

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
PAKISTAN						
Average Monthly Consumption Expenditure on Food (Rs)	14658.17	10995.35	12934.71	13748.94	15075.50	18232.25
Percentage of Consumption						
Cereals	15.96	23.58	20.29	17.92	15.10	10.79
Wheat & Wheat Flour	11.20	18.28	14.98	12.72	10.28	6.77
Rice & Rice Flour	3.89	4.33	4.34	4.28	3.94	3.29
Other Cereal Products	0.86	0.98	0.97	0.92	0.88	0.73
Baked & Fried Products	1.28	0.90	1.02	1.12	1.23	1.67
Biscuits	0.50	0.41	0.47	0.53	0.51	0.53
Bread & Other Products	0.78	0.49	0.55	0.59	0.72	1.13
Pulses, Split & Whole	1.97	2.43	2.26	2.16	2.01	1.54
Gram (whole) Black & White	0.25	0.20	0.23	0.28	0.28	0.24
Gram (spilt)	0.49	0.69	0.60	0.54	0.48	0.35
Mash	0.27	0.26	0.28	0.29	0.29	0.25
Moong	0.41	0.57	0.51	0.45	0.40	0.29
Masoor	0.32	0.45	0.35	0.34	0.32	0.25
Beans (red & white)	0.20	0.23	0.26	0.24	0.21	0.14
Other Pulses	0.02	0.02	0.02	0.02	0.02	0.02
Meat	8.93	5.69	6.95	8.02	9.09	11.37
Mutton	2.20	0.53	0.83	1.25	1.77	4.23
Beef	3.15	1.81	2.66	3.16	3.59	3.53
Chicken	3.58	3.35	3.45	3.61	3.73	3.61
Fish and Sea Food	0.69	0.50	0.50	0.62	0.67	0.91
Fish (fresh / frozen / dried)	0.69	0.50	0.50	0.61	0.66	0.90
Prawn, Shrimps, Crabs (fresh/frozen/packed)	0.01	0.00	0.00	0.01	0.01	0.00
Milk, Cheese and Eggs	28.31	22.73	26.58	28.47	30.42	29.55
Milk (fresh / boiled)	22.81	19.56	22.15	23.36	24.52	22.79
Milk Packed (Including Tea Whitner)	1.32	1.01	1.14	1.15	1.17	1.72
Milk Dry	0.11	0.08	0.10	0.11	0.14	0.12
Milk Dry(children)	0.51	0.14	0.22	0.30	0.57	0.86
Yogurt (loose/packed)	1.88	0.74	1.50	1.90	2.21	2.23
Other Milk Products	0.34	0.17	0.35	0.38	0.39	0.35
Eggs	1.33	1.01	1.14	1.29	1.43	1.48

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	7.45	9.20	8.47	7.97	7.34	6.14
Vegetable Ghee	4.59	7.73	6.62	5.52	4.25	2.28
Edible Oil	2.31	1.32	1.53	1.90	2.50	3.12
Ghee(desi)	0.40	0.09	0.19	0.41	0.46	0.56
Other Edible Oil	0.02	0.02	0.04	0.04	0.02	0.01
Butter*	0.12	0.04	0.09	0.11	0.11	0.18
Fruit	4.79	2.45	3.25	3.93	4.90	6.72
Dry Fruit	0.51	0.14	0.22	0.26	0.42	0.98
Banana	0.96	0.76	0.77	0.87	1.01	1.14
Mossummi, Malta, Kinnu	0.50	0.30	0.42	0.46	0.54	0.62
Apples	1.17	0.54	0.77	0.96	1.24	1.63
Mango	0.28	0.08	0.16	0.25	0.25	0.44
Peaches	0.10	0.01	0.03	0.04	0.09	0.21
Other Fruits	1.26	0.62	0.88	1.07	1.34	1.70
Canned Fruit	0.00	0.00	0.00	0.00	0.00	0.01
Vegetables	8.66	10.81	10.05	9.34	8.55	6.97
Potato	1.45	2.24	1.83	1.61	1.33	0.98
Onion	1.38	1.82	1.65	1.50	1.34	1.06
Tomato	1.18	1.50	1.42	1.28	1.15	0.92
Other Vegetables	4.65	5.25	5.14	4.93	4.73	4.00
Canned Vegetable	0.01	0.00	0.01	0.01	0.00	0.01
Sugar, Jam, Honey, Chocolate and Confectionery	6.06	7.49	6.69	6.18	5.67	5.46
Sugar (milled/desi)	3.31	4.97	4.17	3.68	3.16	2.23
Gur and Shakkar	0.24	0.36	0.35	0.27	0.21	0.16
Honey	0.11	0.03	0.04	0.06	0.08	0.23
Glucose, Energile etc.	0.08	0.02	0.03	0.04	0.09	0.15
Other Sugar Preparations	2.31	2.12	2.10	2.13	2.14	2.70
Condiments & Spices	2.75	2.93	2.83	2.76	2.76	2.63
Salt (mineral & sea)	0.09	0.16	0.13	0.11	0.08	0.05
Salt (iodised)	0.07	0.03	0.05	0.06	0.08	0.09
Chillies	0.80	1.16	0.94	0.86	0.77	0.59
Other Spices	1.79	1.58	1.72	1.74	1.84	1.89

* Butter contains Butter /Margarine . In previous rounds it also contains Cream which is now covered in others of Milk, Cheese and Eggs group.

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MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	2.82	3.59	3.30	3.04	2.71	2.28
Tea (Black & Green)	2.81	3.59	3.30	3.03	2.71	2.25
Coffee Other, Ovaltine, Horlicks etc	0.01	0.00	0.00	0.01	0.00	0.03
Mineral Water Soft Drink, Juices etc	1.71	0.89	1.11	1.35	1.69	2.50
Carbonated Beverages Squashes	1.07	0.71	0.80	0.95	1.15	1.33
Non-Carbonated Juices	0.27	0.12	0.21	0.25	0.29	0.34
Fresh and Packed Juices	0.25	0.05	0.10	0.13	0.21	0.48
Other (mineral water etc.)	0.13	0.01	0.01	0.02	0.04	0.35
Alcoholic Beverages Tobacco	2.47	3.09	2.78	2.61	2.46	2.03
Cigarettes, Biri etc.	1.70	2.04	1.89	1.75	1.64	1.50
Pan	0.18	0.12	0.11	0.15	0.21	0.22
Tobacco & Other Chewing etc	0.59	0.93	0.78	0.70	0.60	0.31
Readymade Food Product	6.15	3.71	3.91	4.51	5.40	9.45
Food Eaten at Home	2.62	0.92	1.29	1.64	2.43	4.51
Food Eaten in Restaurants, Cafes	3.52	2.79	2.62	2.87	2.97	4.94

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MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
PAKISTAN URBAN						
Average Monthly Consumption Expenditure on Food (Rs)	16358.16	11351.20	13285.61	14065.86	15217.32	19173.63
Percentage of Consumption						
Cereals	13.37	22.96	19.70	17.29	14.60	10.06
Wheat & Wheat Flour	8.98	17.57	14.39	12.32	9.89	6.18
Rice & Rice Flour	3.76	4.79	4.72	4.32	4.04	3.25
Other Cereal Products	0.64	0.60	0.59	0.65	0.68	0.62
Baked & Fried Products	1.69	1.02	1.36	1.48	1.55	1.91
Biscuits	0.55	0.43	0.52	0.61	0.56	0.55
Bread & Other Products	1.14	0.58	0.85	0.86	0.99	1.36
Pulses, Split & Whole	1.79	2.49	2.25	2.23	2.02	1.44
Gram (whole) Black & White	0.26	0.27	0.26	0.31	0.30	0.22
Gram (spilt)	0.42	0.66	0.58	0.53	0.47	0.32
Mash	0.25	0.27	0.27	0.28	0.28	0.23
Moong	0.38	0.60	0.52	0.49	0.42	0.29
Masoor	0.33	0.45	0.39	0.41	0.39	0.26
Beans (red & white)	0.13	0.22	0.21	0.18	0.13	0.09
Other Pulses	0.03	0.04	0.02	0.03	0.02	0.03
Meat	10.32	5.96	7.81	8.87	9.79	11.67
Mutton	3.12	0.64	1.07	1.53	1.94	4.58
Beef	3.52	2.20	3.13	3.64	3.96	3.46
Chicken	3.68	3.11	3.61	3.70	3.89	3.63
Fish and Sea Food	0.90	0.47	0.54	0.83	0.83	1.04
Fish (fresh / frozen / dried)	0.89	0.47	0.52	0.79	0.82	1.04
Prawn, Shrimps, Crabs (fresh/frozen/packed)	0.01	0.00	0.01	0.03	0.01	0.00
Milk, Cheese and Eggs	27.48	22.40	24.69	26.43	28.50	28.13
Milk (fresh / boiled)	21.24	18.43	20.22	20.99	22.37	21.17
Milk Packed (Including Tea Whitner)	1.93	1.52	1.62	1.73	1.69	2.16
Milk Dry	0.17	0.19	0.08	0.20	0.19	0.17
Milk Dry(children)	0.83	0.10	0.32	0.57	0.79	1.04
Yogurt (loose/packed)	1.72	0.92	1.16	1.43	1.79	1.90
Other Milk Products	0.18	0.07	0.14	0.15	0.17	0.21
Eggs	1.43	1.13	1.17	1.36	1.51	1.47

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MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	6.59	9.24	8.24	7.70	7.00	5.64
Vegetable Ghee	3.02	6.79	5.50	4.48	3.48	1.75
Edible Oil	3.29	2.35	2.64	3.03	3.35	3.50
Ghee(desi)	0.17	0.08	0.05	0.13	0.11	0.22
Other Edible Oil	0.01	0.00	0.01	0.01	0.01	0.01
Butter	0.10	0.02	0.04	0.06	0.05	0.16
Fruit	5.51	2.45	3.29	3.84	4.90	6.80
Dry Fruit	0.65	0.08	0.16	0.19	0.35	1.03
Banana	1.08	0.74	0.86	0.93	1.10	1.17
Mossummi, Malta, Kinnu	0.55	0.27	0.39	0.43	0.56	0.61
Apples	1.28	0.57	0.80	0.82	1.20	1.57
Mango	0.41	0.12	0.26	0.38	0.29	0.51
Peaches	0.17	0.02	0.03	0.06	0.11	0.25
Other Fruits	1.37	0.65	0.79	1.03	1.29	1.64
Canned Fruit	0.00	0.00	0.00	0.00	0.00	0.01
Vegetables	7.88	10.53	9.82	9.23	8.57	6.71
Potato	1.21	2.10	1.73	1.56	1.30	0.93
Onion	1.22	1.77	1.56	1.44	1.34	1.01
Tomato	1.01	1.47	1.34	1.21	1.08	0.85
Other Vegetables	4.43	5.18	5.19	5.02	4.85	3.91
Canned Vegetable	0.01	0.00	0.00	0.00	0.00	0.01
Sugar, Jam, Honey, Chocolate and Confectionery	5.53	7.01	6.16	5.72	5.29	5.38
Sugar (milled/desi)	2.61	4.36	3.82	3.33	2.86	1.98
Gur and Shakkar	0.12	0.24	0.17	0.13	0.11	0.11
Honey	0.17	0.08	0.02	0.06	0.07	0.27
Glucose, Energile etc.	0.14	0.04	0.07	0.08	0.12	0.19
Other Sugar Preparations	2.49	2.29	2.08	2.12	2.12	2.83
Condiments & Spices	2.89	3.16	3.09	3.05	3.03	2.73
Salt (mineral & sea)	0.07	0.16	0.13	0.10	0.08	0.04
Salt (iodised)	0.09	0.04	0.06	0.08	0.09	0.10
Chillies	0.74	1.14	0.98	0.91	0.83	0.59
Other Spices	1.99	1.82	1.92	1.96	2.04	2.00

