

Average Monthly Prices of 53 Essential Items for the month of January 2016

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Prices			%change Jan 16 over	
																				Jan 16	Dec 15	Jan 15	Dec 15	Jan 15
1	Wheat	10 Kg	355.00	355.00	377.50	380.00	356.25	340.00	335.63	335.00	342.50	370.00	342.50	370.00	321.25	342.50	353.75	375.00	400.00	354.78	353.70	349.85	0.31	1.41
2	Wheat Flour, Bag	10 Kg	397.97	391.36	387.50	397.50	390.00	385.00	370.00	385.00	390.00	443.46	420.00	388.13	382.50	391.25	406.88	405.00	450.00	398.91	399.00	394.04	-0.02	1.24
3	Rice Basmati Broken, (AQ)	1 Kg	76.25	70.83	50.00	50.00	53.15	57.50	50.00	63.33	55.00	68.37	65.00	65.00	62.50	67.29	49.00	80.00	50.00	60.78	60.86	72.32	-0.13	-15.96
4	Rice Irri-6 (Punjab/Sindh)	1 Kg	60.00	52.71	47.50	47.50	46.90	50.00	51.25	35.00	47.50	43.31	40.00	52.50	27.50	41.55	52.50	50.00	40.00	46.22	45.79	51.48	0.94	-10.22
5	Bread Plain, Medium Size	Each	40.00	40.00	40.00	40.00	40.00	40.00	40.00	40.00	45.00	45.00	44.00	50.00	40.00	35.00	35.00	40.00	35.00	40.82	40.82	40.82	0.00	0.00
6	Beef With Bone, (AQ)	1 Kg	338.75	337.50	290.00	300.00	344.29	300.00	287.50	320.00	300.00	348.08	310.00	310.00	300.00	307.50	290.00	400.00	320.00	317.86	317.04	302.56	0.26	5.06
7	Mutton, Average Quality	1 Kg	720.94	705.83	625.00	650.00	733.93	700.00	600.00	675.00	600.00	667.31	600.00	590.00	600.00	650.00	510.00	600.00	530.00	632.82	627.50	593.35	0.85	6.65
8	Chicken Farm, Broiler, Live	1 Kg	139.16	120.68	123.25	129.25	122.11	130.13	126.25	140.00	139.00	168.28	160.00	169.00	153.13	136.00	150.75	166.25	195.00	145.19	145.78	161.90	-0.40	-10.32
9	Milk, Fresh, Unboiled	1 Ltr	96.25	89.17	77.50	70.00	77.21	70.00	65.00	75.00	61.25	84.00	80.00	75.00	80.00	82.50	77.50	90.00	80.00	78.26	78.15	76.26	0.14	2.62
10	Curd (Dahi)	1 Kg	105.63	100.00	88.50	80.00	83.04	80.00	80.00	90.00	80.00	120.00	106.00	90.00	100.00	90.84	86.25	100.00	90.00	92.37	92.29	89.63	0.09	3.06
11	Powdered Milk, Nido, Polybag	400 gm	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	370.00	380.00	365.00	380.00	380.00	378.53	377.88	350.00	0.17	8.15
12	Eggs Hen, Farm	Dozen	102.32	97.71	102.50	102.50	97.79	103.75	101.00	103.38	99.00	99.52	101.25	106.50	100.00	100.63	104.38	111.25	125.00	103.44	102.80	117.54	0.62	-12.00
13	Mustard Oil, Average Quality	1 Kg	240.00	220.00	145.00	150.00	183.93	200.00	177.50	168.33	160.00	168.85	140.00	132.50	200.00	220.00	190.00	190.00	175.00	180.07	180.48	184.68	-0.23	-2.50
14	Cooking Oil, Tin, (SN)	2.5 Ltr	445.00	445.00	467.00	467.00	465.00	440.00	440.00	465.00	445.00	468.00	469.00	468.00	455.00	455.00	475.00	455.00	440.00	456.71	456.53	513.09	0.04	-10.99
15	Vegetable Ghee, Tin, (SN)	2.5 Kg	440.00	440.00	452.00	452.00	445.00	435.00	445.00	440.00	440.00	453.00	452.00	453.00	440.00	450.00	470.00	445.00	445.00	446.88	447.82	498.61	-0.21	-10.37
16	Vegetable Ghee (Loose)	1 Kg	146.25	142.08	132.00	135.00	131.21	128.06	125.00	140.92	143.75	140.10	140.00	140.00	105.00	146.67	154.38	150.00	120.00	136.50	136.82	151.33	-0.23	-9.80
17	Bananas	Dozen	117.35	92.50	63.75	66.25	78.57	55.63	48.75	75.42	55.00	54.28	45.79	55.00	48.75	71.46	61.56	52.50	60.00	64.86	61.78	61.03	4.99	6.28
18	Pulse Masoor, Washed	1 Kg	160.32	148.81	160.00	160.00	159.46	157.50	165.00	142.50	140.00	140.91	132.50	140.00	126.25	137.92	150.00	150.00	140.00	147.72	146.81	138.72	0.62	6.49
19	Pulse Moong, Washed	1 Kg	175.31	168.75	160.00	165.00	161.07	161.88	155.00	147.50	155.00	159.14	158.75	155.00	160.00	151.67	150.00	173.75	201.25	162.30	161.71	166.21	0.36	-2.35
20	Pulse Mash, Washed	1 Kg	266.25	259.58	255.00	250.00	254.29	275.00	265.00	255.00	260.00	258.03	254.53	266.25	260.00	253.33	240.00	275.00	212.50	256.46	248.73	162.03	3.11	58.28
21	Pulse Gram, Washed	1 Kg	142.50	136.25	117.50	122.50	119.11	116.25	115.00	119.79	120.00	126.35	122.19	125.00	118.13	130.00	120.00	141.25	125.00	124.52	123.38	79.30	0.92	57.02
