

Average Monthly Prices of 51 Essential Items for the month of December 2022

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Prices		%change Dec 22 over		
																				22 Nov 22	Dec 21	Nov 22	Dec 21	
1	Wheat Flour Bag	20 Kg	1295.00	1295.00	1295.00	1295.00	1295.00	1295.00	1295.00	1295.00	1295.00	2046.54	1916.95	1532.46	1801.74	2086.49	1634.59	2224.17	2200.31	1556.73	1517.14	1174.70	2.61	32.52
2	Rice Basmati Broken (Average Quality)	1 Kg	153.57	152.31	122.37	119.83	140.70	142.60	113.72	138.85	120.00	161.23	146.19	149.73	138.53	123.69	100.00	144.94	125.24	133.91	127.69	99.53	4.87	34.54
3	Rice IRR1-6/9 (Sindh/Punjab)	1 Kg	101.60	93.77			81.87	130.00	91.64	96.44	80.00	99.44	121.07	89.55	113.90	117.26	120.00	104.92	100.00	101.76	99.31	74.56	2.47	36.48
4	Bread plain (Small Size)	Each	90.00	90.00			75.18	90.00	90.00	90.00	90.00	90.00	70.00	90.00	90.00	90.00	80.00	90.00	70.00	85.97	84.47	64.97	1.78	32.32
5	Beef with Bone (Average Quality)	1 Kg	808.12	780.96	700.00	650.00	723.38	700.00	646.65	700.00	632.89	809.97	678.72	650.00	766.31	595.18	600.00	689.95	700.00	693.13	691.86	573.86	0.18	20.78
6	Mutton (Average Quality)	1 Kg	1657.50	1602.55	1532.62	1500.00	1718.88	1432.57	1300.00	1600.00	1316.46	1634.52	1500.72	1300.00	1250.00	1279.81	1100.00	1488.64	1333.12	1434.01	1431.15	1150.61	0.20	24.63
7	Chicken Farm Broiler (Live)	1 Kg	305.33	296.22	286.40	295.55	285.66	285.06	276.56	311.35	281.92	325.16	309.28	327.42	294.38	303.30	309.09	350.21	395.52	306.94	282.40	206.81	8.69	48.42
8	Milk fresh (Un-boiled)	1 Ltr	168.80	165.92	150.00	120.00	135.68	140.00	113.24	130.00	116.57	181.57	162.44	160.00	193.10	172.18	140.00	160.00	136.58	148.05	145.60	114.13	1.68	29.72
9	Curd (Dahi) Loose	1 Kg	182.71	184.40	170.00	140.00	158.88	150.00	140.00	150.00	136.58	265.76	236.38	170.00	206.46	181.46	160.00	170.00	150.00	170.79	168.78	132.63	1.19	28.77
10	Powdered Milk NIDO 390 gm Polybag	Each	647.46	620.81	640.00	640.00	640.00	640.00	640.00	640.00	640.00	623.97	640.00	640.00	640.00	647.99	650.00	640.00	640.00	639.39	632.16	499.78	1.14	27.93
11	Eggs Hen (Farm)	1 Dozen	279.25	276.77	273.88	277.90	271.08	281.90	270.25	269.15	268.30	282.49	276.92	277.97	268.52	285.62	286.51	292.94	294.90	278.38	253.67	183.88	9.74	51.39
12	Mustard Oil (Average Quality)	1 Kg	616.55	614.22	500.00	500.00	513.73	560.00	519.96	490.75	500.00	542.54	477.70	449.96	560.00	637.68	450.00	549.94	536.65	527.92	523.44	372.23	0.86	41.83
13	Cooking Oil DALDA or Other Similar Brand	Each	2710.00	2710.00	2760.00	2760.00	2729.89	2719.93	2710.00	2749.57	2759.77	2710.00	2760.00	2724.97	2760.00	2760.00	2715.99	2710.00	2729.71	2734.02	2768.31	2054.03	-1.24	33.11
