

## Average Monthly Prices of 53 Essential Items for the month of February 2020

| S. No. | Description                      | Unit    | Islamabad | Rawalpindi | Gujranpindi | Sialkot | Lahore | Faisalabad | Sargodha | Multan | Bahawalpur | Karachi | Hyderabad | Sukkur | Larkana | Peshawar | Bannu  | Quetta | Khuzdar | Average Prices |        |        | %change Feb 20 over |        |       |
|--------|----------------------------------|---------|-----------|------------|-------------|---------|--------|------------|----------|--------|------------|---------|-----------|--------|---------|----------|--------|--------|---------|----------------|--------|--------|---------------------|--------|-------|
|        |                                  |         |           |            |             |         |        |            |          |        |            |         |           |        |         |          |        |        |         | 20 Jan         | 20 Feb | 19 Feb | Jan 20              | Feb 19 |       |
| 1      | Wheat                            | 10 Kg   | 446.25    | 448.75     | 450.00      | 450.00  | 451.67 | 407.50     | 425.00   | 422.19 | 430.31     | 507.50  | 440.00    | 450.00 | 438.75  | 427.50   | 447.50 | 543.75 | 480.00  | 450.98         | 459.95 | 355.14 | -1.95               | 26.99  |       |
| 2      | Wheat Flour, Bag                 | 10 Kg   | 425.31    | 402.50     | 402.50      | 405.50  | 404.00 | 402.50     | 403.00   | 403.00 | 402.50     | 581.16  | 537.50    | 478.75 | 493.75  | 438.33   | 491.25 | 523.75 | 518.75  | 453.77         | 478.89 | 395.24 | -5.25               | 14.81  |       |
| 3      | Rice Basmati Broken, (AQ)        | 1 Kg    | 100.63    | 90.83      | 77.50       | 70.00   | 74.82  | 90.00      | 75.00    | 90.00  | 60.00      | 92.17   | 91.25     | 67.50  | 95.00   | 85.83    | 53.75  | 112.50 | 85.00   | 83.05          | 82.85  | 78.14  | 0.24                | 6.28   |       |
| 4      | Rice Irri-6 (Punjab/Sindh)       | 1 Kg    | 71.25     | 72.50      | 60.00       | 47.50   | 57.00  | 65.00      | 75.00    | 57.50  | 50.00      | 67.36   | 57.50     | 55.00  | 45.50   | 61.46    | 62.50  | 82.50  | 62.50   | 61.77          | 61.64  | 56.50  | 0.21                | 9.33   |       |
| 5      | Bread Plain, Medium Size         | Each    | 55.00     | 55.00      | 50.00       | 45.00   | 55.00  | 55.00      | 50.00    | 55.00  | 55.00      | 55.00   | 60.00     | 60.00  | 53.75   | 50.00    | 40.00  | 55.00  | 40.00   | 51.99          | 51.47  | 43.59  | 1.01                | 19.27  |       |
| 6      | Beef With Bone, (AQ)             | 1 Kg    | 513.76    | 491.36     | 400.00      | 450.00  | 450.00 | 450.00     | 440.00   | 430.00 | 365.00     | 538.27  | 455.00    | 400.00 | 425.00  | 397.50   | 400.00 | 420.00 | 400.00  | 436.82         | 433.97 | 400.15 | 0.66                | 9.16   |       |
| 7      | Mutton, Average Quality          | 1 Kg    | 1067.19   | 1046.88    | 900.00      | 900.00  | 962.50 | 1000.00    | 950.00   | 875.00 | 725.00     | 957.69  | 875.00    | 800.00 | 875.00  | 845.83   | 710.00 | 890.00 | 800.00  | 892.95         | 887.76 | 819.25 | 0.58                | 9.00   |       |
