

Average Monthly Prices of 53 Essential Items for the Month of July 2017

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Prices			%change July 17 over	
																				July 17	June 17	July 16	June 17	July 16
1	Wheat	10 Kg	332.50	332.50	325.00	325.00	323.69	320.00	287.50	297.50	298.75	350.00	310.00	312.50	312.50	330.00	313.75	350.00	350.00	321.83	323.68	327.85	-0.57	-1.84
2	Wheat Flour, Bag	10 Kg	376.41	371.20	362.50	357.50	365.00	352.50	312.50	336.25	357.50	409.90	411.25	350.00	345.00	364.17	366.25	400.00	375.00	365.47	366.76	374.13	-0.35	-2.31
3	Rice Basmati Broken, (AQ)	1 Kg	89.38	83.33	50.00	55.00	73.21	80.00	60.00	77.50	55.00	73.99	75.00	65.00	68.63	73.33	51.00	85.00	60.00	69.14	68.76	60.27	0.55	14.72
4	Rice Irri-6 (Punjab/Sindh)	1 Kg	60.00	52.71	50.00	47.50	57.00	57.50	50.00	40.00	47.50	44.63	45.00	52.50	36.00	47.29	60.00	50.00	50.00	49.86	49.68	47.04	0.36	5.99
5	Bread Plain, Medium Size	Each	40.00	40.00	40.00	40.00	40.00	40.00	40.00	45.00	45.00	45.00	44.00	50.00	45.00	35.00	35.00	40.00	35.00	41.12	41.12	40.94	0.00	0.44
6	Beef With Bone, (AQ)	1 Kg	352.50	350.00	300.00	300.00	344.29	350.00	320.00	350.00	325.00	394.43	328.75	325.00	310.00	317.08	320.00	400.00	320.00	335.71	335.01	323.41	0.21	3.80
7	Mutton, Average Quality	1 Kg	823.13	807.50	650.00	650.00	805.36	700.00	700.00	700.00	625.00	767.79	706.25	662.50	687.50	662.50	570.00	700.00	575.00	693.68	687.71	644.67	0.87	7.60
8	Chicken Farm, Broiler, Live	1 Kg	157.53	140.78	139.00	144.50	133.00	138.88	144.38	145.42	134.00	157.41	144.38	167.50	137.50	161.00	169.38	172.50	187.50	151.45	152.69	146.27	-0.81	3.54
9	Milk, Fresh, Unboiled	1 Ltr	99.54	96.25	80.00	70.00	77.21	80.00	70.00	81.88	67.50	85.00	84.00	80.00	80.00	85.00	80.00	90.00	80.00	81.55	81.39	79.82	0.20	2.17
10	Curd (Dahi)	1 Kg	113.91	107.92	100.00	80.00	83.04	95.00	90.00	92.08	80.00	130.00	117.50	95.00	95.00	97.50	87.50	100.00	90.00	97.32	97.05	93.41	0.28	4.19
11	Powdered Milk, Nido, Polybag	400 gm	374.37	374.37	374.36	374.36	372.70	389.74	369.23	374.36	374.37	358.97	369.23	358.97	346.66	364.58	358.97	389.74	364.49	369.97	363.70	383.11	1.72	-3.43
12	Eggs Hen, Farm	Dozen	102.60	97.06	99.38	100.00	95.00	95.00	98.25	91.71	95.00	100.65	97.66	99.00	85.50	100.25	98.13	91.25	82.50	95.82	90.41	87.07	5.98	10.05
13	Mustard Oil, Average Quality	1 Kg	240.00	220.00	150.00	160.00	183.93	200.00	175.00	177.50	170.00	170.77	150.00	137.50	190.00	220.00	188.75	190.00	170.00	181.97	181.45	180.46	0.29	0.84
14	Cooking Oil, Tin, (SN)	2.5 Ltr	475.00	475.00	475.00	467.00	476.25	470.00	475.00	475.00	460.00	466.50	465.00	468.00	460.00	470.00	475.00	445.00	495.00	470.16	469.59	454.35	0.12	3.48
