

Average Monthly Prices of 53 Essential Items for the month of April 2020

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Peshawar	Bannu	Quetta	Khuz-dar	Average Prices			%change Apr 20 over		
																				20	Mar 20	Apr 19	Mar 20	Apr 19	
1	Wheat	10 Kg	481.25	481.25	465.63	472.50	455.00	425.00	400.00	390.63	399.06	463.33	355.00	375.00	377.50	425.00	466.25	492.50	530.00	438.52	437.46	346.36	0.24	26.61	
2	Wheat Flour, Bag	10 Kg	429.55	402.50	402.50	404.00	404.00	402.50	403.00	403.00	402.50	564.04	486.72	428.75	460.00	468.54	525.00	512.50	500.00	447.01	447.86	388.61	-0.19	15.03	
3	Rice Basmati Broken, (AQ)	1 Kg	100.63	90.83	77.50	70.00	74.82	85.00	77.50	90.00	63.75	92.50	91.25	75.00	95.00	85.83	53.75	115.00	85.00	83.73	83.42	78.79	0.37	6.27	
4	Rice Irri-6 (Punjab/Sindh)	1 Kg	71.25	72.50	60.00	47.50	57.00	65.00	87.50	57.50	52.50	67.98	68.13	55.00	53.50	69.38	62.50	90.00	65.00	64.84	62.55	58.38	3.66	11.07	
5	Bread Plain, Medium Size	Each	55.00	55.00	50.00	60.00	55.00	55.00	50.00	55.00	55.00	55.00	55.00	60.00	60.00	50.00	40.00	55.00	40.00	53.24	52.41	43.78	1.58	21.61	
6	Beef With Bone, (AQ)	1 Kg	535.00	545.42	425.00	450.00	450.00	450.00	440.00	450.00	365.00	556.73	466.25	431.25	425.00	421.88	400.00	420.00	400.00	448.91	440.50	404.42	1.91	11.00	
7	Mutton, Average Quality	1 Kg	1126.57	1114.58	950.00	900.00	962.50	1000.00	950.00	916.67	725.00	965.62	900.00	800.00	875.00	859.38	710.00	1000.00	887.50	920.17	905.61	832.33	1.61	10.55	
8	Chicken Farm, Broiler, Live	1 Kg	135.54	125.00	122.50	130.25	123.25	128.00	127.50	137.08	121.50	156.30	148.75	150.00	120.00	138.50	148.75	140.00	205.00	138.70	156.64	192.12	-11.45	-27.81	
9	Milk, Fresh, Unboiled	1 Ltr	111.25	102.92	71.25	80.00	82.50	95.00	75.00	86.67	77.50	94.09	86.25	100.00	110.00	108.13	100.00	90.00	92.39	95.85	88.57	-3.61	4.31		
10	Curd (Dahi)	1 Kg	123.75	118.33	80.00	90.00	102.50	100.00	90.00	108.33	85.00	154.42	125.00	110.00	120.00	118.33	110.00	100.00	108.57	110.93	103.99	-2.13	4.40		
11	Powdered Milk, Nido, Polybag	400 gm	471.80	471.80	471.79	470.00	475.00	482.00	471.79	471.79	471.80	461.53	471.79	475.21	471.79	460.00	461.53	500.00	460.00	471.74	470.86	409.81	0.19	15.11	
12	Eggs Hen, Farm	Dozen	119.88	113.25	110.00	115.00	114.00	115.00	111.25	107.38	109.50	118.82	118.13	117.50	111.25	116.46	120.00	120.00	115.44	105.72	85.60	9.19	34.86		
13	Mustard Oil, Average Quality	1 Kg	265.00	268.33	220.00	210.00	232.86	220.00	240.00	215.00	200.00	215.43	199.38	175.00	210.00	245.83	186.25	230.00	200.00	219.59	220.29	193.63	-0.32	13.41	
