

Average Monthly Prices of 53 Essential Items for the month of March 2014

| S. No. | Description | Unit | Islamabad | Rawalpindi | Gujranwala | Sialkot | Lahore | Faisalabad | Sargodha | Multan | Bahawalpur | Karachi | Hyderabad | Sukkur | Larkana | Peshawar | Bannu | Quetta | Khuzdar | Average Prices | | | %change Mar 14 over | |
|--------|--------------------------------------|---------|-----------|------------|------------|---------|--------|------------|----------|--------|------------|---------|-----------|--------|---------|----------|--------|--------|---------|----------------|--------|--------|---------------------|--------|
| | | | | | | | | | | | | | | | | | | | | Mar 14 | Feb 14 | Mar 13 | Feb 14 | Mar 13 |
| 1 | Wheat | 10 kg | 401.25 | 402.50 | 404.00 | 400.00 | 412.66 | 389.06 | 401.88 | 400.00 | 404.69 | 390.00 | 367.50 | 415.00 | 384.38 | 420.00 | 415.63 | 440.00 | 420.00 | 404.03 | 399.80 | 334.79 | 1.06 | 20.68 |
| 2 | Wheat Flour, Bag | 10 kg | 403.75 | 401.46 | 397.50 | 400.00 | 397.00 | 412.50 | 428.75 | 430.00 | 440.00 | 474.81 | 460.00 | 460.63 | 448.75 | 444.58 | 452.50 | 472.50 | 480.00 | 435.57 | 428.03 | 366.15 | 1.76 | 18.96 |
| 3 | Rice Basmati Broken, Average Quality | 1 kg | 86.25 | 80.83 | 67.50 | 70.00 | 76.79 | 81.25 | 67.50 | 77.50 | 62.50 | 76.54 | 75.63 | 75.00 | 80.00 | 78.33 | 52.50 | 90.00 | 60.00 | 74.01 | 73.80 | 70.53 | 0.28 | 4.93 |
| 4 | Rice Irri (Punjab/Sindh) | 1 kg | 62.50 | 60.83 | 52.50 | 52.50 | 63.07 | 65.00 | 55.00 | 41.00 | 52.50 | 56.54 | 50.00 | 52.50 | 32.50 | 48.50 | 77.50 | 45.00 | 55.00 | 54.26 | 54.37 | 50.87 | -0.20 | 6.66 |
| 5 | Bread Plain, Medium Size | Each | 40.00 | 40.00 | 40.00 | 40.00 | 40.00 | 40.00 | 40.00 | 40.00 | 45.00 | 45.00 | 40.00 | 50.00 | 38.00 | 35.00 | 35.00 | 37.50 | 35.00 | 40.32 | 40.32 | 35.46 | 0.00 | 13.71 |
| 6 | Beef With Bone, Average quality | 1 kg | 310.00 | 300.00 | 280.00 | 280.00 | 318.93 | 275.00 | 265.00 | 275.00 | 265.00 | 329.23 | 292.50 | 290.00 | 280.00 | 270.00 | 260.00 | 310.00 | 300.00 | 288.27 | 287.08 | 268.99 | 0.41 | 7.17 |
| 7 | Mutton, Average Quality | 1 kg | 625.94 | 612.08 | 600.00 | 600.00 | 640.36 | 600.00 | 500.00 | 570.00 | 562.50 | 629.23 | 550.00 | 510.00 | 565.00 | 563.33 | 480.00 | 550.00 | 500.00 | 568.14 | 565.30 | 520.59 | 0.50 | 9.13 |
| 8 | Chicken Farm, Broiler, Live | 1 kg | 160.44 | 150.44 | 146.00 | 150.25 | 145.36 | 157.50 | 152.50 | 159.59 | 156.00 | 186.83 | 180.00 | 175.00 | 172.50 | 161.00 | 171.75 | 182.50 | 217.50 | 166.19 | 162.43 | 130.46 | 2.31 | 27.39 |
