	420.00	420.00	340.00	362.41	400.00	380.00	387.17	400.00	18
19	Pulse Mash (Washed)	1 Kg	460.00	471.03	480.00	430.00	436.64	440.00	400.00	408.34	440.00	420.00	421.63	440.00	440.00	440.00	440.00	480.00	493.24	500.00	430.00	438.88	440.00	19
20	Pulse Gram	1 Kg	320.00	322.20	330.00	280.00	293.18	300.00	300.00	317.84	350.00	290.00	297.47	300.00	300.00	306.52	320.00	320.00	320.00	320.00	330.00	335.52	340.00	20
21	Potatoes	1 Kg	90.00	97.69	100.00	100.00	100.00	100.00	60.00	76.30	90.00	70.00	73.19	80.00	60.00	60.00	60.00	60.00	60.00	60.00	90.00	93.22	100.00	21
22	Onions	1 Kg	60.00	60.00	60.00	50.00	56.46	60.00	40.00	54.58	70.00	40.00	47.29	50.00	40.00	40.00	40.00	50.00	56.46	60.00	70.00	75.39	80.00	22
23	Tomatoes	1 Kg	60.00	76.03	90.00	80.00	80.00	80.00	60.00	86.18	120.00	60.00	72.68	80.00	60.00	60.00	60.00	80.00	86.18	100.00	90.00	99.78	110.00	23
24	Sugar Refined	1 Kg	178.00	179.78	180.00	180.00	180.00	180.00	180.00	184.05	190.00	175.00	179.16	180.00	173.00	173.00	173.00	173.00	174.33	175.00	180.00	183.83	190.00	24
25	Gur (Average Quality)	1 Kg	250.00	268.62	280.00	200.00	213.12	220.00	240.00	263.17	280.00	220.00	234.91	240.00	240.00	240.00	240.00	200.00	213.12	220.00	260.00	261.09	270.00	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	70.00	70.00	80.00	80.00	80.00	70.00	76.52	80.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	26
27	Chilies Powder NATIONAL 200 gm	Each	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	27
28	Garlic (Lehsun)	1 Kg	350.00	366.45	380.00	400.00	425.06	480.00	360.00	441.56	560.00	360.00	384.73	400.00	300.00	330.19	400.00	280.00	280.00	280.00	300.00	388.50	500.00	28
29	Tea Lipton Yellow Label 190 gm Packet	Each	447.05	447.05	447.05	447.00	447.00	447.00	447.06	447.06	447.06	447.06	447.06	447.06	447.05	447.05	447.05	447.05	447.05	447.05	447.00	447.00	447.00	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	325.91	350.00	300.00	309.68	330.00	300.00	355.31	400.00	300.00	301.62	320.00	200.00	200.00	200.00	240.00	240.00	240.00	220.00	239.57	250.00	30
31	Cooked Daal at Average Hotel	Per Plate	140.00	141.08	150.00	170.00	173.27	180.00	170.00	183.70	200.00	160.00	172.25	180.00	150.00	154.92	160.00	120.00	120.00	120.00	120.00	133.72	160.00	31
32	Tea Prepared Ordinary	Per Cup	70.00	76.52	80.00	50.00	50.00	50.00	70.00	70.00	70.00	60.00	71.45	80.00	60.00	60.00	60.00	70.00	70.00	70.00	40.00	47.37	60.00	32
33	Cigarettes Capstan 20'S Packet	Each	240.00	240.00	240.00	240.00	240.00	240.00	250.00	250.00	250.00	250.00	250.00	250.00	240.00	240.00	240.00	240.00	240.00	240.00	250.00	250.00	250.00	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	800.00	800.00	800.00	780.00	793.28	800.00	700.00	731.42	750.00	500.00	532.80	550.00	500.00	500.00	500.00	600.00	646.33	750.00	642.00	642.00	642.00	34
35	Shirting (Average Quality)	1 mtr	480.00	520.70	535.00	580.00	586.59	600.00	550.00	629.40	700.00	450.00	476.90	500.00	220.00	229.58	250.00	450.00	482.74	500.00	650.00	656.62	670.00	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	738.46	738.46	738.46	816.66	818.89	820.00	700.00	720.79	750.00	500.00	500.00	500.00	550.00	550.00	550.00	600.00	632.89	650.00	702.00	702.00	702.00	36
37	Georgette (Average Quality)	1 mtr	300.00	327.54	350.00	300.00	300.00	300.00	300.00	336.11	400.00	300.00	311.51	320.00	200.00	206.46	220.00	300.00	332.47	350.00	230.00	239.86	250.00	37
38	Gents Sandal Bata	Pair	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	38
39	Gents Sponge Chappal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	39
40	Ladies Sandal Bata	Pair	1399.00	139																				