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	2.56	3.26	3.12	2.97	2.70	2.24
Tea (Black & Green)	2.53	3.26	3.12	2.96	2.70	2.19
Coffee Other, Ovaltine, Horlicks etc	0.03	0.00	0.00	0.01	0.00	0.05
Mineral Water Soft Drink, Juices etc	2.20	1.02	1.27	1.53	1.86	2.76
Carbonated Beverages Squashes	1.20	0.81	0.90	0.99	1.21	1.33
Non-Carbonated Juices	0.34	0.11	0.24	0.33	0.35	0.38
Fresh and Packed Juices	0.39	0.07	0.13	0.17	0.26	0.57
Other (mineral water etc.)	0.27	0.03	0.00	0.04	0.05	0.49
Alcoholic Beverages Tobacco	2.34	3.10	2.79	2.63	2.45	2.08
Cigarettes, Biri etc.	1.58	2.16	1.88	1.63	1.49	1.52
Pan	0.31	0.19	0.21	0.33	0.40	0.30
Tobacco & Other Chewing etc	0.45	0.75	0.70	0.67	0.57	0.27
Readymade Food Product	8.95	4.94	5.86	6.21	6.90	11.40
Food Eaten at Home	4.35	1.87	2.51	2.74	3.56	5.61
Food Eaten in Restaurants, Cafes	4.61	3.08	3.35	3.47	3.34	5.79

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MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
PAKISTAN RURAL						
Average Monthly Consumption Expenditure on Food (Rs)	13616.62	10936.50	12837.55	13608.77	14964.08	16637.53
Percentage of Consumption						
Cereals	17.87	23.69	20.46	18.20	15.50	12.21
Wheat & Wheat Flour	12.84	18.40	15.15	12.90	10.60	7.91
Rice & Rice Flour	3.99	4.25	4.24	4.25	3.85	3.36
Other Cereal Products	1.03	1.04	1.08	1.05	1.05	0.95
Baked & Fried Products	0.98	0.88	0.92	0.95	0.98	1.18
Biscuits	0.46	0.41	0.45	0.48	0.47	0.50
Bread & Other Products	0.52	0.47	0.47	0.47	0.51	0.68
Pulses, Split & Whole	2.10	2.42	2.26	2.13	2.00	1.71
Gram (whole) Black & White	0.24	0.19	0.23	0.26	0.26	0.26
Gram (spilt)	0.55	0.70	0.61	0.55	0.49	0.40
Mash	0.28	0.25	0.28	0.29	0.30	0.28
Moong	0.43	0.57	0.50	0.44	0.37	0.29
Masoor	0.32	0.46	0.34	0.31	0.27	0.22
Beans (red & white)	0.26	0.23	0.28	0.27	0.28	0.23
Other Pulses	0.02	0.02	0.02	0.02	0.02	0.02
Meat	7.91	5.65	6.70	7.64	8.54	10.79
Mutton	1.53	0.52	0.77	1.13	1.64	3.55
Beef	2.87	1.75	2.53	2.94	3.29	3.66
Chicken	3.52	3.39	3.41	3.57	3.61	3.58
Fish and Sea Food	0.54	0.51	0.49	0.53	0.54	0.65
Fish (fresh / frozen / dried)	0.54	0.51	0.49	0.53	0.54	0.64
Prawn, Shrimps, Crabs (fresh/frozen/packed)	0.00	0.00	0.00	0.00	0.00	0.00
Milk, Cheese and Eggs	28.92	22.79	27.12	29.41	31.95	32.34
Milk (fresh / boiled)	23.96	19.75	22.71	24.45	26.24	25.94
Milk Packed (Including Tea Whitner)	0.88	0.92	1.00	0.89	0.75	0.84
Milk Dry	0.07	0.06	0.10	0.06	0.10	0.03
Milk Dry(children)	0.28	0.14	0.19	0.17	0.39	0.51
Yogurt (loose/packed)	2.01	0.71	1.59	2.12	2.54	2.88
Other Milk Products	0.46	0.19	0.40	0.48	0.56	0.63
Eggs	1.26	0.99	1.13	1.25	1.37	1.50

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MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	8.08	9.19	8.53	8.10	7.62	7.11
Vegetable Ghee	5.75	7.89	6.94	6.00	4.87	3.30
Edible Oil	1.59	1.14	1.21	1.38	1.82	2.36
Ghee(desi)	0.57	0.10	0.23	0.53	0.73	1.21
Other Edible Oil	0.04	0.03	0.04	0.06	0.03	0.01
Butter	0.13	0.04	0.10	0.13	0.16	0.22
Fruit	4.26	2.45	3.24	3.97	4.90	6.56
Dry Fruit	0.41	0.15	0.24	0.29	0.48	0.88
Banana	0.88	0.76	0.75	0.84	0.94	1.09
Mossummi, Malta, Kinnu	0.47	0.30	0.42	0.47	0.53	0.62
Apples	1.08	0.54	0.76	1.03	1.28	1.75
Mango	0.18	0.07	0.13	0.20	0.21	0.30
Peaches	0.06	0.01	0.03	0.04	0.07	0.13
Other Fruits	1.17	0.62	0.91	1.09	1.38	1.80
Canned Fruit	0.00	0.00	0.00	0.00	0.00	0.00
Vegetable	9.24	10.86	10.12	9.39	8.54	7.48
Potato	1.62	2.26	1.86	1.63	1.35	1.07
Onion	1.50	1.83	1.68	1.53	1.34	1.16
Tomato	1.30	1.50	1.44	1.32	1.21	1.06
Other Vegetables	4.81	5.27	5.12	4.89	4.63	4.18
Canned Vegetable	0.01	0.00	0.01	0.01	0.00	0.01
Sugar, Jam, Honey, Chocolate and Confectionery	6.45	7.57	6.84	6.39	5.97	5.61
Sugar (milled/desi)	3.82	5.08	4.27	3.83	3.40	2.70
Gur and Shakkar	0.33	0.38	0.41	0.33	0.28	0.26
Honey	0.07	0.02	0.04	0.06	0.08	0.15
Glucose, Energile etc.	0.04	0.01	0.02	0.02	0.07	0.07
Other Sugar Preparations	2.18	2.09	2.11	2.14	2.15	2.43
Condiments & Spices	2.65	2.89	2.76	2.63	2.55	2.43
Salt (mineral & sea)	0.11	0.16	0.13	0.11	0.09	0.06
Salt (iodised)	0.05	0.03	0.04	0.05	0.07	0.08
Chillies	0.84	1.16	0.93	0.83	0.72	0.59
Other Spices	1.64	1.54	1.66	1.63	1.68	1.70

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	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	3.02	3.65	3.35	3.07	2.72	2.36
Tea (Black & Green)	3.01	3.64	3.35	3.07	2.72	2.35
Coffee Other, Ovaltine, Horlicks etc	0.00	0.00	0.00	0.00	0.00	0.01
Mineral Water Soft Drink, Juices etc	1.36	0.86	1.06	1.27	1.55	2.00
Carbonated Beverages Squashes	0.97	0.69	0.77	0.94	1.11	1.34
Non-Carbonated Juices	0.21	0.12	0.20	0.22	0.25	0.25
Fresh and Packed Juices	0.15	0.05	0.09	0.11	0.16	0.32
Other (mineral water etc.)	0.03	0.00	0.01	0.01	0.02	0.09
Alcoholic Beverages Tobacco	2.56	3.09	2.78	2.60	2.46	1.93
Cigarettes, Biri etc.	1.79	2.02	1.90	1.81	1.77	1.47
Pan	0.07	0.11	0.08	0.07	0.06	0.06
Tobacco & Other Chewing etc	0.70	0.96	0.81	0.72	0.63	0.40
Readymade Food Product	4.08	3.50	3.35	3.73	4.20	5.64
Food Eaten at Home	1.35	0.76	0.94	1.13	1.52	2.37
Food Eaten in Restaurants, Cafes	2.73	2.74	2.41	2.59	2.67	3.27

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
PUNJAB						
Average Monthly Consumption Expenditure on Food (Rs)	13986.77	9700.90	11544.62	12523.81	14287.47	17811.27
Percentage of Consumption						
Cereals	14.43	22.73	19.02	16.89	14.16	10.01
Wheat & Wheat Flour	10.22	18.42	14.60	12.30	9.65	6.23
Rice & Rice Flour	3.31	3.10	3.26	3.58	3.63	3.07
Other Cereal Products	0.90	1.21	1.15	1.01	0.88	0.70
Baked & Fried Products	1.10	0.75	0.76	0.83	1.00	1.47
Biscuits	0.45	0.40	0.37	0.39	0.45	0.52
Bread & Other Products	0.64	0.35	0.39	0.43	0.55	0.95
Pulses, Split & Whole	1.83	2.41	2.19	2.09	1.87	1.42
Gram (whole) Black & White	0.28	0.26	0.29	0.33	0.31	0.24
Gram (spilt)	0.46	0.68	0.61	0.54	0.46	0.33
Mash	0.28	0.31	0.30	0.32	0.30	0.25
Moong	0.38	0.66	0.53	0.44	0.37	0.26
Masoor	0.32	0.47	0.39	0.38	0.32	0.23
Beans (red & white)	0.07	0.03	0.06	0.07	0.09	0.08
Other Pulses	0.02	0.02	0.01	0.02	0.02	0.03
Meat	8.93	4.75	6.26	7.62	8.82	11.47
Mutton	2.83	0.65	0.88	1.56	2.18	4.95
Beef	2.79	1.33	2.23	2.72	3.22	3.11
Chicken	3.31	2.77	3.14	3.34	3.43	3.42
Fish and Sea Food	0.44	0.07	0.13	0.23	0.41	0.74
Fish (fresh / frozen / dried)	0.44	0.07	0.13	0.23	0.41	0.74
Prawn, Shrimps, Crabs (fresh/frozen/packed)						
Milk, Cheese and Eggs	31.89	25.73	30.19	32.16	34.08	32.49
Milk (fresh / boiled)	26.98	23.45	26.75	28.11	29.00	26.19
Milk Packed (Including Tea Whitner)	0.90	0.44	0.67	0.58	0.72	1.34
Milk Dry	0.04	0.02	0.04	0.05	0.03	0.05
Milk Dry(children)	0.42	0.19	0.21	0.18	0.41	0.66
Yogurt (loose/packed)	1.99	0.55	1.23	1.76	2.31	2.50
Other Milk Products	0.18	0.08	0.10	0.16	0.17	0.24
Eggs	1.37	0.97	1.21	1.35	1.43	1.51

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	7.34	9.56	8.60	7.94	7.38	6.10
Vegetable Ghee	4.99	9.08	7.64	6.41	4.96	2.52
Edible Oil	1.85	0.41	0.73	1.20	1.95	2.80
Ghee(des)	0.40	0.06	0.16	0.26	0.39	0.64
Other Edible Oil	0.00	0.00	0.00	0.00	0.00	0.00
Butter	0.09	0.01	0.06	0.06	0.09	0.14
Fruit	5.33	2.44	3.33	4.00	5.18	7.38
Dry Fruit	0.51	0.06	0.13	0.18	0.36	0.98
Banana	1.07	0.81	0.84	0.94	1.09	1.26
Mossummi, Malta, Kinu	0.61	0.34	0.51	0.53	0.65	0.71
Apples	1.41	0.61	0.86	1.13	1.43	1.89
Mango	0.25	0.04	0.09	0.14	0.21	0.43
Peaches	0.14	0.01	0.06	0.05	0.12	0.26
Other Fruits	1.34	0.55	0.84	1.02	1.33	1.85
Canned Fruit	0.00	0.00	0.00	0.00	0.00	0.00
Vegetable	8.77	11.60	10.69	9.82	8.72	7.03
Potato	1.37	2.27	1.80	1.57	1.30	0.97
Onion	1.38	1.87	1.74	1.57	1.37	1.07
Tomato	0.92	1.10	1.02	0.99	0.91	0.80
Other Vegetables	5.09	6.36	6.12	5.68	5.13	4.17
Canned Vegetable	0.00	0.00	0.00	0.02	0.00	0.00
Sugar, Jam, Honey, Chocolate and Confectionery	5.50	6.79	6.08	5.71	5.20	5.08
Sugar (milled/desi)	2.97	4.42	3.88	3.52	2.96	2.09
Gur and Shakkar	0.12	0.06	0.08	0.11	0.12	0.14
Honey	0.12	0.04	0.03	0.05	0.08	0.23
Glucose, Energile etc.	0.03	0.01	0.01	0.01	0.04	0.06
Other Sugar Preparations	2.26	2.26	2.08	2.03	2.01	2.57
Condiments & Spices	2.70	3.04	2.83	2.81	2.69	2.52
Salt (mineral & sea)	0.09	0.15	0.13	0.11	0.08	0.05
Salt (iodised)	0.07	0.02	0.04	0.05	0.07	0.09
Chillies	0.85	1.41	1.13	0.98	0.82	0.58
Other Spices	1.69	1.46	1.54	1.67	1.72	1.80

