Average Monthly Prices of 51 Essential Items for the month of August 2020

S. No.	Description	Unit	Islam-abad	Rawal-pindi	Gujran-wala	Sialkot	Lahore	Faisal-abad	Sar-godha	Multan	Baha-walpur	Karachi	Hyder-abad	Sukkur	Larkana	Pesha-war	Bannu	Quetta	Khuz-dar	Average Prices Aug 20	Jul 20	Aug 19	%change Aug 20 over Jul 20	Aug 19
1	Wheat Flour Bag	20 Kg	867.42	863.28	860.00	860.00	860.00	860.00	860.00	860.00	860.00	1352.84	1242.22	1139.91	1154.99	1097.79	1209.96	1184.79	1100.00	999.88	1008.94	841.85	-0.90	18.77
2	Rice Basmati Broken (Average Qualit	1 Kg	101.52	95.95	79.57	77.37	75.78	93.22	90.00	93.75	70.00	95.59	92.40	93.22	104.92	90.00	68.29	114.93	90.00	88.98	86.62	80.32	2.72	10.78
3	Rice IRRI-6/9 (Sindh/Punjab)	1 Kg	73.19	74.01	60.00		57.48	63.16	101.60	66.17	60.00	69.19	71.63	54.77	61.62	70.00	69.14	94.91	80.00	69.44	68.84	60.49	0.87	14.80
4	Bread plain (Small Size)	Each	59.03	58.71	59.13	67.35	60.00	58.71	53.70	58.71	40.00	40.00	60.00	67.35	60.00	54.77	40.00	55.00	40.00	54.05	50.32	44.38	7.41	21.79
5	Beef with Bone (Average Quality)	1 Kg	556.73	548.55	500.00	500.00	504.56	430.89	450.00	450.00	416.02	578.98	486.58	450.00	424.51	443.49	400.00	439.92	450.00	469.77	465.24	417.16	0.97	12.61
6	Mutton (Average Quality)	1 Kg	1143.00	1132.99	983.05	950.00	1051.19	1000.00	950.00	938.65	816.33	1030.39	1040.51	900.00	924.77	925.95	706.60	1096.96	950.00	966.78	958.45	868.18	0.87	11.36
7	Chicken Farm Broiler (Live)	1 Kg	132.72	123.13	116.95	128.70	115.32	116.98	125.99	137.17	127.06	156.90	152.46	156.82	116.14	134.42	139.35	158.25	193.38	135.81	188.75	179.87	-28.05	-24.50
8	Milk fresh (Un-boiled)	1 Ltr	118.05	117.93	110.00	90.00	90.00	100.00	80.00	91.28	78.72	118.82	110.00	100.00	114.93	119.70	106.56	116.18	100.00	102.76	99.63	91.37	3.14	12.47
9	Curd (Dahi) Loose	1 Kg	129.90	125.80	120.00	100.00	110.00	103.23	100.00	110.22	90.00	177.92	140.00	120.00	127.17	124.17	120.00	126.16	110.00	118.28	114.00	106.91	3.75	10.64
10	Powdered Milk NIDO 390 gm Polybag	Each	460.00	460.00	480.00	460.00	475.00	470.00	460.00	460.00	460.00	450.00	480.00	463.31	471.62	467.48	460.00	500.00	460.00	466.77	466.56	432.76	0.05	7.86
11	Eggs Hen (Farm)	1 Dozen	126.84	122.61	118.50	124.90	122.61	125.12	122.22	115.34	120.65	131.00	128.94	124.90	121.11	123.84	120.73	129.84	137.43	124.40	127.01	97.15	-2.05	28.05
12	Mustard Oil (Average Quality)	1 Kg	297.47	290.36	220.00	200.00	231.79	212.53	240.00	222.30	200.00	213.24	200.00	180.00	240.00	266.50	200.00	239.86	236.44	226.81	221.40	197.10	2.44	15.07
13	Cooking Oil DALDA or Other Similar B	Each	1240.00	1240.00	1274.75	1300.00	1240.00	1269.65	1240.00	1276.56	1240.00	1240.00	1291.16	1220.00	1229.96	1284.73	1300.00	1240.00	1242.50	1256.77	1268.76	1120.29	-0.95	12.18
14	Vegetable Ghee DALDA/HABIB 2.5 kg	Each	625.00	625.00	644.92	633.00	629.60	637.26	620.00	641.60	625.00	625.00	647.37	625.00	630.00	642.38	645.00	625.00	613.99	631.40	637.88	534.47	-1.02	18.14
