

Average Monthly Prices of 51 Essential Items for the month of March 2021

S. No.	Description	Unit	Islamabad	Rawalpindi	Gujranwala	Sialkot	Lahore	Faisalabad	Sargodha	Multan	Bahawalpur	Karachi	Hyderabad	Sukkur	Larkana	Peshawar	Bannu	Quetta	Khuzdar	Average Prices			%change Mar 21 over		
																				Mar 21	Feb 21	Mar 20	Feb 21	Mar 20	
1	Wheat Flour Bag	20 Kg	865.40	860.00	860.00	860.00	860.00	860.00	860.00	860.00	860.00	1280.19	1278.96	953.73	1019.77	977.36	964.32	960.00	1289.98	957.89	955.79	890.56	0.22	7.56	
2	Rice Basmati Broken (Average Quality)	1 Kg	109.00	99.87	90.33	80.00	80.10	93.22	90.00	93.75	80.00	107.56	92.40	100.00	106.27	90.00	70.00	101.08	90.00	91.95	90.62	82.03	1.47	12.09	
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	76.52	78.03			60.00	60.00	90.00	69.14	70.00	76.95	77.88	60.00	65.00	80.00	74.89	89.91	80.00	73.28	71.39	62.75	2.65	16.78	
4	Bread plain (Small Size)	Each	60.00	60.00	60.00	70.00	61.21	60.00	60.00	61.21	41.20	40.00	60.00	70.00	60.00	60.00	40.00	60.00	40.00	55.77	55.54	49.40	0.41	12.89	
5	Beef with Bone (Average Quality)	1 Kg	584.89	560.55	500.00	500.00	504.56	430.89	450.00	493.24	432.67	590.05	501.14	450.00	424.51	400.00	413.22	484.98	482.74	479.47	475.38	436.09	0.86	9.95	
6	Mutton (Average Quality)	1 Kg	1206.90	1198.97	1032.28	1100.00	1051.19	1000.00	1000.00	1000.00	932.17	1085.80	1080.80	900.00	924.77	868.94	720.00	1096.96	1000.00	1004.50	998.64	905.17	0.59	10.97	
7	Chicken Farm Broiler (Live)	1 Kg	246.34	243.04	225.70	237.72	224.23	239.22	232.43	260.02	238.77	283.13	274.56	277.84	267.07	245.10	251.90	291.02	302.39	254.33	231.26	154.55	9.98	64.56	
8	Milk fresh (Un-boiled)	1 Ltr	125.75	120.96	110.00	90.00	96.07	103.23	80.00	96.55	86.53	126.80	115.73	110.00	114.93	122.27	106.56	120.00	107.41	106.90	105.24	94.75	1.58	12.82	
9	Curd (Dahi) Loose	1 Kg	135.11	133.86	120.00	100.00	115.61	110.00	110.00	114.34	96.55	193.87	156.91	120.00	123.24	128.48	120.00	134.94	117.42	123.63	121.86	109.49	1.45	12.91	
10	Powdered Milk NIDO 390 gm Polybag	Each	480.00	480.00	480.00	489.90	488.92	480.00	480.00	480.00	480.00	480.00	480.00	482.45	473.31	490.00	480.00	500.00	480.00	482.59	481.22	462.04	0.28	4.45	
11	Eggs Hen (Farm)	1 Dozen	167.67	164.28	157.91	164.76	162.59	169.85	168.38	158.20	161.78	160.69	162.14	164.60	159.69	173.01	174.78	174.50	164.77	165.19	146.96	105.00	12.40	57.32	
12	Mustard Oil (Average Quality)	1 Kg	358.11	341.67	245.75	279.86	278.02	226.47	287.38	267.09	280.00	282.37	269.95	252.44	306.52	300.00	260.00	259.87	280.00	279.22	269.90	218.45	3.45	27.82	
13	Cooking Oil DALDA or Other Similar	Each	1506.13	1506.13	1495.00	1517.33	1495.00	1495.00	1495.00	1495.00	1495.00	1506.13	1495.00	1506.13	1495.00	1495.00	1495.00	1517.33	1495.00	1500.23	1479.05	1298.22	1.43	15.56	
14	Vegetable Ghee DALDA/HABIB 2.5 kg	Each	763.72	763.72	767.46	767.46	760.00	760.00	760.00	763.72	760.00	763.72	763.72	760.00	760.00	760.00	702.42	760.00	760.00	758.44	740.86	653.09	2.37	16.13	
15	Vegetable Ghee DALDA/HABIB or Other	Each	297.73	297.73	299.48	299.48	297.73	296.00	296.00	297.73	299.48	297.73	297.73	297.73	296.00	296.00	296.00	299.48	296.00	297.53	291.32	251.41	2.13	18.34	
16	Bananas (Kela) Local	1 Dozen	169.00	131.07	120.80	123.17	107.20	82.39	65.53	134.97	98.89	77.62	72.58	80.47	76.52	86.06	94.35	69.52	74.58	94.35	82.24	86.12	14.73	9.56	
17	Pulse Masoor (Washed)	1 Kg	179.86	162.07	150.00	145.70	158.44	166.60	180.00	147.65	153.26	160.68	146.59	143.26	161.00	153.26	171.19	151.62	157.37	155.90	141.48	0.94	11.23		
18	Pulse Moong (Washed)	1 Kg	263.90	246.07	234.87	216.34	235.54	233.29	220.00	227.90	226.47	250.79	239.12	243.29	242.46	216.61	211.44	272.46	246.62	236.35	234.28	235.77	0.88	0.25	