CONSUMER PRICES OF ESSENTIAL ITEMS

SL.			Bannu (15)			Quetta (16)			Khuzdar (17)			National Average			National Ave.		% Change over		Yearly Average Prices				SL.	
NO.	DESCRIPTION	UNIT	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	MIN	AVG	MAX	Prv. Wk	Cor. Wk	Prv. Wk	Cor. Wk	24-25	23-24	Diff	% Chng	NO.	
1	2	3	46	47	48	49	50	51	52	53	54	56	57	58	59	60	61	62	63	64	65	66	1	

PRICES ON 31-07-2025

1	Wheat Flour Bag	20 Kg	1370.00	1379.93	1400.00	1540.00	1549.98	1560.00	1600.00	1600.00	1600.00	1350.00	1474.42	1750.00	1483.11	1912.43	-0.59	-22.90	1742.07	2575.18	-833.11	-32.35	1
2	Rice Basmati Broken (Average Quality)	1 Kg	140.00	140.00	140.00	260.00	269.92	280.00	200.00	203.28	210.00	140.00	207.53	290.00	207.53	208.46	0.00	-0.45	205.37	222.46	-17.09	-7.68	2
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	150.00	150.00	150.00	150.00	159.87	170.00	150.00	150.00	150.00	110.00	154.22	200.00	154.41	163.04	-0.12	-5.41	159.01	165.12	-6.11	-3.70	3
4	Bread plain (Small Size)	Each	100.00	100.00	100.00	120.00	120.00	120.00	100.00	100.00	100.00	100.00	108.83	120.00	108.83	110.75	0.00	-1.73	109.13	113.60	-4.47	-3.93	4
5	Beef with Bone (Average Quality)	1 Kg	900.00	900.00	900.00	1000.00	1049.21	1100.00	1000.00	1000.00	1000.00	800.00	1113.24	1400.00	1112.08	975.12	0.10	14.16	1034.77	847.36	187.41	22.12	5
6	Mutton (Average Quality)	1 Kg	1600.00	1600.00	1600.00	2000.00	2073.86	2200.00	1700.00	1766.03	1800.00	1600.00	2048.77	2450.00	2046.01	1909.80	0.13	7.28	1965.06	1746.19	218.87	12.53	6
7	Chicken Farm Broiler (Live)	1 Kg	415.00	415.00	415.00	430.00	442.45	450.00	450.00	453.31	460.00	375.00	403.25	460.00	423.39	456.75	-4.76	-11.71	420.40	395.28	25.12	6.35	7
8	Milk fresh (Un-boiled)	1 Ltr	170.00	176.60	180.00	200.00	200.00	200.00	200.00	200.00	200.00	170.00	201.50	250.00	201.50	194.63	0.00	3.53	197.12	185.03	12.09	6.53	8
9	Curd (Dahi) Loose	1 Kg	200.00	200.00	200.00	220.00	220.00	220.00	220.00	220.00	220.00	180.00	236.45	360.00	236.45	228.20	0.00	3.62	230.31	215.67	14.64	6.79	9
10	Powdered Milk NIDO 390 gm Polybag	Each	1000.00	1016.40	1050.00	1100.00	1100.00	1100.00	1100.00	1100.00	1100.00	1000.00	1088.75	1150.00	1083.45	1030.96	0.49	5.61	1034.91	819.69	215.22	26.26	10
11	Eggs Hen (Farm)	1 Dozen	300.00	300.00	300.00	290.00	294.97	300.00	280.00	286.51	300.00	270.00	289.75	310.00	284.64	261.17	1.80	10.94	290.19	298.22	-8.03	-2.69	11
12	Mustard Oil (Average Quality)	1 Kg	450.00	466.08	500.00	570.00	597.21	620.00	580.00	593.26	600.00	400.00	526.51	660.00	526.51	497.37	0.00	5.86	534.48	508.77	25.71	5.05	12