15	Vegetable Ghee DALDA/HABIB or Oth	Each	242.00	242.00	254.00	253.00	242.00	247.93	242.00	248.64	242.00	241.09	250.95	245.00	245.00	242.00	220.00	244.97	250.97	244.21	246.92	204.42	-1.10	19.46
16	Bananas (Kela) Local	1 Dozen	117.10	98.63	75.54	77.93	85.67	57.93	62.36	91.87	83.03	71.24	63.98	76.52	57.19	89.13	72.03	84.11	100.00	78.77	91.24	78.14	-13.67	0.81
17	Pulse Masoor (Washed)	1 Kg	163.94	155.89	183.19	180.00	141.42	150.24	180.00	139.23	134.91	148.94	139.35	133.25	140.00	147.00	158.29	159.91	156.59	152.91	155.52	124.96	-1.68	22.37
18	Pulse Moong (Washed)	1 Kg	247.03	240.26	209.59	229.78	237.40	188.14	240.82	188.30	220.70	241.91	221.01	235.71	215.74	234.34	200.00	279.90	289.83	229.11	245.31	169.80	-6.60	34.93
19	Pulse Mash (Washed)	1 Kg	253.94	250.48	229.85	240.00	243.29	233.29	260.00	213.17	223.25	228.29	208.10	206.46	236.55	245.54	254.85	276.21	254.95	237.98	241.57	179.41	-1.49	32.65
20	Pulse Gram	1 Kg	159.73	145.73	129.15	121.61	124.66	133.25	120.00	125.46	126.58	150.99	139.74	133.25	129.81	148.67	120.00	173.69	140.00	135.87	136.74	129.67	-0.64	4.78
21	Potatoes	1 Kg	82.59	79.22	86.36	90.21	71.37	77.07	71.65	71.27	66.04	53.54	53.74	50.00	52.37	76.52	67.75	56.06	60.00	67.46	62.23	39.20	8.40	72.09
22	Onions	1 Kg	60.78	53.39	47.29	47.29	44.84	43.90	35.79	38.48	37.22	44.39	39.52	38.84	42.38	49.89	43.51	37.04	40.00	43.37	39.26	62.90	10.47	-31.05
23	Tomatoes	1 Kg	75.21	68.33	77.27	77.37	68.51	56.89	52.33	45.56	59.44	63.49	56.33	53.58	58.86	59.07	54.77	41.40	54.77	59.34	82.55	53.86	-28.12	10.17
24	Sugar Refined	1 Kg	98.68	96.51	94.25	95.00	95.51	92.40	92.14	92.98	93.72	96.35	94.07	92.64	93.72	98.15	95.66	98.23	93.70	94.90	85.68	75.23	10.76	26.15
25	Gur (Average Quality)	1 Kg	145.51	147.61	120.00	130.00	125.69	131.96	121.61	118.49	121.61	125.59	143.05	123.18	120.00	128.85	120.00	139.85	129.61	128.65	125.03	109.97	2.90	16.99
26	Salt Powdered (NATIONAL/SHAN) 80	Each	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.00	30.11	29.64	-0.37	1.21
27	Chilies Powder NATIONAL 200 gm Pa	Each	280.00	280.00	280.00	280.00	280.00	280.00	280.00	280.00	280.00	280.00	280.00	280.00	280.00	280.00	280.00	280.00	280.00	280.00	273.44	150.00	2.40	86.67
28	Garlic (Lehsun)	1 Kg	249.28	253.71	188.08	181.59	247.73	188.90	194.01	186.43	206.17	290.49	281.37	203.89	178.44	227.56	226.67	327.87	284.52	226.40	228.45	253.74	-0.90	-10.77
29	Tea Lipton Yellow Label 190 gm Pack	Each	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	230.00	227.49	242.00	230.00	230.00	230.00	220.00	229.94	229.94	210.06	0.00	9.46
30	Cooked Beef at Average Hotel	Per Plate	143.98	138.69	160.00	160.00	130.92	183.27	140.00	108.44	143.26	119.90	100.00	120.00	165.10	139.25	110.00	174.95	196.61	140.75	139.41	128.64	0.96	9.41
31	Cooked Daal at Average Hotel	Per Plate	94.87	92.42	60.00	60.00	80.00	73.19	70.00	55.08	80.00	74.38	60.00	70.00	63.83	73.19	60.00	94.91	90.00	72.54	72.13	65.63	0.57	10.53
32	Tea Prepared Ordinary	Per Cup	30.00	29.28	30.00	25.00	25.77	30.00	26.57	25.51	26.57	25.00	35.00	30.00	32.01	20.00	21.54	26.51	30.00	27.33	26.91	25.06	1.56	9.06