| 8      | Chicken Farm, Broiler, Live      | 1 Kg    | 172.95    | 160.50     | 157.25      | 157.25  | 154.75 | 162.25     | 160.00   | 170.62 | 157.00     | 173.18  | 169.85    | 175.00 | 155.00  | 173.50   | 179.25 | 178.75 | 202.50  | 168.21         | 171.92 | 151.73 | -2.16               | 10.86  |       |
| 9      | Milk, Fresh, Unboiled            | 1 Ltr   | 109.06    | 109.06     | 90.00       | 80.00   | 80.00  | 95.00      | 75.00    | 86.67  | 74.38      | 108.27  | 96.00     | 100.00 | 110.00  | 102.50   | 95.00  | 110.00 | 90.00   | 94.76          | 94.61  | 87.08  | 0.16                | 8.82   |       |
| 10     | Curd (Dahi)                      | 1 Kg    | 122.66    | 117.71     | 100.00      | 90.00   | 100.00 | 100.00     | 90.00    | 104.17 | 85.00      | 160.00  | 120.00    | 110.00 | 120.00  | 116.67   | 105.00 | 120.00 | 100.00  | 109.48         | 109.41 | 102.95 | 0.06                | 6.34   |       |
| 11     | Powdered Milk, Nido, Polybag     | 400 gm  | 471.80    | 471.80     | 471.79      | 470.00  | 460.00 | 482.00     | 471.79   | 471.79 | 471.80     | 461.53  | 471.79    | 475.21 | 471.79  | 460.00   | 461.53 | 500.00 | 460.00  | 470.86         | 462.21 | 405.97 | 1.87                | 15.98  |       |
| 12     | Eggs Hen, Farm                   | Dozen   | 100.06    | 91.96      | 96.88       | 93.75   | 92.75  | 100.00     | 89.50    | 86.88  | 87.50      | 98.62   | 99.85     | 95.00  | 88.75   | 102.17   | 111.25 | 127.50 | 140.00  | 100.14         | 128.72 | 111.67 | -22.20              | -10.33 |       |
| 13     | Mustard Oil, Average Quality     | 1 Kg    | 262.81    | 266.46     | 219.38      | 207.50  | 217.50 | 220.00     | 237.50   | 215.00 | 200.00     | 211.01  | 200.32    | 185.63 | 250.00  | 233.75   | 200.00 | 230.00 | 200.00  | 220.99         | 215.61 | 191.37 | 2.50                | 15.48  |       |
| 14     | Cooking Oil, Tin, (SN)           | 2.5 Ltr | 660.00    | 660.00     | 702.00      | 610.00  | 570.00 | 660.00     | 660.00   | 660.00 | 660.00     | 670.00  | 642.50    | 607.50 | 648.75  | 645.00   | 635.00 | 647.50 | 635.00  | 645.49         | 597.38 | 512.82 | 8.05                | 25.87  |       |
| 15     | Vegetable Ghee, Tin, (SN)        | 2.5 Kg  | 655.00    | 655.00     | 655.00      | 633.00  | 655.00 | 655.00     | 655.00   | 655.00 | 655.00     | 655.00  | 631.25    | 583.75 | 638.75  | 655.00   | 627.19 | 638.75 | 560.00  | 638.98         | 576.36 | 490.88 | 10.86               | 30.17  |       |
| 16     | Vegetable Ghee (Loose)           | 1 Kg    | 214.54    | 213.96     | 210.63      | 212.50  | 210.00 | 209.13     | 207.75   | 207.08 | 210.00     | 221.10  | 248.00    | 200.00 | 192.50  | 254.00   | 220.00 | 245.00 | 180.00  | 215.07         | 207.83 | 158.98 | 3.48                | 35.28  |       |
