

Average Monthly Prices of 53 Essential Items for the month of July 2014

S. No.	Description	Unit	Average Prices																	%change Jul 14 over				
			Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	14 Jun 14	Jul 13	Jun 14	Jul 13	
1	Wheat	10 Kg	353.00	353.00	337.50	343.25	331.25	336.00	330.23	327.00	328.00	340.00	364.00	332.00	312.50	366.00	324.00	385.00	400.00	344.87	338.77	331.57	1.80	4.01
2	Wheat Flour, Bag	10 Kg	392.13	377.29	374.50	374.00	383.80	346.00	363.00	369.00	380.00	438.92	418.50	380.00	366.00	384.83	366.50	410.00	440.00	386.15	384.43	380.80	0.45	1.40
3	Rice Basmati Broken, (AQ)	1 Kg	86.25	80.83	70.00	70.00	79.29	81.25	67.50	77.50	62.50	76.54	76.38	75.00	80.00	80.00	52.50	85.00	60.00	74.15	74.04	73.32	0.15	1.13
4	Rice Irri-6 (Punjab/Sindh)	1 Kg	62.50	60.83	52.50	52.50	63.07	65.00	52.50	41.00	52.50	61.54	50.00	52.50	35.00	48.50	77.50	45.00	55.00	54.56	54.58	53.33	-0.04	2.31
5	Bread Plain, Medium Size	Each	40.00	40.00	40.00	40.00	40.00	40.00	40.00	45.00	45.00	45.00	44.00	50.00	38.00	35.83	35.00	37.50	35.00	40.61	40.57	35.72	0.10	13.69
6	Beef With Bone, (AQ)	1 Kg	316.25	307.50	280.00	280.00	328.57	275.00	273.00	275.00	265.00	334.77	300.00	290.00	288.00	271.33	270.00	320.00	300.00	292.61	289.89	276.27	0.94	5.91
7	Mutton, Average Quality	1 Kg	656.88	642.83	600.00	600.00	654.46	600.00	525.00	570.00	562.50	634.77	575.00	535.00	577.00	585.83	480.00	562.00	500.00	580.07	574.79	543.68	0.92	6.69
8	Chicken Farm, Broiler, Live	1 Kg	169.54	162.92	149.40	151.10	146.56	155.00	156.00	156.50	151.60	184.25	164.80	165.60	165.00	163.20	179.00	191.00	194.00	165.03	165.21	167.87	-0.11	-1.69
9	Milk, Fresh, Unboiled	1 Ltr	87.50	83.33	77.50	70.00	68.04	69.50	60.00	70.83	60.00	84.00	78.67	75.00	80.00	72.50	72.50	86.00	80.00	75.02	74.54	67.96	0.64	10.39
10	Curd (Dahi)	1 Kg	102.50	93.75	88.50	80.00	79.29	79.00	74.00	80.00	70.00	120.00	106.00	85.00	95.00	79.58	82.50	100.00	80.00	87.95	87.21	79.22	0.85	11.02
11	Powdered Milk, Nido, Polybag	400 gm	350.00	350.00	350.00	350.00	350.00	350.00	350.00	350.00	350.00	350.00	350.00	350.00	350.00	350.00	332.00	325.00	350.00	347.47	344.12	290.00	0.97	18.25
12	Eggs Hen, Farm	Dozen	89.54	85.50	90.50	91.50	85.29	88.40	84.60	88.73	85.20	93.28	91.60	94.00	88.00	84.33	84.50	96.00	89.00	88.82	82.53	80.25	7.62	10.68
13	Mustard Oil, Average Quality	1 Kg	240.00	232.50	156.50	160.00	188.93	192.50	190.00	172.50	160.00	174.46	160.00	143.00	200.00	221.67	180.00	190.00	190.00	185.42	184.94	182.24	0.26	1.74
14	Cooking Oil, Tin, (SN)	2.5 Ltr	540.00	540.00	545.00	545.00	535.00	545.00	520.00	540.00	540.00	545.00	545.00	545.00	540.00	540.00	540.00	540.00	550.00	540.29	541.40	537.35	-0.21	0.55
