

Average Monthly Prices of 53 Essential Items for the month of January 2014

S. No.	Description	Unit	Average Monthly Prices																	%change Jan 14 over					
			Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Jan 14	Dec 13	Jan 13	Dec 13	Jan 13	
1	Wheat	10 kg	395.00	395.00	395.00	400.00	406.75	377.50	393.50	377.50	383.38	370.00	380.00	400.00	375.00	404.00	450.00	440.00	416.00	397.57	397.43	331.85	0.04	19.80	
2	Wheat Flour, Bag	10 kg	400.25	398.44	397.50	400.00	397.00	414.00	401.25	414.00	415.00	480.00	461.25	433.50	417.00	440.00	436.00	470.00	437.00	424.25	424.59	366.82	-0.08	15.66	
3	Rice Basmati Broken, Average Quality	1 kg	86.25	80.83	62.50	70.00	76.79	81.50	67.50	77.50	62.50	76.54	70.25	75.00	80.00	78.33	57.75	90.00	60.00	73.72	74.46	69.00	-0.99	6.84	
4	Rice Irri (Punjab/Sindh)	1 kg	62.50	60.83	52.50	52.50	63.07	65.00	55.00	41.00	52.50	56.54	50.00	52.50	32.20	48.42	80.00	45.00	54.00	54.33	54.17	49.89	0.30	8.90	
5	Bread Plain, Medium Size	Each	40.00	40.00	40.00	40.00	40.00	40.00	40.00	45.00	45.00	45.00	40.00	50.00	38.00	35.00	35.00	37.50	35.00	40.32	39.99	34.80	0.83	15.86	
6	Beef With Bone, Average quality	1 kg	295.00	286.67	280.00	280.00	318.93	275.00	265.00	275.00	265.00	306.15	292.50	278.00	280.00	268.33	260.00	310.00	300.00	284.45	283.39	268.57	0.37	5.91	
7	Mutton, Average Quality	1 kg	611.25	608.33	550.00	600.00	640.36	600.00	500.00	551.00	562.50	612.31	550.00	510.00	565.00	538.67	425.00	550.00	500.00	557.32	556.48	513.68	0.15	8.50	
8	Chicken Farm, Broiler, Live	1 kg	181.03	171.43	164.40	168.20	158.57	169.00	168.00	175.83	174.00	208.12	200.00	206.80	191.00	183.40	172.00	202.00	213.00	182.75	160.39	157.80	13.94	15.81	
9	Milk, Fresh, Unboiled	1 Ltr	83.75	73.33	70.00	60.00	60.54	62.50	60.00	70.83	60.00	78.00	74.00	70.00	80.00	60.00	67.50	75.00	70.00	69.14	69.11	64.97	0.04	6.42	
10	Curd (Dahi)	1 kg	96.88	82.29	80.00	70.00	70.00	71.00	67.50	80.00	65.00	108.00	97.00	80.00	95.00	70.00	77.50	90.00	80.00	81.19	81.12	75.41	0.09	7.66	
11	Powdered Milk, Nido, Polybag	400 gm	315.00	315.00	315.00	315.00	315.00	310.00	315.00	315.00	315.00	315.00	315.00	315.00	308.00	310.00	308.00	307.00	313.12	298.68	290.00	4.83	7.97		
12	Eggs Hen, Farm	Dozen	102.85	96.34	98.60	100.50	95.69	100.25	98.00	98.40	97.60	109.83	109.53	106.80	114.00	108.59	113.00	120.00	142.00	106.59	118.00	111.75	-9.67	-4.62	
13	Mustard Oil, Average Quality	1 kg	240.00	232.50	165.00	160.00	178.21	188.00	190.00	172.50	174.00	173.08	160.00	145.60	200.00	222.00	180.00	190.00	190.00	185.93	185.44	185.87	0.26	0.03	
14	Cooking Oil, Tin, Specify Name	2.5 Ltr	530.00	530.00	545.00	545.00	535.00	535.00	545.00	538.00	540.00	535.00	545.00	545.00	530.00	535.00	540.00	535.00	550.00	538.71	537.21	528.59	0.28	1.91	