| 17     | Bananas                          | Dozen   | 144.69    | 118.85     | 86.25       | 90.00   | 101.43 | 57.50      | 65.00    | 95.83  | 75.00      | 71.83   | 60.94     | 75.00  | 71.25   | 82.71    | 83.13  | 70.00  | 73.13   | 83.68          | 75.80  | 74.46  | 10.40               | 12.38  |       |
| 18     | Pulse Masoor, Washed             | 1 Kg    | 159.38    | 140.00     | 171.25      | 180.00  | 138.48 | 155.00     | 160.00   | 137.92 | 140.00     | 143.51  | 127.97    | 127.50 | 131.25  | 135.42   | 140.00 | 150.00 | 145.63  | 146.08         | 146.70 | 121.70 | -0.42               | 20.03  |       |
| 19     | Pulse Moong, Washed              | 1 Kg    | 247.50    | 234.17     | 237.50      | 230.00  | 217.50 | 235.00     | 220.00   | 225.83 | 240.00     | 244.33  | 230.63    | 245.00 | 238.75  | 235.42   | 240.00 | 255.00 | 240.00  | 236.27         | 230.89 | 125.25 | 2.33                | 88.64  |       |
| 20     | Pulse Mash, Washed               | 1 Kg    | 236.25    | 231.67     | 241.88      | 240.00  | 233.93 | 252.50     | 220.00   | 206.25 | 237.50     | 223.56  | 203.75    | 210.00 | 190.00  | 224.58   | 230.00 | 267.50 | 212.50  | 227.17         | 225.64 | 152.99 | 0.68                | 48.49  |       |
| 21     | Pulse Gram, Washed               | 1 Kg    | 171.09    | 164.06     | 141.88      | 136.25  | 146.34 | 152.50     | 153.75   | 145.42 | 157.50     | 164.62  | 152.82    | 148.75 | 138.75  | 160.84   | 160.00 | 187.50 | 167.50  | 155.86         | 158.95 | 126.02 | -1.94               | 23.68  |       |
| 22     | Potatoes                         | 1 Kg    | 52.81     | 44.79      | 40.00       | 40.00   | 39.28  | 36.25      | 32.50    | 36.46  | 36.88      | 40.05   | 36.57     | 33.75  | 33.75   | 42.29    | 40.63  | 42.50  | 42.50   | 39.47          | 45.74  | 21.51  | -13.71              | 83.50  |       |
| 23     | Onions                           | 1 Kg    | 84.38     | 75.83      | 67.50       | 68.75   | 59.73  | 61.88      | 56.25    | 56.46  | 56.25      | 59.04   | 53.99     | 52.50  | 53.75   | 68.34    | 57.50  | 65.00  | 63.75   | 62.41          | 61.25  | 28.60  | 1.89                | 118.22 |       |
| 24     | Tomatoes                         | 1 Kg    | 64.07     | 55.21      | 52.50       | 48.75   | 51.25  | 50.00      | 40.00    | 47.50  | 51.25      | 39.40   | 32.74     | 37.50  | 40.63   | 48.96    | 41.25  | 47.50  | 50.63   | 47.01          | 110.30 | 108.53 | -57.38              | -56.68 |       |
| 25     | Sugar, Refined                   | 1 Kg    | 84.86     | 81.35      | 79.75       | 80.00   | 81.77  | 79.38      | 79.00    | 79.17  | 80.00      | 78.67   | 76.50     | 76.00  | 76.63   | 82.00    | 79.50  | 80.00  | 77.94   | 79.56          | 75.83  | 59.14  | 4.92                | 34.53  |       |
| 26     | Gur, Average Quality             | 1 Kg    | 136.25    | 130.83     | 119.00      | 110.00  | 131.25 | 122.50     | 113.75   | 104.58 | 112.50     | 135.00  | 131.56    | 107.50 | 107.50  | 118.33   | 111.25 | 125.00 | 130.00  | 119.87         | 119.30 | 87.13  | 0.48                | 37.58  |       |
