

Average Monthly Prices of 51 Essential Items for the month of January 2024

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Prices 24 Dec 23	Jan 23	%change Jan 24 over Dec 23	Jan 23	
1	Wheat Flour Bag	20 Kg	2913.23	2902.12	2799.33	2800.00	2798.00	2773.27	2830.00	2725.84	2749.85	2790.99	2892.42	2694.99	2714.88	2829.33	2837.35	2890.29	2879.97	2812.28	2818.49	1736.49	-0.22	61.95
2	Rice Basmati Broken (Average Quality)	1 Kg	254.82	245.28	196.78	163.27	233.98	224.11	219.15	200.00	186.43	268.02	248.17	220.00	249.93	234.92	189.15	264.97	223.28	222.89	220.97	154.27	0.87	44.48
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	168.39	147.87				160.00	176.60	158.12	170.00	177.75	187.78	170.00	156.59	174.93	170.00	184.95	150.00	167.66	163.36	111.90	2.63	49.83
4	Bread plain (Small Size)	Each	120.00	120.00	120.00	110.00	120.00	120.00	110.00	120.00	120.00	120.00	120.00	130.00	112.92	110.00	100.00	120.00	100.00	115.79	115.79	93.01	0.00	24.49
5	Beef with Bone (Average Quality)	1 Kg	1045.15	970.62	866.35	824.62	868.14	861.77	806.61	835.81	782.97	952.46	768.37	774.60	800.00	765.77	700.00	867.41	782.97	835.65	824.80	693.96	1.32	20.42
6	Mutton (Average Quality)	1 Kg	2057.45	1995.63	1800.00	1824.83	2032.79	1930.98	1533.15	1800.00	1549.20	1833.81	1649.24	1500.00	1766.03	1714.34	1400.00	1734.10	1500.00	1731.66	1708.93	1452.61	1.33	19.21
7	Chicken Farm Broiler (Live)	1 Kg	436.45	423.89	416.07	415.63	415.22	430.39	417.25	440.94	405.22	465.70	455.37	452.37	440.08	430.75	438.23	460.01	507.34	437.65	348.37	374.94	25.63	16.73
8	Milk fresh (Un-boiled)	1 Ltr	212.34	211.77	200.00	160.00	160.93	186.43	146.59	176.60	146.59	200.00	200.00	200.00	213.12	211.59	156.59	200.00	193.97	185.33	185.28	150.04	0.03	23.52
9	Curd (Dahi) Loose	1 Kg	233.18	231.08	220.00	180.00	185.90	220.00	180.00	217.68	180.00	309.29	276.56	220.00	220.00	228.46	176.60	220.00	206.61	215.53	215.53	173.34	0.00	24.34
10	Powdered Milk NIDO 390 gm Polyba	Each	834.97	834.65	820.00	820.00	820.00	820.00	820.00	820.00	820.00	810.23	830.00	820.00	820.00	826.65	820.00	850.00	820.00	823.87	823.47	646.43	0.05	27.45
11	Eggs Hen (Farm)	1 Dozen	421.23	416.49	424.91	427.48	399.26	419.66	404.66	422.36	411.85	402.36	414.52	422.30	424.14	430.13	417.36	411.70	414.83	416.69	367.39	285.66	13.42	45.87
12	Mustard Oil (Average Quality)	1 Kg	667.35	653.94	420.00	480.00	500.87	600.00	500.00	497.74	479.47	487.72	401.63	344.96	513.18	616.22	442.08	562.92	506.58	503.18	504.56	539.45	-0.27	-6.72
13	Cooking Oil DALDA or Other Similar	Each	2745.00	2745.00	2936.76	2835.00	2767.23	2745.00	2732.41	2745.00	2782.15	2745.00	2789.64	2745.00	2885.00	2660.00	2485.88	2756.09	2774.89	2755.81	2787.10	2715.48	-1.12	1.49