15	Vegetable Ghee, Tin, (SN)	2.5 Kg	510.00	510.00	505.00	505.00	505.00	510.00	500.00	510.00	510.00	505.00	505.00	525.00	520.00	510.00	510.00	510.00	550.00	511.76	512.21	508.82	-0.09	0.58
16	Vegetable Ghee (Loose)	1 Kg	168.75	163.08	150.00	150.00	155.71	148.20	150.00	160.00	160.00	161.54	160.00	158.50	145.00	168.13	152.50	190.00	170.00	159.49	159.80	158.20	-0.19	0.82
17	Bananas	Dozen	195.50	179.17	107.50	113.00	122.93	86.00	85.00	103.17	92.00	80.15	80.00	90.00	80.00	115.00	179.00	120.00	94.00	113.08	106.32	84.81	6.36	33.33
18	Pulse Masoor, Washed	1 Kg	141.25	128.54	150.00	120.00	152.32	147.50	135.00	122.50	120.00	123.54	117.50	130.00	114.00	120.00	121.00	138.40	115.00	129.21	128.98	110.35	0.18	17.09
19	Pulse Moong, Washed	1 Kg	180.31	170.42	161.50	150.00	166.43	175.00	155.00	161.50	160.00	173.08	171.25	155.00	158.00	152.50	150.00	140.00	140.00	160.00	160.82	123.86	-0.51	29.18
20	Pulse Mash, Washed	1 Kg	158.75	152.17	155.00	150.00	158.93	160.00	150.00	147.50	160.00	143.08	142.50	135.00	140.00	144.17	140.00	174.00	140.00	150.06	149.22	130.19	0.56	15.26
21	Pulse Gram, Washed	1 Kg	84.38	72.50	62.50	60.40	66.07	68.25	62.50	69.17	70.00	78.08	72.50	75.00	69.00	76.67	70.00	110.00	100.00	74.53	75.36	78.67	-1.10	-5.26
22	Potatoes	1 Kg	83.00	78.33	68.50	71.50	70.43	73.50	74.50	77.50	59.50	64.08	63.75	63.00	63.00	65.50	63.50	59.00	70.00	68.74	60.61	28.93	13.41	137.61
23	Onions	1 Kg	54.38	48.29	40.50	46.50	46.03	40.00	37.00	38.13	33.50	43.08	35.25	33.00	40.50	37.16	39.50	38.00	24.80	39.74	32.36	40.58	22.81	-2.07
24	Tomatoes	1 Kg	58.13	54.08	59.00	58.50	64.54	63.50	45.00	65.33	55.00	49.08	51.50	45.00	54.00	33.25	32.75	34.00	28.00	50.04	32.20	87.78	55.40	-42.99
25	Sugar, Refined	1 Kg	59.95	57.82	56.00	55.80	57.81	56.40	55.50	55.60	55.00	56.22	53.40	54.50	53.20	57.52	56.40	57.60	52.00	55.92	53.84	54.35	3.86	2.89
26	Gur, Average Quality	1 Kg	105.00	90.83	82.50	80.00	81.29	77.50	75.00	74.50	67.50	95.54	75.63	75.00	69.50	87.67	82.50	85.00	80.00	81.47	80.77	84.87	0.87	-4.01
27	Salt Powder, Loose, Lahori	1 Kg	11.00	10.83	10.00	9.00	10.00	9.00	10.00	9.00	10.00	12.00	10.00	8.90	10.00	10.00	8.00	10.00	10.00	9.87	9.83	9.07	0.41	8.82
28	Red Chilly Powder, Loose	1 Kg	283.50	268.67	280.00	240.00	266.43	210.00	250.00	235.00	210.00	303.07	260.00	250.00	216.00	200.00	280.00	290.00	200.00	249.57	244.94	215.08	1.89	16.04
29	Garlic	1 Kg	157.50	131.00	123.00	120.00	130.15	104.50	95.00	108.67	104.00	132.15	111.25	114.00	87.00	99.33	128.50	152.00	160.00	121.06	117.35	120.50	3.16	0.46
