

Average Monthly Prices of 53 Essential Items for the month of October 2019

S. No.	Description	Unit	Average Prices																	%change Oct 19 over				
			Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	19 Sep 19	Oct 18	Sep 19	Oct 18	
1	Wheat	10 Kg	377.50	379.00	375.00	350.00	355.00	387.50	354.00	362.75	377.50	414.00	413.50	370.00	384.00	412.00	418.50	370.00	360.00	380.01	370.20	340.06	2.65	11.75
2	Wheat Flour, Bag	10 Kg	457.29	436.61	426.00	410.00	410.00	506.00	395.60	404.33	445.20	547.08	510.00	470.00	466.00	457.17	466.00	468.00	430.00	453.25	436.34	393.35	3.88	15.23
3	Rice Basmati Broken, (AQ)	1 Kg	100.63	90.83	77.50	75.00	74.82	90.00	75.00	88.33	60.00	88.21	90.50	65.00	92.50	85.83	53.75	105.00	85.00	82.23	81.63	77.14	0.74	6.60
4	Rice Irri-6 (Punjab/Sindh)	1 Kg	71.25	72.50	60.00	47.50	57.00	65.00	70.00	55.17	47.50	61.69	57.50	55.00	46.50	59.50	62.50	82.50	62.50	60.80	60.54	54.42	0.43	11.72
5	Bread Plain, Medium Size	Each	53.00	53.00	46.50	40.00	55.00	55.00	45.00	55.00	55.00	55.00	55.00	50.00	50.00	45.00	40.00	50.00	40.00	49.56	49.04	42.85	1.06	15.66
6	Beef With Bone, (AQ)	1 Kg	495.00	485.00	400.00	450.00	444.64	400.00	440.00	396.67	365.00	525.27	445.00	400.00	415.00	387.50	350.00	412.00	400.00	424.18	419.78	379.74	1.05	11.70
7	Mutton, Average Quality	1 Kg	1009.38	995.83	900.00	900.00	954.64	1000.00	950.00	850.00	725.00	949.04	850.00	800.00	875.00	825.00	710.00	865.00	750.00	876.99	873.64	794.05	0.38	10.45
8	Chicken Farm, Broiler, Live	1 Kg	166.88	155.34	152.60	159.20	153.00	156.60	155.00	171.67	156.80	194.73	189.50	184.00	168.00	166.40	172.40	186.00	238.00	172.12	202.99	155.83	-15.21	10.45
9	Milk, Fresh, Unboiled	1 Ltr	108.75	107.08	90.00	80.00	80.00	95.00	75.00	86.67	72.50	107.69	98.40	100.00	110.00	100.83	87.50	110.00	90.00	94.08	93.49	85.51	0.63	10.02
10	Curd (Dahi)	1 Kg	122.50	115.00	100.00	90.00	100.00	100.00	90.00	103.33	85.00	160.00	133.00	110.00	120.00	111.67	100.00	120.00	100.00	109.44	109.46	102.26	-0.02	7.02
11	Powdered Milk, Nido, Polybag	400 gm	451.28	451.28	451.28	451.28	440.00	457.00	451.28	451.28	451.00	451.28	461.53	451.28	471.79	430.00	430.76	470.00	400.00	448.37	444.91	387.31	0.78	15.77
12	Eggs Hen, Farm	Dozen	116.94	112.56	113.50	117.00	113.23	111.85	113.00	111.67	113.20	115.69	113.50	115.60	100.50	115.00	117.00	118.00	100.00	112.84	97.85	111.02	15.32	1.64
13	Mustard Oil, Average Quality	1 Kg	256.25	251.67	201.00	170.00	199.14	220.00	195.00	192.50	176.00	189.04	175.00	160.00	230.00	233.33	183.00	210.00	200.00	202.47	201.14	187.91	0.66	7.75