14	Vegetable Ghee DALDA/HABIB 2.5 kg	Each	1335.00	1342.95	1375.00	1370.00	1314.96	1334.81	1319.94	1347.72	1335.00	1335.00	1352.82	1373.65	1362.93	1354.56	1309.65	1335.00	1339.85	1341.00	1370.08	1004.35	-2.12	33.52
15	Vegetable Ghee DALDA/HABIB or Other	Each	512.98	512.98	514.98	512.98	510.98	514.98	512.98	512.98	519.58	519.00	535.00	529.27	532.86	522.98	497.98	514.98	531.99	518.12	527.91	398.53	-1.85	30.01
16	Bananas (Kela) Local	1 Dozen	192.66	165.42	116.46	117.25	125.63	89.35	97.17	156.61	132.43	96.91	85.54	83.65	91.46	112.61	120.00	122.24	100.00	114.71	102.36	76.99	12.07	48.99
17	Pulse Masoor (Washed)	1 Kg	285.95	281.34	231.97	230.00	240.21	275.94	264.52	222.69	231.22	254.71	250.54	270.00	268.96	237.30	250.00	326.95	256.62	256.39	262.44	199.47	-2.31	28.54
18	Pulse Moong (Washed)	1 Kg	244.72	221.87	231.88	223.85	242.76	223.28	240.57	237.62	234.62	266.08	261.55	280.00	280.61	237.30	210.00	302.94	296.63	247.82	246.27	168.84	0.63	46.78
19	Pulse Mash (Washed)	1 Kg	398.21	389.90	357.98	350.00	387.96	337.76	395.97	354.10	352.64	367.45	361.56	380.00	356.16	376.64	370.00	429.92	280.00	366.04	366.33	261.80	-0.08	39.82
20	Pulse Gram	1 Kg	248.73	237.26	200.59	188.96	215.64	213.28	198.99	214.03	217.22	236.31	223.74	243.95	230.99	245.95	210.00	284.97	256.62	226.30	233.06	153.95	-2.90	47.00
21	Potatoes	1 Kg	83.37	78.98	54.63	56.57	62.95	59.29	53.22	67.23	66.38	58.95	54.48	53.73	48.27	72.29	68.01	64.87	67.05	62.31	73.02	49.44	-14.67	26.03
22	Onions	1 Kg	236.65	223.38	211.77	215.85	207.39	202.88	210.25	217.41	206.36	188.12	191.41	199.60	194.05	224.55	191.75	197.69	216.40	207.56	176.20	37.71	17.80	450.41
23	Tomatoes	1 Kg	125.39	114.39	113.41	103.10	107.04	96.22	93.45	95.95	102.13	80.65	76.20	87.69	87.07	99.39	84.55	90.70	111.45	97.32	205.30	77.20	-52.60	26.06
24	Sugar Refined	1 Kg	100.00	98.98	94.40	94.39	95.42	93.18	92.39	91.04	93.30	94.84	90.19	89.99	89.28	96.55	92.19	99.00	92.92	93.95	90.68	91.52	3.61	2.66
25	Gur (Average Quality)	1 Kg	151.79	153.75	120.00	130.00	144.64	129.01	119.19	123.90	123.24	162.51	148.45	123.24	119.66	140.00	119.72	169.80	139.66	135.49	135.50	140.35	-0.01	-3.46
26	Salt Powdered (NATIONAL/SHAN) 800 gm	Each	50.00	50.00	50.00	55.78	50.00	50.00	50.00	50.00	50.00	40.00	50.00	40.00	40.00	50.00	50.00	47.82	50.00	48.25	45.08	31.34	7.03	53.96
27	Chilies Powder NATIONAL 200 gm Packet	Each	215.00	215.00	215.00	240.00	215.00	215.00	215.00	240.00	215.00	240.00	215.00	215.00	215.00	230.00	215.00	215.00	215.00	220.09	218.67	360.56	0.65	-38.96
28	Garlic (Lehsun)	1 Kg	408.26	400.37	313.96	320.00	301.10	300.00	332.52	320.00	353.30	361.36	305.47	320.00	303.31	356.38	350.00	389.91	393.22	341.05	336.31	285.92	1.41	19.28
29	Tea Lipton Yellow Label 190 gm Packet	Each	413.53	413.53	413.52	413.53	413.53	413.53	413.52	413.52	413.53	413.53	413.53	413.52	379.03	413.53	413.52	413.53	379.02	409.31	381.53	250.00	7.28	63.72