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	2.38	2.89	2.76	2.65	2.37	2.03
Tea (Black & Green)	2.38	2.89	2.76	2.64	2.37	2.02
Coffee Other, Ovaltine, Horlicks etc	0.01	0.00	0.00	0.01	0.00	0.01
Mineral Water Soft Drink, Juices etc	1.89	1.19	1.38	1.59	1.83	2.40
Carbonated Beverages Squashes	1.36	1.11	1.15	1.32	1.43	1.47
Non-Carbonated Juices	0.21	0.05	0.16	0.15	0.21	0.29
Fresh and Packed Juices	0.24	0.03	0.07	0.11	0.16	0.44
Other (mineral water etc.)	0.08	0.00	0.00	0.01	0.02	0.20
Alcoholic Beverages Tobacco	2.34	3.26	2.82	2.58	2.37	1.83
Cigarettes, Biri etc.	1.89	2.57	2.23	2.04	1.95	1.53
Pan	0.08	0.02	0.04	0.10	0.06	0.12
Tobacco & Other Chewing etc	0.36	0.68	0.55	0.45	0.36	0.18
Readymade Food Product	5.13	2.77	2.97	3.09	3.93	8.04
Food Eaten at Home	2.71	1.10	1.40	1.56	2.32	4.28
Food Eaten in Restaurants, Cafes	2.42	1.67	1.57	1.53	1.61	3.76

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
PUNJAB URBAN						
Average Monthly Consumption Expenditure on Food (Rs)	15783.31	9877.23	11647.84	12749.16	14402.16	18709.39
Percentage of Consumption						
Cereals	12.08	22.47	18.56	16.53	13.69	9.29
Wheat & Wheat Flour	8.15	17.94	14.45	12.21	9.32	5.66
Rice & Rice Flour	3.31	3.77	3.38	3.67	3.71	3.06
Other Cereal Products	0.62	0.76	0.74	0.65	0.66	0.58
Baked & Fried Products	1.44	0.83	0.87	1.04	1.24	1.69
Biscuits	0.51	0.40	0.35	0.43	0.51	0.55
Bread & Other Products	0.93	0.43	0.52	0.61	0.73	1.14
Pulses, Split & Whole	1.67	2.54	2.25	2.21	1.91	1.36
Gram (whole) Black & White	0.28	0.37	0.31	0.39	0.34	0.23
Gram (spilt)	0.40	0.67	0.62	0.53	0.46	0.31
Mash	0.28	0.32	0.33	0.35	0.31	0.24
Moong	0.32	0.61	0.48	0.43	0.35	0.25
Masoor	0.29	0.47	0.40	0.39	0.33	0.23
Beans (red & white)	0.08	0.05	0.10	0.09	0.09	0.07
Other Pulses	0.03	0.05	0.02	0.02	0.03	0.03
Meat	10.38	4.77	6.86	8.82	9.62	11.67
Mutton	4.00	0.78	1.13	2.23	2.61	5.39
Beef	3.06	1.61	2.67	3.38	3.61	2.91
Chicken	3.31	2.39	3.06	3.22	3.40	3.37
Fish and Sea Food	0.65	0.00	0.07	0.32	0.48	0.88
Fish (fresh / frozen / dried)	0.65	0.00	0.07	0.32	0.48	0.88
Prawn, Shrimps, Crabs (fresh/frozen/packed)						
Milk, Cheese and Eggs	30.87	25.19	28.36	29.86	32.07	31.19
Milk (fresh / boiled)	25.06	21.88	24.37	25.29	26.53	24.69
Milk Packed (Including Tea Whitner)	1.53	0.71	1.09	1.12	1.24	1.82
Milk Dry	0.07	0.03	0.00	0.13	0.07	0.07
Milk Dry(children)	0.56	0.16	0.31	0.26	0.42	0.73
Yogurt (loose/packed)	2.04	1.24	1.32	1.63	2.17	2.19
Other Milk Products	0.10	0.02	0.05	0.03	0.07	0.13
Eggs	1.51	1.07	1.25	1.42	1.57	1.55

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	6.50	9.86	8.43	7.88	7.17	5.57
Vegetable Ghee	3.56	9.10	7.13	5.83	4.56	2.03
Edible Oil	2.67	0.76	1.27	1.90	2.45	3.16
Ghee(desi)	0.21	0.00	0.02	0.11	0.14	0.29
Other Edible Oil	0.00	0.00	0.00	0.00	0.00	0.00
Butter	0.06	0.00	0.01	0.03	0.01	0.08
Fruit	6.38	2.56	3.49	3.98	5.54	7.72
Dry Fruit	0.76	0.05	0.16	0.20	0.41	1.12
Banana	1.20	0.79	0.94	1.00	1.16	1.31
Mossummi, Malta, Kinnu	0.68	0.27	0.50	0.50	0.70	0.75
Apples	1.61	0.69	0.97	0.99	1.51	1.89
Mango	0.38	0.01	0.13	0.21	0.28	0.50
Peaches	0.23	0.03	0.05	0.07	0.15	0.31
Other Fruits	1.52	0.72	0.74	1.01	1.31	1.83
Canned Fruit	0.00	0.00	0.00	0.00	0.01	0.00
Vegetables	7.99	11.33	10.84	9.75	8.79	6.82
Potato	1.20	2.16	1.82	1.57	1.32	0.95
Onion	1.23	1.95	1.72	1.50	1.36	1.03
Tomato	0.87	1.17	1.07	1.00	0.92	0.78
Other Vegetables	4.69	6.05	6.24	5.68	5.18	4.05
Canned Vegetable	0.00	0.00	0.00	0.00	0.00	0.00
Sugar, Jam, Honey, Chocolate and Confectionery	5.08	6.13	5.53	5.23	4.95	4.99
Sugar (milled/desi)	2.33	3.72	3.47	3.14	2.63	1.84
Gur and Shakkar	0.09	0.04	0.03	0.05	0.09	0.11
Honey	0.19	0.16	0.02	0.07	0.07	0.29
Glucose, Energile etc.	0.04	0.05	0.00	0.00	0.03	0.06
Other Sugar Preparations	2.42	2.15	2.01	1.96	2.14	2.68
Condiments & Spices	2.74	3.24	2.96	2.98	2.86	2.59
Salt (mineral & sea)	0.06	0.15	0.12	0.10	0.07	0.04
Salt (iodised)	0.09	0.06	0.05	0.08	0.09	0.10
Chillies	0.71	1.34	1.08	0.96	0.80	0.55
Other Spices	1.87	1.69	1.70	1.85	1.89	1.90

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	2.11	2.54	2.41	2.44	2.22	1.95
Tea (Black & Green)	2.10	2.54	2.41	2.43	2.22	1.94
Coffee Other, Ovaltine, Horlicks etc	0.01	0.00	0.00	0.01	0.00	0.02
Mineral Water Soft Drink, Juices etc	2.19	1.25	1.40	1.66	1.91	2.54
Carbonated Beverages Squashes	1.42	1.18	1.23	1.34	1.49	1.44
Non-Carbonated Juices	0.26	0.04	0.09	0.17	0.21	0.33
Fresh and Packed Juices	0.34	0.03	0.08	0.11	0.18	0.50
Other (mineral water etc.)	0.16	0.00	0.00	0.04	0.03	0.27
Alcoholic Beverages Tobacco	2.07	3.26	2.76	2.41	2.25	1.78
Cigarettes, Biri etc.	1.74	2.70	2.32	1.82	1.94	1.52
Pan	0.17	0.00	0.15	0.29	0.13	0.17
Tobacco & Other Chewing etc	0.16	0.57	0.29	0.30	0.19	0.09
Readymade Food Product	7.86	4.05	5.22	4.88	5.30	9.94
Food Eaten at Home	4.39	2.27	2.95	2.62	3.40	5.40
Food Eaten in Restaurants, Cafes	3.47	1.78	2.27	2.26	1.90	4.54

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
PUNJAB RURAL						
Average Monthly Consumption Expenditure on Food (Rs)	12903.65	9671.25	11518.34	12434.98	14208.67	16449.18
Percentage of Consumption						
Cereals	16.17	22.77	19.13	17.03	14.49	11.24
Wheat & Wheat Flour	11.75	18.50	14.64	12.34	9.88	7.22
Rice & Rice Flour	3.31	2.99	3.23	3.55	3.57	3.10
Other Cereal Products	1.11	1.29	1.26	1.15	1.04	0.92
Baked & Fried Products	0.85	0.74	0.73	0.74	0.83	1.10
Biscuits	0.41	0.40	0.37	0.38	0.41	0.48
Bread & Other Products	0.43	0.33	0.36	0.36	0.42	0.62
Pulses, Split & Whole	1.94	2.39	2.18	2.04	1.85	1.52
Gram (whole) Black & White	0.28	0.24	0.28	0.31	0.29	0.27
Gram (spilt)	0.51	0.68	0.61	0.54	0.46	0.37
Mash	0.29	0.30	0.30	0.30	0.29	0.26
Moong	0.43	0.66	0.54	0.44	0.38	0.27
Masoor	0.34	0.47	0.39	0.37	0.32	0.24
Beans (red & white)	0.07	0.03	0.06	0.06	0.09	0.09
Other Pulses	0.02	0.01	0.01	0.02	0.02	0.02
Meat	7.87	4.75	6.11	7.13	8.26	11.12
Mutton	1.96	0.63	0.82	1.29	1.87	4.18
Beef	2.59	1.29	2.12	2.46	2.94	3.44
Chicken	3.31	2.83	3.16	3.39	3.45	3.49
Fish and Sea Food	0.28	0.09	0.15	0.19	0.35	0.51
Fish (fresh / frozen / dried)	0.28	0.09	0.15	0.19	0.35	0.51
Prawn, Shrimps, Crabs (fresh/frozen/packed)						
Milk, Cheese and Eggs	32.64	25.83	30.67	33.08	35.48	34.73
Milk (fresh / boiled)	28.40	23.72	27.36	29.24	30.72	28.78
Milk Packed (Including Tea Whitner)	0.43	0.40	0.56	0.36	0.35	0.50
Milk Dry	0.02	0.01	0.05	0.01	0.01	0.01
Milk Dry(children)	0.32	0.20	0.19	0.15	0.40	0.53
Yogurt (loose/packed)	1.96	0.44	1.20	1.81	2.41	3.05
Other Milk Products	0.24	0.09	0.12	0.21	0.24	0.43
Eggs	1.28	0.95	1.19	1.32	1.33	1.43

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	7.96	9.51	8.64	7.96	7.54	7.01
Vegetable Ghee	6.05	9.08	7.78	6.65	5.24	3.37
Edible Oil	1.25	0.35	0.59	0.92	1.60	2.18
Ghee(des)	0.54	0.07	0.20	0.32	0.56	1.23
Other Edible Oil						
Butter	0.12	0.01	0.07	0.07	0.14	0.23
Fruit	4.56	2.42	3.29	4.01	4.93	6.78
Dry Fruit	0.32	0.06	0.12	0.17	0.32	0.75
Banana	0.98	0.82	0.82	0.92	1.04	1.17
Mossummi, Malta, Kinnu	0.55	0.36	0.51	0.54	0.61	0.64
Apples	1.26	0.60	0.83	1.19	1.38	1.89
Mango	0.15	0.05	0.08	0.11	0.15	0.30
Peaches	0.08	0.01	0.06	0.05	0.09	0.16
Other Fruits	1.21	0.52	0.87	1.02	1.34	1.88
Canned Fruit						
Vegetables	9.35	11.65	10.65	9.85	8.66	7.38
Potato	1.50	2.29	1.80	1.57	1.29	1.01
Onion	1.50	1.86	1.75	1.60	1.37	1.15
Tomato	0.95	1.08	1.01	0.99	0.90	0.84
Other Vegetables	5.39	6.42	6.09	5.68	5.10	4.36
Canned Vegetable	0.01	0.00	0.00	0.02	0.00	0.01
Sugar, Jam, Honey, Chocolate and Confectionery	5.81	6.90	6.22	5.90	5.37	5.24
Sugar (milled/desi)	3.45	4.54	3.98	3.68	3.19	2.50
Gur and Shakkar	0.13	0.06	0.10	0.13	0.15	0.18
Honey	0.07	0.02	0.03	0.03	0.08	0.14
Glucose, Energile etc.	0.02	0.00	0.01	0.01	0.04	0.05
Other Sugar Preparations	2.14	2.28	2.10	2.05	1.92	2.36
Condiments & Spices	2.66	3.01	2.80	2.74	2.57	2.40
Salt (mineral & sea)	0.10	0.16	0.13	0.11	0.09	0.06
Salt (iodised)	0.05	0.02	0.03	0.04	0.06	0.07
Chillies	0.95	1.42	1.14	0.99	0.83	0.65
Other Spices	1.56	1.42	1.50	1.59	1.60	1.62