33	Cigarettes Capstan 20'S Packet	Each	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	89.68	80.00	80.00	90.00	90.00	90.00	90.00	90.00	83.38	83.54	80.21	-0.19	3.95
34	Long Cloth 57" Gul Ahmed/Al Karam	1 mtr	333.18	325.96	220.00	250.00	293.30	315.82	400.00	376.00	379.00	249.07	350.00	375.00	350.00	450.00	443.23	548.48	350.00	344.88	340.84	293.90	1.19	17.35
35	Shirting (Average Quality)	1 mtr	340.58	327.14	225.00	270.00	163.27	133.25	220.00	250.00	213.12	205.86	173.27	173.21	224.07	427.71	243.29	164.95	200.00	222.78	216.56	195.32	2.87	14.06
36	Lawn Printed Gul Ahmed/Al Karam	1 mtr	319.11	298.11	243.29	300.00	333.13	315.82	470.00	428.00	417.24	427.70	350.00	393.00	500.00	430.00	499.80	498.33	350.00	378.65	375.23	352.00	0.91	7.57
37	Georgette (Average Quality)	1 mtr	212.26	205.27	200.00	200.00	156.06	159.40	200.00	106.46	106.27	141.65	130.00	150.00	189.74	148.52	120.00	134.94	200.00	158.34	155.51	142.50	1.82	11.12
38	Gents Sandal Bata	Pair	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	899.00	0.00	0.00
39	Gents Sponge Chappal Bata	Pair	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	199.00	0.00	0.00
40	Ladies Sandal Bata	Pair	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	599.00	0.00	0.00
41	Electricity Charges upto 50 Units	Per Unit	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.88	3.70	3.73	4.86	4.02
42	Gas Charges upto 3.3719 MMBTU	MMBTU	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57	141.57		141.57	141.57	141.57	0.00	0.00
43	Firewood Whole	40 Kg	900.00	825.54	816.33	623.57	815.93	700.00	566.19	749.44	700.00	682.92	650.00	500.00	600.00	774.09	520.00	674.69	700.00	685.37	691.41	642.02	-0.87	6.75
44	Energy Saver Philips 14 Watt	Each	176.60	175.26	170.00	155.00	210.00	165.00	240.00	200.00	194.80	180.00	230.00	155.00	230.00	190.00	190.00	220.00	230.00	192.95	192.06	180.91	0.46	6.66
45	Sufi Washing Soap 250 gm Cake	Each	50.00	50.00	50.00	50.00	50.00	50.80	50.00	50.00	50.00	45.07	45.00	50.00	48.27	50.00	50.00	50.00	45.00	49.03	48.55	41.97	0.99	16.82
46	Match Box	Each	3.00	3.00	3.00	3.00	3.00	2.29	3.00	3.00	2.62	3.00	3.00	3.00	3.00	3.00	3.00	2.00	2.00	2.79	2.74	2.44	1.82	14.34
47	Petrol Super	Per Litre	104.47	104.47	104.50	105.20	104.47	104.40	104.60	104.45	105.40	104.47	105.27	104.50	104.70	104.47	106.80	104.44	107.00	104.92	100.95	118.90	3.93	-11.76
48	Hi-Speed Diesel	Per Litre	106.96	106.96	107.00	107.60	106.96	107.90	107.10	106.91	108.10	106.96	107.77	107.00	107.20	106.96	109.60	106.90	109.49	107.49	102.36	133.51	5.01	-19.49
49	LPG 11.67 kg Cylinder	Each	1308.74	1312.55	1181.24	1194.49	1175.16	1187.30	1200.00	1160.00	1181.51	1253.02	1458.75	1400.00	1380.00	1487.04	1124.72	1474.43	1320.00	1277.08	1290.57	1272.48	-1.05	0.36
50	Telephone Call Charges	Per Minu	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	1.55	0.00	0.00
51	Toilet Soap LIFEBUOY 115 gm	Each	45.00	45.00	45.00	43.00	45.73	45.00	45.00	46.20	46.20	45.00	45.00	45.00	45.00	45.00	45.00	46.20	55.00	45.67	45.64	43.05	0.07	6.09