

Average Monthly Prices of 51 Essential Items for the month of March 2023

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Prices			%change Mar 23 over	
																				Mar 23	Feb 23	Mar 22	Feb 23	Mar 22
1	Wheat Flour Bag	20 Kg	1772.83	1758.99	1925.38	1633.74	1634.02	1633.74	1633.74	1999.39	1732.22	2842.15	2457.85	2367.36	2467.15	2259.05	2095.65	2783.35	2820.74	2064.43	1699.73	1167.44	21.46	76.83
2	Rice Basmati Broken (Average Quality)	1 Kg	200.60	202.35	170.00	155.92	200.57	204.37	176.60	178.80	163.93	216.76	194.46	191.36	179.31	189.25	157.70	214.87	157.22	184.51	173.17	103.00	6.55	79.14
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	131.36	118.27			81.87	133.91	163.86	147.72	166.60	139.61	171.53	100.00	135.91	146.59	160.00	128.84	136.58	135.21	127.55	75.58	6.01	78.90
4	Bread plain (Small Size)	Each	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	100.00	110.00	110.00	100.00	96.55	103.23	100.00	100.00	100.00	101.11	99.26	65.08	1.86	55.36
5	Beef with Bone (Average Quality)	1 Kg	831.12	800.79	700.00	688.29	744.15	766.31	668.87	728.47	632.89	817.54	678.72	700.00	604.03	600.00	689.95	700.00	710.40	698.07	599.81	1.77	18.44	
6	Mutton (Average Quality)	1 Kg	1708.34	1662.47	1600.00	1558.29	1770.77	1532.62	1332.76	1634.77	1396.61	1637.36	1540.88	1400.00	1306.63	1321.92	1119.31	1568.97	1389.85	1489.14	1464.95	1226.69	1.65	21.39
7	Chicken Farm Broiler (Live)	1 Kg	391.37	379.65	370.70	379.98	365.27	385.19	359.51	383.52	355.45	428.83	418.89	405.22	389.86	381.79	385.10	445.02	527.72	395.45	428.77	287.58	-7.77	37.51
8	Milk fresh (Un-boiled)	1 Ltr	190.28	186.39	151.95	120.00	141.06	150.00	126.58	141.73	120.00	207.78	162.58	160.00	200.00	187.39	149.78	191.27	164.59	159.55	153.27	116.63	4.10	36.80
9	Curd (Dahi) Loose	1 Kg	204.60	204.41	171.95	140.00	165.94	170.00	160.00	161.73	146.59	299.26	239.27	170.00	215.85	198.53	160.00	208.94	189.07	185.21	178.09	134.37	4.00	37.84
10	Powdered Milk NIDO 390 gm Polybag	Each	689.93	680.00	680.00	680.00	680.00	680.00	647.93	680.00	680.00	676.82	697.30	680.00	680.00	719.10	680.00	680.00	680.00	681.70	667.29	519.91	2.16	31.12
11	Eggs Hen (Farm)	1 Dozen	250.54	245.16	242.26	243.87	237.98	250.90	237.79	228.56	233.80	251.85	233.21	247.72	237.61	245.48	255.23	258.84	269.30	245.10	282.46	135.57	-13.23	80.79
12	Mustard Oil (Average Quality)	1 Kg	697.21	674.55	600.00	560.00	586.10	640.00	583.96	607.21	553.31	626.09	532.85	458.86	555.78	656.20	554.56	577.75	606.59	589.72	581.05	438.75	1.49	34.41
13	Cooking Oil DALDA or Other Similar Brand	Each	3329.64	3329.64	3290.16	3169.44	3349.64	3441.85	3510.00	3399.40	3359.98	3366.63	3373.03	3090.15	3175.00	3388.51	3116.58	3274.10	3400.00	3313.57	2932.39	2258.19	13.00	46.74