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	2.58	2.95	2.85	2.73	2.47	2.17
Tea (Black & Green)	2.58	2.95	2.85	2.73	2.47	2.16
Coffee Other, Ovaltine, Horlicks etc	0.00	0.00	0.00	0.00	0.00	0.01
Mineral Water Soft Drink, Juices etc	1.67	1.18	1.37	1.57	1.77	2.16
Carbonated Beverages Squashes	1.32	1.10	1.13	1.31	1.39	1.52
Non-Carbonated Juices	0.17	0.05	0.17	0.14	0.21	0.22
Fresh and Packed Juices	0.16	0.03	0.07	0.11	0.15	0.34
Other (mineral water etc.)	0.03	0.00	0.00	0.00	0.02	0.08
Alcoholic Beverages Tobacco	2.53	3.26	2.83	2.65	2.45	1.90
Cigarettes, Biri etc.	2.01	2.54	2.20	2.12	1.95	1.53
Pan	0.02	0.02	0.01	0.02	0.01	0.01
Tobacco & Other Chewing etc	0.51	0.70	0.61	0.50	0.48	0.36
Readymade Food Product	3.12	2.55	2.39	2.37	2.97	4.74
Food Eaten at Home	1.47	0.90	0.99	1.14	1.56	2.34
Food Eaten in Restaurants, Cafes	1.64	1.65	1.39	1.23	1.41	2.40

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
SINDH						
Average Monthly Consumption Expenditure on Food (Rs)	15223.71	11193.47	13581.54	14423.07	15627.84	19581.50
Percentage of Consumption						
Cereals	16.63	23.00	20.87	18.31	15.81	11.59
Wheat & Wheat Flour	10.31	15.07	12.77	11.35	9.88	6.85
Rice & Rice Flour	5.58	7.16	7.35	6.22	5.18	4.00
Other Cereal Products	0.75	0.78	0.75	0.74	0.74	0.74
Baked & Fried Products	2.12	1.46	2.04	2.15	2.09	2.45
Biscuits	0.75	0.55	0.87	0.99	0.75	0.63
Bread & Other Products	1.37	0.91	1.16	1.16	1.34	1.81
Pulses, Split & Whole	1.71	2.02	1.77	1.78	1.81	1.44
Gram (whole) Black & White	0.14	0.06	0.10	0.14	0.18	0.17
Gram (spilt)	0.45	0.62	0.53	0.48	0.43	0.33
Mash	0.14	0.08	0.10	0.11	0.17	0.16
Moong	0.51	0.61	0.59	0.57	0.53	0.39
Masoor	0.41	0.59	0.37	0.39	0.43	0.34
Beans (red & white)	0.04	0.03	0.05	0.06	0.04	0.03
Other Pulses	0.02	0.02	0.03	0.02	0.02	0.02
Meat	8.41	5.45	6.08	7.15	8.91	11.10
Mutton	1.34	0.18	0.30	0.37	0.97	3.12
Beef	2.76	0.84	1.55	2.45	3.42	3.87
Chicken	4.30	4.42	4.23	4.34	4.52	4.11
Fish and Sea Food	1.54	1.46	1.61	1.62	1.52	1.51
Fish (fresh / frozen / dried)	1.53	1.46	1.61	1.61	1.52	1.50
Prawn, Shrimps, Crabs (fresh/frozen/packed)	0.01	0.00	0.00	0.01	0.00	0.01
Milk, Cheese and Eggs	24.28	23.00	24.36	25.03	25.30	23.70
Milk (fresh / boiled)	19.09	20.44	21.38	20.54	19.50	16.39
Milk Packed (Including Tea Whitner)	1.39	0.71	0.59	0.96	1.35	2.31
Milk Dry	0.23	0.09	0.12	0.18	0.30	0.32
Milk Dry(children)	0.95	0.08	0.28	0.69	1.16	1.64
Yogurt (loose/packed)	1.15	0.53	0.79	1.24	1.36	1.38
Other Milk Products	0.34	0.22	0.32	0.33	0.36	0.39
Eggs	1.14	0.92	0.87	1.07	1.30	1.28

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	6.92	8.29	7.75	7.48	6.75	5.76
Vegetable Ghee	2.69	5.17	3.98	3.23	2.02	1.20
Edible Oil	3.85	2.94	3.40	3.72	4.45	4.11
Ghee(desi)	0.13	0.04	0.12	0.21	0.10	0.14
Other Edible Oil	0.09	0.08	0.16	0.18	0.07	0.03
Butter	0.16	0.06	0.09	0.13	0.11	0.29
Fruit	3.84	2.22	2.83	3.46	4.00	5.09
Dry Fruit	0.37	0.12	0.13	0.13	0.26	0.80
Banana	0.88	0.80	0.76	0.85	0.98	0.93
Mossummi, Malta, Kinnu	0.32	0.19	0.25	0.30	0.36	0.38
Apples	0.72	0.37	0.53	0.57	0.75	1.02
Mango	0.47	0.16	0.40	0.68	0.43	0.56
Peaches	0.06	0.00	0.01	0.03	0.06	0.13
Other Fruits	1.00	0.58	0.75	0.90	1.16	1.25
Canned Fruit	0.01	0.00	0.01	0.01	0.01	0.02
Vegetables	7.56	8.61	8.34	8.13	7.75	6.32
Potato	1.43	2.12	1.92	1.65	1.30	0.89
Onion	1.26	1.59	1.46	1.33	1.26	0.98
Tomato	1.05	1.23	1.20	1.14	1.06	0.84
Other Vegetables	3.82	3.67	3.76	4.01	4.13	3.59
Canned Vegetable	0.00	0.00	0.00	0.00	0.00	0.01
Sugar, Jam, Honey, Chocolate and Confectionery	6.23	7.43	6.52	6.18	5.76	5.92
Sugar (milled/desi)	3.25	5.08	3.95	3.48	3.06	2.15
Gur and Shakkar	0.06	0.06	0.08	0.06	0.04	0.05
Honey	0.11	0.01	0.02	0.04	0.09	0.24
Glucose, Energile etc.	0.20	0.01	0.06	0.09	0.21	0.40
Other Sugar Preparations	2.61	2.26	2.41	2.51	2.36	3.08
Condiments & Spices	2.98	2.89	2.86	2.97	3.16	2.96
Salt (mineral & sea)	0.11	0.19	0.15	0.13	0.10	0.05
Salt (iodised)	0.06	0.01	0.03	0.05	0.07	0.09
Chillies	1.00	1.39	1.17	1.06	0.98	0.74
Other Spices	1.81	1.29	1.51	1.73	2.01	2.08

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	3.26	3.91	3.63	3.45	3.22	2.74
Tea (Black & Green)	3.23	3.91	3.63	3.44	3.21	2.64
Coffee Other, Ovaltine, Horlicks etc	0.03	0.00	0.00	0.01	0.00	0.10
Mineral Water Soft Drink, Juices etc	1.96	0.85	1.15	1.34	1.83	3.24
Carbonated Beverages Squashes	0.82	0.56	0.60	0.65	0.84	1.10
Non-Carbonated Juices	0.41	0.15	0.33	0.41	0.50	0.49
Fresh and Packed Juices	0.40	0.12	0.20	0.24	0.40	0.70
Other (mineral water etc.)	0.33	0.02	0.02	0.04	0.09	0.94
Alcoholic Beverages Tobacco	3.28	3.62	3.61	3.41	3.28	2.90
Cigarettes, Biri etc.	2.01	2.41	2.50	2.16	1.62	1.79
Pan	0.48	0.34	0.30	0.35	0.72	0.54
Tobacco & Other Chewing etc	0.79	0.87	0.81	0.90	0.95	0.57
Readymade Food Product	9.28	5.80	6.59	7.54	8.82	13.29
Food Eaten at Home	3.27	0.90	1.66	2.21	3.33	5.58
Food Eaten in Restaurants, Cafes	6.01	4.90	4.93	5.33	5.49	7.71

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
SINDH URBAN						
Average Monthly Consumption Expenditure on Food (Rs)	17011.85	11938.16	14192.11	14981.12	16044.22	19878.60
Percentage of Consumption						
Cereals	14.42	22.47	20.42	17.60	15.30	11.24
Wheat & Wheat Flour	9.01	14.52	12.71	11.35	9.80	6.75
Rice & Rice Flour	4.70	7.47	7.19	5.54	4.74	3.76
Other Cereal Products	0.71	0.49	0.52	0.72	0.76	0.73
Baked & Fried Products	2.29	1.50	2.23	2.22	2.14	2.47
Biscuits	0.68	0.59	0.79	0.90	0.68	0.59
Bread & Other Products	1.61	0.91	1.44	1.32	1.46	1.87
Pulses, Split & Whole	1.76	2.14	2.04	2.09	1.99	1.46
Gram (whole) Black & White	0.19	0.11	0.19	0.21	0.23	0.17
Gram (spilt)	0.41	0.61	0.52	0.49	0.45	0.33
Mash	0.17	0.13	0.16	0.15	0.20	0.17
Moong	0.49	0.67	0.62	0.62	0.54	0.38
Masoor	0.42	0.52	0.42	0.50	0.50	0.35
Beans (red & white)	0.05	0.07	0.11	0.09	0.05	0.03
Other Pulses	0.02	0.03	0.02	0.03	0.03	0.02
Meat	9.87	5.94	7.43	8.11	9.56	11.33
Mutton	1.83	0.37	0.48	0.38	0.92	3.12
Beef	3.74	1.54	2.56	3.35	4.06	4.08
Chicken	4.30	4.03	4.40	4.38	4.58	4.12
Fish and Sea Food	1.35	1.26	1.20	1.40	1.32	1.39
Fish (fresh / frozen / dried)	1.35	1.26	1.20	1.38	1.32	1.38
Prawn, Shrimps, Crabs (fresh/frozen/packed)	0.01	0.00	0.00	0.02	0.00	0.01
Milk, Cheese and Eggs	24.03	22.30	23.16	24.52	25.30	23.49
Milk (fresh / boiled)	17.40	18.84	19.15	18.66	18.73	15.88
Milk Packed (Including Tea Whitner)	2.02	1.23	1.23	1.55	1.72	2.52
Milk Dry	0.33	0.27	0.15	0.33	0.38	0.34
Milk Dry(children)	1.41	0.00	0.45	1.13	1.43	1.76
Yogurt (loose/packed)	1.26	0.61	0.87	1.21	1.33	1.37
Other Milk Products	0.31	0.16	0.24	0.27	0.34	0.33
Eggs	1.30	1.12	1.07	1.30	1.42	1.28