14	Vegetable Ghee DALDA/HABIB 2.5 kg	Each	1297.44	1297.44	1317.90	1310.00	1310.00	1310.00	1310.00	1310.00	1327.16	1310.00	1310.00	1400.00	1390.00	1300.00	1200.00	1310.00	1289.96	1311.13	1328.77	1305.85	-1.33	0.40
15	Vegetable Ghee DALDA/HABIB or Ot	Each	501.48	501.48	501.48	506.48	501.48	486.41	501.48	503.98	509.00	508.01	509.00	509.00	519.00	500.00	470.83	505.23	514.98	502.79	506.57	509.52	-0.75	-1.32
16	Bananas (Kela) Local	1 Dozen	209.20	175.07	130.00	139.64	117.42	106.27	100.00	143.26	123.02	108.97	84.59	101.53	100.00	121.64	124.72	101.56	103.08	119.85	115.00	123.42	4.22	-2.89
17	Pulse Masoor (Washed)	1 Kg	374.71	358.44	322.47	330.00	329.43	346.54	340.00	338.12	320.00	342.39	333.20	340.00	326.53	337.75	320.00	366.11	351.53	339.50	335.16	263.36	1.29	28.91
18	Pulse Moong (Washed)	1 Kg	314.35	291.19	284.87	274.87	270.40	293.30	296.63	308.73	294.10	300.43	326.95	344.89	305.26	280.00	297.47	346.10	326.63	302.54	286.56	261.75	5.58	15.58
19	Pulse Mash (Washed)	1 Kg	571.01	552.61	524.93	521.25	535.21	569.94	556.65	549.94	533.25	543.45	529.28	520.00	545.18	552.21	560.00	558.34	465.42	539.94	529.54	378.13	1.96	42.79
20	Pulse Gram	1 Kg	276.40	261.03	240.00	232.49	248.85	244.78	238.30	272.43	248.13	257.58	247.99	260.00	243.94	296.62	257.46	289.93	276.63	257.78	239.56	233.43	7.61	10.43
21	Potatoes	1 Kg	86.78	80.47	59.72	68.87	63.60	50.12	51.87	59.35	58.20	59.23	50.91	46.42	41.97	76.26	53.13	58.52	59.72	59.24	83.25	43.73	-28.84	35.47
22	Onions	1 Kg	242.16	235.23	222.16	235.75	234.63	193.40	212.25	210.89	217.96	206.09	187.92	211.11	213.44	216.05	190.60	193.39	228.05	214.14	167.38	231.41	27.94	-7.46
23	Tomatoes	1 Kg	179.30	160.73	150.64	149.83	152.06	138.35	135.19	140.90	143.29	119.43	112.57	109.54	136.10	150.66	117.92	133.31	138.26	138.21	111.21	57.75	24.28	139.32
24	Sugar Refined	1 Kg	155.37	151.45	146.23	144.24	146.98	145.00	142.48	145.82	143.73	141.66	139.75	137.36	139.15	148.07	142.48	161.44	143.50	145.46	141.00	92.24	3.16	57.70
25	Gur (Average Quality)	1 Kg	217.23	203.15	184.80	200.00	213.87	200.00	224.87	222.18	199.50	222.40	233.61	182.39	196.76	204.38	186.43	242.68	206.46	207.62	203.13	138.33	2.21	50.09
26	Salt Powdered (NATIONAL/SHAN) 80	Each	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	70.00	60.00	64.81	66.49	68.85	68.77	49.11	0.12	40.20
27	Chilies Powder NATIONAL 200 gm Pa	Each	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	400.00	220.09	0.00	81.74
28	Garlic (Lehsun)	1 Kg	689.52	641.15	573.21	583.67	532.71	600.00	579.83	604.32	613.05	543.22	495.77	578.64	555.71	653.14	612.13	586.17	593.26	588.63	587.21	366.09	0.24	60.79
29	Tea Lipton Yellow Label 190 gm Pack	Each	542.86	542.86	542.86	542.86	542.85	677.21	606.23	542.85	542.86	573.89	542.85	542.86	677.21	542.85	542.85	542.85	558.82	563.59	576.65	413.53	-2.26	36.29
