

Average Monthly Prices of 53 Essential Items for the month of June 2014

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuzdar	Average Prices			%change June 14 over		
																				May 14	June 13	June 14	May 14	June 13	
1	Wheat	10 kg	345.00	345.00	337.50	341.25	330.00	313.13	315.00	311.25	319.69	340.00	355.00	320.00	312.50	345.00	343.75	385.00	400.00	338.77	339.19	319.86	-0.12	5.91	
2	Wheat Flour, Bag	10 kg	392.51	391.67	363.13	360.00	376.00	342.50	362.50	355.00	375.00	428.08	416.25	381.88	372.50	379.59	383.75	410.00	445.00	384.43	389.35	369.33	-1.26	4.09	
3	Rice Basmati Broken, Average Quality	1 kg	86.25	80.83	70.00	70.00	78.67	81.25	67.50	77.50	62.50	76.54	75.63	75.00	80.00	79.58	52.50	85.00	60.00	74.04	74.01	72.12	0.04	2.66	
4	Rice Irri (Punjab/Sindh)	1 kg	62.50	60.83	52.50	52.50	63.07	65.00	52.50	41.00	52.50	61.54	50.00	52.50	35.38	48.50	77.50	45.00	55.00	54.58	54.45	51.66	0.24	5.65	
5	Bread Plain, Medium Size	Each	40.00	40.00	40.00	40.00	40.00	40.00	40.00	45.00	45.00	45.00	44.00	50.00	38.00	35.21	35.00	37.50	35.00	40.57	40.56	35.56	0.02	14.09	
6	Beef With Bone, Average quality	1 kg	311.25	301.25	280.00	280.00	326.43	275.00	265.00	275.00	265.00	329.23	300.00	290.00	280.00	270.00	310.00	300.00	289.89	288.72	273.62	0.41	5.95		
7	Mutton, Average Quality	1 kg	651.88	637.50	600.00	600.00	654.46	600.00	500.00	570.00	562.50	629.23	575.00	510.00	565.00	585.83	480.00	550.00	500.00	574.79	572.03	540.18	0.48	6.41	
8	Chicken Farm, Broiler, Live	1 kg	167.20	158.71	147.00	151.25	143.36	151.25	152.50	158.75	153.50	167.71	166.88	178.00	177.50	171.00	168.25	184.38	211.25	165.21	167.59	176.75	-1.42	-6.53	
9	Milk, Fresh, Unboiled	1 Ltr	87.50	81.25	77.50	70.00	68.04	67.50	60.00	70.83	60.00	84.00	78.67	75.00	80.00	71.88	70.00	85.00	80.00	74.54	72.96	67.37	2.17	10.64	
10	Curd (Dahi)	1 kg	102.50	91.04	88.50	80.00	75.54	77.50	74.00	80.00	68.13	120.00	106.00	85.00	95.00	79.38	80.00	100.00	80.00	87.21	85.04	78.55	2.55	11.02	
11	Powdered Milk, Nido, Polybag	400 gm	350.00	350.00	350.00	350.00	350.00	350.00	347.50	343.75	337.50	343.75	350.00	350.00	350.00	343.75	327.50	325.00	331.25	344.12	325.00	5.88	18.66		
12	Eggs Hen, Farm	Dozen	81.21	76.75	78.00	76.88	76.79	80.81	78.00	74.25	77.00	84.42	86.38	84.00	80.00	78.50	81.25	93.75	115.00	82.53	80.66	77.54	2.32	6.44	
13	Mustard Oil, Average Quality	1 kg	240.00	232.50	155.00	160.00	188.93	192.50	190.00	172.50	160.00	173.08	160.00	139.00	200.00	221.67	178.75	190.00	190.00	184.94	184.28	182.74	0.36	1.20	
14	Cooking Oil, Tin, Specify Name	2.5 Ltr	540.00	540.00	545.00	545.00	535.00	545.00	538.75	540.00	540.00	545.00	545.00	545.00	530.00	540.00	540.00	550.00	541.40	540.81	537.35	0.11	0.75		
15	Vegetable Ghee, Tin, Specify Name	2.5 kg	510.00	510.00	505.00	505.00	505.00	510.00	507.50	510.00	510.00	505.00	505.00	525.00	520.00	510.00	510.00	550.00	512.21	513.38	505.00	-0.23	1.43		
16	Vegetable Ghee (Loose)	1 kg	168.75	163.08	150.00	150.00	155.71	148.38	150.25	160.00	160.00	161.54	160.00	160.00	145.00	168.96	155.00	190.00	170.00	159.80	160.67	157.41	-0.54	1.52	
17	Bananas	Dozen	185.63	175.42	121.25	128.75	124.64	73.75	80.00	104.38	97.50	84.62	77.50	86.25	72.50	103.33	124.38	92.50	75.00	106.32	95.03	74.60	11.88	42.52	
18	Pulse Masoor, Washed	1 kg	141.25	130.63	150.00	120.00	152.32	147.19	137.50	122.50	120.00	121.54	117.50	130.00	111.25	120.00	120.00	136.00	115.00	128.98	128.37	107.02	0.48	20.52	
19	Pulse Moong, Washed	1 kg	180.31	164.58	161.25	150.00	161.52	175.00	155.00	165.00	165.00	173.08	171.25	155.00	167.50	150.62	152.50	146.25	140.00	160.82	158.32	119.05	1.58	35.09	
20	Pulse Mash, Washed	1 kg	158.75	155.00	158.75	152.50	153.84	160.00	149.38	147.50	160.00	143.08	142.50	135.00	136.25	141.77	137.50	165.00	140.00	149.22	143.05	130.72	4.31	14.15	
21	Pulse Gram, Washed	1 kg	88.75	75.83	62.50	62.00	66.07	68.25	62.50	69.17	70.00	83.08	72.50	75.00	71.25	76.67	70.00	107.50	100.00	75.36	75.15	83.53	0.28	-9.78	
