

Average Monthly Prices of 53 Essential Items for the month of January 2019

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Prices			%change Jan 19 over	
																				Jan 19	Dec 18	Jan 18	Dec 18	Jan 18
1	Wheat	10 Kg	357.50	357.50	362.50	362.50	347.50	342.00	325.00	332.50	346.00	388.00	364.50	325.00	345.00	366.00	366.00	360.00	350.00	352.79	349.63	342.25	0.90	3.08
2	Wheat Flour, Bag	10 Kg	393.50	392.41	380.00	390.00	392.50	398.00	365.00	378.00	390.00	450.85	420.00	390.00	382.00	391.16	400.00	410.00	390.00	394.91	394.54	388.39	0.09	1.68
3	Rice Basmati Broken, (AQ)	1 Kg	96.88	89.38	70.00	70.00	74.82	95.00	65.00	87.50	60.00	85.54	85.00	65.00	77.50	84.17	53.75	93.00	80.00	78.38	78.03	72.51	0.45	8.10
4	Rice Irri-6 (Punjab/Sindh)	1 Kg	61.00	59.08	60.00	47.50	57.00	60.00	70.00	50.00	47.50	56.81	53.50	55.00	40.75	56.67	60.50	57.00	53.75	55.65	54.76	51.79	1.63	7.45
5	Bread Plain, Medium Size	Each	45.00	45.00	45.00	40.00	44.29	45.00	45.00	45.00	45.00	45.19	44.00	50.00	45.00	40.00	35.00	40.00	40.00	43.44	43.29	42.56	0.35	2.07
6	Beef With Bone, (AQ)	1 Kg	456.88	442.08	375.00	440.00	381.96	375.00	400.00	390.00	365.00	460.92	390.00	400.00	390.00	358.83	350.00	380.00	400.00	397.39	387.64	346.57	2.52	14.66
7	Mutton, Average Quality	1 Kg	930.00	922.92	800.00	880.00	869.64	850.00	875.00	825.00	725.00	882.30	800.00	750.00	825.00	811.83	600.00	775.00	750.00	815.98	806.24	733.32	1.21	11.27
8	Chicken Farm, Broiler, Live	1 Kg	135.71	123.75	118.00	124.00	122.40	120.00	114.00	131.50	120.00	145.89	135.50	144.00	125.00	131.80	138.00	165.00	202.00	135.09	171.63	177.54	-21.29	-23.91
9	Milk, Fresh, Unboiled	1 Ltr	102.50	100.83	90.00	80.00	77.68	90.00	70.00	83.33	67.50	94.19	94.00	80.00	91.00	95.00	84.50	95.00	80.00	86.80	85.95	82.50	0.99	5.21
10	Curd (Dahi)	1 Kg	116.25	112.92	100.00	90.00	91.50	97.50	90.00	97.50	80.00	141.65	135.00	100.00	95.00	106.67	94.00	110.00	90.00	102.82	102.34	98.78	0.47	4.09
11	Powdered Milk, Nido, Polybag	400 gm	410.26	410.26	410.26	410.26	410.00	405.00	410.25	410.25	410.00	400.00	400.00	389.74	416.00	390.00	410.25	400.00	400.00	405.44	403.45	381.03	0.49	6.41
12	Eggs Hen, Farm	Dozen	116.13	108.78	116.75	115.00	109.20	109.70	110.00	111.00	110.00	119.30	119.63	125.60	112.00	118.33	120.00	133.00	122.50	116.29	117.10	113.41	-0.69	2.54
13	Mustard Oil, Average Quality	1 Kg	246.25	241.67	170.00	160.00	187.86	200.00	190.00	184.17	170.00	184.23	160.00	150.00	195.00	222.00	176.00	190.00	200.00	189.83	188.18	184.18	0.88	3.07
14	Cooking Oil, Tin, (SN)	2.5 Ltr	520.00	520.00	520.00	520.00	515.00	520.00	520.00	520.00	520.00	510.00	506.20	510.00	500.00	507.40	515.00	515.00	460.00	511.68	505.06	469.97	1.31	8.88
15	Vegetable Ghee, Tin, (SN)	2.5 Kg	495.00	495.00	495.00	495.00	506.00	495.00	495.00	495.00	495.00	490.00	488.40	490.00	490.00	492.00	490.00	488.00	455.00	491.14	488.00	462.93	0.64	6.09
16	Vegetable Ghee (Loose)	1 Kg	159.06	155.63	155.00	155.00	155.00	149.40	146.00	160.00	160.00	160.42	195.00	145.00	130.00	167.50	170.00	194.00	125.00	157.77	156.99	145.64	0.50	8.33
17	Bananas	Dozen	124.38	98.33	60.00	65.00	69.64	55.00	54.00	78.33	65.00	67.04	51.50	55.00	47.00	72.67	66.00	74.00	69.00	68.93	64.36	70.46	7.10	-2.17
18	Pulse Masoor, Washed	1 Kg	137.50	120.00	150.00	150.00	133.93	134.00	140.00	110.00	105.00	112.31	108.13	101.00	102.00	96.33	114.00	128.00	120.00	121.31	118.27	120.42	2.57	0.74