14	Cooking Oil, Tin, (SN)	2.5 Ltr	575.00	575.00	586.60	573.00	570.00	575.00	575.00	575.00	575.00	575.00	575.00	550.00	585.00	545.00	575.00	575.00	545.00	570.86	569.84	483.26	0.18	18.13
15	Vegetable Ghee, Tin, (SN)	2.5 Kg	545.00	545.00	565.00	557.00	544.29	545.00	545.00	545.00	545.00	545.00	545.00	520.00	570.00	545.00	560.00	545.00	551.00	548.08	544.93	476.25	0.58	15.08
16	Vegetable Ghee (Loose)	1 Kg	182.19	182.08	180.00	180.00	180.00	178.85	179.20	178.80	180.00	183.22	220.00	165.00	162.50	197.50	200.00	215.00	160.00	183.90	183.42	152.31	0.26	20.74
17	Bananas	Dozen	100.50	75.42	55.00	53.00	61.93	45.00	50.00	62.67	62.00	55.85	43.50	53.00	48.00	65.66	59.25	64.00	60.00	59.69	66.92	62.16	-10.80	-3.97
18	Pulse Masoor, Washed	1 Kg	133.75	120.00	156.00	163.00	133.93	142.00	140.00	115.33	120.00	127.12	116.63	119.00	101.00	109.83	122.00	160.00	120.00	129.39	126.40	114.71	2.37	12.80
19	Pulse Moong, Washed	1 Kg	187.88	178.96	170.00	165.00	166.43	189.00	180.00	173.00	176.00	184.08	182.00	190.00	158.00	167.83	169.00	204.00	168.00	177.01	170.45	115.27	3.85	53.56
20	Pulse Mash, Washed	1 Kg	201.88	194.42	189.00	192.00	182.57	195.00	200.00	177.00	180.00	178.50	175.88	180.00	193.00	184.67	175.00	240.00	145.00	187.29	181.78	141.76	3.03	32.12
21	Pulse Gram, Washed	1 Kg	157.00	145.00	124.50	124.00	120.71	129.50	118.00	124.00	130.00	138.27	139.50	131.00	120.00	151.67	127.50	170.00	144.00	134.98	132.11	119.38	2.17	13.07
22	Potatoes	1 Kg	59.25	50.67	64.00	59.00	48.75	78.00	30.00	47.33	37.50	38.75	37.38	30.00	37.70	37.83	36.00	39.00	25.00	44.48	41.20	32.31	7.96	37.67
23	Onions	1 Kg	93.13	87.08	78.00	84.00	77.50	78.00	72.00	78.00	78.00	78.04	75.13	65.00	75.00	76.83	73.50	62.00	64.00	76.19	72.02	35.56	5.79	114.26
24	Tomatoes	1 Kg	93.90	85.98	96.00	86.00	94.43	92.00	82.00	89.33	106.00	103.54	96.25	80.00	89.50	64.33	62.50	84.00	60.00	86.22	50.92	69.51	69.32	24.04
25	Sugar, Refined	1 Kg	78.50	75.20	74.60	73.40	75.61	74.30	73.10	72.00	73.80	73.71	71.60	70.20	74.70	74.52	73.50	74.80	70.80	73.78	75.02	54.78	-1.65	34.68
26	Gur, Average Quality	1 Kg	122.50	112.33	109.00	120.00	116.43	120.00	115.00	113.00	120.00	117.81	118.25	105.00	99.00	118.33	110.00	110.00	100.00	113.45	113.67	86.24	-0.19	31.55
27	Salt Powder, Loose, Lahori	1 Kg	13.50	13.25	15.00	15.00	20.54	10.00	10.00	13.00	12.00	13.10	15.00	10.00	10.00	15.00	12.00	10.00	10.00	12.79	12.50	12.13	2.32	5.44
28	Red Chilly Powder, Loose	1 Kg	397.50	355.00	334.00	322.00	347.86	372.00	400.00	285.00	310.00	393.46	385.00	370.00	290.00	350.00	363.00	390.00	290.00	350.28	347.00	342.81	0.95	2.18
29	Garlic	1 Kg	291.25	289.17	251.00	280.00	275.36	240.00	280.00	251.33	240.00	293.66	244.50	276.00	207.00	251.00	273.00	292.00	300.00	265.02	258.09	127.23	2.69	108.30