15	Vegetable Ghee, Tin, (SN)	2.5 Kg	470.00	470.00	470.00	452.00	467.50	465.00	470.00	470.00	455.00	456.50	460.00	453.00	450.00	460.00	470.00	440.00	495.00	463.18	462.53	445.12	0.14	4.06
16	Veg. Ghee, Loose/Pouch, (SN)	1 Kg	151.25	147.50	140.00	140.00	142.25	133.38	140.00	149.25	149.25	145.77	175.00	145.00	130.00	158.33	160.00	130.00	130.00	145.12	144.77	138.20	0.24	5.01
17	Bananas	Dozen	149.53	108.34	98.75	100.00	110.18	63.75	72.50	96.67	100.00	68.99	74.38	87.50	97.50	83.34	121.25	85.00	73.75	93.61	115.40	95.68	-18.88	-2.16
18	Pulse Masoor, Washed	1 Kg	148.60	133.60	140.00	160.00	138.93	127.50	155.00	103.33	117.50	112.40	113.44	110.00	96.25	100.23	121.25	112.50	140.00	125.33	127.41	152.22	-1.63	-17.67
19	Pulse Moong, Washed	1 Kg	150.79	129.48	120.00	140.00	126.61	125.94	120.00	112.50	120.00	119.47	128.13	135.00	140.00	101.38	98.13	135.00	145.00	126.32	127.94	157.68	-1.27	-19.89
20	Pulse Mash, Washed	1 Kg	203.13	179.58	195.00	180.00	229.46	208.75	225.00	165.00	185.00	182.41	166.25	175.00	170.00	171.04	193.75	192.50	230.00	191.29	193.24	273.09	-1.01	-29.95
21	Pulse Gram, Washed	1 Kg	149.53	134.27	110.00	110.00	126.70	110.00	115.00	112.50	123.75	131.54	122.19	135.00	118.13	122.59	120.00	140.00	140.00	124.78	129.08	151.63	-3.33	-17.71
22	Potatoes	1 Kg	51.25	46.25	40.00	40.00	39.24	60.00	30.00	39.38	37.50	34.52	35.00	30.63	29.50	38.33	32.50	30.00	38.50	38.39	38.07	35.00	0.84	9.69
23	Onions	1 Kg	45.00	38.75	35.00	35.63	35.63	29.38	25.00	31.04	30.00	30.96	31.25	25.00	29.63	32.92	30.63	28.75	23.00	31.62	29.02	31.32	8.96	0.96
24	Tomatoes	1 Kg	58.60	49.06	51.25	48.75	52.68	48.75	45.00	42.71	41.25	46.01	37.35	41.25	38.13	39.17	28.75	32.50	30.00	43.01	44.40	68.84	-3.13	-37.52
25	Sugar, Refined	1 Kg	61.31	57.26	54.75	54.50	56.97	53.50	53.75	52.50	55.50	57.52	53.58	50.88	55.00	54.50	54.13	55.00	55.00	55.04	56.48	67.34	-2.55	-18.27
26	Gur, Average Quality	1 Kg	109.38	98.33	80.00	85.00	93.21	75.00	80.00	70.00	63.75	88.65	81.25	71.25	75.38	95.00	95.00	92.50	80.00	84.34	84.27	90.02	0.08	-6.31
27	Salt Powder, Loose, Lahori	1 Kg	12.00	12.00	10.00	10.00	10.00	10.00	10.00	10.00	12.00	12.00	12.00	10.00	10.00	10.00	12.00	10.00	10.00	10.71	10.71	10.47	0.00	2.29
28	Red Chilly Powder, Loose	1 Kg	300.00	254.17	240.00	250.00	220.00	268.75	288.75	238.54	225.00	295.48	265.00	250.00	240.00	242.92	274.69	310.00	300.00	262.55	263.54	279.32	-0.38	-6.00
29	Garlic	1 Kg	256.10	213.33	223.75	207.50	215.18	192.50	150.00	195.00	185.00	205.39	166.25	170.00	160.00	187.92	276.25	215.00	225.00	202.60	212.30	227.62	-4.57	-10.99
30	Tea, Lipton Yellow Label, Packet	200 gm	205.26	205.26	205.26	205.26	205.26	205.26	205.26	205.26	205.26	205.26	205.26	205.26	205.26	205.00	205.26	205.26	178.94	203.70	203.70	157.90	0.00	29.01