| 9 | Milk, Fresh, Unboiled | 1 Ltr | 84.38 | 76.46 | 70.00 | 60.00 | 60.54 | 62.50 | 60.00 | 70.83 | 60.00 | 78.00 | 74.00 | 70.00 | 80.00 | 60.00 | 68.75 | 75.00 | 70.00 | 69.44 | 69.31 | 65.60 | 0.19 | 5.85 |
| 10 | Curd (Dahi) | 1 kg | 98.13 | 84.17 | 80.00 | 70.00 | 70.00 | 75.00 | 69.38 | 80.00 | 65.00 | 108.00 | 97.00 | 80.00 | 95.00 | 70.00 | 78.75 | 90.00 | 80.00 | 81.79 | 81.56 | 75.85 | 0.28 | 7.83 |
| 11 | Powdered Milk, Nido, Polybag | 400 gm | 325.00 | 325.00 | 325.00 | 325.00 | 325.00 | 325.00 | 325.00 | 325.00 | 325.00 | 325.00 | 325.00 | 325.00 | 320.00 | 325.00 | 325.00 | 325.00 | 325.00 | 324.71 | 324.71 | 290.00 | 0.00 | 11.97 |
| 12 | Eggs Hen, Farm | Dozen | 115.50 | 109.56 | 116.25 | 110.88 | 109.04 | 114.50 | 110.75 | 108.92 | 109.50 | 113.02 | 114.00 | 120.50 | 115.00 | 116.67 | 117.50 | 120.00 | 128.75 | 114.73 | 106.69 | 88.61 | 7.54 | 29.48 |
| 13 | Mustard Oil, Average Quality | 1 kg | 240.00 | 232.50 | 170.00 | 170.00 | 188.93 | 187.50 | 190.00 | 172.50 | 170.00 | 173.08 | 160.00 | 149.00 | 200.00 | 221.67 | 180.00 | 190.00 | 190.00 | 187.36 | 186.38 | 187.06 | 0.53 | 0.16 |
| 14 | Cooking Oil, Tin, Specify Name | 2.5 Ltr | 540.00 | 540.00 | 545.00 | 545.00 | 535.00 | 535.00 | 545.00 | 540.00 | 540.00 | 535.00 | 545.00 | 545.00 | 530.00 | 537.50 | 540.00 | 535.00 | 550.00 | 540.15 | 539.71 | 527.79 | 0.08 | 2.34 |
| 15 | Vegetable Ghee, Tin, Specify Name | 2.5 kg | 510.00 | 510.00 | 505.00 | 505.00 | 505.00 | 505.00 | 505.00 | 510.00 | 510.00 | 520.00 | 505.00 | 525.00 | 520.00 | 510.00 | 510.00 | 530.00 | 550.00 | 514.12 | 513.90 | 505.00 | 0.04 | 1.81 |
| 16 | Vegetable Ghee (Loose) | 1 kg | 168.28 | 162.94 | 159.25 | 162.50 | 163.95 | 159.63 | 158.50 | 169.50 | 167.50 | 161.54 | 160.00 | 160.00 | 146.25 | 175.52 | 159.69 | 200.00 | 170.00 | 165.00 | 161.95 | 157.88 | 1.88 | 4.51 |
| 17 | Bananas | Dozen | 119.38 | 90.84 | 77.50 | 76.25 | 85.76 | 53.44 | 52.50 | 82.09 | 56.25 | 61.35 | 46.88 | 52.50 | 38.75 | 68.33 | 78.44 | 60.00 | 60.00 | 68.25 | 59.50 | 62.84 | 14.71 | 8.61 |
| 18 | Pulse Masoor, Washed | 1 kg | 141.25 | 131.61 | 150.00 | 124.38 | 157.32 | 143.44 | 147.50 | 119.00 | 120.00 | 119.33 | 113.75 | 130.00 | 109.38 | 116.67 | 120.00 | 131.25 | 105.00 | 128.23 | 126.66 | 100.42 | 1.24 | 27.69 |
| 19 | Pulse Moong, Washed | 1 kg | 159.69 | 145.37 | 137.50 | 140.00 | 156.70 | 143.44 | 145.00 | 149.38 | 155.00 | 151.83 | 152.50 | 150.00 | 151.25 | 131.88 | 137.50 | 148.50 | 135.00 | 146.50 | 140.61 | 114.12 | 4.19 | 28.37 |
| 20 | Pulse Mash, Washed | 1 kg | 150.00 | 136.04 | 150.00 | 146.25 | 143.57 | 142.81 | 132.50 | 122.50 | 125.00 | 123.08 | 121.25 | 135.00 | 120.00 | 121.67 | 127.50 | 150.00 | 130.00 | 133.95 | 134.50 | 130.74 | -0.41 | 2.46 |