19	Pulse Mash (Washed)	1 Kg	284.63	266.64	270.75	267.28	287.06	292.03	260.00	253.29	260.00	254.14	246.17	250.83	280.00	268.18	262.97	272.46	220.00	263.94	255.22	224.22	3.42	17.71	
20	Pulse Gram	1 Kg	176.33	162.11	148.29	139.53	144.53	148.18	140.00	148.50	153.26	163.48	158.93	143.26	149.47	160.00	148.29	172.43	150.00	152.99	147.42	148.95	3.78	2.71	
21	Potatoes	1 Kg	58.65	47.10	40.00	43.90	44.68	39.56	40.00	40.00	40.00	36.14	30.49	33.42	24.83	48.27	38.62	34.76	39.05	39.29	37.59	43.78	4.52	-10.26	
22	Onions	1 Kg	53.95	43.73	40.75	42.07	34.07	37.67	31.44	32.24	32.24	35.52	31.05	29.55	21.54	43.62	37.42	42.05	40.00	36.28	38.02	72.09	-4.58	-49.67	
23	Tomatoes	1 Kg	58.11	48.74	52.73	48.56	40.76	46.10	32.24	36.69	36.63	27.01	20.38	26.26	24.13	43.60	33.30	29.28	34.64	36.12	34.19	37.52	5.64	-3.73	
24	Sugar Refined	1 Kg	100.90	100.25	97.99	100.89	99.41	95.95	96.24	96.29	99.15	99.91	97.99	95.75	95.50	100.00	94.99	101.48	95.75	98.12	92.96	80.92	5.55	21.26	
25	Gur (Average Quality)	1 Kg	142.44	141.83	123.24	122.43	134.43	123.24	116.57	110.00	120.00	134.92	131.29	120.80	104.88	134.35	129.74	148.56	133.25	127.25	128.60	118.23	-1.05	7.63	
26	Salt Powdered (NATIONAL/SHAN) 80	Each	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	0.00	0.00
27	Chilies Powder NATIONAL 200 gm Packet	Each	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	380.00	326.19	380.00	376.60	361.68	156.04	4.13	141.35
28	Garlic (Lehsun)	1 Kg	258.28	224.83	182.62	182.90	178.87	197.59	200.31	196.81	193.10	202.91	191.59	189.74	198.25	204.91	219.09	269.88	261.89	207.35	244.13	347.86	-15.07	-40.39	
29	Tea Lipton Yellow Label 190 gm Packet	Each	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.27	229.25	-0.12	0.33	
30	Cooked Beef at Average Hotel	Per Plate	159.20	142.76	186.43	200.00	141.83	200.00	140.00	117.98	173.07	141.20	122.36	150.00	165.10	146.59	110.00	174.95	196.61	153.56	152.18	136.90	0.91	12.17	
31	Cooked Daal at Average Hotel	Per Plate	112.05	92.91	73.19	70.00	80.00	73.19	70.00	61.30	80.00	80.00	71.58	80.00	67.82	73.19	60.00	104.92	90.00	77.73	76.97	71.47	0.99	8.76	
32	Tea Prepared Ordinary	Per Cup	30.00	29.82	30.00	30.00	30.00	30.00	30.00	27.11	28.23	30.00	35.00	30.00	31.58	22.44	21.54	30.00	30.00	28.99	28.68	26.37	1.08	9.94	
33	Cigarettes Capstan 20'S Packet	Each	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	89.68	80.00	80.00	90.00	90.00	91.24	90.00	90.00	83.45	83.38	81.77	0.08	2.05	
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	397.51	382.73	395.00	400.00	293.30	315.82	400.00	394.00	391.42	300.00	350.00	375.00	350.00	450.00	453.31	548.48	350.00	380.70	362.94	318.19	4.89	19.65	
35	Shirting (Average Quality)	1 mtr	406.58	376.18	225.00	270.00	163.27	169.43	250.00	250.00	329.70	257.00	173.27	173.21	224.07	427.71	293.24	164.95	200.00	243.76	236.11	207.34	3.24	17.57	
36	Lawm Printed Gul Ahmed/Al Karam	1 mtr	342.56	323.99	436.00	309.68	333.13	339.95	499.10	464.98	453.40	427.73	350.00	393.00	500.00	430.00	523.27	498.33	350.00	404.31	385.35	358.55	4.92	12.76	
37	Georgette (Average Quality)	1 mtr	231.35	220.57	200.00	200.00	184.63	159.40	222.40	141.50	113.24	151.94	130.00	150.00	200.00	176.09	150.00	134.94	200.00	170.89	168.01	150.11	1.71	13.84	
38	Gents Sandal Bata	Pair	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	1199.00	899.00	0.00	33.37	
39	Gents Sponge Chappal Bata	Pair	249.00	249.00	249.00	249.00	249.00	249.00	249.00	249.00	249.00	249.00	249.00	249.00	249.00	249.00	249.00	249.00	249.00	249.00	249.00	199.00	0.00	25.13	
40	Ladies Sandal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	0.00	0.00	
41	Electricity Charges upto 50 Units	Per Unit	6.41	6.41	6.41	6.41	6.41	6.41	6.41	6.41	6.41	6.41	6.41	6.41	6.41	6.41	6.41	6.41	6.41	6.41	4.69	3.70	36.67	73.24	
42	Gas Charges upto 3.3719 MMBTU																								