30	Tea, Lipton Yellow Label, Packet	200 gm	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	0.00	-27.65
31	Cooked Beef, Average Hotel	Plate	83.75	81.25	60.00	62.50	78.04	75.00	95.00	70.00	65.00	71.54	61.88	100.00	70.00	110.00	90.00	80.00	140.00	82.00	81.56	72.22	0.54	13.54
32	Cooked Daal, Average Hotel	Plate	56.25	50.83	35.00	32.50	51.07	42.50	40.00	32.50	37.50	50.00	40.00	50.00	60.00	60.00	47.50	60.00	60.00	47.39	47.10	42.61	0.62	11.22
33	Tea Prepared, Average Hotel	Cup	20.00	20.00	17.50	15.00	19.35	20.00	18.50	20.00	15.00	16.54	20.00	20.00	22.50	15.00	15.00	21.00	17.50	18.41	18.14	15.91	1.49	15.71
34	Cigarettes, K-2, 20's	Packet	45.00	45.00	45.00	50.00	45.00	40.00	45.00	43.00	45.00	45.00	46.00	45.00	45.00	45.00	45.00	47.00	40.00	44.76	42.46	37.40	5.42	19.68
35	Long Cloth	1 mtr	185.00	175.00	137.50	135.00	247.14	237.50	215.00	250.00	180.00	170.00	210.00	230.00	200.00	300.00	147.50	170.00	190.00	198.80	196.45	170.26	1.20	16.76
36	Shirting	1 mtr	172.50	165.00	175.00	175.00	118.57	125.00	140.00	210.00	115.00	135.08	120.00	120.00	130.00	270.83	130.00	160.00	190.00	156.00	154.35	139.09	1.07	12.16
37	Lawn	1 mtr	227.50	210.00	200.00	200.00	261.07	240.00	360.00	150.00	146.50	344.00	215.00	280.00	333.00	360.00	167.50	180.00	165.00	237.62	229.31	189.66	3.62	25.29
38	Georgette	1 mtr	155.00	152.50	132.50	130.00	110.54	160.00	137.00	105.00	110.00	111.62	110.00	125.00	130.00	110.00	97.50	105.00	95.00	122.16	120.30	109.58	1.55	11.48
39	Sandal Bata (Gents)	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	599.00	0.00	16.69
40	Chappal Spounge Bata (Gents)	Pair	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	0.00	0.00
41	Sandal Bata (Ladies)	Pair	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	0.00	0.00
42	Elec. Charges, Upto 50 Units	Unit	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	0.00	0.00
43	Gas Charges, Upto 3.3719 MMBTU	MMBTU	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	0.00	0.00
44	Kerosene Oil	1 Ltr	126.25	126.25	120.50	121.00	109.50	103.00	110.00	115.50	119.00	123.54	125.00	114.00	130.00	116.30	123.00	108.00	125.00	118.58	118.69	117.01	-0.09	1.34
45	Firewood Whole	40 Kg	762.50	683.33	700.00	600.00	703.21	600.00	475.00	545.00	565.00	513.08	400.00	400.00	400.00	662.50	490.00	525.00	400.00	554.39	554.39	507.79	0.00	9.18
46	Energy Saver (14 watts)	Each	167.50	167.50	155.00	155.00	165.00	162.50	165.00	165.00	175.00	170.00	160.00	155.00	175.00	180.00	160.00	180.00	150.00	165.15	165.15	160.06	0.00	3.18
47	Washing Soap, (Nylon), (SN)	Cake	25.00	25.00	16.00	20.00	40																	