22	Potatoes	1 kg	72.42	66.98	58.13	67.50	60.58	68.44	60.63	67.71	55.63	58.08	58.44	52.50	52.50	61.46	55.63	55.00	58.75	60.61	56.05	25.05	8.14	141.96	
23	Onions	1 kg	47.19	40.00	30.00	36.88	34.46	32.19	26.25	27.08	26.88	36.54	30.94	28.75	29.38	34.90	28.75	32.50	27.50	32.36	32.77	37.93	-1.25	-14.68	
24	Tomatoes	1 kg	39.14	30.42	30.63	34.38	34.06	34.06	23.75	31.46	36.25	36.45	43.28	36.25	40.00	19.17	19.38	32.50	26.25	32.20	24.45	59.64	31.70	-46.01	
25	Sugar, Refined	1 kg	59.22	55.71	53.75	53.13	54.89	53.88	53.50	53.13	53.50	53.37	52.50	52.88	52.00	55.13	54.25	54.00	50.50	53.84	52.27	54.15	3.00	-0.57	
26	Gur, Average Quality	1 kg	105.00	90.83	82.50	80.00	79.82	77.50	75.00	70.00	70.00	90.68	75.63	73.13	68.13	87.29	82.50	85.00	80.00	80.77	79.64	83.45	1.42	-3.21	
27	Salt Powder, Loose, Lahori	1 kg	11.00	10.83	10.00	9.00	10.00	8.75	10.00	9.00	10.00	12.00	10.00	8.50	10.00	10.00	8.00	10.00	10.00	9.83	9.75	9.04	0.82	8.74	
28	Red Chilly Powder, Loose	1 kg	275.00	261.67	280.00	240.00	263.93	210.00	247.50	235.00	210.00	286.15	258.13	250.00	205.00	199.17	252.50	290.00	200.00	244.94	228.87	215.19	7.02	13.82	
29	Garlic	1 kg	150.00	124.17	105.00	120.00	117.86	106.25	95.00	91.46	102.50	125.38	125.00	105.00	78.75	94.17	139.38	160.00	155.00	117.35	120.60	118.72	-2.69	-1.15	
30	Tea, Lipton Yellow Label, Packet	200 gm	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	124.21	130.68	169.81	-4.95	-26.85
31	Cooked Beef, Average Hotel	Plate	83.75	81.25	60.00	62.50	78.04	75.00	87.50	70.00	65.00	71.54	61.88	100.00	70.00	110.00	90.00	80.00	80.00	81.56	81.07	71.34	0.60	14.33	
32	Cooked Daal, Average Hotel	Plate	56.25	50.83	35.00	32.50	51.07	42.50	40.00	32.50	37.50	50.00	40.00	50.00	60.00	60.00	47.50	60.00	55.00	47.10	46.62	41.88	1.03	12.46	
33	Tea Prepared, Average Hotel	Cup	20.00	20.00	17.50	15.00	18.61	20.00	18.50	20.00	15.00	16.54	16.25	20.00	22.50	15.00	15.00	21.00	17.50	18.14	17.93	15.84	1.17	14.52	
34	Cigarettes, K-2, 20's	Packet	43.50	43.50	43.75	47.50	43.75	40.00	43.75	41.25	42.75	43.25	41.00	41.50	43.75	43.75	43.75	35.00	40.00	42.46	38.65	33.87	9.86	25.36	
35	Long Cloth	1 mtr	182.50	172.50	127.50	125.00	247.14	237.50	200.00	250.00	180.00	170.00	210.00	230.00	200.00	300.00	147.50	170.00	190.00	196.45	186.45	169.01	5.36	16.24	
36	Shirting	1 mtr	170.00	162.50	175.00	165.00	118.57	125.00	140.00	210.00	115.00	123.08	120.00	120.00	130.00	269.79	130.00	160.00	190.00	154.35	150.54	136.90	2.53	12.75	
37	Lawn	1 mtr	222.50	205.00	177.50	177.50	261.07	240.00	360.00	150.00	146.50	320.00	215.00	280.00	270.75	360.00	167.50	180.00	165.00	229.31	218.68	183.33	4.86	25.08	
38	Georgette	1 mtr	152.50	150.00	125.00	120.00	110.54	160.00	140.00	105.00	110.00	99.62	110.00	125.00	130.00	110.00	97.50	105.00	95.00	120.30	117.44	108.70	2.44	10.67	
39	Sandal Bata (Gents)	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	599.00	0.00	16.69	
40	Chappal Sponge Bata (Gents)	Pair	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	0.00	0.00	
41	Sandal Bata (Ladies)	Pair	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	0.00	0.00	
42	Electricity Charges, Upto 50 Units	Unit	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	0.00	0.00	
43	Gas Charges, Upto 3.3719 MMBTU	MMBTU	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	123.12	0.00	0.86	
44	Kerosene Oil	1 Ltr	126.25	126.25	120.50	121.00	109.50	103.00	110.00	115.50	119.00	123.54	125.00	114.00	130.00	116.17	125.00	108.00	125.00	118.69	118.69	114.82	0.00	3.37	
45	Firewood Whole	40 kg	762.50	683.33	700.00	600.00	703.21	600.00	475.00	545.00	565.00	513.08	400.00	400.00	400.00	662.50	490.00	525.00	400.00	554.39	555.76	505.95	-0.25	9.57	
46	Energy Saver (14 watts)	Each	167.50	167.50	155.00	155.00	165.00	162.50	165.00	165.00	175.00	170.00	160.00	155.00	175.00	180.00	160.00	180.00	150.00	165.15	164.85	158.74	0.18	4.04	