19	Pulse Moong, Washed	1 Kg	137.88	128.33	120.00	120.00	123.93	134.00	125.00	118.33	120.00	132.11	123.75	132.00	123.00	114.83	115.00	148.00	117.50	125.51	123.72	117.13	1.45	7.15
20	Pulse Mash, Washed	1 Kg	168.44	157.50	155.00	160.00	157.14	160.00	179.00	146.00	140.00	149.07	136.88	134.00	143.00	131.50	128.00	180.00	175.00	152.97	150.69	158.26	1.51	-3.34
21	Pulse Gram, Washed	1 Kg	143.50	135.17	115.00	119.00	120.71	125.00	115.00	120.00	130.00	131.93	121.88	115.00	124.00	128.16	117.00	148.00	135.00	126.14	123.51	119.14	2.13	5.88
22	Potatoes	1 Kg	33.88	28.08	20.00	20.00	21.93	20.05	17.50	19.00	20.50	24.79	20.38	19.50	19.00	27.17	20.00	30.00	26.00	22.81	26.99	32.96	-15.49	-30.79
23	Onions	1 Kg	41.25	35.00	28.75	30.00	29.50	27.50	22.50	24.50	26.50	25.12	21.25	21.50	23.00	33.66	28.00	30.00	32.00	28.24	28.69	53.67	-1.57	-47.38
24	Tomatoes	1 Kg	70.63	62.58	61.00	57.00	57.07	56.00	48.00	45.67	52.00	49.44	39.50	39.50	43.50	51.00	41.00	48.00	62.75	52.04	34.88	43.51	49.20	19.60
25	Sugar, Refined	1 Kg	64.00	60.17	58.25	59.00	58.56	58.60	57.40	57.80	58.60	58.61	58.20	56.80	55.60	59.67	58.40	58.20	56.20	58.47	55.63	53.12	5.11	10.07
26	Gur, Average Quality	1 Kg	105.63	93.33	79.00	80.00	88.29	82.00	77.00	76.00	75.00	98.57	92.50	78.50	79.50	86.67	83.75	84.00	87.50	85.13	83.86	81.85	1.51	4.01
27	Salt Powder, Loose, Lahori	1 Kg	12.00	12.00	15.00	15.00	20.00	10.00	10.00	10.00	12.00	12.00	15.00	10.00	10.00	15.00	12.00	10.00	10.00	12.35	12.35	11.12	0.00	11.06
28	Red Chilly Powder, Loose	1 Kg	397.50	358.33	320.00	320.00	299.86	388.00	444.00	276.67	310.00	376.15	400.00	400.00	285.00	356.67	354.00	334.00	290.00	347.66	349.03	258.10	-0.39	34.70
29	Garlic	1 Kg	215.13	184.09	156.00	170.00	151.57	171.00	159.00	152.83	164.00	172.69	169.25	169.00	141.00	175.00	148.50	150.00	200.00	167.59	132.43	168.29	26.55	-0.42
30	Tea, Lipton Yellow Label, Packet	200 gm	221.05	221.05	221.05	221.05	221.05	221.05	221.05	221.05	221.00	221.05	221.05	221.05	221.05	221.05	221.05	217.89	194.73	219.31	216.85	178.96	1.13	22.55
31	Cooked Beef, Average Hotel	Plate	128.13	117.92	125.00	130.00	115.00	150.00	120.00	100.00	125.00	99.23	95.00	100.00	100.00	120.00	105.00	90.00	140.00	115.31	115.31	102.20	0.00	12.83
32	Cooked Daal, Average Hotel	Plate	85.00	75.83	50.00	60.00	67.32	55.00	50.00	40.00	60.00	64.04	60.00	70.00	65.00	60.00	50.00	65.00	87.50	62.63	62.52	58.28	0.18	7.46
33	Tea Prepared, Average Hotel	Cup	25.31	25.00	20.00	20.00	21.43	22.50	25.00	20.00	22.50	23.84	30.00	25.00	27.50	15.00	20.00	21.00	20.00	22.59	22.35	21.19	1.07	6.61
34	Cigarettes, K-2, 20's	Packet	60.00	60.00	60.00	60.00	60.00	70.00	60.00	50.00	60.00	60.00	60.00	60.00	50.00	65.00	70.00	50.00	60.00	59.71	59.12	50.76	1.00	17.63
35	Long Cloth	1 mtr	225.00	215.00	172.50	160.00	285.00	237.50	275.00	285.00	250.00	180.00	240.00	375.00	200.00	350.00	250.00	210.00	180.00	240.59	238.63	212.57	0.82	13.18
36	Shirting	1 mtr	225.63	220.00	185.00	180.00	165.00	125.00	170.00	240.00	125.00	166.15	140.00	175.00	157.50	319.27	147.50	160.00	170.00	180.65	180.20	169.55	0.25	6.55
37	Lawn	1 mtr	240.00	220.00	217.50	220.00	305.00	280.00	393.34	200.00	383.50	415.00	280.00	393.00	366.00	393.00	235.00	200.00	165.00	288.61	288.61	255.77	0.00	12.84
38	Georgette	1 mtr	165.00	162.92	160.00	140.00	145.00	160.00	150.00	105.00	110.00	121.54	120.00	150.00	130.00	123.33	100.00	105.00	117.50	133.25	133.25	125.73	0.00	5.98
39	Sandal Bata (Gents)	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	0.00	0.00