31	Cooked Beef, Average Hotel	Plate	107.50	104.17	62.50	62.50	102.86	75.00	100.00	80.00	75.00	92.69	77.50	100.00	100.00	120.00	100.00	90.00	140.00	93.51	93.51	91.06	0.00	2.69
32	Cooked Daal, Average Hotel	Plate	78.75	75.83	40.00	40.00	67.32	47.50	45.00	40.00	50.00	61.15	52.50	50.00	65.00	60.00	50.00	65.00	80.00	56.94	56.94	55.52	0.00	2.56
33	Tea Prepared, Average Hotel	Cup	22.50	22.50	20.00	20.00	20.00	22.50	20.00	20.00	18.75	21.73	20.00	25.00	27.50	15.00	20.00	21.00	20.00	20.97	20.75	19.63	1.06	6.83
34	Cigarettes, K-2, 20's	Packet	50.00	50.00	50.00	50.00	50.00	50.00	50.00	50.00	48.00	55.00	50.00	50.00	50.00	55.00	55.00	50.00	50.00	50.76	56.52	63.71	-10.19	-20.33
35	Long Cloth, 57", (SN)	1 mtr	215.00	205.00	137.50	135.00	267.50	237.50	245.00	250.00	180.00	170.77	240.00	230.00	200.00	333.33	157.50	210.00	195.00	212.30	209.97	205.57	1.11	3.27
36	Shirting, (AQ), (SN)	1 mtr	206.25	190.00	175.00	175.00	155.00	125.00	145.00	210.00	115.00	166.15	140.00	120.00	157.50	300.00	147.50	160.00	190.00	169.26	168.06	164.30	0.71	3.02
37	Lawn Printed, (SN)	1 mtr	240.00	220.00	205.00	205.00	305.00	240.00	360.00	150.00	169.00	415.00	280.00	280.00	366.66	360.00	187.50	200.00	165.00	255.77	255.77	251.21	0.00	1.82
38	Georgette, (AQ), (SN)	1 mtr	155.00	152.50	132.50	130.00	135.00	160.00	135.00	105.00	110.00	121.54	120.00	125.00	130.00	120.00	100.00	105.00	95.00	125.38	125.22	123.54	0.13	1.49
39	Gents Sandal, Bata	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	0.00	0.00
40	Gents Chappal Spng, Bata	Pair	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	180.54	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.09	179.09	179.09	0.00	0.00
41	Ladies Sandal, Bata	Pair	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	549.00	506.69	499.00	499.00	499.00	499.00	499.00	499.00	499.00	502.39	502.39	502.39	0.00	0.00
42	Elec. Charges, Upto 50 Units	Unit	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	0.00	0.00
43	Gas Charges, Upto 3.3719 MMBTU	MMBTU	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70		128.70	128.70	128.33	0.00	0.29
44	Kerosene Oil	1 Ltr	98.75	95.00	75.00	77.00	95.00	69.00	75.00	70.00	71.00	97.12	81.00	68.25	90.00	86.67	85.00	56.00	50.00	78.81	78.81	74.87	0.00	5.26
45	Firewood Whole	40 Kg	787.50	741.67	675.00	650.00	762.86	600.00	500.00	606.67	625.00	644.23	550.00	400.00	450.00	710.42	495.00	650.00	500.00	608.73	609.09	597.40	-0.06	1.90
46	Energy Saver	Each	167.50	167.50	155.00	155.00	170.00	162.50	175.00	165.00	175.00	170.00	190.00	155.00	175.00	180.00	160.00	180.00	150.00	167.79	167.79	167.79	0.00	