30	Cooked Beef at Average Hotel	Per Plate	299.89	275.99	375.00	300.00	217.75	300.00	250.00	300.00	273.17	317.63	281.62	200.00	240.00	200.00	250.00	344.98	319.68	275.05	274.09	221.54	0.35	24.15
31	Cooked Daal at Average Hotel	Per Plate	206.46	198.25	140.00	120.00	133.18	163.17	120.00	122.07	132.99	152.11	163.46	126.88	120.00	115.98	120.00	139.76	173.07	141.62	140.76	111.84	0.61	26.63
32	Tea Prepared Ordinary	Per Cup	67.13	65.64	60.00	50.00	49.47	63.16	56.46	62.36	50.00	69.35	71.45	60.00	60.00	40.13	50.00	70.00	50.00	57.85	57.44	43.01	0.71	34.50
33	Cigarettes Capstan 20'S Packet	Each	220.00	220.00	220.00	220.00	220.00	220.00	220.00	220.00	220.00	232.99	220.00	220.00	220.00	230.00	220.00	224.94	223.28	221.80	221.80	114.79	0.00	93.22
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	569.78	551.91	571.00	570.00	550.19	482.74	74.88	650.00	606.59	626.78	494.92	500.00	516.14	642.00	700.00	648.72	400.00	565.28	564.99	456.78	0.05	23.75
35	Shirting (Average Quality)	1 mtr	568.98	537.22	400.00	370.00	378.25	748.89	586.59	520.70	586.59	402.76	393.71	229.58	313.19	444.32	450.00	229.85	293.18	417.29	415.83	313.78	0.35	32.99
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	476.27	426.41	550.00	550.00	669.96	566.19	650.00	586.00	556.59	554.37	494.92	550.00	532.80	702.00	650.00	648.72	400.00	556.46	556.46	459.59	0.00	21.08
37	Georgette (Average Quality)	1 mtr	312.70	298.47	200.00	300.00	315.58	350.00	350.00	251.09	269.62	302.60	251.47	206.46	265.66	236.33	160.00	210.60	282.31	262.97	260.65	214.14	0.89	22.80
38	Gents Sandal Bata	Pair	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	2299.00	1499.00	0.00	53.37
39	Gents Sponge Chappal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	379.00	0.00	58.05
40	Ladies Sandal Bata	Pair	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	799.00	699.00	0.00	14.31
41	Electricity Charges upto 50 Units	Per Unit	7.31	7.31	7.31	7.31	7.31	7.31	7.31	7.31	7.31	7.31	7.31	7.31	7.31	7.31	7.31	7.31	7.31	7.31	7.04	6.41	3.84	14.04
42	Gas Charges upto 3.3719 MMBTU	MMBTU	1711.00	1711.00	1711.00	1711.00	1711.00	1711.00	1711.00	1711.00	1711.00	1711.00	1711.00	1711.00	1711.00	1711.00	1711.00	1711.00		1711.00	1711.00	141.57	0.00	1108.59
43	Firewood Whole	40 Kg	1827.75	1507.08	1400.00	1000.00	1587.95	1574.39	1000.00	1370.98	1300.00	1109.28	1000.00	731.86	840.97	1022.59	795.81	1349.38	1032.28	1164.41	1140.00	1067.98	2.14	9.03
44	Energy Saver Philips 14 Watt	Each	271.48	260.40	550.00	575.00	374.17	391.20	550.00	575.00	272.70	350.00	350.00	273.86	364.90	249.80	250.00	350.00	338.79	357.61	348.72	262.13	2.55	36.42
45	Sufi Washing Soap 250 gm Cake	Each	131.62	131.29	130.00	120.00	130.00	130.00	130.00	125.00	133.25	130.00	130.00	138.00	120.00	130.00	125.00							