13	Cooking Oil DALDA or Other Similar	Each	3000.00	3000.00	3000.00	2865.00	2865.00	2865.00	2865.00	2865.00	2865.00	2800.00	2872.88	3000.00	2872.88	2678.52	0.00	7.26	2800.37	2810.06	-9.69	-0.34	13
14	Vegetable Ghee DALDA/HABIB 2.5	Each	1425.00	1425.00	1425.00	1460.00	1460.00	1460.00	1480.00	1480.00	1480.00	1425.00	1461.70	1485.00	1461.70	1301.20	0.00	12.33	1408.25	1345.28	62.97	4.68	14
15	Vegetable Ghee DALDA/HABIB or Other	Each	550.00	550.00	550.00	569.00	569.00	569.00	580.00	580.00	580.00	550.00	568.47	580.00	568.47	507.81	0.00	11.95	550.39	518.25	32.14	6.20	15
16	Bananas (Kela) Local	1 Dozen	150.00	165.10	200.00	120.00	134.66	150.00	150.00	165.10	200.00	100.00	162.66	300.00	167.64	148.82	-2.97	9.30	149.78	136.52	13.26	9.71	16
17	Pulse Masoor (Washed)	1 Kg	280.00	280.00	280.00	320.00	329.94	340.00	280.00	286.51	300.00	260.00	295.80	370.00	296.50	325.52	-0.24	-9.13	303.70	320.39	-16.69	-5.21	17
18	Pulse Moong (Washed)	1 Kg	380.00	380.00	380.00	440.00	449.95	460.00	430.00	430.00	430.00	340.00	391.62	460.00	397.77	342.71	-1.55	14.27	377.95	292.91	85.04	29.03	18
19	Pulse Mash (Washed)	1 Kg	460.00	460.00	460.00	500.00	509.96	520.00	400.00	416.02	450.00	400.00	453.16	530.00	455.96	576.54	-0.61	-21.40	507.50	530.09	-22.59	-4.26	19
20	Pulse Gram	1 Kg	300.00	300.00	300.00	340.00	349.94	360.00	340.00	346.54	360.00	270.00	311.05	400.00	312.85	341.55	-0.58	-8.93	348.88	251.64	97.24	38.64	20
21	Potatoes	1 Kg	60.00	66.49	70.00	60.00	72.15	80.00	80.00	86.18	100.00	60.00	83.48	120.00	84.09	99.32	-0.73	-15.95	85.66	82.44	3.22	3.91	21
22	Onions	1 Kg	60.00	60.00	60.00	40.00	44.81	50.00	50.00	50.00	50.00	40.00	56.01	90.00	56.00	110.52	0.02	-49.32	96.52	128.06	-31.54	-24.63	22
23	Tomatoes	1 Kg	60.00	60.00	60.00	40.00	44.81	50.00	60.00	63.16	70.00	40.00	82.14	140.00	99.27	142.38	-17.26	-42.31	100.95	110.14	-9.19	-8.34	23
24	Sugar Refined	1 Kg	180.00	180.00	180.00	180.00	182.49	184.00	180.00	182.32	185.00	172.00	179.33	190.00	180.04	147.40	-0.39	21.66	151.12	146.05	5.07	3.47	24
25	Gur (Average Quality)	1 Kg	220.00	233.14	240.00	220.00	229.91	240.00	230.00	236.62	240.00	200.00	239.31	300.00	239.21	215.15	0.04	11.23	213.80	210.53	3.27	1.55	25
26	Salt Powdered (NATIONAL/SHAN)	Each	70.00	70.00	70.00	80.00	80.00	80.00	70.00	70.00	70.00	70.00	72.60	80.00	72.60	70.33	0.00	3.23	71.51	65.72	5.79	8.81	26
27	Chilies Powder NATIONAL 200 gm	Each	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	320.00	333.24	0.00	-3.97	321.81	374.34	-52.53	-14.03	27