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	6.45	8.33	7.80	7.32	6.64	5.68
Vegetable Ghee	1.68	3.39	2.73	2.38	1.69	1.12
Edible Oil	4.50	4.94	4.96	4.72	4.79	4.16
Ghee(desi)	0.08	0.00	0.04	0.13	0.05	0.09
Other Edible Oil	0.02	0.00	0.03	0.02	0.02	0.01
Butter	0.18	0.00	0.03	0.07	0.10	0.30
Fruit	4.34	2.33	3.03	3.62	4.05	5.12
Dry Fruit	0.47	0.08	0.11	0.13	0.24	0.81
Banana	0.96	0.76	0.84	0.94	1.07	0.95
Mossummi, Malta, Kinnu	0.36	0.22	0.29	0.33	0.39	0.37
Apples	0.84	0.47	0.63	0.60	0.77	1.01
Mango	0.50	0.32	0.49	0.69	0.31	0.56
Peaches	0.10	0.00	0.01	0.05	0.07	0.15
Other Fruits	1.11	0.50	0.65	0.89	1.21	1.26
Canned Fruit	0.01	0.00	0.00	0.01	0.00	0.01
Vegetables	7.30	8.69	8.31	8.35	7.98	6.31
Potato	1.16	2.01	1.62	1.51	1.24	0.86
Onion	1.15	1.47	1.32	1.33	1.29	0.97
Tomato	0.98	1.27	1.18	1.14	1.07	0.82
Other Vegetables	4.00	3.94	4.19	4.36	4.39	3.65
Canned Vegetable	0.01	0.00	0.00	0.00	0.00	0.01
Sugar, Jam, Honey, Chocolate and Confectionery	5.78	7.17	6.12	5.68	5.36	5.87
Sugar (milled/desi)	2.68	4.40	3.64	3.23	2.93	2.06
Gur and Shakkar	0.04	0.08	0.04	0.04	0.03	0.05
Honey	0.13	0.00	0.00	0.01	0.07	0.23
Glucose, Energile etc.	0.31	0.01	0.13	0.15	0.27	0.44
Other Sugar Preparations	2.62	2.68	2.31	2.25	2.06	3.09
Condiments & Spices	3.11	3.19	3.13	3.20	3.30	2.98
Salt (mineral & sea)	0.08	0.17	0.14	0.11	0.09	0.04
Salt (iodised)	0.08	0.03	0.07	0.07	0.08	0.09
Chillies	0.89	1.32	1.14	1.02	0.96	0.72
Other Spices	2.07	1.67	1.79	1.99	2.17	2.12

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	3.08	3.67	3.66	3.40	3.25	2.74
Tea (Black & Green)	3.02	3.67	3.66	3.40	3.25	2.63
Coffee Other, Ovaltine, Horlicks etc	0.05	0.00	0.00	0.01	0.00	0.11
Mineral Water Soft Drink, Juices etc	2.52	1.01	1.39	1.60	1.97	3.42
Carbonated Beverages Squashes	0.96	0.63	0.71	0.73	0.90	1.14
Non-Carbonated Juices	0.51	0.13	0.43	0.55	0.57	0.51
Fresh and Packed Juices	0.53	0.17	0.24	0.27	0.40	0.75
Other (mineral water etc.)	0.52	0.08	0.01	0.06	0.09	1.01
Alcoholic Beverages Tobacco	2.96	3.47	3.17	3.22	2.97	2.79
Cigarettes, Biri etc.	1.52	2.30	1.80	1.67	1.03	1.61
Pan	0.61	0.47	0.37	0.48	0.85	0.58
Tobacco & Other Chewing etc	0.83	0.70	1.00	1.06	1.09	0.60
Readymade Food Product	10.75	6.53	6.90	7.67	8.87	13.73
Food Eaten at Home	4.55	1.85	2.40	3.05	3.90	5.96
Food Eaten in Restaurants, Cafes	6.20	4.67	4.51	4.61	4.97	7.77

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
SINDH RURAL						
Average Monthly Consumption Expenditure on Food (Rs)	13126.06	11048.33	13282.43	13917.86	14687.39	17389.28
Percentage of Consumption						
Cereals	20.00	23.12	21.11	18.99	17.06	14.57
Wheat & Wheat Flour	12.28	15.19	12.80	11.36	10.08	7.68
Rice & Rice Flour	6.91	7.09	7.44	6.88	6.28	6.04
Other Cereal Products	0.81	0.84	0.87	0.76	0.71	0.85
Baked & Fried Products	1.87	1.46	1.93	2.09	1.97	2.27
Biscuits	0.85	0.54	0.91	1.08	0.93	0.95
Bread & Other Products	1.01	0.91	1.02	1.00	1.04	1.32
Pulses, Split & Whole	1.62	1.99	1.62	1.47	1.37	1.27
Gram (whole) Black & White	0.06	0.05	0.05	0.08	0.07	0.09
Gram (spilt)	0.50	0.62	0.53	0.48	0.39	0.31
Mash	0.08	0.07	0.08	0.07	0.12	0.10
Moong	0.55	0.60	0.57	0.52	0.49	0.46
Masoor	0.39	0.61	0.35	0.28	0.27	0.27
Beans (red & white)	0.02	0.02	0.01	0.03	0.02	0.02
Other Pulses	0.02	0.02	0.03	0.01	0.01	0.01
Meat	6.19	5.34	5.37	6.21	7.31	9.20
Mutton	0.60	0.14	0.20	0.35	1.09	3.06
Beef	1.28	0.69	1.03	1.56	1.84	2.12
Chicken	4.31	4.51	4.14	4.30	4.37	4.01
Fish and Sea Food	1.82	1.51	1.83	1.83	2.00	2.50
Fish (fresh / frozen / dried)	1.82	1.50	1.83	1.83	2.00	2.48
Prawn, Shrimps, Crabs (fresh/frozen/packed)	0.00	0.00	0.00	0.00	0.00	0.03
Milk, Cheese and Eggs	24.68	23.15	24.98	25.53	25.28	25.48
Milk (fresh / boiled)	21.66	20.77	22.54	22.37	21.39	20.71
Milk Packed (Including Tea Whitner)	0.43	0.60	0.27	0.37	0.46	0.45
Milk Dry	0.07	0.05	0.11	0.04	0.08	0.11
Milk Dry(children)	0.26	0.10	0.19	0.25	0.50	0.55
Yogurt (loose/packed)	0.97	0.51	0.75	1.26	1.42	1.46
Other Milk Products	0.39	0.23	0.37	0.38	0.42	0.95
Eggs	0.89	0.88	0.76	0.85	1.01	1.23

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	7.64	8.28	7.72	7.64	7.01	6.44
Vegetable Ghee	4.24	5.54	4.64	4.07	2.83	1.87
Edible Oil	2.86	2.52	2.57	2.75	3.61	3.70
Ghee(des)	0.21	0.05	0.16	0.29	0.24	0.54
Other Edible Oil	0.20	0.10	0.22	0.34	0.19	0.15
Butter	0.13	0.07	0.12	0.19	0.14	0.18
Fruit	3.07	2.20	2.73	3.30	3.89	4.86
Dry Fruit	0.22	0.13	0.14	0.14	0.33	0.79
Banana	0.77	0.81	0.71	0.76	0.78	0.79
Mossummi, Malta, Kinnu	0.26	0.18	0.23	0.28	0.30	0.42
Apples	0.54	0.35	0.47	0.53	0.70	1.08
Mango	0.44	0.12	0.35	0.67	0.72	0.58
Peaches	0.01	0.00	0.01	0.01	0.03	0.03
Other Fruits	0.83	0.59	0.81	0.91	1.02	1.12
Canned Fruit	0.01	0.00	0.01	0.00	0.02	0.06
Vegetables	7.96	8.59	8.36	7.93	7.16	6.33
Potato	1.85	2.14	2.08	1.78	1.45	1.17
Onion	1.42	1.61	1.54	1.33	1.17	1.09
Tomato	1.16	1.23	1.21	1.14	1.04	1.05
Other Vegetables	3.54	3.61	3.54	3.67	3.50	3.03
Canned Vegetable	0.00	0.00	0.00	0.00	0.00	0.00
Sugar, Jam, Honey, Chocolate and Confectionery	6.91	7.48	6.73	6.68	6.77	6.38
Sugar (milled/desi)	4.12	5.22	4.12	3.72	3.39	2.92
Gur and Shakkar	0.08	0.06	0.09	0.09	0.06	0.10
Honey	0.08	0.02	0.03	0.07	0.14	0.30
Glucose, Energile etc.	0.03	0.01	0.02	0.03	0.07	0.06
Other Sugar Preparations	2.60	2.17	2.47	2.77	3.10	3.00
Condiments & Spices	2.78	2.82	2.72	2.75	2.81	2.82
Salt (mineral & sea)	0.15	0.19	0.16	0.14	0.12	0.08
Salt (iodised)	0.02	0.01	0.01	0.02	0.04	0.07
Chillies	1.18	1.41	1.18	1.11	1.03	0.89
Other Spices	1.42	1.22	1.36	1.48	1.62	1.77

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	3.54	3.96	3.61	3.49	3.13	2.81
Tea (Black & Green)	3.54	3.96	3.61	3.49	3.13	2.80
Coffee Other, Ovaltine, Horlicks etc	0.00	0.00	0.00	0.00	0.00	0.01
Mineral Water Soft Drink, Juices etc	1.11	0.81	1.02	1.09	1.49	1.74
Carbonated Beverages Squashes	0.60	0.54	0.54	0.58	0.70	0.78
Non-Carbonated Juices	0.25	0.15	0.27	0.27	0.31	0.34
Fresh and Packed Juices	0.21	0.11	0.18	0.21	0.40	0.27
Other (mineral water etc.)	0.05	0.01	0.02	0.02	0.08	0.34
Alcoholic Beverages Tobacco	3.76	3.65	3.84	3.60	4.05	3.79
Cigarettes, Biri etc.	2.76	2.43	2.86	2.64	3.08	3.29
Pan	0.28	0.31	0.26	0.21	0.38	0.25
Tobacco & Other Chewing etc	0.72	0.90	0.71	0.75	0.59	0.26
Readymade Food Product	7.05	5.65	6.42	7.42	8.69	9.55
Food Eaten at Home	1.33	0.70	1.28	1.39	1.92	2.36
Food Eaten in Restaurants, Cafes	5.72	4.95	5.15	6.03	6.77	7.19

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
KHYBER PAKHTUNKHWA						
Average Monthly Consumption Expenditure on Food (Rs)	15882.10	12832.10	14589.89	16249.77	17302.53	17988.71
Percentage of Consumption						
Cereals	19.07	26.07	22.40	19.57	16.97	13.47
Wheat & Wheat Flour	14.58	22.00	17.60	14.69	12.40	9.47
Rice & Rice Flour	3.48	3.16	3.87	3.85	3.40	3.05
Other Cereal Products	1.01	0.92	0.93	1.02	1.16	0.95
Baked & Fried Products	0.71	0.33	0.44	0.59	0.84	1.14
Biscuits	0.27	0.14	0.18	0.24	0.35	0.39
Bread & Other Products	0.43	0.20	0.26	0.34	0.49	0.75
Pulses, Split & Whole	2.63	2.85	2.74	2.67	2.61	2.37
Gram (whole) Black & White	0.26	0.19	0.21	0.25	0.29	0.33
Gram (spilt)	0.63	0.84	0.69	0.62	0.60	0.50
Mash	0.40	0.39	0.40	0.41	0.41	0.40
Moong	0.29	0.28	0.32	0.31	0.28	0.25
Masoor	0.16	0.22	0.17	0.16	0.14	0.12
Beans (red & white)	0.87	0.91	0.94	0.89	0.88	0.74
Other Pulses	0.02	0.01	0.02	0.02	0.01	0.02
Meat	8.62	5.77	7.47	8.61	9.34	10.68
Mutton	0.69	0.06	0.19	0.55	0.74	1.62
Beef	4.87	3.53	4.57	5.09	5.13	5.48
Chicken	3.06	2.18	2.70	2.97	3.47	3.57
Fish and Sea Food	0.19	0.07	0.03	0.17	0.20	0.42
Fish (fresh / frozen / dried)	0.19	0.07	0.03	0.17	0.20	0.42
Prawn, Shrimps, Crabs (fresh/frozen/packed)						
Milk, Cheese and Eggs	25.28	19.31	24.58	26.21	27.38	26.45
Milk (fresh / boiled)	17.15	13.40	16.48	17.71	18.60	17.97
Milk Packed (Including Tea Whitner)	2.51	2.85	2.65	2.47	2.19	2.54
Milk Dry	0.19	0.14	0.18	0.17	0.29	0.13
Milk Dry(children)	0.28	0.10	0.20	0.18	0.33	0.51
Yogurt (loose/packed)	2.84	1.46	3.03	3.31	3.20	2.65
Other Milk Products	0.90	0.25	0.87	1.02	1.18	0.89
Eggs	1.42	1.07	1.19	1.35	1.59	1.75

