

Average Monthly Prices of 51 Essential Items for the month of January 2020

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Peshawar	Bannu	Quetta	Khuz-dar	Average Prices			%change Jan 20 over		
																				20	Dec 19	Jan 19	Dec 19	Jan 19	
1	Wheat Flour Bag	20 Kg	942.21	906.56	812.97	810.00	808.00	807.00	806.20	842.06	806.80	1197.67	1163.18	1052.94	1030.32	1025.03	1099.89	1105.50	999.98	944.44	906.46	788.33	4.19	19.80	
2	Rice Basmati Broken (Average Quality)	1 Kg	101.52	92.86	76.63	72.96	74.71	90.00	73.19	88.18	63.16	90.99	92.40	63.16	94.91	86.53	54.85	109.92	82.55	81.57	81.84	76.13	-0.33	7.15	
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	73.19	74.01	60.00		56.66	63.16	73.19	57.72	49.30	65.61	56.62	54.77	45.50	61.30	60.00	61.62	61.98	61.62	61.48	61.38	54.92	0.16	11.94
4	Bread plain (Small Size)	Each	55.00	55.00	50.00	45.00	55.00	55.00	50.00	55.00	35.00	35.00	55.00	60.00	50.00	50.00	40.00	50.00	40.00	40.00	48.52	48.32	43.17	0.41	12.39
5	Beef with Bone (Average Quality)	1 Kg	501.80	485.25	400.00	450.00	450.00	421.91	440.00	416.02	359.73	534.33	453.31	400.00	424.51	397.38	400.00	419.92	400.00	430.61	428.70	392.90	0.45	9.60	
6	Mutton (Average Quality)	1 Kg	1034.43	1025.41	900.00	900.00	966.38	1000.00	950.00	878.54	782.97	968.73	866.35	800.00	874.76	860.53	706.60	889.96	800.00	890.01	887.77	806.60	0.25	10.34	
7	Chicken Farm Broiler (Live)	1 Kg	172.57	162.72	157.83	164.34	157.71	162.50	156.67	170.64	158.13	185.08	185.09	180.60	170.59	170.62	165.68	184.07	207.96	170.86	147.44	133.54	15.88	27.95	
8	Milk fresh (Un-boiled)	1 Ltr	109.05	111.49	90.00	80.00	80.00	93.22	75.00	87.00	71.63	108.74	96.00	100.00	109.70	103.64	93.22	110.00	90.00	93.76	93.51	85.88	0.27	9.18	
9	Curd (Dahi) Loose	1 Kg	121.54	118.26	100.00	90.00	100.00	100.00	90.00	101.06	83.20	160.00	120.00	110.00	120.00	116.28	103.23	120.00	100.00	107.78	107.65	101.14	0.12	6.57	
10	Powdered Milk NIDO 390 gm Polybag	Each	460.00	460.00	447.56	447.89	451.89	457.96	455.93	447.89	449.13	441.98	455.97	453.84	460.00	447.89	441.89	481.78	447.32	453.38	440.65	395.62	2.89	14.60	
11	Eggs Hen (Farm)	1 Dozen	130.49	125.52	125.70	122.76	125.76	130.54	124.84	118.82	123.82	131.79	130.54	131.78	126.71	129.93	131.63	138.93	131.63	128.22	121.34	115.95	5.67	10.58	
12	Mustard Oil (Average Quality)	1 Kg	254.92	259.17	216.61	187.75	202.34	212.53	227.96	198.34	200.00	199.41	201.59	191.90	249.87	242.07	195.27	219.85	200.00	214.14	204.39	187.36	4.77	14.29	
13	Cooking Oil DALDA or Other Similar	Each	1185.00	1185.00	1215.59	1200.00	1170.00	1214.24	1180.99	1170.00	1204.08	1172.08	1170.00	1170.00	1191.96	1194.92	1180.00	1185.01	1170.00	1185.01	1166.99	1001.10	1.60	18.37	