14	Cooking Oil, Tin, (SN)	2.5 Ltr	630.00	630.00	702.00	610.00	652.50	660.00	630.00	660.00	660.00	670.00	660.00	660.00	660.00	660.00	650.00	652.50	620.00	651.00	658.21	521.35	-1.10	24.87	
15	Vegetable Ghee, Tin, (SN)	2.5 Kg	625.00	625.00	655.00	633.00	647.50	655.00	620.00	655.00	655.00	655.00	655.00	655.00	655.00	655.00	645.00	647.50	560.00	641.06	647.53	499.04	-1.00	28.46	
16	Vegetable Ghee (Loose)	1 Kg	206.25	205.83	200.00	200.00	210.00	206.25	200.00	210.00	217.78	254.00	200.00	200.00	195.00	254.00	220.00	248.75	190.00	213.11	212.68	160.41	0.20	32.85	
17	Bananas	Dozen	140.32	117.08	105.00	100.00	106.43	70.00	71.25	114.17	91.25	78.94	66.10	90.00	78.75	93.54	96.25	87.50	78.13	93.22	89.08	94.02	4.65	-0.85	
18	Pulse Masoor, Washed	1 Kg	174.85	161.88	231.25	225.00	171.34	191.25	182.50	153.75	158.75	162.21	159.53	155.00	173.75	150.00	153.75	165.00	155.00	172.05	142.46	122.98	20.77	39.90	
19	Pulse Moong, Washed	1 Kg	294.38	288.96	287.50	247.50	286.07	283.75	243.75	287.09	299.38	274.23	280.16	296.25	280.00	267.09	270.00	288.75	245.00	277.64	236.08	144.88	17.60	91.63	
20	Pulse Mash, Washed	1 Kg	266.56	260.52	260.00	260.00	283.22	267.50	233.75	215.84	252.50	232.21	215.16	210.00	215.00	261.46	255.00	282.50	212.50	245.95	225.17	152.61	9.23	61.16	
21	Pulse Gram, Washed	1 Kg	173.13	167.50	150.00	152.50	161.43	155.00	150.00	154.17	160.00	167.55	160.00	155.00	157.50	165.84	157.50	182.50	170.00	161.15	149.13	125.00	8.06	28.92	
22	Potatoes	1 Kg	57.97	55.73	47.50	50.00	49.38	46.25	45.00	45.21	50.00	42.31	41.41	41.25	33.13	51.46	45.00	40.00	45.63	46.31	44.33	22.20	4.47	108.60	
23	Onions	1 Kg	73.13	65.21	58.75	60.00	57.05	53.75	53.75	49.79	56.25	56.01	46.88	46.25	46.25	71.25	55.00	62.50	71.88	57.86	73.09	47.58	-20.84	21.61	
24	Tomatoes	1 Kg	50.32	40.42	40.00	42.50	39.11	35.00	28.75	33.13	35.00	23.75	14.92	24.38	21.25	38.33	32.50	26.25	30.00	32.68	39.00	68.65	-16.21	-52.40	
25	Sugar, Refined	1 Kg	87.13	82.25	81.25	80.00	84.36	81.50	79.50	80.00	80.50	82.89	79.94	79.25	80.13	83.42	80.00	84.25	80.50	81.58	81.01	65.63	0.70	24.30	
26	Gur, Average Quality	1 Kg	136.25	130.83	115.00	117.50	145.71	125.00	100.00	105.84	105.00	126.06	120.00	118.75	107.50	122.50	115.00	135.00	127.50	120.79	118.86	93.54	1.62	29.13	
27	Salt Powder, Loose, Lahori	1 Kg	16.25	14.50	15.00	15.00	20.54	10.00	10.00	15.00	12.00	20.00	15.00	10.00	10.00	17.08	12.00	10.00	10.00	13.67	13.55	12.42	0.89	10.06	
28	Red Chilly Powder, Loose	1 Kg	613.13	614.79	567.50	567.50	638.57	581.25	555.00	641.25	641.25	517.31	543.13	547.50	520.00	577.50	475.00	470.00	290.00	550.63	489.80	350.06	12.42	57.30	
29	Garlic	1 Kg	382.66	338.13	353.75	361.25	300.27	245.00	232.50	217.50	322.50	252.98	199.38	350.00	332.50	399.59	330.00	365.00	400.00	316.65	350.65	193.34	-9.70	63.78	