14	Vegetable Ghee DALDA/HABIB 2.5 kg	Each	1569.81	1569.81	1547.50	1442.65	1579.81	1589.87	1620.91	1590.08	1587.30	1584.79	1579.81	1573.35	1457.74	1565.73	1384.95	1543.53	1570.00	1549.22	1397.19	1137.54	10.88	36.19
15	Vegetable Ghee DALDA/HABIB or Other Brand	Each	615.64	612.92	618.38	612.92	623.60	629.26	618.38	625.18	620.95	614.41	620.12	614.67	586.82	632.05	570.00	616.92	625.00	614.95	565.11	451.17	8.82	36.30
16	Bananas (Kela) Local	1 Dozen	339.31	315.49	170.51	193.60	206.56	189.73	168.84	291.93	252.32	173.90	156.28	168.29	133.28	207.42	253.79	174.19	147.22	200.92	149.58	110.62	34.32	81.63
17	Pulse Masoor (Washed)	1 Kg	299.81	292.67	261.97	251.97	259.00	283.76	306.63	272.15	277.18	295.15	286.54	271.82	275.83	271.66	250.65	314.97	296.63	279.90	279.74	214.53	0.06	30.47
18	Pulse Moong (Washed)	1 Kg	298.06	273.81	267.82	253.88	263.70	252.96	296.63	279.96	273.17	298.72	284.87	315.96	283.89	269.32	258.52	340.94	313.19	282.91	280.62	166.09	0.82	70.34
19	Pulse Mash (Washed)	1 Kg	455.66	446.63	429.28	429.00	422.35	419.87	433.31	442.51	424.59	439.60	433.92	420.00	372.36	435.96	425.79	454.98	280.00	419.23	409.66	269.54	2.34	55.54
20	Pulse Gram	1 Kg	281.98	261.87	223.95	223.95	246.76	243.95	240.00	263.48	258.43	277.89	251.33	260.00	243.90	264.42	236.62	307.90	273.29	255.62	258.66	165.45	-1.18	54.50
21	Potatoes	1 Kg	74.82	63.77	52.06	49.32	57.05	49.43	50.20	51.23	55.78	48.43	44.21	43.73	42.74	65.31	51.44	50.24	51.86	52.48	43.49	36.63	20.67	43.27
22	Onions	1 Kg	180.53	163.56	134.29	137.41	139.46	124.54	121.66	131.36	134.02	122.59	117.02	102.87	116.94	151.58	138.18	143.50	140.57	134.16	204.64	40.19	-34.44	233.81
23	Tomatoes	1 Kg	99.42	86.33	84.21	74.17	76.13	74.47	67.60	65.91	74.16	45.54	38.00	52.10	48.05	76.77	60.23	55.70	55.29	64.76	49.99	85.58	29.55	-24.33
24	Sugar Refined	1 Kg	106.56	106.80	104.53	106.92	104.92	103.48	102.78	101.72	104.48	106.97	102.25	102.11	99.94	106.33	101.92	106.33	103.94	104.21	94.10	87.62	10.74	18.93
25	Gur (Average Quality)	1 Kg	159.80	159.19	137.19	160.00	146.13	143.92	140.50	128.93	133.25	162.12	160.81	141.94	124.45	140.00	129.74	169.80	146.59	145.55	139.46	134.69	4.37	8.06
26	Salt Powdered (NATIONAL/SHAN) 800 gm	Each	57.15	57.15	50.00	60.00	50.00	53.78	56.46	60.00	50.00	48.60	50.00	40.00	40.00	50.00	50.00	50.00	50.00	51.05	49.37	33.94	3.40	50.41
27	Chilies Powder NATIONAL 200 gm Packet	Each	215.00	215.00	215.00	229.67	215.00	215.00	215.00	229.67	215.00	229.67	215.00	215.00	215.00	223.88	215.00	215.00	215.00	218.04	220.09	237.73	-0.93	-8.28
28	Garlic (Lehsun)	1 Kg	453.22	454.93	353.97	355.24	339.92	355.80	352.62	378.26	423.54	372.57	299.50	371.29	388.49	427.17	400.00	476.15	600.00	394.95	448.47	335.75	-11.93	17.63