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	8.24	9.71	8.57	8.43	7.87	7.20
Vegetable Ghee	5.85	9.16	7.44	6.21	4.78	3.13
Edible Oil	1.35	0.27	0.65	0.92	1.61	2.81
Ghee(desi)	0.91	0.28	0.41	1.14	1.29	1.10
Other Edible Oil	0.01	0.00	0.00	0.00	0.03	0.00
Butter	0.12	0.01	0.07	0.16	0.17	0.16
Fruit	4.97	3.08	3.91	4.69	5.52	6.79
Dry Fruit	0.81	0.38	0.61	0.69	0.89	1.32
Banana	0.81	0.69	0.71	0.79	0.84	0.97
Mossummi, Malta, Kinnu	0.54	0.44	0.51	0.56	0.52	0.64
Apples	1.14	0.67	0.81	1.09	1.34	1.56
Mango	0.15	0.06	0.08	0.09	0.16	0.31
Peaches	0.06	0.00	0.01	0.04	0.07	0.13
Other Fruits	1.46	0.84	1.18	1.42	1.70	1.86
Canned Fruit	0.00	0.00	0.00	0.00	0.00	0.00
Vegetables	9.26	11.61	10.00	9.21	8.67	7.80
Potato	1.63	2.37	1.83	1.65	1.44	1.16
Onion	1.43	1.93	1.57	1.46	1.28	1.12
Tomato	1.95	2.30	2.08	1.92	1.89	1.69
Other Vegetables	4.25	5.00	4.51	4.18	4.05	3.82
Canned Vegetable	0.00	0.00	0.00	0.00	0.00	0.01
Sugar, Jam, Honey, Chocolate and Confectionery	7.44	9.01	8.00	7.27	6.98	6.62
Sugar (milled/desi)	4.01	5.61	4.45	3.97	3.69	2.99
Gur and Shakkar	0.89	1.34	1.21	0.92	0.69	0.50
Honey	0.10	0.02	0.08	0.11	0.06	0.18
Glucose, Energile etc.	0.08	0.01	0.03	0.05	0.12	0.16
Other Sugar Preparations	2.36	2.02	2.22	2.22	2.43	2.78
Condiments & Spices	2.28	2.40	2.28	2.13	2.22	2.41
Salt (mineral & sea)	0.08	0.14	0.10	0.08	0.06	0.05
Salt (iodised)	0.10	0.07	0.09	0.10	0.10	0.11
Chillies	0.34	0.42	0.34	0.33	0.31	0.32
Other Spices	1.76	1.77	1.75	1.62	1.74	1.94

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	3.28	4.28	3.77	3.19	2.98	2.61
Tea (Black & Green)	3.28	4.28	3.77	3.19	2.98	2.61
Coffee Other, Ovaltine, Horlicks etc	0.00	0.00	0.00	0.00	0.00	0.00
Mineral Water Soft Drink, Juices etc	1.04	0.44	0.64	0.94	1.18	1.74
Carbonated Beverages Squashes	0.66	0.28	0.43	0.56	0.77	1.10
Non-Carbonated Juices	0.26	0.15	0.18	0.32	0.30	0.31
Fresh and Packed Juices	0.11	0.01	0.03	0.05	0.10	0.30
Other (mineral water etc.)	0.01	0.00	0.00	0.01	0.01	0.03
Alcoholic Beverages Tobacco	1.46	1.91	1.61	1.55	1.41	1.00
Cigarettes, Biri etc.	0.42	0.31	0.30	0.43	0.52	0.49
Pan	0.01	0.00	0.01	0.03	0.00	0.02
Tobacco & Other Chewing etc	1.02	1.60	1.29	1.09	0.89	0.49
Readymade Food Product	5.54	3.16	3.55	4.77	5.81	9.30
Food Eaten at Home	1.82	0.74	0.87	1.35	1.79	3.85
Food Eaten in Restaurants, Cafes	3.72	2.41	2.68	3.42	4.01	5.44

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
KP URBAN						
Average Monthly Consumption Expenditure on Food (Rs)	17530.63	13801.89	15547.93	16290.15	17169.54	20667.91
Percentage of Consumption						
Cereals	16.13	24.66	20.77	18.42	16.60	11.32
Wheat & Wheat Flour	12.78	21.58	17.26	14.90	13.06	8.16
Rice & Rice Flour	2.86	2.68	3.22	3.09	3.06	2.54
Other Cereal Products	0.49	0.40	0.28	0.44	0.48	0.62
Baked & Fried Products	0.93	0.37	0.64	0.74	0.91	1.25
Biscuits	0.31	0.14	0.24	0.25	0.32	0.39
Bread & Other Products	0.62	0.23	0.41	0.48	0.59	0.87
Pulses, Split & Whole	2.45	2.84	2.59	2.62	2.57	2.17
Gram (whole) Black & White	0.33	0.20	0.19	0.30	0.36	0.40
Gram (spilt)	0.55	0.74	0.65	0.62	0.57	0.43
Mash	0.40	0.36	0.41	0.43	0.40	0.39
Moong	0.22	0.31	0.29	0.22	0.23	0.17
Masoor	0.15	0.21	0.18	0.17	0.18	0.11
Beans (red & white)	0.78	1.00	0.82	0.86	0.82	0.66
Other Pulses	0.02	0.02	0.03	0.02	0.01	0.02
Meat	10.59	6.17	8.86	9.17	10.53	12.84
Mutton	1.34	0.15	0.18	0.54	0.72	2.79
Beef	6.12	4.25	6.16	5.78	6.33	6.52
Chicken	3.13	1.77	2.52	2.84	3.49	3.53
Fish and Sea Food	0.29	0.04	0.10	0.24	0.17	0.50
Fish (fresh / frozen / dried)	0.29	0.04	0.10	0.24	0.17	0.50
Prawn, Shrimps, Crabs (fresh/frozen/packed)						
Milk, Cheese and Eggs	22.46	20.27	21.44	22.43	22.72	23.12
Milk (fresh / boiled)	14.51	13.12	14.08	14.49	14.76	14.79
Milk Packed (Including Tea Whitner)	4.26	5.02	4.70	5.00	4.29	3.54
Milk Dry	0.17	0.43	0.07	0.09	0.09	0.23
Milk Dry(children)	0.40	0.15	0.03	0.23	0.43	0.65
Yogurt (loose/packed)	1.56	0.66	1.39	1.37	1.49	1.96
Other Milk Products	0.25	0.00	0.21	0.19	0.16	0.40
Eggs	1.32	0.89	0.92	1.13	1.42	1.58

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	7.15	9.42	7.86	7.75	7.19	6.10
Vegetable Ghee	4.48	8.39	7.07	5.93	4.46	2.06
Edible Oil	2.36	0.44	0.63	1.52	2.49	3.70
Ghee(desi)	0.27	0.59	0.17	0.27	0.22	0.26
Other Edible Oil						
Butter	0.04	0.00	0.00	0.03	0.02	0.08
Fruit	5.62	2.91	4.31	4.90	5.56	7.04
Dry Fruit	0.76	0.18	0.31	0.42	0.57	1.32
Banana	0.88	0.67	0.69	0.79	0.98	0.97
Mossummi, Malta, Kinnu	0.59	0.58	0.57	0.59	0.61	0.59
Apples	1.21	0.58	0.89	0.97	1.42	1.43
Mango	0.33	0.06	0.25	0.21	0.27	0.51
Peaches	0.13	0.00	0.03	0.07	0.08	0.24
Other Fruits	1.72	0.83	1.57	1.85	1.62	1.96
Canned Fruit	0.01	0.00	0.00	0.00	0.00	0.01
Vegetables	8.75	11.07	10.09	9.66	8.95	7.21
Potato	1.41	2.10	1.78	1.63	1.42	1.01
Onion	1.27	1.66	1.48	1.45	1.28	1.02
Tomato	1.80	2.15	1.98	1.91	1.90	1.55
Other Vegetables	4.27	5.15	4.85	4.67	4.34	3.62
Canned Vegetable	0.00	0.00	0.00	0.00	0.00	0.01
Sugar, Jam, Honey, Chocolate and Confectionery	7.27	8.58	7.64	7.56	7.08	6.86
Sugar (milled/desi)	3.44	4.97	4.16	3.82	3.48	2.65
Gur and Shakkar	0.62	0.97	0.94	0.69	0.66	0.38
Honey	0.22	0.04	0.01	0.20	0.15	0.39
Glucose, Energile etc.	0.14	0.08	0.09	0.13	0.15	0.18
Other Sugar Preparations	2.85	2.51	2.44	2.72	2.63	3.27
Condiments & Spices	2.57	2.53	2.55	2.51	2.60	2.61
Salt (mineral & sea)	0.07	0.13	0.11	0.10	0.07	0.04
Salt (iodised)	0.09	0.04	0.07	0.07	0.08	0.11
Chillies	0.35	0.43	0.31	0.36	0.35	0.35
Other Spices	2.06	1.93	2.05	1.97	2.09	2.12

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	2.86	3.71	3.31	3.15	2.93	2.34
Tea (Black & Green)	2.86	3.71	3.31	3.14	2.93	2.33
Coffee Other, Ovaltine, Horlicks etc	0.00	0.00	0.00	0.00	0.00	0.01
Mineral Water Soft Drink, Juices etc	1.47	0.73	0.92	1.17	1.44	1.99
Carbonated Beverages Squashes	1.00	0.50	0.71	0.75	1.08	1.28
Non-Carbonated Juices	0.27	0.21	0.21	0.35	0.25	0.28
Fresh and Packed Juices	0.18	0.02	0.01	0.08	0.11	0.37
Other (mineral water etc.)	0.02	0.00	0.00	0.00	0.00	0.07
Alcoholic Beverages Tobacco	1.29	1.77	1.78	1.42	1.24	0.99
Cigarettes, Biri etc.	0.57	0.38	0.56	0.51	0.61	0.60
Pan	0.03	0.00	0.08	0.06	0.02	0.00
Tobacco & Other Chewing etc	0.70	1.39	1.15	0.85	0.61	0.39
Readymade Food Product	10.15	4.95	7.13	8.26	9.51	13.64
Food Eaten at Home	4.45	1.36	2.43	3.37	4.06	6.58
Food Eaten in Restaurants, Cafes	5.71	3.59	4.71	4.90	5.45	7.07

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
KP RURAL						
Average Monthly Consumption Expenditure on Food (Rs)	15552.23	12731.22	14464.51	16242.34	17333.79	16982.09
Percentage of Consumption						
Cereals	19.74	26.23	22.63	19.78	17.06	14.45
Wheat & Wheat Flour	14.99	22.05	17.64	14.65	12.25	10.06
Rice & Rice Flour	3.62	3.21	3.96	4.00	3.48	3.29
Other Cereal Products	1.12	0.97	1.02	1.13	1.32	1.10
Baked & Fried Products	0.65	0.33	0.42	0.56	0.83	1.09
Biscuits	0.27	0.14	0.17	0.24	0.36	0.39
Bread & Other Products	0.39	0.19	0.24	0.32	0.47	0.70
Pulses, Split & Whole	2.67	2.85	2.77	2.68	2.63	2.46
Gram (whole) Black & White	0.25	0.19	0.21	0.25	0.27	0.30
Gram (spilt)	0.65	0.85	0.69	0.62	0.61	0.54
Mash	0.40	0.39	0.40	0.41	0.41	0.41
Moong	0.30	0.28	0.32	0.33	0.30	0.29
Masoor	0.16	0.22	0.16	0.16	0.13	0.13
Beans (red & white)	0.89	0.90	0.95	0.90	0.89	0.77
Other Pulses	0.02	0.01	0.02	0.02	0.02	0.02
Meat	8.18	5.73	7.27	8.51	9.07	9.69
Mutton	0.55	0.05	0.20	0.55	0.75	1.09
Beef	4.59	3.45	4.35	4.96	4.86	5.01
Chicken	3.04	2.23	2.73	3.00	3.46	3.59
Fish and Sea Food	0.17	0.07	0.02	0.16	0.21	0.38
Fish (fresh / frozen / dried)	0.17	0.07	0.02	0.16	0.21	0.38
Prawn, Shrimps, Crabs (fresh/frozen/packed)						
Milk, Cheese and Eggs	25.91	19.20	25.02	26.91	28.47	27.97
Milk (fresh / boiled)	17.74	13.43	16.82	18.30	19.50	19.42
Milk Packed (Including Tea Whitner)	2.11	2.60	2.36	2.00	1.70	2.08
Milk Dry	0.19	0.10	0.20	0.19	0.33	0.08
Milk Dry(children)	0.26	0.10	0.23	0.18	0.31	0.45
Yogurt (loose/packed)	3.12	1.55	3.26	3.67	3.60	2.97
Other Milk Products	1.04	0.28	0.96	1.18	1.42	1.11
Eggs	1.45	1.09	1.23	1.39	1.62	1.83