| 21 | Pulse Gram, Washed | 1 kg | 88.75 | 75.83 | 66.25 | 67.00 | 69.02 | 68.25 | 67.50 | 71.67 | 77.50 | 76.54 | 72.50 | 75.00 | 75.00 | 76.46 | 70.00 | 105.00 | 100.00 | 76.60 | 76.94 | 95.52 | -0.44 | -19.81 |
| 22 | Potatoes | 1 kg | 53.91 | 50.11 | 41.25 | 46.88 | 45.18 | 40.94 | 42.50 | 42.62 | 38.75 | 45.58 | 40.00 | 40.00 | 41.25 | 46.04 | 41.88 | 41.25 | 36.25 | 43.20 | 29.63 | 20.77 | 45.80 | 107.99 |
| 23 | Onions | 1 kg | 48.76 | 42.08 | 30.00 | 38.75 | 37.32 | 32.81 | 28.38 | 27.50 | 28.13 | 30.68 | 25.00 | 28.13 | 30.00 | 41.67 | 30.00 | 35.63 | 28.75 | 33.15 | 33.80 | 44.15 | -1.92 | -24.92 |
| 24 | Tomatoes | 1 kg | 66.25 | 60.73 | 50.00 | 55.63 | 51.50 | 58.13 | 42.50 | 60.83 | 53.13 | 53.85 | 48.75 | 52.50 | 53.75 | 56.46 | 41.88 | 53.75 | 48.75 | 53.43 | 36.68 | 56.18 | 45.67 | -4.89 |
| 25 | Sugar, Refined | 1 kg | 59.13 | 54.75 | 52.88 | 54.00 | 54.55 | 54.06 | 52.63 | 51.88 | 52.50 | 53.12 | 52.00 | 51.75 | 51.50 | 54.46 | 53.00 | 52.75 | 52.00 | 53.35 | 51.25 | 52.71 | 4.10 | 1.21 |
| 26 | Gur, Average Quality | 1 kg | 105.00 | 90.83 | 77.50 | 76.88 | 78.93 | 77.50 | 75.00 | 67.50 | 64.38 | 85.58 | 72.35 | 61.25 | 65.63 | 82.50 | 82.50 | 85.00 | 85.00 | 78.43 | 78.00 | 72.42 | 0.55 | 8.30 |
| 27 | Salt Powder, Loose, Lahori | 1 kg | 10.00 | 9.75 | 9.00 | 9.00 | 10.00 | 8.00 | 10.00 | 9.00 | 10.00 | 11.50 | 10.00 | 8.50 | 10.00 | 10.00 | 7.00 | 10.00 | 10.00 | 9.51 | 9.37 | 8.90 | 1.49 | 6.85 |
| 28 | Red Chilly Powder, Loose | 1 kg | 248.75 | 233.33 | 200.00 | 225.00 | 186.07 | 207.50 | 220.00 | 230.00 | 190.00 | 296.15 | 240.00 | 230.00 | 190.00 | 200.84 | 207.50 | 290.00 | 200.00 | 223.24 | 221.71 | 232.51 | 0.69 | -3.99 |
| 29 | Garlic | 1 kg | 175.00 | 157.92 | 135.00 | 143.75 | 149.38 | 115.63 | 126.25 | 141.25 | 135.00 | 163.08 | 139.22 | 146.25 | 123.75 | 147.92 | 146.88 | 170.00 | 160.00 | 145.66 | 133.48 | 136.90 | 9.12 | 6.40 |
| 30 | Tea, Lipton Yellow Label, Packet | 200 gm | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 147.37 | 156.19 | 0.00 | -5.65 |
| 31 | Cooked Beef, Average Hotel | Plate | 83.75 | 81.25 | 60.00 | 62.50 | 78.04 | 75.00 | 80.00 | 70.00 | 65.00 | 66.54 | 61.25 | 100.00 | 70.00 | 100.00 | 80.00 | 80.00 | 140.00 | 79.61 | 79.53 | 70.64 | 0.10 | 12.70 |
| 32 | Cooked Daal, Average Hotel | Plate | 56.25 | 50.83 | 35.00 | 32.50 | 51.07 | 42.50 | 40.00 | 32.50 | 32.50 | 46.54 | 40.00 | 50.00 | 60.00 | 60.00 | 45.00 | 60.00 | 50.00 | 46.16 | 46.08 | 40.55 | 0.17 | 13.83 |
