

Average Monthly Prices of 51 Essential Items for the month of June 2020

S. No.	Description	Unit	Average Monthly Prices of 51 Essential Items for the month of June 2020																	Average Prices			%change Jun 20 over	
			Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	20 May 20	Jun 19	May 20	Jun 19	
1	Wheat Flour Bag	20 Kg	1087.14	1063.80	1011.17	1021.02	994.99	977.92	933.61	988.74	1013.56	1117.58	1042.07	929.95	932.19	1032.74	1050.71	1072.20	929.76	1010.14	878.15	802.83	15.03	25.82
2	Rice Basmati Broken (Average Quality)	1 Kg	101.52	92.86	76.63	70.00	74.71	83.20	83.20	91.50	70.00	94.12	92.40	93.22	94.91	86.53	57.37	114.93	86.53	85.04	84.32	78.00	0.85	9.03
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	73.19	74.01	60.00		56.66	63.16	93.22	64.91	60.00	69.19	76.22	54.77	53.49	70.00	64.08	94.91	76.90	68.09	67.14	58.64	1.41	16.12
4	Bread plain (Small Size)	Each	55.00	55.00	50.00	60.00	55.00	55.00	50.00	55.00	35.00	35.00	55.00	60.00	60.00	50.00	40.00	55.00	40.00	50.16	50.16	42.54	0.00	17.91
5	Beef with Bone (Average Quality)	1 Kg	550.13	543.90	416.02	500.00	450.00	430.89	443.31	450.00	359.73	574.89	480.00	450.00	424.51	438.25	400.00	439.92	436.94	455.05	451.10	412.38	0.88	10.35
6	Mutton (Average Quality)	1 Kg	1140.97	1119.29	932.17	950.00	966.38	1000.00	950.00	921.89	782.97	1009.64	991.49	850.00	874.76	922.93	706.60	1096.96	950.00	944.54	936.89	860.42	0.82	9.78
7	Chicken Farm Broiler (Live)	1 Kg	206.45	197.31	189.45	200.96	180.22	182.14	183.63	196.91	181.64	222.15	216.23	216.57	205.57	204.94	209.72	218.83	256.37	203.25	206.15	156.91	-1.41	29.53
8	Milk fresh (Un-boiled)	1 Ltr	112.34	108.93	100.00	90.00	83.20	96.55	76.63	88.15	78.30	108.89	97.00	100.00	102.04	115.87	100.00	110.00	97.40	97.28	95.56	89.15	1.80	9.12
9	Curd (Dahi) Loose	1 Kg	123.94	118.49	110.00	100.00	103.23	101.60	91.60	107.69	83.20	160.00	120.00	110.00	120.00	123.15	110.00	120.00	107.41	111.28	109.54	104.82	1.59	6.16
10	Powdered Milk NIDO 390 gm Polybat	Each	460.00	460.00	480.00	460.00	475.00	470.00	460.00	460.00	460.00	450.00	469.89	463.31	468.69	460.00	460.00	500.00	460.00	465.57	464.48	404.14	0.23	15.20
11	Eggs Hen (Farm)	1 Dozen	119.57	115.99	112.84	114.89	115.95	115.35	113.73	108.08	116.21	117.69	114.33	117.42	110.84	114.14	116.57	108.59	117.42	114.64	95.53	84.95	20.00	34.95
12	Mustard Oil (Average Quality)	1 Kg	264.00	267.20	220.00	210.00	231.79	212.53	240.00	212.13	200.00	213.08	200.00	180.00	224.87	260.00	193.28	229.85	200.00	219.78	217.92	192.53	0.85	14.15
13	Cooking Oil DALDA or Other Similar	Each	1240.00	1240.00	1300.00	1300.00	1240.00	1300.00	1240.00	1300.00	1300.00	1300.00	1300.00	1300.00	1300.00	1300.00	1300.00	1240.00	1234.97	1278.19	1276.40	1062.64	0.14	20.28
14	Vegetable Ghee DALDA/HABIB 2.5 kg	Each	625.00	625.00	655.00	633.00	629.20	655.00	620.00	655.00	655.00	655.00	655.00	655.00	658.75	655.00	645.00	625.00	610.00	641.62	641.41	508.62	0.03	26.15
15	Vegetable Ghee DALDA/HABIB or Ott	Each	242.00	242.00	254.00	253.00	242.00	254.00	242.00	254.00	254.00	241.27	254.00	256.00	255.00	254.00	220.00	244.97	252.20	247.74	247.29	194.44	0.18	27.41
16	Bananas (Kela) Local	1 Dozen	154.59	131.16	118.37	128.45	116.01	112.45	74.01	147.98	121.61	70.63	82.32	79.42	89.54	120.18	113.98	101.83	92.40	106.36	116.14	108.97	-8.42	-2.40
17	Pulse Masoor (Washed)	1 Kg	172.54	171.18	189.74	189.74	173.27	173.27	183.27	139.76	152.33	157.45	141.17	143.26	138.37	147.08	153.20	162.35	153.26	160.39	166.07	122.67	-3.42	30.75
18	Pulse Moong (Washed)	1 Kg	300.43	287.29	263.62	274.86	263.77	286.51	260.00	259.29	289.86	275.44	266.65	306.52	281.23	268.54	268.02	322.46	250.00	277.32	283.59	165.23	-2.21	67.84
19	Pulse Mash (Washed)	1 Kg	271.76	265.28	244.95	260.00	264.24	273.29	243.29	210.93	250.00	227.39	211.01	211.55	227.68	255.65	274.86	309.95	223.28	247.12	251.22	172.02	-1.63	43.66
20	Pulse Gram	1 Kg	166.09	155.79	120.00	120.00	133.72	133.25	120.73	115.58	149.89	157.48	136.58	143.26	137.00	150.05	129.01	179.81	157.00	140.41	149.35	126.54	-5.99	10.96
