

Average Monthly Prices of 53 Essential Items for the month o

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad
1	Wheat	10 Kg	430.00	430.00	400.00	425.00	431.00	400.00	377.50	407.50	415.00	460.00	452.50
2	Wheat Flour, Bag	10 Kg	479.27	446.93	410.00	410.00	410.00	405.00	404.00	404.33	404.00	566.64	549.07
3	Rice Basmati Broken, (AQ)	1 Kg	100.63	90.83	77.50	75.00	74.82	90.00	75.00	90.00	60.00	89.09	91.25
4	Rice Irri-6 (Punjab/Sindh)	1 Kg	71.25	72.50	60.00	47.50	57.00	65.00	75.00	57.50	47.50	65.63	57.50
5	Bread Plain, Medium Size	Each	55.00	55.00	49.06	45.00	55.00	55.00	50.00	55.00	55.00	55.00	55.00
6	Beef With Bone, (AQ)	1 Kg	500.00	485.00	400.00	450.00	450.00	425.00	440.00	396.67	365.00	533.27	455.00
7	Mutton, Average Quality	1 Kg	1012.50	1010.00	900.00	900.00	962.50	1000.00	950.00	850.00	725.00	955.77	875.00
8	Chicken Farm, Broiler, Live	1 Kg	147.42	136.25	134.50	141.00	137.75	140.50	134.38	148.33	134.50	161.44	159.22
9	Milk, Fresh, Unboiled	1 Ltr	108.75	107.92	90.00	80.00	80.00	95.00	75.00	86.67	72.50	108.08	96.00
10	Curd (Dahi)	1 Kg	122.50	116.25	100.00	90.00	100.00	100.00	90.00	103.33	85.00	160.00	120.00
11	Powdered Milk, Nido, Polybag	400 gm	451.28	451.28	451.28	451.28	440.00	466.00	451.28	451.28	451.00	451.28	461.53
12	Eggs Hen, Farm	Dozen	126.24	120.37	121.88	121.25	121.75	123.13	121.25	120.21	122.00	122.48	121.02
13	Mustard Oil, Average Quality	1 Kg	256.25	260.83	217.50	180.00	201.43	220.00	200.00	192.50	180.00	194.33	177.50
14	Cooking Oil, Tin, (SN)	2.5 Ltr	575.00	575.00	597.50	593.25	570.00	582.50	575.00	590.00	590.00	590.00	590.00
15	Vegetable Ghee, Tin, (SN)	2.5 Kg	560.00	560.00	572.50	571.25	556.07	552.50	552.50	560.00	560.00	560.00	560.00
16	Vegetable Ghee (Loose)	1 Kg	183.89	183.93	190.00	190.00	191.25	190.94	188.25	188.75	182.50	190.00	230.00
17	Bananas	Dozen	118.60	85.21	63.13	60.00	72.68	51.25	50.00	70.42	62.50	63.46	47.81
18	Pulse Masoor, Washed	1 Kg	138.28	124.27	162.50	180.00	136.79	161.25	155.00	131.67	120.00	129.86	118.13
19	Pulse Moong, Washed	1 Kg	201.10	184.69	190.00	192.50	172.15	210.00	182.50	206.25	193.75	208.94	204.54
20	Pulse Mash, Washed	1 Kg	219.69	202.19	220.00	240.00	207.14	215.00	201.25	208.75	207.50	199.14	198.60
21	Pulse Gram, Washed	1 Kg	157.03	145.21	133.75	130.00	122.32	132.50	128.75	135.63	130.00	140.86	141.56
22	Potatoes	1 Kg	63.60	57.08	50.00	50.00	49.46	61.25	47.50	52.50	37.50	43.13	38.60
23	Onions	1 Kg	90.63	82.81	77.50	80.00	76.07	75.00	70.00	66.04	67.50	70.43	58.91
24	Tomatoes	1 Kg	156.25	150.52	138.75	132.50	128.13	137.50	113.75	123.75	123.75	122.50	103.13
25	Sugar, Refined	1 Kg	76.00	71.81	71.25	71.25	71.14	70.50	69.50	69.67	72.00	71.04	68.94
26	Gur, Average Quality	1 Kg	130.00	122.50	105.00	110.00	118.93	111.25	90.00	95.42	120.00	123.75	119.38
27	Salt Powder, Loose, Lahori	1 Kg	16.25	14.50	15.00	15.00	20.54	10.00	10.00	15.00	12.00	20.00	15.00
28	Red Chilly Powder, Loose	1 Kg	501.56	467.71	457.50	422.50	431.25	472.50	530.00	494.58	321.25	423.56	435.94
29	Garlic	1 Kg	303.75	302.08	273.75	265.00	302.86	275.00	277.50	245.00	260.00	330.96	255.31
30	Tea, Lipton Yellow Label, Packet	200 gm	242.11	242.11	242.11	242.00	242.00	242.10	242.10	242.10	242.00	242.11	242.10
31	Cooked Beef, Average Hotel	Plate	133.13	130.00	145.00	150.00	131.43	185.00	130.00	105.00	125.00	114.23	100.00
32	Cooked Daal, Average Hotel	Plate	86.88	80.83	55.00	60.00	67.32	75.00	60.00	48.75	60.00	72.89	60.00
33	Tea Prepared, Average Hotel	Cup	25.94	25.42	25.00	25.00	24.24	25.00	25.00	24.17	22.50	24.90	35.00