15	Vegetable Ghee, Tin, Specify Name	2.5 Ltr	510.00	510.00	505.00	505.00	505.00	505.00	510.00	507.60	510.00	520.00	505.00	525.00	520.00	505.00	510.00	530.00	550.00	513.68	510.76	517.53	0.57	-0.74	
16	Vegetable Ghee (Loose)	1 kg	166.88	162.50	152.00	153.50	159.57	155.10	154.00	161.20	162.50	161.54	160.00	160.00	150.00	168.33	157.50	200.00	170.00	162.04	161.94	159.21	0.06	1.78	
17	Bananas	Dozen	103.28	70.00	48.00	55.00	68.21	50.00	38.00	66.83	50.00	36.08	38.75	51.00	36.00	61.67	39.00	56.00	56.00	54.34	53.80	57.09	1.00	-4.82	
18	Pulse Masoor, Washed	1 kg	136.88	130.67	130.00	110.00	134.21	135.00	139.00	119.00	120.00	116.54	113.75	130.00	112.00	116.67	110.00	130.00	105.00	122.87	121.51	99.99	1.12	22.88	
19	Pulse Moong, Washed	1 kg	153.63	141.25	130.00	140.00	140.59	135.00	128.50	137.50	140.00	153.08	142.50	145.00	130.00	124.00	130.00	142.00	127.00	137.65	134.13	113.44	2.62	21.34	
20	Pulse Mash, Washed	1 kg	147.00	135.02	150.00	147.50	148.57	148.00	130.00	122.50	129.00	123.08	121.25	135.00	122.00	122.08	125.00	150.00	127.00	134.29	132.58	131.71	1.29	1.96	
21	Pulse Gram, Washed	1 kg	90.63	80.00	62.50	64.50	63.24	66.20	60.50	68.33	70.50	70.46	72.50	75.00	74.00	75.58	64.00	101.60	99.00	74.03	72.94	104.13	1.49	-28.91	
22	Potatoes	1 kg	38.06	32.75	27.00	29.00	29.71	22.30	22.60	26.07	25.00	30.85	27.50	26.50	29.00	30.83	29.00	33.00	31.60	28.87	38.77	22.77	-25.54	26.79	
23	Onions	1 kg	53.25	44.17	32.00	40.50	41.54	35.00	33.50	35.83	35.00	30.16	27.50	32.00	37.00	39.00	36.00	38.00	29.00	36.44	45.53	24.74	-19.96	47.29	
24	Tomatoes	1 kg	59.35	49.96	45.00	52.00	52.22	46.25	39.00	40.50	40.50	34.77	40.10	38.50	46.00	41.00	37.50	39.00	43.00	43.80	56.60	57.35	-22.61	-23.63	
25	Sugar, Refined	1 kg	57.54	53.33	52.00	52.50	52.19	50.75	50.00	50.20	50.00	51.02	50.00	50.00	50.00	52.33	50.00	51.60	50.20	51.39	54.12	52.52	-5.04	-2.15	
26	Gur, Average Quality	1 kg	105.00	90.83	72.50	85.00	81.43	75.75	67.50	63.50	60.50	76.08	76.75	62.50	66.50	84.50	85.00	85.00	90.00	78.14	81.69	73.40	-4.35	6.46	
27	Salt Powder, Loose, Lahori	1 kg	10.00	9.75	9.00	9.00	8.80	8.00	9.00	9.00	10.00	10.00	10.00	8.50	10.00	10.00	7.00	10.00	10.00	9.30	9.25	8.70	0.54	6.90	
28	Red Chilly Powder, Loose	1 kg	248.75	225.33	200.00	225.00	185.71	204.00	220.00	205.00	190.00	273.08	240.00	230.00	180.00	196.67	206.00	200.00	200.00	218.80	217.42	238.60	0.63	-8.30	
29	Garlic	1 kg	162.50	148.33	150.00	113.00	154.86	113.50	114.50	123.50	110.00	133.08	128.00	121.00	101.00	135.83	142.00	148.00	162.00	133.01	137.62	128.17	-3.35	3.78	