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	8.48	9.75	8.67	8.55	8.03	7.70
Vegetable Ghee	6.16	9.24	7.50	6.26	4.85	3.61
Edible Oil	1.12	0.25	0.65	0.81	1.40	2.40
Ghee(desi)	1.05	0.25	0.44	1.30	1.54	1.48
Other Edible Oil	0.01	0.00	0.00	0.00	0.03	0.00
Butter	0.14	0.01	0.08	0.18	0.20	0.20
Fruit	4.82	3.10	3.86	4.65	5.51	6.68
Dry Fruit	0.83	0.40	0.65	0.74	0.96	1.32
Banana	0.80	0.70	0.72	0.79	0.81	0.97
Mossummi, Malta, Kinnu	0.53	0.43	0.51	0.55	0.50	0.66
Apples	1.12	0.68	0.80	1.11	1.33	1.63
Mango	0.11	0.06	0.06	0.07	0.13	0.22
Peaches	0.04	0.00	0.01	0.04	0.06	0.08
Other Fruits	1.40	0.84	1.12	1.34	1.72	1.81
Canned Fruit	0.00	0.00	0.00	0.00	0.00	0.00
Vegetables	9.37	11.67	9.99	9.13	8.61	8.06
Potato	1.68	2.40	1.84	1.65	1.45	1.23
Onion	1.47	1.96	1.59	1.46	1.29	1.17
Tomato	1.98	2.32	2.10	1.93	1.89	1.76
Other Vegetables	4.24	4.98	4.47	4.09	3.98	3.91
Canned Vegetable	0.00	0.00	0.00	0.00	0.00	0.01
Sugar, Jam, Honey, Chocolate and Confectionery	7.48	9.05	8.05	7.22	6.96	6.50
Sugar (milled/desi)	4.14	5.68	4.49	3.99	3.74	3.15
Gur and Shakkar	0.95	1.38	1.25	0.96	0.69	0.56
Honey	0.07	0.02	0.09	0.10	0.03	0.09
Glucose, Energile etc.	0.07	0.01	0.02	0.04	0.11	0.15
Other Sugar Preparations	2.25	1.97	2.19	2.13	2.38	2.56
Condiments & Spices	2.21	2.39	2.24	2.06	2.13	2.32
Salt (mineral & sea)	0.08	0.14	0.10	0.08	0.06	0.05
Salt (iodised)	0.10	0.07	0.09	0.11	0.11	0.11
Chillies	0.34	0.42	0.35	0.33	0.30	0.31
Other Spices	1.69	1.75	1.71	1.55	1.66	1.86

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	3.37	4.34	3.84	3.20	3.00	2.74
Tea (Black & Green)	3.37	4.34	3.84	3.20	3.00	2.74
Coffee Other, Ovaltine, Horlicks etc	0.00	0.00	0.00	0.00	0.00	0.00
Mineral Water Soft Drink, Juices etc	0.94	0.41	0.60	0.89	1.12	1.62
Carbonated Beverages Squashes	0.59	0.25	0.39	0.53	0.70	1.02
Non-Carbonated Juices	0.26	0.15	0.17	0.31	0.31	0.32
Fresh and Packed Juices	0.09	0.01	0.04	0.05	0.10	0.27
Other (mineral water etc.)	0.01	0.00	0.00	0.01	0.01	0.01
Alcoholic Beverages Tobacco	1.50	1.92	1.58	1.58	1.45	1.01
Cigarettes, Biri etc.	0.39	0.30	0.27	0.42	0.50	0.44
Pan	0.01	0.00	0.00	0.03	0.00	0.03
Tobacco & Other Chewing etc	1.09	1.62	1.32	1.13	0.95	0.53
Readymade Food Product	4.50	2.95	3.04	4.13	4.95	7.31
Food Eaten at Home	1.23	0.67	0.65	0.98	1.27	2.61
Food Eaten in Restaurants, Cafes	3.27	2.28	2.40	3.15	3.68	4.70

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
BALUCHISTAN						
Average Monthly Consumption Expenditure on Food (Rs)	16558.62	14968.66	17376.38	16445.48	16291.29	18729.83
Percentage of Consumption						
Cereals	19.98	24.37	21.05	19.92	17.21	13.07
Wheat & Wheat Flour	15.85	19.96	16.91	15.51	13.47	9.52
Rice & Rice Flour	3.53	3.77	3.51	3.77	3.23	3.06
Other Cereal Products	0.60	0.64	0.64	0.63	0.51	0.49
Baked & Fried Products	1.11	1.02	1.03	1.14	1.15	1.39
Biscuits	0.57	0.60	0.57	0.64	0.56	0.45
Bread & Other Products	0.54	0.42	0.46	0.49	0.59	0.94
Pulses, Split & Whole	2.68	2.92	2.75	2.66	2.63	2.20
Gram (whole) Black & White	0.37	0.38	0.35	0.38	0.36	0.39
Gram (spilt)	0.59	0.68	0.61	0.58	0.55	0.44
Mash	0.31	0.29	0.31	0.32	0.34	0.31
Moong	0.56	0.63	0.57	0.56	0.54	0.42
Masoor	0.43	0.43	0.45	0.43	0.47	0.33
Beans (red & white)	0.36	0.41	0.41	0.35	0.31	0.28
Other Pulses	0.05	0.09	0.05	0.03	0.05	0.04
Meat	12.30	10.32	11.38	13.08	13.56	15.12
Mutton	3.97	1.91	3.12	4.37	5.15	7.56
Beef	3.57	3.50	3.62	3.75	3.65	3.20
Chicken	4.76	4.92	4.64	4.96	4.77	4.36
Fish and Sea Food	1.02	0.45	0.59	1.45	1.50	1.67
Fish (fresh / frozen / dried)	0.94	0.42	0.56	1.30	1.35	1.62
Prawn, Shrimps, Crabs (fresh/frozen/packed)	0.08	0.03	0.03	0.14	0.15	0.06
Milk, Cheese and Eggs	17.54	15.26	17.98	18.04	18.51	18.56
Milk (fresh / boiled)	11.96	11.51	12.60	12.01	11.71	11.49
Milk Packed (Including Tea Whitner)	2.05	0.98	1.72	2.65	2.61	3.03
Milk Dry	0.13	0.19	0.14	0.11	0.09	0.06
Milk Dry(children)	0.17	0.09	0.16	0.05	0.38	0.26
Yogurt (loose/packed)	1.32	0.87	1.45	1.36	1.53	1.51
Other Milk Products	0.45	0.24	0.56	0.45	0.47	0.58
Eggs	1.45	1.37	1.35	1.43	1.68	1.62

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	8.70	9.30	9.35	8.85	8.11	6.57
Vegetable Ghee	5.39	6.55	6.18	4.87	4.92	2.90
Edible Oil	2.97	2.56	2.83	3.54	2.79	3.25
Ghee(des)	0.11	0.05	0.08	0.20	0.12	0.15
Other Edible Oil	0.00	0.01	0.00	0.00	0.00	0.00
Butter	0.23	0.13	0.25	0.24	0.28	0.26
Fruit	2.80	1.98	2.57	2.80	3.35	4.14
Dry Fruit	0.28	0.09	0.14	0.11	0.39	1.10
Banana	0.60	0.50	0.59	0.58	0.66	0.75
Mossummi, Malta, Kinnu	0.14	0.14	0.14	0.15	0.13	0.14
Apples	0.72	0.47	0.80	0.71	0.95	0.72
Mango	0.08	0.04	0.06	0.07	0.13	0.12
Peaches	0.04	0.06	0.02	0.03	0.03	0.06
Other Fruits	0.94	0.67	0.80	1.15	1.06	1.25
Canned Fruit	0.00	0.00	0.01	0.00	0.00	0.00
Vegetables	10.78	12.18	11.03	10.41	10.54	8.64
Potato	1.74	2.21	1.80	1.69	1.47	1.17
Onion	1.77	2.02	1.81	1.74	1.69	1.39
Tomato	2.33	2.51	2.59	2.31	2.21	1.62
Other Vegetables	4.91	5.44	4.80	4.65	5.12	4.41
Canned Vegetable	0.04	0.01	0.04	0.03	0.05	0.06
Sugar, Jam, Honey, Chocolate and Confectionery	7.22	7.95	7.53	6.79	6.71	6.52
Sugar (milled/desi)	5.11	5.91	5.56	4.85	4.54	3.81
Gur and Shakkar	0.55	0.70	0.64	0.47	0.50	0.24
Honey	0.09	0.01	0.05	0.09	0.11	0.30
Glucose, Energile etc.	0.10	0.07	0.09	0.12	0.07	0.17
Other Sugar Preparations	1.37	1.25	1.20	1.26	1.50	2.01
Condiments & Spices	3.63	3.52	3.87	3.45	3.87	3.25
Salt (mineral & sea)	0.14	0.19	0.14	0.14	0.13	0.07
Salt (iodised)	0.05	0.01	0.04	0.05	0.06	0.10
Chillies	0.63	0.73	0.64	0.58	0.64	0.48
Other Spices	2.81	2.59	3.04	2.69	3.04	2.59

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	4.09	4.45	4.29	4.20	3.77	3.22
Tea (Black & Green)	4.08	4.45	4.28	4.19	3.77	3.16
Coffee Other, Ovaltine, Horlicks etc	0.01	0.00	0.01	0.01	0.01	0.06
Mineral Water Soft Drink, Juices etc	0.67	0.48	0.62	0.66	0.77	1.06
Carbonated Beverages Squashes	0.30	0.17	0.26	0.26	0.36	0.64
Non-Carbonated Juices	0.25	0.24	0.26	0.28	0.26	0.20
Fresh and Packed Juices	0.11	0.06	0.10	0.10	0.15	0.21
Other (mineral water etc.)	0.01	0.00	0.01	0.02	0.00	0.01
Alcoholic Beverages Tobacco	3.12	2.98	3.01	2.93	3.28	3.76
Cigarettes, Biri etc.	1.99	1.86	1.98	1.83	2.04	2.46
Pan	0.26	0.14	0.16	0.21	0.37	0.64
Tobacco & Other Chewing etc	0.87	0.98	0.87	0.89	0.87	0.65
Readymade Food Product	4.35	2.84	2.94	3.62	5.02	10.83
Food Eaten at Home	1.04	0.50	0.74	0.90	1.22	2.71
Food Eaten in Restaurants, Cafes	3.32	2.34	2.21	2.72	3.80	8.12