22	Potatoes	1 Kg	35.00	28.02	19.38	22.50	21.98	19.38	16.25	17.96	20.00	20.77	20.00	17.50	16.25	28.13	20.94	19.50	21.50	21.47	28.89	29.82	-25.68	-28.00
23	Onions	1 Kg	58.44	50.21	47.50	50.00	43.12	42.19	37.50	42.08	42.50	38.94	34.06	38.75	40.00	49.58	39.38	38.75	40.00	43.12	49.47	24.06	-12.84	79.22
24	Tomatoes	1 Kg	57.66	45.31	50.00	46.25	45.58	41.56	32.50	37.50	37.50	30.26	24.22	28.13	33.75	42.92	29.69	36.25	57.50	39.80	62.43	54.48	-36.25	-26.95
25	Sugar, Refined	1 Kg	63.30	61.88	59.75	60.13	60.93	59.38	59.38	60.00	58.73	58.29	57.88	57.75	59.92	59.63	60.00	60.00	59.80	57.14	53.92	4.66	10.91	
26	Gur, Average Quality	1 Kg	110.00	95.83	80.00	90.00	87.86	80.00	77.50	72.50	72.50	90.48	105.00	75.00	71.88	92.92	91.88	90.00	85.00	86.37	86.45	81.41	-0.09	6.09
27	Salt Powder, Loose, Lahori	1 Kg	12.00	12.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	12.00	12.00	10.00	10.00	10.00	10.00	10.00	10.00	10.47	10.45	9.99	0.19	4.80
28	Red Chilly Powder, Loose	1 Kg	326.25	313.33	265.00	252.50	252.14	255.00	291.25	240.00	221.25	326.25	281.25	265.00	237.50	230.00	280.00	310.00	300.00	107.34	271.91	265.85	0.53	2.82
29	Garlic	1 Kg	271.25	248.54	237.50	237.50	246.43	223.75	232.50	227.50	240.00	287.60	235.63	222.50	205.00	237.92	243.75	207.50	181.25	234.48	205.19	148.78	14.27	57.60
30	Tea, Lipton Yellow Label, Packet	200 gm	189.47	189.47	189.47	189.47	189.47	189.47	189.47	189.47	189.47	189.47	189.47	189.47	189.47	189.47	189.47	189.47	189.47	189.47	189.45	129.03	0.01	46.84
31	Cooked Beef, Average Hotel	Plate	92.50	90.83	62.50	62.50	83.04	75.00	100.00	70.00	70.00	75.58	75.94	100.00	100.00	120.00	91.25	85.00	140.00	87.89	85.93	83.14	2.28	5.71
32	Cooked Daal, Average Hotel	Plate	67.50	60.83	40.00	40.00	61.07	42.50	40.00	40.00	50.00	53.08	51.88	50.00	63.75	60.00	47.50	62.50	80.00	53.57	52.96	48.90	1.15	9.55
33	Tea Prepared, Average Hotel	Cup	20.00	20.00	20.00	17.50	20.00	20.00	20.00	20.00	15.00	21.73	20.00	20.00	22.50	15.00	20.00	21.00	20.00	19.57	19.57	18.70	0.00	4.65
34	Cigarettes, K-2, 20's	Packet	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	60.00	56.25	55.00	60.00	59.46	58.21	45.41	2.15	30.94
35	Long Cloth	1 mtr	205.00	195.00	137.50	135.00	247.14	237.50	235.00	250.00	180.00	170.00	210.00	230.00	200.00	300.00	155.00	170.00	190.00	202.77	202.77	199.54	0.00	1.62
36	Shirting	1 mtr	182.50	175.00	175.00	175.00	118.57	125.00	140.00	210.00	115.00	166.15	140.00	120.00	130.00	283.33	147.50	160.00	190.00	161.94	161.94	156.82	0.00	3.26
37	Lawn	1 mtr	240.00	220.00	205.00	205.00	261.07	240.00	360.00	150.00	150.00	360.00	240.00	280.00	333.00	360.00	182.50	180.00	165.00	243.03	243.03	239.15	0.00	1.62
38	Georgette	1 mtr	155.00	152.50	132.50	130.00	110.54	160.00	150.00	105.00	110.00	114.62	110.00	125.00	130.00	110.00	98.13	105.00	95.00	123.13	123.10	123.10	0.02	0.02
39	Sandal Bata (Gents)	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	0.00	0.00
40	Chappal Spounge Bata (Gents)	Pair	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	0.00	0.00
41	Sandal Bata (Ladies)	Pair	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	501.94	499.59	499.00	0.47	0.59
42	Elec. Charges, Upto 50 Units	Unit	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	0.00	0.00
43	Gas Charges, Upto 3.3719 MMBTU	MMBTU	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	128.70	124.18	128.70		128.42	128.70	124.18	-0.22	3.41
44	Kerosene Oil	1 Ltr	97.50	95.00	78.00	82.00	64.38	70.00	81.25	70.00	71.00	91.54	85.00	72.50	100.00	80.83	85.00	59.88	70.00	79.64	84.07	93.98	-5.27	-15.26
45	Firewood Whole	40 Kg	787.50	741.67	700.00	675.00	802.50	600.00	500.00	594.17	625.00	618.27	525.00	400.00	425.00	691.67	490.00	625.00	450.00	602.99	593.62	575.41	1.58	4.79
46	Energy Saver (14 watts)	Each	167.50	167.50	155.00	155.00	170.00	162.50	175.00	165.00	175.00	170.00	172.50	155.00	175.00	180.00	160.00	180.00	150.00	166.76	166.62	165.44	0.08	0.80
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