21	Potatoes	1 Kg	69.07	64.07	65.42	66.26	62.24	61.46	50.00	60.00	60.00	50.14	49.68	50.00	48.22	66.40	58.96	54.85	52.33	57.78	57.74	32.03	0.07	80.39
22	Onions	1 Kg	47.61	42.58	40.00	38.84	34.25	37.29	26.17	28.86	29.10	39.65	34.91	29.81	24.94	41.00	32.16	38.03	38.64	34.99	41.93	50.59	-16.55	-30.84
23	Tomatoes	1 Kg	48.09	41.02	29.78	32.57	30.21	31.92	26.32	33.41	29.84	49.78	42.98	40.78	37.79	32.75	27.83	42.10	34.35	35.35	26.49	40.50	33.45	-12.72
24	Sugar Refined	1 Kg	85.00	82.85	80.50	80.00	81.16	78.33	78.99	79.78	80.00	82.74	80.00	78.99	79.75	83.34	80.16	84.50	80.00	80.92	81.37	71.63	-0.55	12.97
25	Gur (Average Quality)	1 Kg	136.58	132.54	120.00	127.42	128.66	133.25	100.00	108.79	120.00	126.08	132.43	118.27	108.71	124.62	115.73	134.94	130.00	122.98	122.99	102.46	-0.01	20.03
26	Salt Powdered (NATIONAL/SHAN) 80	Each	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	33.68	30.20	30.00	28.95	0.67	4.32
27	Chilies Spong NATIONAL 200 gm Pa	Each	280.00	280.00	239.55	204.94	241.52	204.94	239.55	280.00	250.72	222.26	180.00	180.00	180.00	193.76	150.00	176.24	201.02	214.41	163.99	151.72	30.75	41.32
28	Garlic (Lehsun)	1 Kg	310.16	269.13	207.79	210.04	246.85	206.97	208.97	212.74	225.85	275.55	213.12	203.89	171.44	280.36	269.07	318.10	350.00	241.45	266.80	215.81	-9.50	11.88
29	Tea Lipton Yellow Label 190 gm Pack	Each	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	227.49	232.94	230.00	230.00	230.00	220.00	229.42	229.25	210.06	0.07	9.22
30	Cooked Beef at Average Hotel	Per Plate	138.96	136.28	160.00	150.00	130.92	183.27	140.00	108.44	130.00	119.90	100.00	120.00	165.10	139.25	106.56	159.79	196.61	137.99	136.90	124.05	0.80	11.24
31	Cooked Daal at Average Hotel	Per Plate	94.87	90.97	60.00	60.00	80.00	73.19	63.16	55.08	70.00	74.38	60.00	70.00	63.83	73.19	60.00	94.91	90.00	71.47	71.47	64.04	0.00	11.60
32	Tea Prepared Ordinary	Per Cup	27.81	27.55	30.00	25.00	25.00	26.57	26.57	24.89	26.57	25.00	35.00	30.00	32.44	20.00	21.54	23.42	27.39	26.51	26.37	24.10	0.53	10.00
33	Cigarettes Capstan 20'S Packet	Each	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	81.33	80.00	87.39	86.22	80.00	90.00	90.00	90.00	82.55	81.91	72.20	0.78	14.34
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	318.67	310.60	220.00	200.00	293.30	282.16	400.00	376.00	379.00	249.07	350.00	375.00	314.76	450.00	443.23	548.48	250.00	327.65	323.62	283.71	1.25	15.49
35	Shirting (Average Quality)	1 mtr	302.71	299.18	225.00	220.00	163.27	133.25	220.00	250.00	153.26	205.86	163.27	173.21	224.07	427.71	243.29	164.95	170.00	210.50	209.31	184.70	0.57	13.97
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	311.97	295.24	243.29	270.00	333.13	282.16	470.00	428.00	417.24	427.70	334.66	393.00	500.00	430.00	482.90	498.33	250.00	364.10	358.55	338.92	1.55	7.43
37	Georgette (Average Quality)	1 mtr	198.57	195.51	200.00	170.00	156.06	159.40	200.00	106.46	106.27	141.65	120.00	150.00	169.80	148.52	120.00	114.93	170.00	151.14	150.11	139.17	0.69	8.60
38	Gents Sandal Bata	Pair	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	0.00	0.00
39	Gents Sponge Chappal Bata	Pair	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	0.00	0.00
40	Ladies Sandal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	0.00	0.00
41	Electricity Charges upto 50 Units	Per Unit	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.70	3.87	0.00	-4.39
42	Gas Charges upto 3.3719 MMBTU	MMBTU	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	0.00	0.00
43	Firewood Whole	40 Kg	937.25	825.54	816.33	700.00	815.93	700.00	566.19	749.44	700.00	682.92	650.00	500.00	600.00	765.24	520.00	680.64	700.00	691.58	692.65	633.55	-0.15	9.16
44	Energy Saver Philips 14 Watt	Each	176.60	175.26	170.00	155.00	210.00	165.00	240.00	200.00	180.00	180.00	230.00	155.00	230.00	190.00	190.00	220.00	230.00	192.06	188.84	176.24	1.71	8.98
45	Sufi Washing Soap 250 gm Cake	Each	50.00	50.00	50.00	50.00	50.00	50.00	50.00	50.00	50.00	45.00	45.00	50.00	45.00	50.00	45.00	50.00	45.00	48.47	48.25	41.09	0.46	17.96
46	Match Box	Each	2.87	2.86	3.00	2.00	3.00	2.29	3.00	3.00	2.62	3.00	3.00	3.00	3.00	3								