30	Tea, Lipton Yellow Label, Packet	200 gm	242.11	242.11	242.11	242.00	242.00	242.10	242.10	242.10	242.10	242.11	242.10	242.10	242.10	242.10	242.10	242.10	242.10	242.16	242.09	242.09	219.51	0.00	10.29
31	Cooked Beef, Average Hotel	Plate	143.75	134.58	160.00	160.00	131.43	185.00	140.00	105.00	130.00	118.46	100.00	120.00	100.00	140.00	105.00	140.00	200.00	136.07	136.07	119.55	0.00	13.82	
32	Cooked Daal, Average Hotel	Plate	95.00	89.17	60.00	60.00	80.00	75.00	65.00	48.75	70.00	74.23	60.00	70.00	65.00	70.00	60.00	95.00	87.50	72.04	72.04	64.11	0.00	12.37	
33	Tea Prepared, Average Hotel	Cup	28.13	27.08	30.00	25.00	25.00	27.50	27.50	25.00	27.50	24.95	35.00	30.00	32.50	20.00	22.50	22.00	27.50	26.89	26.84	23.72	0.19	13.36	
34	Cigarettes, K-2, 20's	Packet	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	70.38	80.00	80.00	76.00	80.00	90.00	60.00	70.00	78.02	78.02	59.71	0.00	30.66
35	Long Cloth	1 mtr	302.50	295.00	220.00	200.00	295.00	237.50	400.00	376.00	378.50	200.00	350.00	375.00	315.00	450.00	440.00	550.00	250.00	331.44	330.29	284.41	0.35	16.54	
36	Shirting	1 mtr	288.75	285.00	225.00	220.00	165.00	135.00	220.00	250.00	155.00	183.85	165.00	175.00	225.00	429.17	245.00	165.00	170.00	217.75	217.16	185.24	0.27	17.55	
37	Lawn	1 mtr	260.00	240.00	245.00	270.00	337.50	280.00	470.00	200.00	420.50	421.54	320.00	393.00	500.00	430.00	469.50	500.00	250.00	353.36	353.36	332.70	0.00	6.21	
38	Georgette	1 mtr	185.00	183.75	200.00	170.00	157.86	165.00	200.00	105.00	110.00	144.62	120.00	150.00	170.00	131.67	120.00	115.00	170.00	152.82	152.82	138.54	0.00	10.31	
39	Sandal Bata (Gents)	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	0.00	0.00	
40	Chappal Sponge Bata (Gents)	Pair	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	0.00	0.00	
41	Sandal Bata (Ladies)	Pair	599.00	699.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	604.88	604.88	599.00	0.00	0.98	
42	Elec. Charges, Upto 50 Units	Unit	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	0.00	0.00	
43	Gas Charges, Upto 3.3719 MMBTU	MMBTU	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	145.08	0.00	69.76	
44	Kerosene Oil	1 Ltr	135.00	130.00	125.00	122.00	120.00	121.00	95.00	125.00	120.00	130.00	115.00	105.00	115.00	115.67	115.00	90.00	88.00	115.69	126.32	125.36	-8.42	-7.71	
45	Firewood Whole	40 Kg	950.00	820.83	806.25	700.00	825.00	700.00	587.50	750.00	700.00	681.73	650.00	500.00	575.00	800.00	520.00	675.00	725.00	703.90	701.10	645.70	0.40	9.01	
46	Energy Saver (14 watts)	Each	175.00	175.00	170.00	155.00	210.00	165.00	180.00	200.00	165.00	180.00	230.00	155.00	230.00										