| 27     | Salt Powder, Loose, Lahori       | 1 Kg    | 16.25     | 14.50      | 15.00       | 15.00   | 20.54  | 10.00      | 10.00    | 15.00  | 12.00      | 20.00   | 15.00     | 10.00  | 10.00   | 15.00    | 12.00  | 10.00  | 10.00   | 13.55          | 13.55  | 12.35  | 0.00                | 9.72   |       |
| 28     | Red Chilly Powder, Loose         | 1 Kg    | 566.25    | 551.67     | 461.88      | 530.00  | 478.57 | 555.00     | 530.00   | 515.00 | 452.50     | 512.12  | 487.50    | 490.00 | 420.00  | 406.67   | 475.00 | 470.00 | 290.00  | 481.89         | 461.31 | 347.71 | 4.46                | 38.59  |       |
| 29     | Garlic                           | 1 Kg    | 425.16    | 406.88     | 364.38      | 375.00  | 381.07 | 360.00     | 383.75   | 368.75 | 390.00     | 447.55  | 353.75    | 357.50 | 328.75  | 389.79   | 390.00 | 387.50 | 337.50  | 379.25         | 296.54 | 165.78 | 27.89               | 128.77 |       |
| 30     | Tea, Lipton Yellow Label, Packet | 200 gm  | 242.11    | 242.11     | 242.11      | 242.00  | 242.00 | 242.10     | 242.10   | 242.10 | 242.10     | 242.11  | 242.10    | 242.10 | 242.10  | 242.10   | 242.10 | 242.10 | 242.10  | 242.16         | 242.09 | 242.09 | 219.50              | 0.00   | 10.29 |
| 31     | Cooked Beef, Average Hotel       | Plate   | 142.50    | 134.58     | 160.00      | 155.00  | 131.43 | 185.00     | 140.00   | 105.00 | 130.00     | 116.73  | 100.00    | 120.00 | 100.00  | 140.00   | 105.00 | 140.00 | 200.00  | 135.60         | 133.84 | 115.31 | 1.32                | 17.60  |       |
| 32     | Cooked Daal, Average Hotel       | Plate   | 95.00     | 89.17      | 60.00       | 60.00   | 80.00  | 75.00      | 63.75    | 48.75  | 70.00      | 73.65   | 60.00     | 70.00  | 65.00   | 70.00    | 60.00  | 95.00  | 87.50   | 71.93          | 70.50  | 62.92  | 2.03                | 14.32  |       |
| 33     | Tea Prepared, Average Hotel      | Cup     | 28.13     | 27.08      | 30.00       | 25.00   | 25.00  | 27.50      | 24.17    | 27.50  | 24.90      | 35.00   | 30.00     | 32.50  | 20.00   | 22.50    | 22.00  | 27.50  | 26.84   | 25.97          | 22.63  | 3.35   | 18.60               |        |       |
| 34     | Cigarettes, K-2, 20's            | Packet  | 80.00     | 80.00      | 80.00       | 80.00   | 80.00  | 80.00      | 80.00    | 80.00  | 80.00      | 80.00   | 80.00     | 80.00  | 76.00   | 80.00    | 90.00  | 60.00  | 70.00   | 78.00          | 76.82  | 59.71  | 1.54                | 30.63  |       |
| 35     | Long Cloth                       | 1 mtr   | 282.50    | 275.00     | 210.00      | 200.00  | 295.00 | 237.50     | 300.00   | 376.00 | 338.25     | 200.00  | 350.00    | 375.00 | 315.00  | 450.00   | 440.00 | 550.00 | 250.00  | 320.25         | 317.24 | 240.59 | 0.95                | 33.11  |       |
| 36     | Shirting                         | 1 mtr   | 268.75    | 265.00     | 218.75      | 200.00  | 165.00 | 135.00     | 200.00   | 250.00 | 155.00     | 183.85  | 165.00    | 175.00 | 225.00  | 429.17   | 245.00 | 165.00 | 170.00  | 213.85         | 211.35 | 180.75 | 1.18                | 18.31  |       |