30	Cooked Beef at Average Hotel	Per Plate	189.74	194.46	300.00	200.00	195.63	300.00	213.12	259.62	220.00	264.15	208.10	200.00	240.00	153.26	130.00	259.62	293.18	219.41	216.75	169.18	1.23	29.69
31	Cooked Daal at Average Hotel	Per Plate	144.02	131.38	100.00	100.00	113.24	140.00	100.00	110.66	100.00	134.55	98.26	100.00	112.92	82.10	80.00	118.83	139.76	110.44	109.16	82.90	1.17	33.22
32	Tea Prepared Ordinary	Per Cup	50.00	45.06	40.00	40.00	39.49	41.83	38.26	49.77	36.34	50.00	59.10	50.00	43.09	33.02	30.00	40.00	40.00	42.13	41.22	32.75	2.21	28.64
33	Cigarettes Capstan 20'S Packet	Each	110.00	110.00	110.00	120.00	110.00	113.24	110.00	120.00	110.00	120.00	120.00	110.00	110.00	120.00	120.00	120.00	115.90	114.56	114.21	83.47	0.31	37.25
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	471.32	450.96	427.00	450.00	457.95	400.00	520.00	564.00	400.67	388.36	477.06	500.00	400.00	482.74	460.00	548.48	400.00	455.89	450.01	390.10	1.31	16.86
35	Shirting (Average Quality)	1 mtr	468.11	435.87	274.24	350.00	236.30	442.99	293.18	300.00	363.30	350.00	293.18	215.44	282.31	427.71	400.00	194.96	200.00	313.49	310.61	262.40	0.93	19.47
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	375.01	359.11	474.00	350.00	398.16	466.08	530.00	540.00	506.66	480.00	400.00	550.00	500.00	543.00	600.00	498.33	353.30	459.59	459.59	412.70	0.00	11.36
37	Georgette (Average Quality)	1 mtr	290.31	277.83	200.00	280.00	247.35	159.40	293.18	188.63	163.27	269.30	184.80	206.46	250.00	176.09	160.00	179.81	200.00	214.14	211.92	181.77	1.05	17.81
38	Gents Sandal Bata	Pair	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1499.00	1238.04	0.00	21.08
39	Gents Sponge Chappal Bata	Pair	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	379.00	267.91	0.00	41.47
40	Ladies Sandal Bata	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	637.16	0.00	9.71
41	Electricity Charges upto 50 Units	Per Unit	6.54	6.54	6.54	6.54	6.54	6.54	6.54	6.54	6.54	6.54	6.54	6.54	6.54	6.54	6.54	6.54	6.54	6.54	6.57	7.16	-0.46	-8.66
42	Gas Charges upto 3.3719 MMBTU	MMBTU	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	0.00	0.00
43	Firewood Whole	40 Kg	1524.88	1317.24	1200.00	1000.00	1336.09	1225.40	705.99	1132.37	1200.00	801.40	976.35	600.00	748.92	1236.09	679.55	1349.38	1032.28	1026.40	961.04	782.64	6.80	31.15
44	Energy Saver Philips 14 Watt	Each	238.04	220.53	340.00	270.00	210.00	350.00	320.00	325.00	200.00	240.00	232.37	169.29	280.00	220.00	190.00	350.00	300.00	255.72	251.62	207.28	1.63	23.37
45	Sufi Washing Soap 250 gm Cake	Each	110.00	110.00	110.00	110.00	105.00	105.98	105.00	110.00	110.00	110.00	108.98	100.88	108.75	105.00								