29	Tea Lipton Yellow Label 190 gm Packet	Each	495.41	495.41	466.45	495.41	526.16	495.41	495.41	495.41	495.41	439.20	413.53	413.52	466.46	466.46	413.52	413.53	413.52	464.81	413.53	257.61	12.40	80.43
30	Cooked Beef at Average Hotel	Per Plate	223.63	233.04	300.00	218.67	202.76	300.00	243.29	259.62	220.00	275.88	266.50	200.00	240.00	158.41	150.00	278.93	293.18	234.65	226.40	174.28	3.64	34.64
31	Cooked Daal at Average Hotel	Per Plate	165.41	160.81	100.00	100.00	113.24	140.00	120.00	117.59	112.92	139.05	137.79	100.00	112.92	102.55	100.00	129.74	139.76	121.40	115.93	86.63	4.72	40.14
32	Tea Prepared Ordinary	Per Cup	50.00	47.82	49.26	40.00	42.18	50.00	50.00	50.00	40.00	58.04	62.20	50.00	46.42	33.02	46.42	43.73	50.00	47.13	45.28	34.37	4.09	37.13
33	Cigarettes Capstan 20'S Packet	Each	220.00	220.00	220.00	220.00	220.00	220.00	220.00	220.00	220.00	231.00	220.00	220.00	220.00	225.50	230.00	220.00	226.62	221.92	139.28	83.47	59.33	165.87
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	503.10	479.60	571.00	450.00	511.25	438.43	565.31	570.00	400.67	437.02	493.24	500.00	400.00	642.00	460.00	586.57	400.00	489.72	458.72	405.26	6.76	20.84
35	Shirting (Average Quality)	1 mtr	507.04	475.46	300.00	353.91	305.03	450.00	303.17	300.00	373.93	372.22	301.11	215.44	282.31	427.71	400.00	200.78	200.00	327.02	314.34	273.07	4.03	19.76
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	417.34	374.99	533.88	353.91	544.07	495.50	603.70	540.00	506.66	520.85	449.90	550.00	500.00	702.00	600.00	536.25	353.30	496.50	460.16	422.99	7.90	17.38
37	Georgette (Average Quality)	1 mtr	303.47	292.12	200.00	283.89	286.28	171.23	313.19	188.63	175.68	269.30	194.51	206.46	250.00	189.84	160.00	187.57	200.00	222.27	214.34	189.01	3.70	17.60
38	Gents Sandal Bata	Pair	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	0.00	15.40
39	Gents Sponge Chappal Bata	Pair	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	299.00	0.00	26.76
40	Ladies Sandal Bata	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	0.00	0.00
41	Electricity Charges upto 50 Units	Per Unit	6.47	6.47	6.47	6.47	6.47	6.47	6.47	6.47	6.47	6.47	6.47	6.47	6.47	6.47	6.47	6.47	6.47	6.47	6.42	6.51	0.78	-0.61
42	Gas Charges upto 3.3719 MMBTU	MMBTU	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	295.00	170.09	141.57	73.44	108.38
43	Firewood Whole	40 Kg	1643.17	1365.20	1232.45	1000.00	1336.09	1400.00	800.00	1208.19	1200.00	959.57	1000.00	700.00	816.33	1288.87	700.00	1449.43	1032.28	1091.64	1084.91	833.97	0.62	30.90
44	Energy Saver Philips 14 Watt	Each	256.62	241.54	400.00	400.00	210.00	350.00	343.30	400.00	200.00	280.00	261.66	212.13	280.00	240.00	250.00	350.00	300.00	285.27	272.31	215.61	4.76	32.31
45	Sufi Washing Soap 250 gm Cake	Each	127.94	127.40	120.00	110.00	120.98	121.48	120.0															