| 37     | Lawn                             | 1 mtr   | 260.00    | 240.00     | 245.00      | 270.00  | 337.50 | 280.00     | 393.34   | 200.00 | 420.50     | 421.54  | 320.00    | 393.00 | 500.00  | 430.00   | 469.50 | 500.00 | 250.00  | 348.85         | 348.85 | 288.61 | 0.00                | 20.87  |       |
| 38     | Georgette                        | 1 mtr   | 185.00    | 183.75     | 193.75      | 170.00  | 157.86 | 165.00     | 180.00   | 105.00 | 110.00     | 144.62  | 120.00    | 150.00 | 170.00  | 130.00   | 120.00 | 110.00 | 170.00  | 150.88         | 149.49 | 133.25 | 0.93                | 13.23  |       |
| 39     | Sandal Bata (Gents)              | Pair    | 699.00    | 699.00     | 699.00      | 699.00  | 699.00 | 699.00     | 699.00   | 699.00 | 699.00     | 699.00  | 699.00    | 699.00 | 699.00  | 699.00   | 699.00 | 699.00 | 699.00  | 699.00         | 699.00 | 699.00 | 0.00                | 0.00   |       |
| 40     | Chappal Spounge Bata (Gents)     | Pair    | 199.00    | 199.00     | 199.00      | 199.00  | 199.00 | 199.00     | 199.00   | 199.00 | 199.00     | 199.00  | 199.00    | 199.00 | 199.00  | 199.00   | 199.00 | 199.00 | 199.00  | 199.00         | 199.00 | 199.00 | 0.00                | 0.00   |       |
| 41     | Sandal Bata (Ladies)             | Pair    | 599.00    | 699.00     | 599.00      | 599.00  | 599.00 | 599.00     | 599.00   | 599.00 | 599.00     | 599.00  | 599.00    | 599.00 | 599.00  | 599.00   | 599.00 | 599.00 | 599.00  | 604.88         | 604.88 | 599.00 | 0.00                | 0.98   |       |
| 42     | Elec. Charges, Upto 50 Units     | Unit    | 2.00      | 2.00       | 2.00        | 2.00    | 2.00   | 2.00       | 2.00     | 2.00   | 2.00       | 2.00    | 2.00      | 2.00   | 2.00    | 2.00     | 2.00   | 2.00   | 2.00    | 2.00           | 2.00   | 2.00   | 0.00                | 0.00   |       |
| 43     | Gas Charges, Upto 3.3719 MMBTU   | MMBTU   | 246.29    | 246.29     | 246.29      | 246.29  | 246.29 | 246.29     | 246.29   | 246.29 | 246.29     | 246.29  | 246.29    | 246.29 | 246.29  | 246.29   | 246.29 | 246.29 | 246.29  | 246.29         | 246.29 | 145.08 | 0.00                | 69.76  |       |
| 44     | Kerosene Oil                     | 1 Ltr   | 152.50    | 150.00     | 140.00      | 142.00  | 135.00 | 139.00     | 120.00   | 140.00 | 142.00     | 145.58  | 140.00    | 127.50 | 147.50  | 137.67   | 124.50 | 112.00 | 100.00  | 135.01         | 134.88 | 120.77 | 0.10                | 11.79  |       |
| 45     | Firewood Whole                   | 40 Kg   | 950.00    | 820.83     | 800.00      | 700.00  | 849.11 | 700.00     | 575.00   | 750.00 | 700.00     | 686.78  | 650.00    | 500.00 | 550.00  | 787.50   | 520.00 | 675.00 | 725.00  | 702.31         | 685.65 | 647.24 | 2.43                | 8.51   |       |
| 46     | Energy Saver (14 watts)          | Each    | 175.00    | 175.00     | 170.00      | 155.00  | 210.00 | 165.00     | 180.00   | 200.00 | 180.00     | 180.00  | 230.00    | 155.00 | 230.00  |          |        |        |         |                |        |        |                     |        |       |