34	Cigarettes, K-2, 20's	Packet	70.00	70.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	70.00	80.00
35	Long Cloth	1 mtr	262.50	255.00	180.00	200.00	295.00	237.50	275.00	376.00	333.00	200.00	350.00
36	Shirting	1 mtr	249.38	245.00	200.00	220.00	165.00	135.00	190.00	250.00	155.00	183.85	160.00
37	Lawn	1 mtr	260.00	240.00	245.00	270.00	337.50	280.00	393.34	200.00	420.50	421.54	320.00
38	Georgette	1 mtr	185.00	183.75	175.00	170.00	148.22	165.00	175.00	105.00	110.00	125.00	120.00
39	Sandal Bata (Gents)	Pair	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00
40	Chappal Spounge Bata (Gents)	Pair	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00
41	Sandal Bata (Ladies)	Pair	599.00	699.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00
42	Elec. Charges, Upto 50 Units	Unit	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00
43	Gas Charges, Upto 3.3719 MMBTU	MMBTU	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29	246.29
44	Kerosene Oil	1 Ltr	150.00	145.42	137.50	139.00	130.00	135.00	120.00	130.00	138.00	140.00	135.00
45	Firewood Whole	40 Kg	787.50	741.67	800.00	700.00	810.71	650.00	550.00	729.17	700.00	673.80	650.00
46	Energy Saver (14 watts)	Each	175.00	175.00	170.00	155.00	190.00	165.00	180.00	200.00	180.00	180.00	207.50
47	Washing Soap, (Nylon), (SN)	Cake	30.00	30.00	41.25	50.00	48.00	30.00	45.00	25.25	27.50	20.00	30.00
48	Match Box, Regular	Each	2.50	2.50	3.00	2.00	3.00	2.50	3.00	3.00	2.50	3.00	3.00
49	Petrol, Super	1 Ltr	114.48	114.50	114.50	115.65	114.32	114.50	114.60	114.54	115.35	114.50	115.28
50	Hi Speed Diesel (HSD)	1 Ltr	125.50	125.51	125.50	126.50	125.36	125.50	125.70	125.60	126.60	125.52	126.30
51	LPG Cylinder, 11kg	Each	1506.25	1498.75	1485.00	1537.50	1416.25	1462.50	1450.00	1467.50	1512.50	1483.94	1485.00
52	Telephone Local Call	P/Call	4.65	4.65	4.65	4.65	4.65	4.65	4.65	4.65	4.65	4.65	4.65
53	Soap, LifeBuoy	Each	45.00	45.00	45.00	43.00	43.00	53.00	45.00	45.00	45.00	45.00	45.00