40	Chappal Spounge Bata (Gents)	Pair	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	0.00	11.12
41	Sandal Bata (Ladies)	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	502.39	0.00	19.23
42	Elec. Charges, Upto 50 Units	Unit	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	0.00	0.00
43	Gas Charges, Upto 3.3719 MMBTU	MMBTU	145.08	145.08	145.08	145.08	145.08	145.08	145.08	145.08	145.08	145.08	145.08	145.08	145.08	145.08	145.08	145.08	145.08	145.08	145.08	128.70	0.00	12.73
44	Kerosene Oil	1 Ltr	137.50	135.00	122.00	127.00	125.00	122.50	120.00	117.92	125.00	134.23	124.00	115.00	140.00	118.33	108.00	95.00	100.00	121.56	122.33	103.24	-0.63	17.75
45	Firewood Whole	40 Kg	787.50	741.67	770.00	740.00	810.71	600.00	550.00	716.67	650.00	667.31	600.00	400.00	450.00	729.17	500.00	650.00	625.00	646.35	639.48	627.85	1.07	2.95
46	Energy Saver (14 watts)	Each	167.50	167.50	170.00	155.00	170.00	165.00	180.00	165.00	175.00	180.00	200.00	155.00	180.00	180.00	170.00	180.00	150.0					

Average Monthly Prices of 17 non-index Essential Items for the month of January 2019

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Price
54	Cement (Local), SN	50 Kg	620.00	610.00	610.00	602.00	615.00	605.60	600.00	595.00	600.00	622.58	630.00	620.00	628.00	593.33	590.00	616.00	540.00	605.74
55	Carpenter Wage Rate	Daily	1300.00	1300.00	950.00	1000.00	1100.00	800.00	1200.00	1100.00	900.00	1292.31	1200.00	1000.00	800.00	1000.00	1250.00	1000.00	1400.00	1093.67
56	Mason (Raj) Wage Rate	Daily	1300.00	1300.00	1300.00	1200.00	1150.00	1200.00	1200.00	1100.00	1050.00	1430.77	1200.00	1000.00	880.00	1200.00	1400.00	1200.00	1200.00	1194.75
57	Unskilled Labour Wage Rate	Daily	825.00	800.00	750.00	800.00	850.00	700.00	700.00	600.00	600.00	934.62	700.00	450.00	420.00	600.00	600.00	700.00	600.00	684.10
58	Plumber Wage Rate	Daily	1300.00	1300.00	800.00	1000.00	1050.00	800.00	1200.00	1100.00	900.00	1430.77	1200.00	1000.00	600.00	1200.00	900.00	900.00	1400.00	1063.57
59	Electrician Charges	P/Point	220.00	215.00	140.00	140.00	177.50	115.00	135.00	100.00	120.00	211.54	150.00	87.50	135.00	100.00	92.50	160.00	100.00	141.12
60	CNG	1 Kg	82.85	83.64	81.15	80.35	80.35	81.37	86.99	80.90	80.77	104.00	104.00	104.00	104.00	114.90	116.30	109.00		93.41
61	Sona Urea	50 Kg		1786.00	1825.00		1750.00	1840.00	1856.00	1766.00	1800.00		1890.00	1818.00	1750.00	1820.00	1878.00	1870.00		1819.15
62	Kissan Urea	50 Kg		1748.00			1750.00	1836.00	1816.00	1742.00	1784.00			1782.00		1780.00				1779.75
63	Calc. Amonium Nitrate	50 Kg		1650.00	1650.00		1635.00	1690.00	1696.00	1650.00	1646.00		1740.00	1630.00	1470.00					1645.70
64	S.S Phosphate, Gr. 18%	50 Kg			1000.00		1025.00	1000.00	1030.00	900.00	1050.00		1000.00		1200.00	1000.00				1022.78
65	S.S Phosphate, Pd. 18%	50 Kg																		0.00
66	Triple Sup. Phosph., Gr	50 Kg																		0.00
67	Sulphate of Potash	50 Kg			3500.00		4305.00	4700.00	4010.00	4080.00	4050.00				3760.00	4080.00				4060.63
68	Nitro. Phosphate	50 Kg			2900.00		2910.00	2980.00	2994.00	2900.00	2950.00		3080.00	2952.00	2860.00	2950.00				2947.60
69	DIA Amun. Phosphate	50 Kg		3554.00	3500.00		3595.00	3700.00	3650.00	3600.00	3600.00		3560.00	3540.00	3520.00	3570.00	3682.00	3500.00		3582.38
70	Nitro. Phosph. & Pot. (Npk)	50 Kg		2870.00			2915.00	2980.00	2940.00	2700.00	2880.00				2780.00	3000.00	3055.00	3000.00		2912.00