| 33 | Tea Prepared, Average Hotel | Cup | 20.00 | 20.00 | 17.50 | 15.00 | 15.46 | 16.19 | 18.50 | 19.13 | 15.00 | 15.00 | 15.00 | 20.00 | 22.50 | 15.00 | 15.00 | 20.00 | 16.25 | 17.38 | 17.06 | 15.37 | 1.88 | 13.08 |
| 34 | Cigarettes, K-2, 20's | Packet | 39.00 | 39.00 | 40.00 | 40.00 | 40.00 | 40.00 | 40.00 | 36.00 | 36.00 | 38.00 | 36.00 | 38.00 | 40.00 | 40.00 | 40.00 | 35.00 | 40.00 | 38.65 | 38.65 | 32.32 | 0.00 | 19.59 |
| 35 | Long Cloth | 1 mtr | 155.00 | 145.00 | 127.50 | 125.00 | 236.61 | 125.00 | 190.00 | 225.00 | 165.00 | 140.00 | 207.50 | 230.00 | 200.00 | 250.00 | 145.63 | 160.00 | 190.00 | 177.48 | 174.26 | 155.10 | 1.85 | 14.43 |
| 36 | Shirting | 1 mtr | 145.00 | 142.50 | 175.00 | 165.00 | 113.57 | 125.00 | 140.00 | 200.00 | 115.00 | 106.15 | 120.00 | 120.00 | 130.00 | 225.00 | 130.00 | 150.00 | 190.00 | 146.60 | 145.68 | 128.99 | 0.63 | 13.65 |
| 37 | Lawn | 1 mtr | 167.50 | 152.50 | 177.50 | 177.50 | 253.21 | 150.00 | 338.75 | 130.00 | 139.50 | 200.00 | 210.00 | 280.00 | 250.00 | 250.00 | 167.50 | 170.00 | 165.00 | 198.76 | 191.27 | 169.17 | 3.92 | 17.49 |
| 38 | Georgette | 1 mtr | 135.00 | 132.50 | 125.00 | 120.00 | 106.66 | 95.00 | 140.00 | 90.00 | 110.00 | 99.62 | 107.50 | 125.00 | 130.00 | 110.00 | 97.50 | 100.00 | 95.00 | 112.87 | 111.01 | 104.23 | 1.68 | 8.29 |
| 39 | Sandal Bata (Gents) | Pair | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 699.00 | 599.00 | 0.00 | 16.69 |
| 40 | Chappal Sponge Bata (Gents) | Pair | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 179.00 | 0.00 | 0.00 |
| 41 | Sandal Bata (Ladies) | Pair | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 499.00 | 0.00 | 0.00 |
| 42 | Electricity Charges, Upto 50 Units | Unit | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 2.00 | 0.00 | 0.00 |
| 43 | Gas Charges, Upto 3.3719 MMBTU | MMBTU | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 124.18 | 123.12 | 0.00 | 0.86 |
| 44 | Kerosene Oil | 1 Ltr | 131.00 | 131.00 | 130.00 | 131.00 | 118.50 | 125.50 | 118.00 | 123.50 | 127.00 | 131.00 | 130.00 | 122.50 | 140.00 | 124.50 | 128.00 | 117.00 | 125.00 | 126.68 | 126.68 | 118.56 | 0.00 | 6.85 |
| 45 | Firewood Whole | 40 kg | 762.50 | 683.33 | 700.00 | 637.50 | 703.21 | 600.00 | 475.00 | 545.00 | 565.00 | 513.08 | 400.00 | 390.00 | 412.50 | 670.83 | 480.00 | 525.00 | 400.00 | 556.64 | 557.15 | 505.41 | -0.09 | 10.14 |
| 46 | Energy Saver (14 watts) | Each | 167.50 | 167.50 | 155.00 | 155.00 | 165.00 | 162.50 | 155.00 | 165.00 | 175.00 | 155.00 | 157.50 | 155.00 | 175.00 | 185.00 | 160.00 | 180.00 | 150.00 | 163.82 | 163.68 | 15 | | |