14	Vegetable Ghee DALDA/HABIB 2.5 kg	Each	575.00	575.00	602.46	590.00	577.83	596.21	565.98	560.00	587.07	564.81	560.00	560.00	590.00	577.83	575.00	590.00	590.00	578.51	561.55	491.26	3.02	17.76	
15	Vegetable Ghee DALDA/HABIB or Other	Each	223.20	223.00	233.79	229.00	235.32	227.17	226.92	222.94	216.03	222.03	230.00	220.00	230.00	226.41	220.00	229.96	230.00	226.17	215.65	181.94	4.88	24.31	
16	Bananas (Kela) Local	1 Dozen	127.38	104.15	70.24	79.75	86.52	61.01	48.40	75.17	69.81	70.04	55.95	69.00	71.62	71.60	68.75	80.97	71.30	73.62	64.15	66.07	14.76	11.43	
17	Pulse Masoor (Washed)	1 Kg	156.71	139.10	169.24	180.00	138.50	164.59	160.00	135.24	135.91	139.68	132.28	131.18	138.83	132.22	140.00	159.79	137.94	145.85	136.91	119.15	6.53	22.41	
18	Pulse Moong (Washed)	1 Kg	240.66	233.31	237.97	210.00	200.51	235.17	217.22	231.89	228.86	241.28	235.61	241.26	225.02	215.52	235.86	255.74	225.12	229.68	197.02	124.10	16.58	85.08	
19	Pulse Mash (Washed)	1 Kg	235.09	230.26	237.79	240.00	228.31	249.29	222.62	210.23	228.86	216.22	211.10	206.46	181.97	224.95	228.49	269.88	209.98	224.58	207.20	151.24	8.39	48.49	
20	Pulse Gram	1 Kg	171.21	166.25	152.29	154.33	148.18	167.19	153.12	152.27	155.11	158.56	156.91	156.50	143.73	163.53	149.22	187.57	165.80	158.61	138.36	124.82	14.64	27.07	
21	Potatoes	1 Kg	60.99	53.67	48.54	47.43	45.52	47.31	43.73	44.39	37.92	41.72	40.30	39.29	38.44	42.78	50.61	43.65	45.13	45.04	46.11	22.10	-2.32	103.80	
22	Onions	1 Kg	78.08	68.64	61.88	58.94	54.47	57.04	50.00	56.24	59.05	54.82	50.70	49.13	49.03	70.22	54.64	72.77	77.89	59.50	72.73	27.07	-18.19	119.80	
23	Tomatoes	1 Kg	128.82	118.89	111.56	107.13	106.66	93.41	86.35	98.50	119.03	93.21	82.13	86.97	94.59	99.76	87.42	102.72	138.63	102.18	128.89	48.71	-19.47	109.77	
24	Sugar Refined	1 Kg	80.57	77.39	76.43	75.18	75.97	75.47	74.06	74.78	76.50	74.53	74.48	73.96	73.29	77.56	76.41	78.78	73.19	75.77	71.08	58.41	6.60	29.72	
25	Gur (Average Quality)	1 Kg	130.61	122.54	108.61	110.00	125.14	129.50	115.70	108.03	126.58	130.66	139.14	113.11	108.51	118.39	103.23	114.93	120.00	118.70	109.72	84.21	8.18	40.96	
26	Salt Powdered (NATIONAL/SHAN) 80	Each	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	29.73	0.00	0.91	
27	Chilies Powder NATIONAL 200 gm Packet	Each	150.00	150.00	150.00	150.00	155.00	150.00	150.00	150.00	150.00	150.00	150.00	150.00	150.00	150.00	150.00	150.00	150.00	150.29	150.29	144.54	0.00	3.98	
28	Garlic (Lehsun)	1 Kg	317.83	312.51	288.98	279.71	299.58	275.75	270.19	271.56	272.75	328.29	270.63	284.75	241.93	295.71	311.60	373.61	327.63	294.00	284.22	163.72	3.44	79.57	
29	Tea Lipton Yellow Label 190 gm Packet	Each	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	227.49	230.00	230.00	230.00	220.00	229.25	229.25	207.86	0.00	10.29		