of December 2019

Sukkur	Larkana	Peshawar	Bannu	Quetta	Khuz-dar	Average Prices			%change Dec 19 over	
						Nov 19	Dec 18	Dec 19	Nov 19	Dec 18
450.00	408.75	422.50	432.50	440.00	450.00	425.43	406.79	349.63	4.58	21.68
490.00	485.00	465.83	490.00	531.25	440.00	458.31	462.72	394.54	-0.95	16.16
65.00	93.13	85.83	53.75	112.50	85.00	82.90	82.53	78.03	0.45	6.24
55.00	46.25	60.42	62.50	82.50	62.50	61.50	61.06	54.76	0.72	12.31
57.50	50.00	48.75	40.00	50.00	40.00	51.19	50.66	43.29	1.05	18.25
400.00	425.00	396.67	400.00	420.00	400.00	431.86	428.79	387.64	0.72	11.41
800.00	875.00	841.67	710.00	890.00	750.00	882.79	879.04	806.24	0.43	9.49
156.25	135.00	147.00	150.00	160.00	205.00	148.74	159.05	171.63	-6.48	-13.34
100.00	110.00	101.67	93.13	110.00	90.00	94.40	93.97	85.95	0.46	9.83
110.00	120.00	113.34	103.75	120.00	100.00	109.07	108.71	102.34	0.33	6.58
451.28	471.79	435.00	430.76	470.00	440.00	451.55	449.49	403.45	0.46	11.92
125.00	110.00	122.50	120.00	133.75	117.50	121.78	113.88	117.10	6.94	4.00
170.00	225.00	233.33	186.25	217.50	200.00	206.61	205.26	188.18	0.66	9.79
580.00	590.00	575.00	577.50	583.75	567.50	582.47	573.62	505.06	1.54	15.33
540.00	570.00	560.00	562.50	560.00	560.00	559.84	552.67	488.00	1.30	14.72
165.00	165.00	199.17	204.38	221.25	160.00	189.67	185.05	156.99	2.50	20.82
60.00	53.75	67.71	64.06	70.00	60.00	65.92	59.97	64.36	9.92	2.42
125.00	115.00	120.42	137.50	160.00	130.00	137.98	135.41	118.27	1.90	16.67
215.00	196.25	180.83	201.25	232.50	200.00	198.37	190.02	123.72	4.39	60.34
210.00	176.25	215.42	215.00	252.50	165.00	209.03	204.56	150.69	2.19	38.72
145.00	116.75	152.92	133.13	170.00	150.00	139.14	137.32	123.51	1.33	12.65
37.50	35.63	43.33	53.13	43.75	43.75	47.51	48.80	26.99	-2.64	76.03
61.25	73.13	80.42	71.88	73.75	80.00	73.84	84.05	28.69	-12.15	157.37
120.00	153.75	120.83	121.25	110.00	172.50	131.11	194.96	34.88	-32.75	275.89
68.25	69.50	72.77	70.00	75.00	69.75	71.08	72.61	55.63	-2.11	27.77
102.50	87.50	112.50	100.00	115.00	120.00	110.81	110.37	83.86	0.40	32.14
10.00	10.00	15.00	12.00	10.00	10.00	13.55	13.02	12.35	4.07	9.72
392.50	290.00	374.17	377.50	400.00	290.00	416.62	359.13	349.03	16.01	19.37
250.00	240.00	282.71	330.00	342.50	340.00	286.85	289.83	132.43	-1.03	116.60
242.10	242.10	242.10	242.10	242.10	242.16	242.09	242.01	216.85	0.03	11.64
120.00	100.00	120.00	105.00	140.00	200.00	131.40	130.91	115.31	0.37	13.95
70.00	65.00	60.00	55.00	95.00	87.50	68.19	67.72	62.52	0.69	9.07
30.00	32.50	20.00	22.50	22.00	27.50	25.69	25.46	22.35	0.90	14.94

80.00	76.00	80.00	90.00	60.00	70.00	76.82	76.82	59.12	0.00	29.94
375.00	307.50	450.00	440.00	550.00	250.00	313.91	313.47	238.63	0.14	31.55
175.00	212.50	429.17	235.00	165.00	170.00	208.23	207.20	180.20	0.50	15.55
393.00	500.00	430.00	469.50	500.00	250.00	348.85	348.85	288.61	0.00	20.87
150.00	165.00	128.33	120.00	110.00	170.00	147.37	146.82	133.25	0.37	10.60
699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	699.00	0.00	0.00
199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	0.00	0.00
599.00	599.00	599.00	599.00	599.00	599.00	604.88	604.88	599.00	0.00	0.98
2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	2.00	0.00	0.00
246.29	246.29	246.29	246.29	246.29		246.29	246.29	145.08	0.00	69.76
122.50	147.50	133.33	120.00	109.00	100.00	131.31	131.71	122.33	-0.30	7.34
500.00	525.00	770.83	500.00	675.00	700.00	674.33	667.89	639.48	0.96	5.45
155.00	230.00	190.00	190.00	220.00	150.00	183.09	180.59	171.18	1.38	6.96
28.00	35.00	20.00	32.50	50.00	40.00	34.26	33.85	28.66	1.21	19.54
3.00	3.00	3.00	3.00	2.00	1.50	2.68	2.68	2.44	0.00	9.84
114.49	114.70	114.48	116.70	114.46	117.57	114.98	115.24	96.86	-0.23	18.71
125.50	125.70	125.50	127.80	125.44	128.59	126.01	128.42	110.45	-1.88	14.09
1485.00	1526.25	1650.00	1457.50	1443.75	1662.25	1501.76	1422.95	1564.82	5.54	-4.03
4.65	4.65	4.65	4.65	4.65	4.65	4.65	4.65	4.65	0.00	0.00
45.00	55.00	45.00	43.00	55.00	50.00	46.59	46.50	40.47	0.19	15.12