28	Garlic (Lehsun)	1 Kg	400.00	400.00	400.00	340.00	354.87	370.00	550.00	582.85	600.00	250.00	378.17	620.00	377.25	496.16	0.24	-23.78	538.57	518.54	20.03	3.86	28
29	Tea Lipton Yellow Label 190 gm Packet	Each	447.00	447.00	447.00	447.00	447.00	447.00	447.00	447.05	447.10	447.00	447.07	447.50	447.07	544.71	0.00	-17.93	509.02	556.48	-47.46	-8.53	29
30	Cooked Beef at Average Hotel	Per Plate	300.00	300.00	300.00	350.00	359.91	370.00	330.00	343.20	350.00	200.00	310.95	450.00	307.63	284.47	1.08	9.31	297.24	272.13	25.11	9.23	30
31	Cooked Daal at Average Hotel	Per Plate	130.00	130.00	130.00	170.00	184.75	200.00	180.00	193.10	200.00	120.00	167.17	260.00	167.17	154.31	0.00	8.33	160.91	140.93	19.98	14.18	31
32	Tea Prepared Ordinary	Per Cup	50.00	50.00	50.00	80.00	80.00	80.00	50.00	50.00	50.00	40.00	61.38	80.00	61.38	60.49	0.00	1.47	60.95	56.87	4.08	7.17	32
33	Cigarettes Capstan 20'S Packet	Each	250.00	250.00	250.00	240.00	244.95	250.00	240.00	243.29	250.00	230.00	242.73	250.00	242.42	231.73	0.13	4.75	234.79	222.49	12.30	5.53	33
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	700.00	700.00	700.00	700.00	748.89	800.00	400.00	400.00	400.00	400.00	656.91	800.00	656.91	617.00	0.00	6.47	625.57	568.18	57.39	10.10	34
35	Shirting (Average Quality)	1 mtr	450.00	476.22	500.00	220.00	229.85	240.00	350.00	372.77	400.00	220.00	499.58	900.00	499.58	469.66	0.00	6.37	480.39	415.53	64.86	15.61	35
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	650.00	650.00	650.00	700.00	748.89	800.00	400.00	400.00	400.00	400.00	656.59	820.00	656.59	611.82	0.00	7.32	622.49	560.31	62.18	11.10	36
37	Georgette (Average Quality)	1 mtr	250.00	250.00	250.00	200.00	219.62	240.00	250.00	282.31	300.00	200.00	301.90	450.00	301.90	281.62	0.00	7.20	292.81	261.61	31.20	11.93	37
38	Gents Sandal Bata	Pair	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	2499.00	0.00	0.00	2499.00	2298.72	200.28	8.71	38
39	Gents Sponge Chappal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	0.00	0.00	599.00	599.00	0.00	0.00	39
40	Ladies Sandal Bata	Pair	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	1399.00	899.00	0.00	55.62	1185.21	822.91	362.30	44.03	40
41	Electricity Charges for Q1*	Per Unit	5.66	5.66	5.66	5.66	5.66	5.66	5.66	5.66	5.66	5.66	5.66	5.66	5.66	6.29	0.00	-10.02	5.99	7.28	-1.29	-17.72	41
42	Gas Charges for Q1	MMBTU	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	2566.50	1976.50	0.00	29.85	1976.50	944.61	1031.89	109.24	42
43	Firewood Whole	40 Kg	800.00	849.02	900.00	1300.00	1349.38	1400.00															