30	Cooked Beef at Average Hotel	Per Plate	137.22	134.69	153.08	150.00	130.92	183.27	130.00	108.44	127.25	119.34	100.00	120.00	165.10	137.19	106.56	139.76	196.61	135.43	133.16	113.31	1.70	19.52	
31	Cooked Daal at Average Hotel	Per Plate	90.65	87.74	57.15	60.00	72.29	73.19	60.00	54.63	65.57	72.89	60.00	70.00	63.83	73.19	60.00	94.91	90.00	69.91	67.59	61.23	3.43	14.18	
32	Tea Prepared Ordinary	Per Cup	27.31	27.02	25.00	25.00	25.00	25.62	25.00	24.89	26.57	25.00	35.00	30.00	32.44	20.00	21.54	23.42	25.00	25.88	25.75	22.26	0.50	16.26	
33	Cigarettes Capstan 20'S Packet	Each	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	81.33	80.00	80.00	80.00	80.00	90.00	84.90	85.86	81.54	81.21	59.77	0.41	36.42	
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	273.75	270.23	180.00	200.00	293.30	252.09	300.00	376.00	331.93	197.90	350.00	375.00	314.76	450.00	443.23	548.48	250.00	304.34	300.87	232.56	1.15	30.87	
35	Shirting (Average Quality)	1 mtr	262.80	257.63	200.00	220.00	163.27	133.25	200.00	250.00	153.26	181.53	163.27	173.21	224.07	427.71	232.26	164.95	170.00	202.30	199.36	174.07	1.47	16.22	
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	304.98	290.28	243.29	270.00	333.13	252.09	393.34	428.00	417.24	427.70	320.00	393.00	500.00	430.00	453.06	498.33	250.00	354.82	354.82	276.09	0.00	28.52	
37	Georgette (Average Quality)	1 mtr	185.77	186.22	173.27	170.00	156.06	159.40	180.00	106.46	106.27	137.89	120.00	150.00	169.80	148.52	120.00	109.92	170.00	147.31	145.47	131.92	1.26	11.67	
38	Gents Sandal Bata	Pair	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	0.00	0.00	
39	Gents Sponge Chappal Bata	Pair	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	0.00	0.00	
40	Ladies Sandal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	0.00	0.00	
41	Electricity Charges upto 50 Units	Per Unit	4.19	4.19	4.19	4.19	4.19	4.19	4.19	4.19	4.19	4.19	4.19	4.19	4.19	4.19	4.19	4.19	4.19	4.19	4.27	3.80	-1.87	10.26	
42	Gas Charges upto 3.3719 MMBTU	MMBTU	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	700.00	675.31	667.20	632.40	1.22	6.79	
43	Firewood Whole	40 Kg	814.52	783.05	800.00	700.00	857.44	644.76	566.19	742.80	700.00	685.69	650.00	500.00	524.60	756.99	520.00	674.69	700.00	675.31	667.20	632.40	1.22	6.79	
44	Energy Saver Philips 14 Watt	Each	176.60	175.26	170.00	155.00	210.00	165.00	180.00	200.00	180.00	180.00	230.00	155.00	230.00	190.00	190.00	220.00	230.00	188.84	186.51	174.25	1.25	8.37	
45	Sufi Washing Soap 250 gm Cake	Each	50.00	49.37	45.00	50.00	48.00	50.00	50.00	46.31	43.95	45.00	45.00	38.54	39.75	50.00	45.00	50.00	42.93	46.26	43.37	41.42	6.66	11.69	
46	Match Box	Each	2.53	2.35	2.77	2.00	3.00	2.29	3.00	3.00															