30	Tea, Lipton Yellow Label, Packet	200 gm	147.37	147.37	147.37	147.37	147.37	147.37	147.37	147.37	147.37	147.37	147.37	147.37	152.63	152.63	147.37	147.37	152.63	150.53	148.48	158.59	144.21	-6.37	2.96
31	Cooked Beef, Average Hotel	Plate	83.75	81.25	60.00	61.50	78.04	75.00	80.00	70.00	65.00	61.54	61.25	100.00	70.00	97.33	80.00	80.00	140.00	79.10	78.33	69.22	0.98	14.27	
32	Cooked Daal, Average Hotel	Plate	56.25	50.83	35.00	32.50	51.07	42.50	40.00	32.50	32.50	41.54	38.50	50.00	60.00	60.00	45.00	60.00	50.00	45.78	45.53	39.98	0.55	14.51	
33	Tea Prepared, Average Hotel	Cup	20.00	20.00	17.50	15.00	15.00	15.00	18.50	16.50	15.00	15.00	15.00	20.00	22.50	15.00	15.00	20.00	15.00	17.06	17.04	15.30	0.12	11.50	
34	Cigarettes, K-2, 20's	Packet	39.00	39.00	40.00	40.00	36.00	40.00	40.00	36.00	36.00	38.00	36.00	38.00	40.00	40.00	38.00	35.00	40.00	38.29	38.06	32.32	0.60	18.47	
35	Long Cloth	1 mtr	155.00	145.00	127.50	125.00	205.00	125.00	190.00	225.00	165.00	140.00	190.00	230.00	200.00	250.00	140.00	150.00	190.00	173.68	172.65	148.49	0.60	16.96	
36	Shirting	1 mtr	145.00	142.50	175.00	165.00	98.57	125.00	140.00	182.00	115.00	106.15	120.00	120.00	130.00	225.00	127.50	150.00	190.00	144.51	143.44	124.85	0.75	15.75	
37	Lawn	1 mtr	167.50	152.50	177.50	177.50	229.64	150.00	275.00	130.00	139.50	170.00	210.00	265.00	250.00	250.00	167.50	160.00	165.00	190.39	189.80	161.03	0.31	18.23	
38	Georgette	1 mtr	135.00	132.50	125.00	120.00	95.00	95.00	140.00	90.00	110.00	99.62	100.00	125.00	130.00	110.00	92.50	90.00	95.00	110.86	110.86	102.38	0.00	8.28	
39	Sandal Bata (Gents)	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	674.00	599.00	3.71	16.69	
40	Chappal Spounge Bata (Gents)	Pair	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	179.00	0.00	0.00	
41	Sandal Bata (Ladies)	Pair	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	499.00	0.00	0.00	
42	Electricity Charges, Upto 50 Units	Unit	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	0.00	0.00	
43	Gas Charges, Upto 3.3719 MMBTU	MMBTU	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	124.18	123.12	0.00	0.86	
44	Kerosene Oil	1 Ltr	131.00	131.00	130.00	131.00	118.50	125.50	118.00	125.00	128.00	132.00	130.00	122.50	140.00	124.67	125.00	125.00	125.00	126.72	126.72	117.96	0.00	7.43	
45	Firewood Whole	40 kg	747.50	678.33	700.00	675.00	652.86	575.00	475.00	545.00	565.00	509.69	400.00	390.00	425.00	669.83	474.00	525.00	400.00	553.37	538.79	502.35	2.71	10.16	
46	Energy Saver (14 watts)	Each	167.50	167.50	155.00	155.00	165.00	162.50	155.00	165.00	175.00	155.00	155.00	155.00	168.00	190.00	156.00	180.00	150.00	163.32	162.28	151.74	0.64	7.63	
47	Washing Soap, 200-250 g, Specify Name																								