A: Retail Prices of Fertilizers (50 kg/bag) for the Week Ended on 31-07-2025

No.	Description	Rawal-pindi	Gujran-wala	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Average Price for 31-07-25 24-07-25 01-08-24			% Change over 24-07-25 01-08-24	
1	Sona Urea	4450	4200	4400	4400	4417	4225	4300	4550	4200	4266	4300	4350	5399	4411	4415	4759	-0.09	-7.33
2	Other Urea (Tara, Sarsabz, Shandar etc)	4300	4200	4300	4350	4467	4125	4300	N.A.	4225	N.A.	4200	4300	N.A.	4276	4279	4649	-0.07	-8.03
3	Calcium Ammonium Nitrate	4200	4000	4050	N.A.	4000	3950	4000	4150	4050	N.A.	N.A.	N.A.	N.A.	4049	4062	4355	-0.31	-7.03
4	S.S Phosphate, Gr. 18%	N.A.	3200	3200	3200	3300	N.A.	N.A.	2449	N.A.	3478	3200	N.A.	N.A.	3131	3122	2841	0.28	10.20
5	Sulphate of Potash	N.A.	10500	12356	13800	11500	12400	13000	N.A.	N.A.	13513	12000	N.A.	N.A.	12341	12341	12483	0.00	-1.14
6	Nitro. Phosphate	N.A.	8350	8400	8300	8500	8125	8300	8250	8300	7232	8300	N.A.	N.A.	8198	8169	7529	0.36	8.89
7	DIA Amun. Phosphate	13000	13500	13400	13400	13300	13297	13200	12247	13200	13010	13267	13250	13900	13224	13110	11745	0.87	12.59
8	Nitro. Phosph. & Pot. (Npk)	9400	N.A.	8500	9600	8700	8550	9900	N.A.	N.A.	N.A.	9000	8250	9700	9049	9043	9008	0.07	0.46

B: Retail Prices of Cement (50 kg/bag) for the Week Ended on 31-07-2025

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for 31-07-25 24-07-25 01-08-24			% Change over 24-07-25 01-08-24	
1	Cement	1376	1375	1440	1410	1443	1360	1400	1397	1423	1367	1427	1465	1407	1350	1320	1510	1500	1409	1406	1454	0.19	-3.10

C: Prices of CNG (per litre for Punjab and per kg otherwise) for the Week Ended on 31-07-2025

No.	Description	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Avg. Price per	% change over Pre.	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Avg. Price per	% change over Pre. week
1	CNG	245.00	216.64	142.99	146.90	138.00	141.99	145.99	139.90	138.60	158.14	0.00	313.47	320.00	300.00	295.00	339.90	339.90	315.00	N.A.	317.20	0.00

D: Wage Rates for the Week Ended on 31-07-2025

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for 31-07-25 24-07-25 01-08-24			% Change over 24-07-25 01-08-24	
1	Painter	Daily	2173	2063	1500	1800	2047	1651	1600	1522	1433	1687	1722	1500	1566	1800	1800	1698	1500	1697	1697	1630	0.00	4.12
2	Mason (Raj)	Daily	2405	2211	2000	2000	2261	1864	1900	1733	1864	2083	1931	1533	1864	2000	2000	2194	1766	1966	1966	1864	0.00	5.49
3	Labourer	Daily	1500	1500	1200	1500	1547	1266	1383	1032	1000	1456	1012	832	866	1200	1000	1449	1166	1207	1207	1152	0.00	4.74
4	Plumber	Daily	1983	2022	1500	1800	1837	1500	2331	1727	1466	2010	2057	1500	1566	2200	1600	1498	1500	1750	1750	1685	0.00	3.83
5	Electrician	P/Point	469	461	250	230	219	200	273	224	200	400	393	200	230	332	170	317	293	273	273	264	0.00	3.09

E: Wheat Rates for the Week Ended on 31.07.2025

No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price for		% Change over
																				31.07.2025	24.07.2025	
1	Wheat	10 kg	689.95	689.95	612.00	612.00	637.50	600.00	593.31	612.37	612.50	660.00	753.32	600.00	600.00	660.00	640.00	639.95	700	640.51	641.54	-0.16
2	Wheat Flour (Fine)	1 kg	113.24	113.90	90.00	86.00	102.78	81.63	90.00	98.59	90.00	95.65	106.60	85.00	78.30	83.21	78.00	111.99	90.00	93.11	93.32	-0.23