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
BALOCHISTAN URBAN						
Average Monthly Consumption Expenditure on Food (Rs)	17655.57	15094.68	17583.89	17842.18	16808.58	19908.50
Percentage of Consumption						
Cereals	18.15	24.53	21.02	19.57	17.32	12.24
Wheat & Wheat Flour	14.34	21.10	17.10	15.31	13.33	8.93
Rice & Rice Flour	3.31	2.91	3.43	3.72	3.48	2.88
Other Cereal Products	0.49	0.52	0.50	0.54	0.51	0.43
Baked & Fried Products	1.35	1.03	1.22	1.36	1.27	1.66
Biscuits	0.56	0.44	0.58	0.77	0.58	0.41
Bread & Other Products	0.78	0.59	0.63	0.59	0.70	1.25
Pulses, Split & Whole	2.60	3.06	2.66	2.56	2.85	2.16
Gram (whole) Black & White	0.37	0.44	0.34	0.36	0.42	0.35
Gram (spilt)	0.56	0.73	0.56	0.59	0.59	0.44
Mash	0.32	0.34	0.26	0.31	0.38	0.31
Moong	0.55	0.62	0.57	0.53	0.65	0.42
Masoor	0.42	0.45	0.46	0.39	0.49	0.33
Beans (red & white)	0.33	0.44	0.42	0.34	0.27	0.27
Other Pulses	0.05	0.04	0.05	0.05	0.06	0.05
Meat	13.25	10.73	12.34	13.60	13.42	14.71
Mutton	4.99	1.57	3.92	4.78	5.26	7.38
Beef	3.76	4.36	3.97	4.22	3.41	3.18
Chicken	4.51	4.80	4.45	4.60	4.75	4.15
Fish and Sea Food	1.62	0.36	0.68	2.08	2.39	1.92
Fish (fresh / frozen / dried)	1.41	0.36	0.58	1.67	2.06	1.82
Prawn, Shrimps, Crabs (fresh/frozen/packed)	0.20	0.00	0.11	0.40	0.33	0.09
Milk, Cheese and Eggs	17.41	13.67	17.24	17.81	19.18	17.38
Milk (fresh / boiled)	11.16	9.05	12.08	12.14	11.95	9.80
Milk Packed (Including Tea Whitner)	2.78	1.57	1.93	2.43	3.31	3.92
Milk Dry	0.15	0.24	0.15	0.17	0.14	0.08
Milk Dry(children)	0.20	0.10	0.25	0.00	0.37	0.21
Yogurt (loose/packed)	1.31	0.97	1.22	1.29	1.45	1.45
Other Milk Products	0.17	0.09	0.14	0.27	0.13	0.17
Eggs	1.63	1.64	1.45	1.56	1.76	1.73

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	8.20	9.38	9.45	8.65	8.01	6.35
Vegetable Ghee	4.68	6.31	6.48	4.85	4.09	2.77
Edible Oil	3.17	2.90	2.60	3.53	3.51	3.18
Ghee(desi)	0.09	0.02	0.10	0.07	0.15	0.07
Other Edible Oil						
Butter	0.25	0.15	0.27	0.19	0.26	0.33
Fruit	2.83	1.77	2.27	2.41	2.85	4.13
Dry Fruit	0.38	0.07	0.16	0.15	0.21	1.06
Banana	0.67	0.60	0.70	0.51	0.69	0.79
Mossummi, Malta, Kinnu	0.13	0.07	0.11	0.16	0.15	0.14
Apples	0.56	0.37	0.49	0.57	0.50	0.76
Mango	0.11	0.03	0.06	0.11	0.20	0.12
Peaches	0.02	0.00	0.01	0.02	0.00	0.07
Other Fruits	0.95	0.62	0.73	0.89	1.11	1.19
Canned Fruit	0.00	0.00	0.00	0.00	0.00	0.01
Vegetables	10.08	12.48	10.41	10.02	10.69	8.25
Potato	1.55	2.18	1.70	1.64	1.50	1.10
Onion	1.62	2.12	1.74	1.61	1.64	1.27
Tomato	2.06	2.54	2.47	2.18	1.88	1.53
Other Vegetables	4.81	5.63	4.48	4.54	5.58	4.30
Canned Vegetable	0.05	0.01	0.03	0.04	0.08	0.06
Sugar, jam, honey, chocolate and confectionery	6.98	8.25	7.57	6.94	6.37	6.43
Sugar (milled/desi)	4.76	6.19	5.70	4.76	4.37	3.62
Gur and Shakkar	0.39	0.66	0.46	0.44	0.42	0.14
Honey	0.10	0.00	0.14	0.08	0.03	0.19
Glucose, Energile etc.	0.12	0.06	0.10	0.16	0.00	0.22
Other Sugar Preparations	1.61	1.33	1.17	1.50	1.55	2.26
Condiments & Spices	3.63	3.50	4.08	3.49	3.62	3.43
Salt (mineral & sea)	0.12	0.19	0.14	0.12	0.11	0.06
Salt (iodised)	0.07	0.02	0.05	0.07	0.06	0.11
Chillies	0.61	0.54	0.64	0.63	0.71	0.52
Other Spices	2.83	2.75	3.26	2.67	2.73	2.74

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	3.82	4.46	4.18	4.07	3.69	3.10
Tea (Black & Green)	3.80	4.46	4.18	4.07	3.68	3.03
Coffee Other, Ovaltine, Horlicks etc	0.02	0.00	0.00	0.01	0.01	0.07
Mineral Water Soft Drink, Juices etc	0.77	0.48	0.66	0.65	0.82	1.04
Carbonated Beverages Squashes	0.40	0.22	0.33	0.28	0.38	0.68
Non-Carbonated Juices	0.22	0.23	0.24	0.21	0.23	0.20
Fresh and Packed Juices	0.13	0.03	0.09	0.13	0.21	0.16
Other (mineral water etc.)	0.01	0.00	0.00	0.02	0.00	0.01
Alcoholic Beverages Tobacco	2.66	2.81	2.67	2.56	2.36	2.91
Cigarettes, Biri etc.	1.66	1.61	1.65	1.63	1.23	2.08
Pan	0.28	0.36	0.07	0.14	0.45	0.39
Tobacco & Other Chewing etc	0.72	0.85	0.95	0.80	0.68	0.44
Readymade Food Product	6.68	3.49	3.54	4.21	5.15	14.29
Food Eaten at Home	1.65	0.83	1.00	0.74	1.17	3.77
Food Eaten in Restaurants, Cafes	5.03	2.67	2.54	3.46	3.98	10.52

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
BALOCHISTAN RURAL						
Average Monthly Consumption Expenditure on Food (Rs)	16127.24	14946.48	17317.96	15886.93	15951.67	17165.60
Percentage of Consumption						
Cereals	20.77	24.34	21.06	20.07	17.13	14.36
Wheat & Wheat Flour	16.50	19.75	16.85	15.60	13.57	10.43
Rice & Rice Flour	3.62	3.92	3.53	3.80	3.05	3.33
Other Cereal Products	0.65	0.67	0.68	0.68	0.51	0.59
Baked & Fried Products	1.01	1.01	0.98	1.04	1.07	0.98
Biscuits	0.58	0.62	0.56	0.59	0.55	0.50
Bread & Other Products	0.43	0.39	0.42	0.45	0.52	0.47
Pulses, Split & Whole	2.72	2.89	2.78	2.70	2.47	2.26
Gram (whole) Black & White	0.37	0.37	0.36	0.39	0.32	0.44
Gram (spilt)	0.60	0.67	0.62	0.57	0.53	0.45
Mash	0.31	0.29	0.32	0.33	0.31	0.31
Moong	0.57	0.63	0.57	0.58	0.46	0.43
Masoor	0.44	0.42	0.45	0.46	0.46	0.33
Beans (red & white)	0.38	0.41	0.40	0.35	0.34	0.29
Other Pulses	0.06	0.10	0.05	0.02	0.04	0.02
Meat	11.90	10.25	11.11	12.85	13.66	15.75
Mutton	3.54	1.97	2.89	4.18	5.07	7.84
Beef	3.50	3.34	3.52	3.55	3.81	3.23
Chicken	4.86	4.94	4.70	5.12	4.78	4.68
Fish and Sea Food	0.76	0.47	0.57	1.16	0.89	1.30
Fish (fresh / frozen / dried)	0.74	0.43	0.56	1.14	0.86	1.30
Prawn, Shrimps, Crabs (fresh/frozen/packed)	0.02	0.04	0.01	0.02	0.03	0.00
Milk, Cheese and Eggs	17.59	15.54	18.19	18.14	18.04	20.37
Milk (fresh / boiled)	12.30	11.95	12.75	11.95	11.54	14.09
Milk Packed (Including Tea Whitner)	1.74	0.88	1.66	2.75	2.13	1.65
Milk Dry	0.12	0.18	0.13	0.08	0.05	0.03
Milk Dry(children)	0.16	0.09	0.14	0.07	0.38	0.34
Yogurt (loose/packed)	1.32	0.85	1.51	1.40	1.58	1.61
Other Milk Products	0.58	0.27	0.68	0.54	0.71	1.21
Eggs	1.38	1.32	1.31	1.37	1.61	1.44

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Edible Oil & Fats	8.91	9.28	9.32	8.94	8.18	6.91
Vegetable Ghee	5.69	6.60	6.10	4.88	5.50	3.12
Edible Oil	2.88	2.50	2.90	3.54	2.29	3.37
Ghee(desi)	0.12	0.05	0.07	0.26	0.10	0.27
Other Edible Oil	0.00	0.01	0.00	0.00	0.00	0.00
Butter	0.22	0.13	0.25	0.26	0.29	0.15
Fruit	2.79	2.01	2.65	2.98	3.70	4.16
Dry Fruit	0.23	0.09	0.13	0.08	0.51	1.15
Banana	0.57	0.49	0.56	0.61	0.65	0.71
Mossummi, Malta, Kinnu	0.14	0.15	0.15	0.14	0.10	0.13
Apples	0.79	0.49	0.89	0.78	1.26	0.64
Mango	0.07	0.04	0.07	0.06	0.09	0.13
Peaches	0.04	0.07	0.02	0.03	0.05	0.04
Other Fruits	0.94	0.68	0.82	1.27	1.03	1.36
Canned Fruit	0.01	0.00	0.01	0.00	0.00	0.00
Vegetables	11.09	12.13	11.21	10.59	10.43	9.24
Potato	1.82	2.21	1.82	1.71	1.45	1.26
Onion	1.83	2.00	1.83	1.79	1.72	1.57
Tomato	2.45	2.50	2.63	2.36	2.43	1.76
Other Vegetables	4.95	5.40	4.89	4.70	4.80	4.57
Canned Vegetable	0.03	0.01	0.05	0.02	0.03	0.07
Sugar, Jam, Honey, Chocolate and Confectionery	7.32	7.90	7.52	6.72	6.95	6.66
Sugar (milled/desi)	5.27	5.86	5.52	4.89	4.66	4.10
Gur and Shakkar	0.61	0.70	0.69	0.49	0.56	0.39
Honey	0.08	0.02	0.02	0.09	0.16	0.46
Glucose, Energile etc.	0.09	0.08	0.08	0.10	0.11	0.09
Other Sugar Preparations	1.27	1.24	1.21	1.15	1.46	1.62
Condiments & Spices	3.62	3.53	3.81	3.44	4.05	2.97
Salt (mineral & sea)	0.15	0.19	0.14	0.14	0.14	0.09
Salt (iodised)	0.04	0.01	0.04	0.04	0.05	0.10
Chillies	0.63	0.76	0.64	0.55	0.60	0.42
Other Spices	2.80	2.56	2.98	2.70	3.26	2.37

TABLE: 17 PERCENTAGE DISTRIBUTION OF MONTHLY CONSUMPTION EXPENDITURE PER HOUSEHOLD ON MAJOR FOOD ITEMS BY QUINTILES, 2018-19

MAJOR FOOD ITEMS	QUINTILES					
	Total	1st	2nd	3rd	4th	5th
1	2	3	4	5	6	7
Coffee, Tea and Cocoa	4.21	4.45	4.32	4.26	3.84	3.40
Tea (Black & Green)	4.21	4.45	4.31	4.25	3.83	3.36
Coffee Other, Ovaltine, Horlicks etc	0.01	0.00	0.01	0.01	0.01	0.04
Mineral Water Soft Drink, Juices etc	0.63	0.48	0.61	0.66	0.74	1.08
Carbonated Beverages Squashes	0.26	0.17	0.24	0.25	0.35	0.58
Non-Carbonated Juices	0.27	0.25	0.26	0.31	0.28	0.21
Fresh and Packed Juices	0.10	0.06	0.10	0.08	0.11	0.29
Other (mineral water etc.)	0.01	0.00	0.01	0.02	0.00	0.00
Alcoholic Beverages Tobacco	3.32	3.01	3.11	3.09	3.92	5.07
Cigarettes, Biri etc.	2.13	1.90	2.07	1.92	2.61	3.05
Pan	0.25	0.10	0.18	0.24	0.32	1.02
Tobacco & Other Chewing etc	0.94	1.00	0.85	0.94	1.00	0.99
Readymade Food Product	3.35	2.72	2.77	3.36	4.93	5.50
Food Eaten at Home	0.77	0.44	0.66	0.98	1.26	1.07
Food Eaten in Restaurants, Cafes	2.58	2.28	2.11	2.38	3.67	4.43