30	Tea, Lipton Yellow Label, Packet	200 gm	242.11	242.11	242.11	242.00	242.00	242.10	242.10	242.10	242.00	242.11	242.10	236.84	242.10	242.10	242.10	242.10	242.15	241.78	236.91	204.36	2.06	18.31
31	Cooked Beef, Average Hotel	Plate	133.13	126.67	145.00	150.00	131.43	170.00	130.00	105.00	125.00	111.92	100.00	120.00	100.00	120.00	105.00	132.00	200.00	129.71	128.43	115.09	1.00	12.70
32	Cooked Daal, Average Hotel	Plate	86.88	80.83	55.00	60.00	67.32	65.00	60.00	48.75	60.00	72.00	60.00	70.00	65.00	60.00	50.00	95.00	87.50	67.25	67.01	61.93	0.36	8.59
33	Tea Prepared, Average Hotel	Cup	25.94	25.42	25.00	25.00	24.11	25.00	25.00	24.17	22.50	24.90	31.00	30.00	31.50	20.00	22.50	22.00	20.00	24.94	24.64	21.81	1.22	14.35
34	Cigarettes, K-2, 20's	Packet	70.00	70.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	76.00	80.00	88.00	60.00	70.00	76.71	76.24	57.65	0.62	33.06
35	Long Cloth	1 mtr	262.50	255.00	180.00	200.00	295.00	237.50	275.00	341.00	333.00	200.00	350.00	375.00	300.00	450.00	440.00	550.00	250.00	311.41	309.94	236.08	0.47	31.91
36	Shirting	1 mtr	249.38	245.00	200.00	220.00	165.00	135.00	170.00	250.00	155.00	183.85	155.00	175.00	200.00	420.83	227.00	165.00	170.00	205.06	204.28	178.63	0.38	14.80
37	Lawn	1 mtr	260.00	240.00	245.00	270.00	337.50	280.00	393.34	200.00	420.50	421.54	320.00	393.00	500.00	430.00	469.50	500.00	250.00	348.85	348.85	288.65	0.00	20.86
38	Georgette	1 mtr	185.00	183.75	175.00	170.00	145.00	165.00	150.00	105.00	110.00	123.85	120.00	150.00	160.00	128.33	120.00	110.00	170.00	145.35	144.76	132.08	0.41	10.05
39	Sandal Bata (Gents)	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	0.00	0.00
40	Chappal Sponge Bata (Gents)	Pair	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	0.00	0.00
41	Sandal Bata (Ladies)	Pair	599.00	699.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	604.88	599.00	599.00	0.98	0.98
42	Elec. Charges, Upto 50 Units	Unit	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	0.00	0.00
43	Gas Charges, Upto 3.3719 MMBTU	MMBTU	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	140.99	0.00	74.69
44	Kerosene Oil	1 Ltr	150.00	145.42	137.50	140.00	130.00	136.00	120.00	130.00	140.00	140.00	135.00	125.00	147.50	135.67	121.25	107.00	100.00	131.78	131.78	121.36	0.00	8.59
45	Firewood Whole	40 Kg	787.50	741.67	792.50	700.00	810.71	600.00	550.00	725.00	690.00	663.46	605.00	500.00	500.00	729.17	500.00	650.00	640.00	657.94	654.83	628.13	0.47	4.75
46	Energy Saver (14 watts)	Each	175.00	175.00	170.00	155.00	170.00	165.00	180.00	200.00	180.00	180.00	200.00	150.00	150.00	192.00	190.00	186.00	150.00	178.88	177.			